

Nottinghamshire



Issue 266



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Hundreds of scooters took to the streets of Mansfield to deliver Easter eggs, gifts and money from fundraising to the children's ward and neonatal unit at Sherwood Forest Hospitals.

The Mansfield Roadrunners Scooter Club travelled from the Sir John Cockle pub in Mansfield to King's Mill Hospital, which is run by Sherwood Forest Hospitals, on Sunday 25 March to deliver the eggs as part of an annual 'Eggs to the Mill' event.

The 'Eggs to the Mill' run – now in its 13th year - saw more than 400 kind-hearted riders travel to the hospital to present a cheque for a staggering £2,500 to the hospital's Neonatal Unit, as well as hundreds of Easter eggs and gifts to the children's ward.

Price 20p ISSN 2052-2606

Throughout the following week, local businesses and sports teams have also helped to make Easter extra special for children who are in King's Mill Hospital. On Monday 26 March, Mansfield Town Under 14 football team visited the children's ward with egg donations and on Tuesday 27 March Kirkby-in-Ashfield-based educational products company TTS delivered more than 100 chocolate eggs donated by their staff.

More eggs also arrived throughout the week

from Cherubs Nursery onsite at King's Mill Hospital, GAP Outlet at East Midlands Designer Outlet, Gi Group, Mansfield Police Cadets, Weight Watchers Ashfield and Derbyshire Hotel. Some parents of children who have had a stay on the ward also visited with Easter eggs and gifts.

Play Leader on the Children's Ward at King's Mill Hospital, Nicola Armstrong, said: The support and generosity we re-

ceive each year from The Mansfield Roadrunners Scooter Club, local businesses and patients is amazing and really brightens up the a child's stay with us over Easter.

"These kind of donations really do make a difference and the children's faces when they see the eggs and the gifts is unforgettable.

"We want to thank everyone who has been involved this year for their generous donations. Elderly patients staying on the hospital's Woodland Ward will also be treated to Easter eggs thanks to house builder Rippon Homes.

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The volunteers and cadets made the trip to the hospice on Sunday 25 March and met some of the children and families who use

Easter Eggs and craft items to

children in Bluebell Wood Chil-

dren's Hospice.

Sergeant Instructor Lee-Ann

Lloyd, the adult volunteer who organised the collection, explained: "A lot of us have been wanting to do more for local charities and we thought this was the perfect opportunity to show our support.

"It was great to meet some of the families and I am sure all the Easter Eggs will put a big smile on the children's faces this

want to thank everyone that has helped achieve this, the ca

dets, parents and volunteers who happily donated lots of eggs and gifts.'

Bluebell Wood Children's Hospice is the charity that B Company has pledged to support in 2018.

Lee-Ann explained: "At Christmas Nottinghamshire ACF did a toy run and we were able to donate a substantial amount of tovs and gifts.

"The response from the children and families at the hospice was overwhelming; we knew that we

had to do something

"We have other events planned with Bluebell Wood in the near future where we hope to do even more for all the families that use this vital service.'

B Company is based in the north of Nottinghamshire with detachments in Clipstone, Harworth, Ollerton, Retford, Warsop and Worksop.

Nottinghamshire ACF is currently recruiting both cadets and adult volunteers across the county, for more information visit www.armycadets.com/fun, call 01159 837 645 or email emnot-ao1@rfca.org.uk.



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fantastic rowing ma-

chines, and also to Notts

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team for being there

Students were also

joined by a passer-by called Jonathan

Rawling who kind-

ly spent some time

with us throughout."

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Bluecoat Beechdale Academy in Epic Rowing Event for Sport Relief

collec-

Staff and students of Bluecoat Beechdale Academy in Bilborough have undertaken a mammoth rowing challenge in Nottingham's Old Market Square for

The challenge set was to tively row the 1587 miles distance

from their own school. Barcelona, Brussels and Amsterdam, spelling

the initials of Bluecoat Beechdale Academy or BBA.

Hitting the machines at 9am, in thankfully more clement weath er than recent times, the challenge continued until 7pm. Throughout the challenge, the students were joined by local business people and game shoppers and passersby who helped to clock up the miles.

Organiser Mr Butters, Alan Enrichment Co-ordinator Bluecoat Beechdale Academy said that the event became a community effort. "The day has been a fantastic success with enthusiastic volunteers joining the students

to achieve the target and raising as much money possible for Sport Relief. In all we rowed 1900 miles and raised a whopping £1100 and we are so grateful for everyone who helped in any way to make this happen

"We would like to thank Capital One for generously

total: "I feel passionate about Sport Relief. I was walking by when I noticed what they were doing and decided to join in! Hopefully we can we can raise a lot of money." Jonathan even came back a second time! "I try to join in doing something every year for Sport Relief. I wish them all well!"

Easter Is An Egg-Cellent Time to Reduce, Reuse And Recycle!

ting ham-

shire County Council's waste contractors) are

encouraging residents to use their household recycling bin for paper and card - including Easter egg cardboard packaging, egg boxes, newspapers, magazines and junk mail.

If you're worried about egg-cess packaging follow our tips for reducing, reusing and recycling over Easter: Reduce

- Look for Easter eggs with the least amount of packaging
- Make Easter treats instead of buying shop-bought eggs. Children will love to help make chocolate cornflake cakes, or create Easter bunny-shaped biscuits
- If you are planning a big Easter Sunday lunch, try to buy loose vegetables rather than pre-packaged ones and put the peelings in the compost bin
- Reuse
- Use old Easter egg plastic packaging as a mould to make vour own Easter eggs!
- Make your own Easter cards using left over materials • The foil from Easter eggs can be re-used to make Easter decorations or to wrap up leftover food. Once

you have re-used it, please put it in your general

- waste rubbish bin. • Recycle
- Cardboard Easter egg boxes can go into your kerbside recycling bin
- The plastic egg moulds are unfortunately not recyclable, so if you can't re-use them, please put them in your general rubbish bin
- When the celebrations are over, pop your Easter cards in your recycling bin
- Don't forget to compost the vegetable peelings from your Easter lunch

Lea Hawkes, General Manager for Veolia in Notting-



hamshire said: "At this eggciting time we are reminding Nottinghamshire households that that eggstra paper and card can be placed in their kerbside recycling bin, along with plastic bottles, cans and

carrier bags please!

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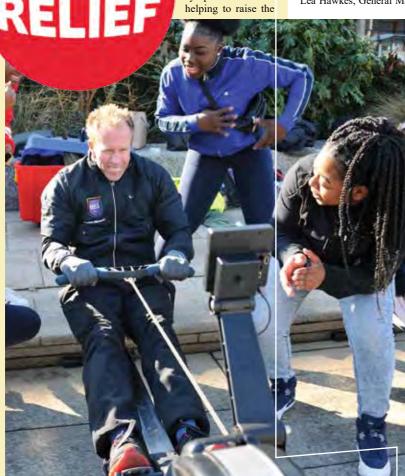




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Ashleigh Barty Confirmed For has become the latest player to confirm her entry at this year's Nottingham Open. The World No. 20, who was a quarter-finalist in Nottingham again this year. Nottingham Open Rebecca ment event.

tingham last year, joins British number one Johanna Konta and 2017 winner Donna Vekic in committing to the tournament which runs from 9-17 June

The 21-year-old Australian, who returns to Nottingham for a third successive year, said: "I'm excited to start my grass season in Not"I feel very much at home on the UK grass courts and always enjoy playing this tour-

nament.

