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# ENGINE YARD GRAND OPENING SUCCESS

The popular Engine Yard retail development at Belvoir Castle was officially opened on Sunday 2 September with a spectacular launch party, attended by actress and model Liz Hurley.

The final retailers, including homeware specialist Margo and Plum, Jorge Artisan Foods, and the Duchess' Gallery, as well as the luxury Belvoir Casa Spa, opened for business for the first time on Sunday.

The destination will also host the 45 West gin bar, founded by the creators of Burleigh Gin, due to open in the coming weeks.

They join the existing venues which have all opened in the last few weeks to a great reception from the public including, the

Idle Mole plant centre, chocolatier Cocoa Amore, premium coffee supplier Cherizena, Crafts4Kids, butcher and farm shop the Country Victualler, and the Fuel Tank Café.

Speaking ahead of the official launch, the Duchess of Rutland, CEO of Belvoir Castle and the inspiration behind the project, explained that she hopes the Engine Yard will become a hub for the local community and a must-visit destination for visitors from further afield.

Her Grace said: "After so much hard work over the course of the project, it feels fantastic to be able to officially open the whole development to the public as part of a double celebration on my birthday. It is amazing to think back to the collection of dilapidated buildings, once used to service the Castle, which have become a vibrant centre for skilled entrepreneurs.

"We are always looking to provide more reasons for people to spend a day at the Castle, and are delighted that the Engine Yard is now able to offer something unique

in the region. We want this to be a place for the local community to socialise and a destination for food, drink and crafts enthusiasts and there is still more to come."

Further plans are afoot for a country pursuits retailer, stocking shooting supplies and fishing tackle, gents' outfitters, an antique furniture shop, and an intricately designed garden around the Engine Yard.

The space will also host a 'wellness wagon', a restored gypsy caravan offering holistic therapies and treatments such as palm reading and mindfulness, and the Fuel Tank Café will welcome a range of pop up restaurants from leading chefs.

To keep up to date on the latest news from the Engine Yard, visit [www.engineyardbelvoir.com](http://www.engineyardbelvoir.com).

The site is located a ten minute drive from the A52, just 15 minutes from Grantham and Melton Mowbray, 40 minutes from Nottingham and is easily accessible from the A1. Stores are open 7 days a week and free parking is available for visitors.

## Set Sail to Nottingham Neverland

The Theatre Royal Nottingham has announced their swashbuckling family pantomime, Peter Pan, starring comedy legend Joe Pasquale and Only Fools and Horses star John Challis. The pantomime will open on Saturday 8 December

and run until Sunday 13 January.

Comedian and actor Joe Pasquale will lead the cast in the role of Smee. Well-known and best-loved for being one of the hardest-working and top-selling live comedians in British comedy today, Joe

has been delighting audiences for more than 20 years with his live stand-up tours and infectious sense of fun.

Best known for his role as Boycie in the BBC's long-running Only Fools and Horses, John Challis (and his characters' iconic laugh) have entertained television viewers for decades in the classic sitcom, and its spin-off The Green, Green Grass. John will play Captain Hook, the most evil man in Neverland.

Continued on pg 6

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## A Historic Adventure

By Helen King

What better way to enjoy a bank holiday Monday than a nice family walk around the Sherwood Forest, breathing in the fresh air and admiring the diverse wildlife. Well that is exactly what my family and I enjoyed over the lovely long weekend.

The RSBP were officially opening their brand new visitor centre and the Robin Hood Festival was in full swing. A nice gentle stroll around the forest lead us to discover numerous activities for children to enjoy from trying their hand at archery and getting creative with wild art pictures to thrilling adventure playgrounds and listening to music.

There are various paths for you to

enjoy in Sherwood Forest either by foot on a bike, all of which boast a plethora of stunning scenery and natural beauty. Obviously one of the highlights of visiting the forest is the old Major Oak Tree and if you have never seen it before, the awe of this magnificent tree and the history it carries is not to be missed.

Alongside the nature and wildlife there are a number of little boutiques offering a wide range of products for customers to explore and a range of delicious eateries – making it the perfect day trip for all the family.