16 June

The fourth Nottingham Open has created a lot of interest and tickets sales are high throughout the week, which includes limited capacity for the semi-finals on Saturday

Director, James, said: "It's wonderful that Ashleigh will be returning to Nottingham this year. As former Junior Wimbledon Champion she has great skills on grass and is an exciting and talented player to watch. She adds strength to the WTA player field which just builds the anticipation even more as

"Tickets are selling really well, so players and spectators alike will be in for a fantastic experience, with the sell-out crowds last year providing such a buzz around the venue. It shows how popular the Nottingham Open is becoming and it is shaping up to be another thrilling week of tennis."

It's In Nottingham Home and **Initiative Launched**

A new It's in Nottingham home and living initiative has been launched by Nottingham Business Improvement District (BID).

The Home and Living campaign is designed to highlight the great range of homeware from Nottingham BID members and to encourage people to come and shop in the city centre, the initiative has a number of elements and runs through until Easter.

There is a 16 page glossy magazine which is a one-stop shop for inspiration, tips and shopping advice on all things interiors within Nottingham city centre.

It contains features on accessories, garden products, the latest in home technology, kitchen products, wall art, furniture and independent interiors specialists

well as the latest To give people further interior shopping inspira-tion over the Easter break, a number of retail-ers will be hosting in-store events and offering special discounts. For more information, visit: itsinnottingham.com/home-living de-

trends in interiors including tropical and metallic designs. 20,000 copies of the

HOME & VINC

magazine are being distributed to homes around the region. The magazine will also be available from businesses and the Tourist Information Centre.

The initiative also includes an opportunity to win £1,000 of homeware vouchers plus an opportunity for an interior designer to visit the winner's home to provide styling advice.



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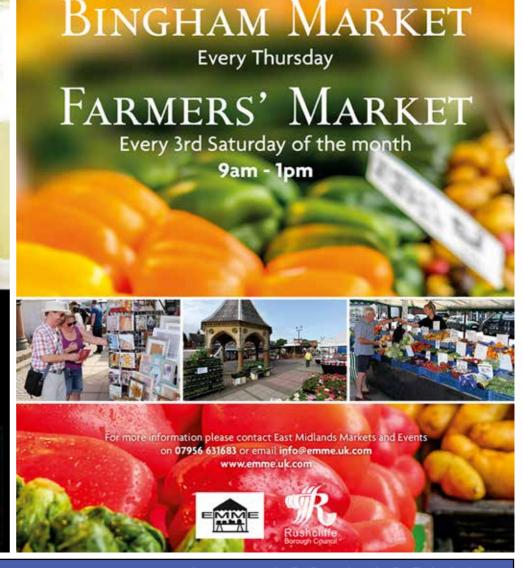
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Kind-Hearted Nikita Urges More People

A Nottingham mum is looking to raise money in memorv of her mother-in-law after deciding to turn a skydiving experience present into a sponsored event.

Nikita Cochran wants to raise the money for Nottinghamshire Hospice after her husband, Andrew, bought her a skydiving day at Langar Airfield as a Christmas

The 30-year-old, who has a six-year-old daughter, Sophia, and lives in Hempshill Vale, is due to perform her leap in August but decided early on to use the opportunity to ask friends and family for sponsorship as a way of

saying thank-you to the hospice for the care its palliative nurses showed for Andrew's mother, Ellen, who died last year from cancer, aged 69.

And she is urging more people to follow in her vapour trails by signing up to two more fundraising skydiving days which the hospice has set aside for June and September this year.

She said: "I will never forget what the nurses did for Mum. We were looking after her full-time and it was a very dark and difficult time, not least because Andrew hadn't had a decent night's sleep for four weeks.

"Someone suggested we got

in touch with the hospice and I remember thinking that the nurse who came on the first night was amazing. She was so caring and so professional, and her being there made a huge difference because she helped to lighten the load, which really helped us all to cope."

To find out more about the hospice's skydive days and its other Challenge Events, contact the fundraising team on 0115 910 1008 or email fundraising@nottshospice.



to Take the Plunge



Treetops Hospice Care is celebrating a decade of support from the Nottingham and Derby branches of Yorkshire Bank including donations of over £11,000 and dozens of employees volunteering for the hospice.

Treetops, based in Risley, provides nursing care and emotional support for adults in Derbyshire and Nottinghamshire.

In February 2008, Clydesdale and Yorkshire Banks announced a new fundraising partnership with Hospice UK leading to 124 local hospices, including Treetops, directly benefitting over the last 10 years.

Activities by Clydesdale and Yorkshire Bank employees for the local charity include:

- Volunteering in the hospice grounds and gardens gardening, weeding, clearing paths, painting benches and moving sheds
- Female employees taking part in the Treetops Starlight Strut (formerly known as the Moonlight Walk), the women's-only night-time charity walk, as well as male employees marshalling the route
- Donations from an employee's wedding day
- A team of non-cyclist staff completing the 172 mile Coast 2 Coast bike ride
- Across the country, over £6 million has been raised by Clydesdale and Yorkshire Bank employees and hospices have benefitted from over 40,000 volunteer hours generated by the partnership.

The money raised by employees is matched by the company, with 50% of the additional funds going to the local hospice and the other 50% going to Hospice UK. So if a branch raises £100 for a local hospice, the hospice will receive £150 in total, while Hospice UK receives £50.

Jennifer Sheehy, head of fundraising at Treetops said: "The relationship with Clydesdale and Yorkshire banks has been very special. For ten years they have been part of Treetops - supporting our events, volunteering at the hospice and raising a fantastic amount of money. They are a remarkable team - thank you!"



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Teenage Fencer Receives Support at Sportsaid



Up-And-Coming teenage fencer Owen Jordan was awarded a £500 cheque at a charity lunch to raise money for SportsAid - which helps to support the next generation of British sports stars.

The 19-year-old, from Nottinghamshire, is currently ranked sixth in the U20 world rankings and recently won the Leon Paul U20 GBR qualifier, the Senior Men's Elite competition and the Welsh Fencing Open.

Owen was presented with the cheque at the SportsAid Lunch, which took place at Trent Bridge Cricket Ground on Friday, 16 March.

Nottinghamshire business profes-

sionals also raised £725 for the national charity at the event sponsored by Nelsons Solicitors, Yorkshire Bank, Musson Liggins and Trent Bridge Cricket Ground. The money will go towards providing financial support to local, talented, young people who have no other access to vital funding to assist them with training and ultimately enable them to reach their sporting potential.

Tim Lawler, chief executive for SportsAid, said: "The support businesses in Nottingham provide for local athletes through their fundraising activity is brilliant. The financial award from SportsAid not only helps young sports stars

with their training and competition costs, but also gives them a motivational boost as they feel their potential is being recognised.'

Stewart Vandermark, chief executive at Nelsons Solicitors, added: "SportsAid is a fantastic charity, which helps athletes progress in their chosen sport and we are very pleased that we are able to help make their dreams become a real-

The lunches are held three times annually and the sponsors choose an athlete to present with a £500 donation. Previous recipients of SportsAid support have included Sir Steve Redgrave and Dame Jessica Ennis-Hill

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Are you up for helping to make Mansfield a cleaner and greener place?

We are seeking help from schools, community groups and local businesses to take part in the sixth International Clean Up Mansfield Day on Friday 8 June. The event, organised by Mansfield District Council as part of a strategy to make the district a greener and cleaner place to live in, work in and visit, also attracts participants from towns and cities called Mansfield in the USA and Australia.

Last year's clean-up was the biggest and best yet, attracting more than 60 groups of volunteers who spruced up the district – and beyond – by picking up litter, painting a park pavilion and town centre benches, planting bulbs and removing gum.

Communities in Mansfield, Texas; Mansfield, Pennsylvania: Mansfield, Minnesota: Mansfield, Massachusetts; and Mansfield in Victoria, Australia, also joined the international event.

Cllr Andrew Tristram, Portfolio Holder for the Envi-

ronment, said: "This is always a very popular event which brings people from all parts of the community together for a common good cause - to make Mansfield an even more pleasant place.

"Let's make this year's clean-up even bigger and better than last year's. Come and join us!'

You can sign up to take part in this year's event online at www.mansfield.gov.uk/cleanup. Awards are presented to the best clean-up contributors at a cer-



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THE HEAD OF STEAM LAUNCHES WITH A BANG



Nottingham's newest real ale and craft beer destination has opened its doors to the public following three days of celebrations.

The Head of Steam, located in the former Missoula Montana Bar & Grill on High Pavement, officially launched on 22 March, when guests were invited to choose from more than 120 local and world beers, and sample dishes from the menu.

Owned and operated by Hartlepoolbased Camerons Brewery, the newly-renovated pub is set across two floors and has 38 beer taps, including 22 specialty keg lines. It offers a regularly-changing selection of guest ales from some of Nottinghamshire's best-loved breweries such as Blue Monkey, Black Iris, Neon Raptor and Castle Rock.

Commenting on the Nottingham launch Chris Soley, chief executive at Camerons Brewery, said: "We are really pleased to have received such positive feedback from members of the local community, who came along to try our beers and food ahead of opening night. It was also great to welcome so many pooches, including a Miniature Schnauzer, Jack Russell and King Charles Spaniel – clearly, word has got out we're a dog-friendly pub!

"Beers, Oskar Blues Death By Coconut and Black Iris Bajan Breakfast have proven to be our most popular beers in the first week, while the Full Head of Steam Burger was the



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State for Education Visits

Hon Damian Hinds MP, visited Bluecoat Aspley Academy, meeting staff and students at this long-established Nottingham school, part of Archway Learning Trust.

Sian Hampton, CEO of Archway said, "It was a real honour to be selected to host this visit. Our growing reputation as an inclusive and successful Trust. which doesn't give up on students, has prompted this wonderful opportunity to meet the Secretary of State.

"In addition, we were delighted to host Sir David Carter, National Schools Comabout teacher workload and teacher recruitment. He was accompanied by our Regional Schools Commissioner, John Edwards, on his second visit to Archway Learning Trust.'

Rt Hon Damian Hinds MP said: "Bluecoat Academy is clearly a great school with high ambitions for its students. I en-

joyed meeting with sixth formers to hear about their plans for the future and the different paths, including apprenticeships and university courses.

about what the academy is doing to make sure pupils at risk of exclusion are given the tailored support that they need.

"It is a mark of a successful school to see pupils so engaged and proud of their studies, which is testament to the hard work of the teachers and leaders at Blue-

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For further information or to visit Landa Grove Park, please call the office on 01625 524021 (open Monday to Friday between 9.30am-4pm), or alternatively call 07765



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art Exchange Example £99,950

Contact details:

Website: www.flanniganestates.com Email: mosswayspark@aol.com Landa Grove Park, Welbeck Place, Tuxford, NG22 0JF (Newly allocated postcode NG22 0DX)

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A gorgeous new development for eleven residential park homes. This development is far removed from your usual park home site as each home is situated on a very generous, much larger than average plot.

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- Homes range in price from £99,950 upwards. Show homes are all two bedroomed, some with ensuites and available to
- Refurbished show homes available to view now.
- 5 minutes walk to the local grocery store, 10 minutes walk to the historic village of Tuxford.
- · Excellent local amenities in a perfect setting.

All enquiries to the office on: S: 01625 524021 Monday to Friday 9.30a.m. to 4.00p.m. or alternatively call Mr Flannigan on:

6: 07765 531 718

(Mr Flannigan is available all weekend).



Antique & Collectors Fair



STAFFORD SHOWGROUND **2018 DATES**

April 14th & 15th May 19th & 20th September 15th & 16th November 10th & 11th December 29th & 30th

Up to 300 stands in 3 Halls

A range of Furniture, Art, Silver, Glass, Porcelain, Jewellery, Toys, Books, Retro and Modern Collectables

ADMISSION

Everyone over 14 £3.00 Under 14 FREE 10am to 5pm Daily First Day 8.30am to 10am £4.00

FREE Parking, Catering, Disabled friendly, Dogs welcome

Prestwood Centre, Weston Road A518, Stafford ST18 OBD 5 mins J14 M6

number www.number one events.com P.O. Box 3190, Stafford ST16 9LF

Office 01785 66 02 36 events Mobile 07775 48 44 55





Following on from their hugely successful Christmas/New Year fair which saw a record number of visitors through the doors, Number One Events return to the Stafford Showground's Prestwood Centre on the 24th/25th February, heralding the start of their 2018 programme of

With all 300+ traders' stands already fully booked, this too promises to be another bonanza for enthusiasts of everything collectable, as well as for those looking for something along the more traditional 'antique' lines. Held in three warm and well-lit halls, the fair will again be a bustling hive of activity, with dealers offering the usual vast selection of something for everyone - furniture and clocks, period porcelain, antique and more modern jewellery, silver and objets d'art, coins, postcards, early toys, linen, militaria, kitchenalia the list is endless.

There is ample free parking on site, together with a well-stocked and highly recommended cafe, and with an entrance fee of only £3 per person (free for under 14s and wheelchair users), this is arguably the best event of its kind for size and value for money in the Midlands. Remember too that dogs are welcome at the fair, provided they bring their well-behaved owners with them! For more details contact www.numberoneevents.com or telephone 07775 484455.



£2,000 Raised At Bollywood Charity Ball

benefit from over £2,000 thanks to guests at Broxtowe's Bollywood Ball which took place at the Nottingham Belfry Hotel on Saturday 24 March, hosted by Mayor of the Borough of Broxtowe, Councillor Halimah Khaled MBE.

At the black-tie event, guests helped raise the money for Wellbeing of Women as part of a charity raffle, auction of a Paul Smith handbag and a signed children's Manchester United shirt donated by DHL. First prize in the grand raffle was a double glazed PVC door worth £1,000 courtesy of

home by Doreen Redmond. 270 guests enjoyed a delicious three course meal and danced the night away to live music from Audio Wave at the Bollywood themed event.

One lucky guest also took home a Paul Smith handbag worth £500 after beating other bidders in a charity auction. The bag was just one of a host of fantastic prizes which were generously donated by local businesses and individuals. Councillor Khaled has been fundraising for the charity during her year in office with a final total to be announced in the next few weeks.