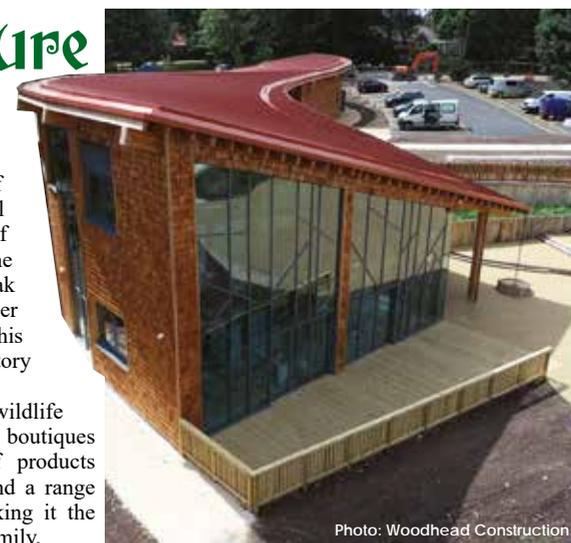


Photo: Woodhead Construction

## Transforming Clocktower Dining

Nottingham's intu Victoria Centre has announced plans to invest £1m to transform its dining experience for shoppers.

The work, which is due to be completed in November, will change the look and feel of the Clocktower dining area, creating a more natural, social space for shoppers to either grab food on the go or stop for a leisurely lunch or dinner.

"This is an exciting time for Clocktower dining," commented Nigel Wheatley, general manager at intu Victoria Centre.

"We always listen to our customers and are committed to providing new experiences that make their day out with us extra special. It's clear that shoppers want more choice when it comes to both food options and budgets, and they also want to relax in a space that feels different to the main mall.

"With centre occupancy at an impressive 99%, we're now able to make this investment and create a compelling space that offers our customers even more. Expect a big change in both tone and ambience, lots more natural elements and a mix of food kiosks for a quick bite to eat, alongside sit-down dining experiences perfect for family outings. We can't wait to share the designs!"

As part of the transformation, the centre will welcome six new international food brands and local favourites, offering more choice for customers in terms of flexible dining options and price points.



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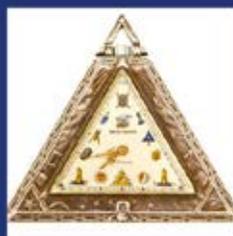
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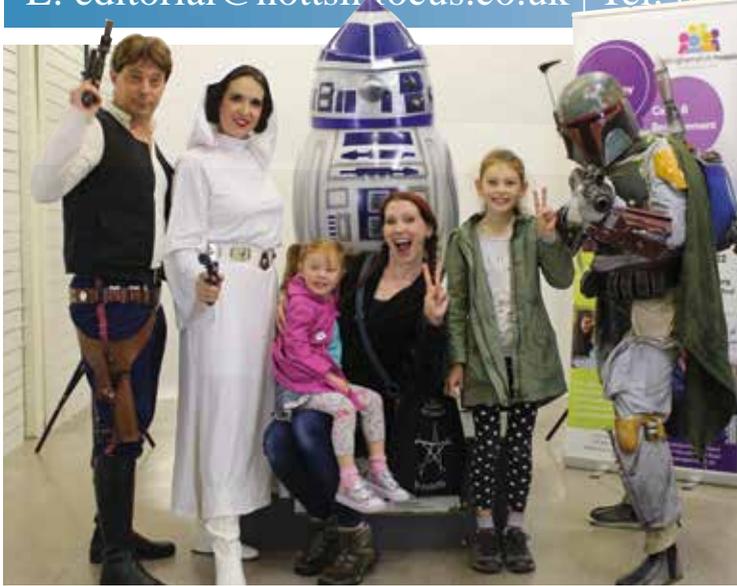
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## Hoodwinked Feels the Force

Star Wars fans descended on Victoria Market in Nottingham on Thursday 23 August to pose for photographs with their favourite characters and the R2Tweet2 robin sculpture.

Families queued up to have their photos taken with members of the Star Wars costume group East Midlands Garrison including Boba Fett, Jawa, Han Solo and Princess Leia, Imperial Troops, and an Imperial Officer.

First in the queue was eight year old Joshua Patridge, from Calverton, an avid fan. Joshua's mum Anne Marie said: "We got some great pictures, we got one with Solo, Joshua's favourite character, and we even got one of him chatting up Princess Leia!"

The family have been ticking off sculptures on the Hoodwinked trail and have four left to find.

One of the youngest fans was Zachary, aged three. Mum Gemma,

from Hucknall, said: "Zachary is star-struck; he's never met the characters before. He's Star Wars mad!"