For more information contact the Broxtowe Borough Council 0115 917 3210, email civic@broxtowe.gov.uk or visit www.broxtowe.gov.uk/civic to find out more about how you can support the Mayor's charity



Nottingham Welcomes First Electric Taxi

taken to the streets of Nottingham.

The LEVC (London Electric Vehicle Company) TX model has been bought by Nottingham cabbie Amer Alam as part of a revolution that's underway in Nottingham's taxi ranks.

The City Council is behind a drive to bring the city's taxi service into the 21st century and up to the standards of Nottingham's world-class integrated public transport system. Low emission trams and buses are already playing their part in improving the city's air quality – now the fleet of over 400 hackney cabs are set to become Ultra Low Emission Vehicles (ULEV) or Euro VI (cleanest diesel) by 2020 to help the city achieve air quality standards and support any potential Clean Air Zone. These vehicles offer drivers fuel cost savings of up to £100 a week.

The council itself will be placing orders for a small number of stylish new Ultra Low Emission Vehicle (ULEV) models to lease back to drivers, as well as investing £700,000 of Government funding into a network of electric charging points around the city.

Portfolio Holder for Community and Customer Services, Councillor Toby Neal, said: "It's great to welcome the first of hopefully many electric taxis to Nottingham. New low-emission taxis along with a user-friendly e-hailing app will bring our taxi service up to the high passenger and air quality standards as the rest of our superb transport system in Nottingham.

"We're looking forward to a time when all our hackney cabs are low emission vehicles so that everyone in the city can benefit from cleaner air.'



Students Enhance Employability Skills

WITH HELP FROM LOCAL EMPLOYERS



Toot Hill School and College in Bingham is working hard to prepare its students for the world of work with several events organised throughout the year and age groups, including careers fairs and work experience opportunities.

Toot Hill has been running the Mock Interview Day for Year 10 for 10 years now. Over 300 students took part in the event this year which was supported by 28 employers, including local company Tarmac which operates Barnstone Cement Plant.

Tarmac plays an active role nationally in supporting young people's educational and employment development, particularly by offering apprenticeships at many sites and promoting the world of construction as a positive career choice. The company has close links with the school, with Barnstone team members getting involved in many events and students enjoying experiencing working life on a cement plant, which manufactures specialist cements for construction right around the country.

For the Year 10 interview day, colleagues Niki Heath (HR Advisor) and Louise Pattison (Health and Safety Advisor) went along to work with the students on their interview skills and their CVs.

"In Year 10 students are starting to think about their next steps for both Post 16 and 18 education/training, said Niki. "It is really rewarding to play a part in helping them develop their personal presentation and interviewing technique and to give them constructive feedback on their CVs. We are keen to support local education where we can and events like this are good opportunities to share our own expertise." Fiona Farmer, Head of Careers said "The 1-1 interviews give Year 10 students the opportunity to demonstrate their employability skills, academic achievement, interests and talents to an employer. This is an invaluable opportunity for students before embarking on work experience. We really do appreciate the support that employers like Tarmac give the School in inspiring and informing young people."



- Free Demonstrations
- E-bike Hire
- Cycle To Work Scheme















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Saturday 7th & Sunday 8th April 2018

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*Lineage for Mustingtive purposes andy, actual buggy may diffe See website for T's & C's.

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Searles Leisure Resort, South Beach Road, Hunstanton, Norfolk PE36 5BB

part of SEARLES LEISURE GROUP

We are bursting with excitement that our bubble-filled, 5k fun run is back by popular demand.

Join us on Sunday 8 July at Stoke Rochford Hall, Grantham, NG33 5EJ for the biggest, brightest and frothiest 5k fun run in Lincolnshire!

The Bubble Rush is a fun run with a difference! The 5k course starts in a sea of bubbles and features four bubble stations along the route. At each station, cannons will pump out coloured foam to create 4ft deep bubbles.

Once registered, all you need to do

- Put on your FREE Bubble Rush t-shirt at the start line
- Finish covered in multi-coloured bubbles
- Give someone a bubble

cuddle and pose for some photos
• Raise lots of money for St Barna-

bas Hospice
Anyone can take part. The first
wave will commence at 12pm and
depending on demand, a second
will start at 1pm. Once registered,
you will receive a pack with all the
important information about the
day

All bubblers will receive a white Bubble Rush t-shirt to wear, so make sure you finish covered head to toe in colourful bubbly patterns! There will also be the opportunity to brighten up your outfit with crazy Bubble Rush merchandise, and you will receive a medal at the end of the course.

Even if you're not taking part in the Rush, come along and enjoy what the event has to offer – spectating is FREE. The Bubble Village will be bigger and better than last year, with Lincs FM taking over the stage, exciting warm up routines, live entertainment, children's activities and lots of yummy food stalls for everyone to enjoy.

St Barnabas Hospice is a local independent charity and every year we support more than 9,000 people across Lincolnshire living with a life limiting or terminal illness. The Bubble Rush is YOUR chance

The Bubble Rush is YOUR chance to get involved. Sign up now at: www.stbarnabashospice.co.uk.





SPRING PAMPER



£59.00 per person

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Enjoy a 25 minute treatment, a two-course lunch at the golf pavilion restaurant and leisure facility use from 9am to 6pm.

Available Monday to Thursday during April and May 2018.

To book please call 01572 787057 or email spa@staplefordpark.com



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A TASTE OF QUALITY

With the arrival of spring, Welbeck Abbey Brewery is now preparing to give a warm welcome to the summer months through hosting guests on their exciting brewery

With brewery tour dates for 2018 currently available until September, visitors can join an expert brewer on a guided tour around the traditional microbrewery for a rare opportunity to take a peek behind the closed doors.

The brewery specialises in handcrafted English ales, brewing in a beautiful listed barn on the Welbeck estate. Alongside ticketed tours, they can also hosts private parties and corporate bookings. Why not celebrate this season with a party at this stunning venue, nestled within Sherwood Forest?

Brewing more than 15,000 pints a week, Welbeck Abbey Brewery supplies to pubs, restaurants and specialist bottle beer shops within a 35 mile radius. Making the perfect present for ale lovers, you won't find these bottles in supermarkets as Welbeck believe that top-quality, hand crafted ales should only be available at outlets which pride themselves on sourcing the best quality, locally produced beers.

Why not treat someone special to a gift from the Welbeck Farm Shop? With a range of regular cask ales, kegs, bottles, specials and minikegs available, you'll be sure to find the perfect brew to meet anyone's taste.