Sophia Smithers from Sherwood brought her two daughters, Lilly (3), and Mai, (8). Mai said "It's exciting because I'm a really big fan of Star Wars and never done anything like this before. I've watched every film and I like all the characters."

Families made donations to the hospice in return for a photo with the characters. The event raised £134.

Greg Hewitt, Fundraising Events Co-ordinator at Nottinghamshire Hospice, said: "The day was a great success! Not just kids but grown up fans as well came along to have their pictures taken. Huge thanks to the East Midlands Garrison and to photographer Jay Raval for giving their time for free, and to Jessops in Nottingham for donating 100 vouchers."

# Hospital Trust Supports ORGAN DONATION WEEK

Sherwood Forest Hospitals Trust will be launching its organ donation campaign for 2018 during organ donation week, with the theme 'Words save lives' encouraging families to talk to each other about organ donation and each other's wishes.

During the week the Trust will hold an information stand at King's Mill Hospital. The stand will be set up in the King's Mill Treatment Centre on Wednesday 5 September and will have information about organ donation, with a number of specialists and organ donation recipients on hand to speak to people about what a difference donating can make and the importance of involving your family in this decision.

Thanks to organ donors, during 2017/18 the Trust facilitated three organ donors, which resulted in six patients receiving life-saving or life-changing transplants.

It is hoped that the Trust can raise more awareness of the organ donation register and encourage people to talk to their families and loved ones about it during Organ Donation Week. Last year the Trust managed to sign more than 400 people to the donor register during the week.

Sherwood Forest Hospitals Clinical Lead for Critical Care, Dr Som Sarkar, said: "Thanks to the campaign and the ongoing commitment and support of the Organ Donation Committee and the Trust, we saw a record number of new

registrants on the Organ Donation Register last year."

Organ donation committee member, Debra Barlow, who has had a double lung transplant said: "I would encourage people to come along to the stand to find out more about organ donation. Without it I wouldn't be here today, it really can make such a huge difference to peoples' lives. I understand that it's not something people often think about, but by being a donor, you could save so many people."

Joining the NHS Blood and Transplant Service's Organ Donation Register is simple. Visit [www.organdonation.nhs.uk](http://www.organdonation.nhs.uk) and fill out your details. The website has frequently asked questions and a myth-busting section to help explain exactly what joining the register means.

It also encourages people to talk to their relatives about their decision and how they can support your decision in the event of your death. The pink tower at King's Mill Hospital will be joining landmarks across the country and shining bright (with the blue and green towers turned off) to mark Organ Donation Week.