Twycross Zoo

24th March - 15th April

Twycross Zoo with trails,



Easter Bank Holiday Weekend

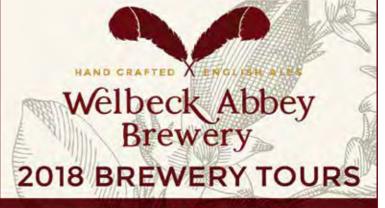


30th - 31st March PJ Masks Catboy, Owlette & Gekko



1st - 2nd April PAW Patrols Chase, Rubble, Skye & Marshall

Find out more at www.twycrosszoo.org



APRIL 19, MAY 17, JUNE 21 JULY 19, AUGUST 16, SEPTEMBER 20

Join one of our expert brewers for a guided tour around our traditional microbrewery. Tours run from 7.30pm to 9.30pm and cost £10 per person. With this you will enjoy two pints of our lovingly hand crafted real ale, plus learn a little more about the ingredients and passion which go into each pint. Tickets can be purchased at Welbeck Farm Shop or online via our website at www.welbeckabbeybrewery.co.uk

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Nottinghamshire FunCUS

OUT AND ABOUT



kins Duo, will guide the audience through this show incredible show which features acts like the Didyk Troupe, acrob ics on Europe's only DOUBLE Russian swings. Flying through the air and somersaulting from one fast moving swing to anoth

The Alikhanov Troupe perform on two ten meter pole's balanced on one shoulder of a man with not 1, but 3 girls climbing and spinning to the very top of the same pole and then 5 people walking the high wire. Plus Unicyclists the Gorodet-

skiys Duo, Eugeniy Hochrova Foot Juggling & the sensational trapeze artistes the Peruskins Duo & Anna

show, created especially for the UK all housed in a state of the art centrally heated



THE LINCOLNSHIRE SHOWGROUND, TILL BRIDGE LANE, SCAMPTON, LN2 2NA TUESDAY 10 - SUNDAY 15 APRIL. FIND OUT MORE: WWW.MOSCOWSTATECIRCUS.COI



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WIATSON

Nickelodeon UK and Intu Team Up To Slime Shoppers

Children will get to doodle on a giant slime colouring wall, capture and share photos in a slime photo booth and even customise their own slime at intu Victoria Centre this April, when the shopping centre launches a 'SLIME TIME' event in partnership with kids brand (and SLIME experts!) Nickelodeon.

The free event on Sunday 8 April will also see children who have already registered online be slimed within a specially created "SLIMEU-LATOR" that is touring 13 of intu's UK shopping destinations.

Parents could also win a VIP family ticket to Nickelodeon's SLIMEFEST 2018, which takes place in Blackpool later this year, by visiting intu.co.uk/easter.

Nigel Wheatley, general manager at intu Victoria Centre, said: "We know that many of our younger customers love SLIME and we want to make them smile this Easter with this fun, free, and messy experience that will even involve exclu-

"Anyone with a creative streak will love our slime themed colouring wall where they can grab some pens and help us to complete a magnificent messy masterpiece. And don't forget to grab a slime-selfie with the finished design."

sive sliming for some lucky children.

The event follows the success of previous years' collaborations between Nickelodeon and intu which has seen the popular retail destination host experiences featuring SpongeBob SquarePants and PAW Patrol's Chase and Marshall.





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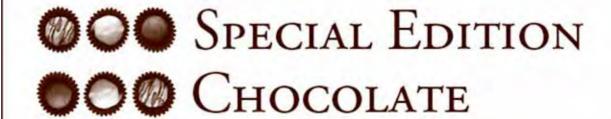
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Gry Something Special On On On On On One

Special Edition Chocolate is a small artisan company in the foothills of the Lincolnshire Wolds.

We have a chocolate shop on site as well as an online shop where the chocolates can be delivered to you. We make continental chocolate to the highest standard and also cater to special diets within our vegetarian, vegan, gluten free, dairy free and diabetic chocolate ranges. We also don't put nuts into any of our products - our 'chief chocolate taster' has a serious nut allergy himself! Our specialties include dark, milk and white handmade bars, each available in plain or with amazing flavour combinations. For example dark chocolate with chilli and ginger, milk chocolate with butterscotch and white chocolate strawberry with black pepper to name just a few. Our chocolate gifts include beautiful hand moulded novelties, including farm animals, tractors, cars and motorbikes, which adorn the shelves in our chocolate





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AND ABOUT



The world's craziest inflatable obstacle course comes to the Motorpoint Arena Nottingham 20-22 July 2018.

This year. The Monster dares you to let loose your inner child as the ultimate bouncy castle experience announces a full UK tour, stopping in Nottingham 20-22 July 2018 and tickets on sale today.

At nearly 300 metres long, The Monster is one of the world's largest inflatable obstacle courses and hands down the craziest nostalgic bouncy castle experience for adults.

The brainchild of the events team who unleashed sell-out events with the The Beast in London (Alexandra Palace) and Birmingham (NEC) in 2017, The Monster is bigger, better and more bonkers than ever before.

Run, bounce and jump your way around 300m of inflatable fun and regress to your childhood as you take on 42 brand new obstacles including an 18m "Mega Slide", a "Tunnel of Love" and "The Bouncy Cage of Doom!"

The fun doesn't stop once you've conquered The Monster. With your adrenaline pumping, you're bound to have worked up a thirst and a serious appetite - enjoy refreshing super-cocktails,

craft beers and mouth-watering food. With live DJ's, giant adult ball pits and other crazy activities available throughout the event, this will be one unmissable funfest you won't forget. Tickets for The Monster are on sale

now priced at £22.40 for adults and children. Spectator tickets for the adult sessions are priced at £2.80 (includes venue fees). Tickets can be purchased online at

www.motorpoint are nanotting ham.com via 0843 373 3000 or in person at the Motorpoint Arena Box Office, Bolero Square, The Lace Market, Nottingham, NG1 1LA.

Welcome Spring with the Harley Gallery Holiday Programme

touch of spring to the creative crafts on offer for children this Easter at The Harley Gallery.

The one hour crafty fun sessions include making a Spring Mini Hat; designing an animal and bringing it to life and creating a menagerie of rocking birds. Taking place in the Gallery, all the Hands on Holiday sessions are led by education manager Dayle Green, who has been busy trialling out the crafts ahead of the Easter holidays.

Hands on Holidays: 4 April – Split Pin Animals

11 April – Rocking Birds

Over in the Pottery Studio, Paint a Pot sessions are a great fun way for children to express their creativity by decorating a piece of ready-made pottery of their choice and take home. Sessions for children of all ages are running on 5, 7 and 12 April.

Sessions are suitable for children aged 4+ Children must be accompanied by an adult at



To book, call 01909 501 700 or email portlandcollection@harleygallery.co.uk.

Also in The Courtyard at Welbeck, don't miss the chance to visit The Harley Café, with a new menu launching this Easter, and the award-winning Welbeck Farm Shop, featuring handmade Easter chicks from Ottar Chocolate.



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Education





3-4 JULY



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Children at St Peter's Cross Keys C of E Academy in Farndon have combined a road safety class with lessons on how to use their scooters safely.

Liam McKee from 'Team Rubicon', delivers the lessons and says it's an important skill to teach as many children routinely use their scooters to travel to school. "Unless schools provide lessons in how to be safe on scooters or skateboards, and show children how to be safe and what safety equipment to wear, then it's left to chance. We orchestrate our lessons, first and foremost on how to be safe.

"It teaches children balance, strengthens their muscles and strengthens their core. There is little or no competition when it comes to scooters and children are very compassionate towards each other, they do their own thing in their own time. It's also great fun and they don't realise they are getting fit because they are having such a good time."

Head Teacher at the Farndon based school says there is a benefit to improving core strength in children which helps in both literacy and writing skills, and that the school is developing methods to improve this for children. "Children are getting a quality experience with exercise, strengthening their muscles and increasing their enjoyment of school too. Looking at their faces when they were on the scooters was an absolute joy and even children who are sometimes shy of new experiences were really enjoying themselves. We know a lot of children come to school on their scooters and we want to support them to do it safely.'

Delilah Durham, age 8, surprised herself and her fellow pupils at the control she managed to gain of the scooter during the lesson: "I went slowly, tried hard and also did a trick! I like scooters because they can go fast and when you wear elbow pads and knee pads and a helmet it helps you to stay safe."

Trent Vale Nursery

We have places for a minimum of 15 hours up to a maximum of 30 hours

WHAT IS AVAILABLE?

Morning Nursery Session: 8.45am - 11.45am

Supervised Lunch Club: (at a cost of £3.00 or £5.50 inc. hot dinner)

11.45am - 12.30pm Afternoon Session Mon - Fri

12.30 - 3.30pm These sessions are term time only and we can provide information for wrap around care.

Our Nursery is run by a highly skilled and fully qualified teacher who has worked in the EYFS for many years

By attending our school based nursery your child will have the opportunity to play and develop social skills within a safe and exciting environment. The staff are very warm and friendly and encourage children to love learning.

They provide them with skills to have a positive start to school life with

a smooth transition into our school if you wish.

If you are interested please feel free to contact us to arrange a visit Trent Rd. Beeston Rylands, Beeston, Nottingham NG9 1LP tel: 0115 9179 224 or email: office@trentvale.notts.sch.uk



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QPS Garden Machinery

How Does Your

Get into the garden this spring and embrace the warm sunshine, sit back and relax or get down and dirty in your gorgeous green space ready to greet the British summer.

Transform your garden this spring and make it your own little paradise, perfect for long spring nights and scorching summer days.

Cut the grass or clean the decking to tidy up your garden paradise – for something more fun try planting bulbs which will soon bloom into colourful flowers to decorate your garden.

Make your neighbours jealous with some new garden furniture, decorations or perhaps freshen up your garden's look with a quirky revamp to old garden accessories. Head down to your local hardware store or garden centre for some exciting new ideas to create your very own garden from heaven. Whether water fights and picnics with the family or a chilled morning listening to the radio is your preferred garden activity – create the perfect mood for your space with flowers, plants and outdoor decorations.

Roll your sleeves up and break out the elbow grease or speak to a team of design professionals to achieve the perfect mood for your garden, whilst also making it a safe and practical space for your family to enjoy.













Join us at our Gardening Groundcare Day

14 April 2018 10am to 5pm

This is a great opportunity to not only watch our demonstrations in our demo field but try out some of the equipment for yourself.

Demonstrations throughout the day of a full range of garden equipment. (DEMO FIELD)

STIGA and MOUNTFIELD attending with a full range of cordless garden equipment to try out for yourself.

HUSQVARNA attending with a great chainsaw demo and try before you buy (safety conditions apply)

Visit the Draper garden tool stand who are here to help and advise on the day.

A dedicated showroom to a huge range of ride on mowers and our resident expert lan on hand to help and advise you.

Browse our newly revamped Country Store and Showroom, garden equipment, tools, general car car, wild bird food and feeders, pet care and more.

Drover Coffee will be there to keep us supplied with great drinks throughout the day in their converted Land Rover.

The Happy Hereford will be serving up great food all day.

We are waiting to welcome you to RES and have a great trip out.

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Meet Karene

Registered Nurse

Committed to care both at home and at work, Karene is a nurse at our BMI Ross Hall Hospital and carer of her friend Audrey.

Karene first met Audrey in the 1980s when they were neighbours in Scotland and have remained firm friends ever since. When Audrey's only son died, it left her without a next of kin, so Karene stepped in to offer her support.

Karene's care and compassion is reflected in many different ways. Whether it's taking her for lunch, arranging appoint-

ments or simply spending time together, Karene is always there for Audrey.

With over 40 years of experience in nursing, Karene brings the same care and dedication to her work. Her patients are at the heart of everything she does, every day.

Meet Bavesh Clinical Services Manager - Theatre

Bavesh is a Theatre Manager from our BMI The London Independent Hospital. He leads a talented team of theatre practitioners and spends his weekends coaching his local football team.

From a very young age, Bavesh played local football competitively. The team spirit, drive and camaraderie of the football team was what he enjoyed the most. Sadly, following a neck injury when he was 16 he was no longer able to play competitively so he gave coaching a shot. Becoming a coach at such a young age has fuelled Bavesh's passion for leadership and motivating people to succeed. At The London Independent, Bavesh's desire and drive to lead has resulted in him developing his team of theatre practitioners to an advanced level of skill



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from meals out to coffee mornings, outlings and talks, you can be sure of a warm welcome. Upcoming Oddfellows events include: sday 5 April 11.00am Price Free - Walk - Wollaton

Thursday 5 Aprill 11.00am Price Free - Walk - Wollato Park - Wollaton Road, Nottingham NG8 2AE Monday 9 Aprill 11.00am Price As Per Menu - Coffee Morning - Harper & Finch, 66 Bath Street, likeston. Derbyshire DE7 8AJ Monday 16 Aprill 10,30am Price Free - Walk - Atlenb Nature Reserve - 52 Barton Lane, Beeston, NG9 6DY Friday 20 Aprill 10,30am Price Free - Speakers Corner, Henry VIII the Highs & Lows- Eastwood Conservative Club Church Street, Eastwood.

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CROSSW

ACROSS

- 1 Famous fashion magazine (5)
- 4 Nightclub entertainment (7)
- 9 US space agency (4)
- 10 Run away to marry (5)
- 11 Cook too long (6) 12 Spill (5)
- 14 Wear away rocks (5)
- 15 Image of worship (4)
- 16 Conjuror (8)
- 17 Constrained laugh (6)
- 19 Heavy sleep (4)
- 22 Perfume extract (7)
- 24 Beer (3)
- 26 Become very dry (5)
- 27 Frequently (5)
- 29 By degrees (9) 32 Dark sandwich

spread (7)

- 35 Unlawful (7)
- 37 Tennis score (9)
- 39 Water grasses (5)
- 41 Concert piano (5)
- 43 Father (3)
- 44 Butlin's entertainer (7)
- 47 Milk pudding (4)
- 48 Suave (6)
- 51 Glue (8)
- 52 Chess piece (4)
- 54 Grieve (5)
- 55 Female relation (5)
- 56 Underpants (6)
- 57 Scarcely sufficient (5)
- 58 Bride's headcovering (4)
- 59 Show-biz performer (7)
- 60 Avid (5)

- 2 Largest ape (7)
- 3 Vast (8)
- 4 Buttoned sweater (8)

- 8 Eight-legged creature (6)
- 13 Hygienic (8)
- 18 Hearing organ (3)
- - - 23 Terminate (3)

 - 30 Also (3)

- 5 Trendy fashion shop (8)
- 6 Tasty scrap (6)

- 20 Lout (3)

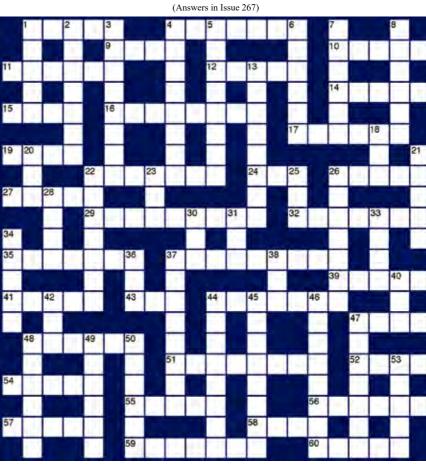
- 25 Tree (3)

- 1 Intensely coloured (5)

- 7 Mortar ingredient (6)

- 21 Thin bed-cloth (5)
- 22 Betrothed (7)
- 26 Distort or corrupt (7)
- 28 Implement (4)
- 31 Meadow (3)

- 33 Without work (4)
 - 34 Indulge to excess (5)
 - 36 Backchat (3)
 - 37 Remove a limb (8)
 - 38 Twitch (3)
 - 40 Poke with a finger (3)
 - 42 Equip with weapons (3)
 - 44 Hard-hearted and unsparing (8)
 - 45 Melt in a solution (8)
 - 46 Fit together and construct (8)
- 47 Young tree (7) 48 Burn superficially (6)
- 49 Decorative (6) 50 A rupture in the
- body (6) 53 Ice-cream biscuit (5)



ISSUE 265 CROSSWORD ANSWERS

ANSWERS ACROSS
1 Silhouette 6 Weapon 11 Ideal 12 Eventual 13 Splendid 16 Athlete 18 Errant 19 Menu 20 Clean 22 Edify 24 Air 25 Can 26 Diagonal 28 Elite 29 Tuba 30 Crazy 31 Far-fetched 35 Rebellious 39 Snout
40 Neck 41 Nervy 42 Arrogant 43 Art 44 Ban 45 Entry 47 Dryly 49 Tour 50 Probes 51 Virtual 54 Splatter 57 Asterisk 58 Uncle 59 Stewed 60 Lawn tennis
ANSWERS DOWN
1 Sums 2 Hire-purchase 3 Used 4 Tied 5 Elementary 6 Waterproof 7 Palatial 8 Nigh 9 Fete 10 Sleepyhead 14 Premature 15 III 17 Lad 20 Cynical 21 Endeavour
22 Erect 23 Irish 27 Airworthy 32 Estuary 33 Constitution 34 Enclosure 35 Rendezvous 36 Burst 37 Lay-by 38 Shortbread 39 Standstill 42 Any place 46 Rat 48 Lop 52 Race 53 Uses 54 Skew 55 Last 56 Robs









Gym for Life Challenge at the Motorpoint Arena

Get ready to be wowed by exciting, festivalstyle performances from gymnastics display teams from all over Great Britain! The Great British Gym for Life Challenge will take place at the Motorpoint Arena Nottingham on Saturday 9 June and Sunday 10 June 2018.

The Great British Gym for Life Challenge will showcase fun. creative displays from children and adults of all abilities, as they compete for team awards and gold, silver or bronze recognition. This is sure to be a memorable and entertaining event for spectators and performers alike, so make sure you get your tickets for this spectacular event! Tickets can be purchased online at www.motorpointarenanottingham.com/online/Gym-for-life via 0843 373 3000 or in person at the Motorpoint Arena Box Office, Bolero Square, The Lace Market, Nottingham, NG1 1LA. Purchase a ticket for the Motorpoint Arena car park and enjoy parking within just a few minutes' walk of the Arena! Purchase your car parking ticket for £10 per car when you book tickets online. Click here for more information.





rently undergoing a transformation and bespoke metalwork manufacturer Essential Projects has been appointed as one of the contractors to work on the £5.3m project which includes the building of a new visitor centre.

Bulwell, based Essential Projects, has been appointed to manufacture and install a bespoke feature staircase within the new Sherwood Forest Visitor Centre, which is due to be open to the public for Summer 2018.

The visitor centre has been designed to create a 558sq metre split level structure and the bespoke stainless

porated to provide access to the upper floors of this split-level structure to create a stunning focal point to the architectural design of the building interior and the welcome area.

tial Projects Work O

The feature staircase will be manufactured out of powder coated mild steel with a glass balustrade and stainless steel handrails. Solid oak treads will be installed in order that the finished look remains in keeping with the woodlands environment.

Commenting on the appointment, Eliot Saxton, Managing Director,

pointed as a trusted contractor on such a prestigious Nottinghamshire project that is world renown and steeped in so much history.'

Founded in 2008 by Eliot Saxton, Essential Projects specialises in manufacturing staircases, balco-nies, canopies, metal railings and other glass and stainless steel structures used within retail, commercial offices and heritage buildings. The company employs five designers, engineers and fabricators, and also has a team of sub-contractors who work on sites across the UK.



Total Peace of Mine

Financial advisers try to help their clients achieve their dreams - so we try to deal in good news, not manage bad news. A great number of clients come to us very worried, sometimes with good reason, but our aim is to give them peace of mind and to help achieve their realistic hopes and desires wherever possible.

Many advisers are very well qualified in a wide range of areas; for example I cover mortgages, equity release, long term care, pensions advice, investments, insurance and retirement planning generally to individuals, and a wide range of services to

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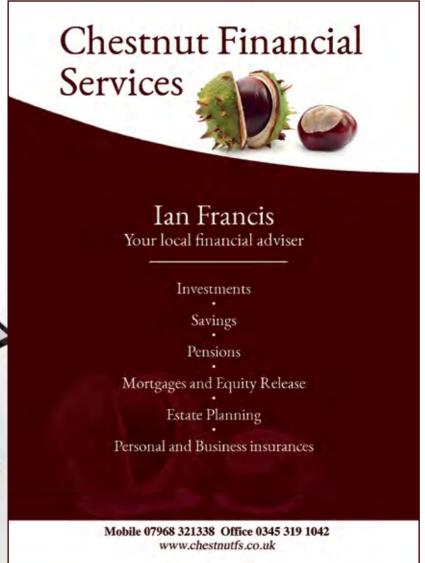
All clients have a unique story to tell. We help clients with our friendly, informative approach; our initial meetings are all complimentary and mainly carried out at the client's convenience in their own

So, if a reader has been told their mortgage costs are rising or coming to the end of a deal, then get in touch. We also help first time buyers, self-

If a reader needs to think about their insurance, investments, or retirement, or wants to talk about equity release or long terms care planning, then get in touch. Where business owners need insurance advice or advice on auto enrolment, then get in touch.

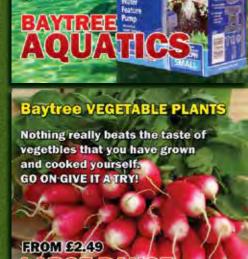
For just about everything else that falls in-between those key areas, get in touch! Ian is a Director and Financial Adviser for Chestnut Financial Services, and a regulatory consultant for













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New Gym Aimed At Teenagers and Millennials to Open In Calverton

A new expansion to the gym at Calverton Leisure Centre is due to open in April.

An underused squashed court, at the Gedling Borough Council owned leisure centre, has been converted to make way for a new strength and conditioning free-weight training studio. The new £20,000 expansion includes an Olympic lifting platform and bench press, squat rack, cable crossover, benches, dumbbells and

weight plates. The new gym expansion will double the existing capac-

68% of members at Calverton Leisure Centre fall into either the millennial 22-37 age range (36%) or are teenagers aged 14-19 (32%). The investment in the facilities reflects customer needs and current trends in the health and fitness industry.

The new facilities will open to the public from Tuesday 3 April. Coun-

leisure facilities visit www.gedling.gov.uk/leisure

cillor Henry Wheeler, Portfolio Holder for Housing, Health & Wellbeing said: "The new facilities look fantastic and are a great addition to Calverton Leisure Centre, With UK gym memberships increasing all the time, we understand the need for modern equipment and extra space. We are very proud to offer affordable facilities like this one at Calverton for our residents, on their

For more information about Gedling Borough Council's

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Nottinghamshire FunCUS

A Group of 12 students from Newark College received an exclusive tour of intu Victoria Centre on 21 March, to support their business studies.

Nottingham's intu Victoria Centre hosted the tour providing students with the opportunity to learn more about the centre's day-to-day management and intu's work developing both its centres in the city. The students are studying for a BTEC Level 3 Extended Diploma in Business and this visit was part of their 'changing face of retail' unit.

Amanda Bradford a business studies

incredibly worthwhile to bring our students out of the college and Newark's town centre and into the heart of Nottingham city centre, showcasing the whole shopping centre retail experience.

"Our students are currently focusing on visual merchandising as part of their studies and have thoroughly enjoyed and gained valuable experience from the visit to intu this year. We will be delighted to visit again next year to further enhance the studies of our

During the tour Newark College student, Liam Kempson (18) was impressed by the visual merchandising in-centre and intu's work redeveloping both its centres, he said: "The tour was really interesting - it helped me to understand the importance of entrances and signposting in shopping centres and also gave me the chance to look at how retailers advertise through their windows and shop fronts.

"I was really impressed by the sheer scale of how intu has redeveloped intu Victoria Centre and also the exciting plans for intu Broadmarsh.'



Bestselling author Matt Haig returns to Newark for book festival

sons to Stay Alive, A Boy Called Christmas and How to Stop Time, Matt Haig, has been confirmed as the headline speaker for this year's Newark Book Festival

Returning to the Festival after a sellout talk in 2017, Haig will be discussing his upcoming book Notes on a Nervous Planet: the much-anticipated follow-up to the number one Sunday Times bestseller Reasons to Stay

The internationally renowned author and well-known mental health campaigner grew up in Newark. Returning to his hometown, he will be speak-ing at Newark Palace Theatre on Saturday 14th July in an event sponsored by Trigger

Tickets go on sale from Tuesday 3rd April for Friends of the Festival; who also get a special invite to the festival's VIP launch event (to become a Friend, visit newarkbookfestival.org.uk). The event then opens for general ticket sales on Tuesday 10th April.

Newark Book Festival Organiser, Sara Bullimore said:

"Matt Haig is an amazing author who grew up in Newark and he's gone on to do inspiring work. His books have sold far and wide to critical acclaim and his insight into mental health is eye-opening. I'm delighted that Matt is coming back to Newark Book Festival with his

sons to Stay Alive.

book festival drew almost 2,500 people to Newark, but this year should be bigger and better than ever with new events and new venues. One of those venues is Newark Palace Theatre and we're delighted to be working with them

as they host Matt's talk."

Festival Friends receive priority

booking, discounts, and an invite

to a VIP launch event when the

festival opens, among other ben-

As with previous festivals, a spe-

cial postcard has been produced by

on this year's theme of Landscapes in Literature. The postcards will be available to festival visitors for free.

Businesses and community groups that wish to support Newark Book Festival still have until the end of March to sponsor the event by contacting Sara via the web-

> Personnel, Creative Apostrophe, Karrot Entertainment, Tallents Solicitors and Trigger Press. The festival has been awarded funding through Grants for the Arts from the Arts Council of England as well as funding and support from Newark & Sherwood District Council and Newark Town Council. Tickets for other festival events will go on sale on 30th April, with Friends of the

> Festival having early access to tickets from 23rd April. Tickets can be purchased from the Newark Palace Theatre box office by calling 01636 655755

You can stay up to date with the latest festival news by following Newark Book Festival on Facebook (www.facebook.com/newarkbookfest/) or on Twitter (www. twitter.com/NewarkBookFest). For ticket information, please visit the Newark Book Festival Website (www.newarkbookfestival.co.uk).

"Last year, the newly revamped

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However you decide to improve your home, don't forget to talk to a professional to get the best advice and inspiration.

The spring months mark an opportunity to assess your home and start planning those all-important home improvements for 2018.

A home health check is an essential start to your home improvement preparations, and assessing essentials such as your heating, facilities and home security are all important steps in this process

One of the first things to think about are any structural changes to the building extensions, conservatories and adjustments to the foundations of your home are all big jobs, and therefore will require more forethought and planning than redecorating your spare bedroom. Now is the perfect time to start calling professionals

to arrange quotes and put plans in place for later in the year.

Home security is another important home improvement factor - assessing your doors, windows and alarms to keep your home secure and the people and items inside safe is something that shouldn't be overlooked.

Take note of other factors that could be improved such as your heating, loft insulation and double glazing these home improvements may not be the most exciting or decorative, but they can help to save you money in the long run.

If you want your home or outdoor space redesigning but don't have an eve for detail (or the time), getting in touch with a profession-



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Call the Professionals for your

Get Moutivated this Spring These are a chief

"We've compiled this list of helpful tips for our customers so they can start preparing heir gardens for the warmer weather.

These are a great way for people who are currently in the process of moving, or existing homeowners, to achieve a stylish look in their achieve a stylish look."

For more information visit www.barratthomes.co.uk or www.dwh.co.uk

Now the January Blues are (finally) behind us, leading developer Barratt and David Wilson Homes North Midlands is encouraging budding landscapers in Nottinghamshire to start thinking ahead and prep their garden for spring with a few helpful hints and tips.

Spruce up

Be sure to have a tidy up and remove leaves and debris from your flower beds and lawn as they will have been subjected to all kinds of weather during the winter months. This will also save you time when the warmer weather kicks in and you start planting your summer bulbs. Preparation is key

If you want to grow flowers or have your very own vegetable patch, make sure you've prepped your soil for planting. You can do this by turning over the soil lightly with a pitchfork and raking it. Ensure when you do this you clear out any weeds that may have grown over the last

Sow seeds for the springA variety of different flowers are often

the key to having a colourful garden and once planted can be fairly easy to maintain. In winter, you can start to plant seeds which require a longer growing season, such as lilies, agapanthus and Galtonia – just don't forget to water them regularly. Jan Ruston, Sales Director for Barratt

III

and David Wilson Homes North Midlands, said: "When moving into a new home, gardening can often go to the bottom of the list of priorities, but we want to assure new homeowners that you don't have to spend hours on it to have the garden of your dreams.

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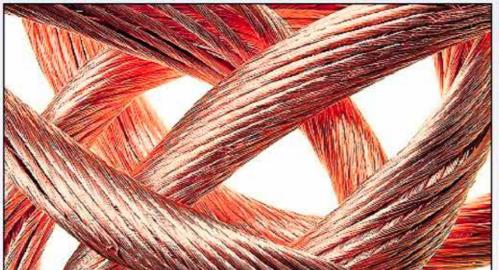


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