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**LLOYD GRIFFITH** Multi-talented entertainer with numerous TV appearances, including being co-host of Soccer AM on Sky Sports every Saturday  
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**Thurs Dec 20th**  
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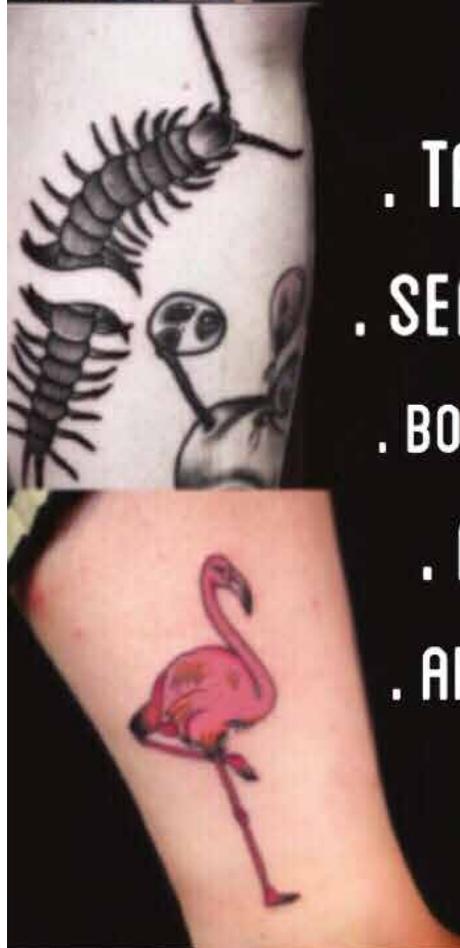
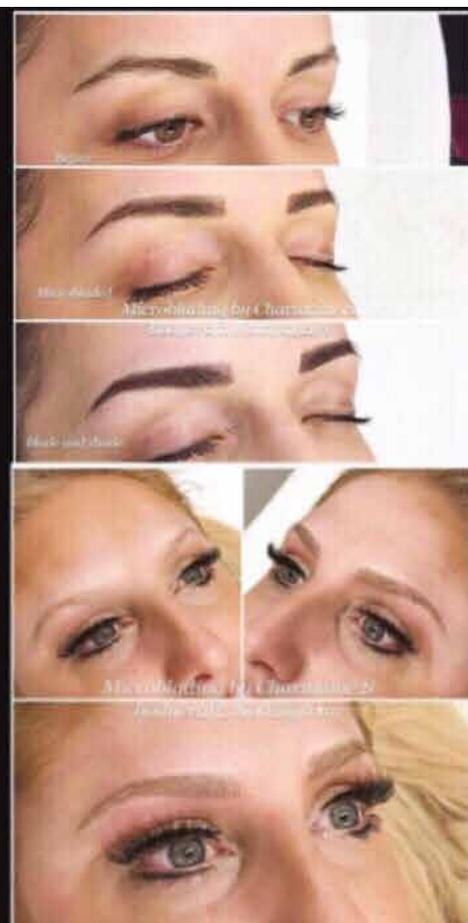
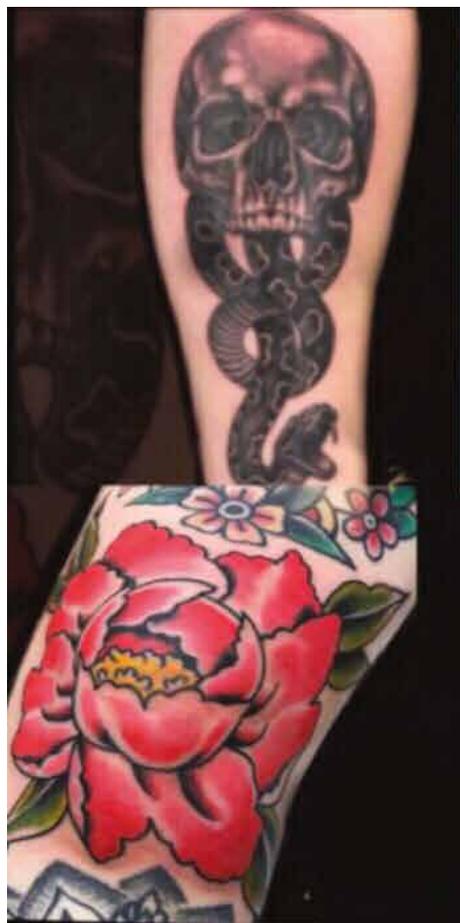
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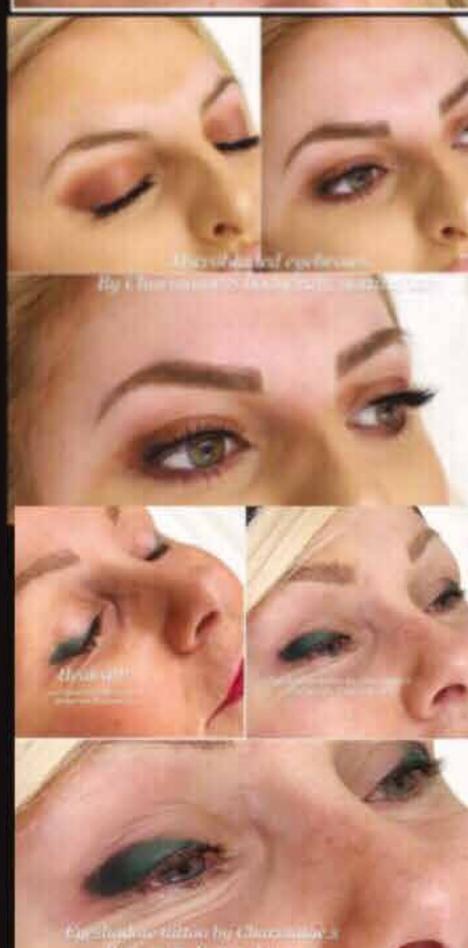
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**Aries**  
 You are keen to try to get through a backlog of work and jobs around the house, yet obstacles are thrown your way from every direction thus causing frustration and a few frayed tempers. Working to a deadline is never easy, so remain strong willed, speak your mind and if the opposition doesn't like it, yet that has never stopped you in the past. You may be headed with looking after younger or elderly relatives, which may complicate your plans. Try to take life a little bit more easy and spend time alone if possible because it's important that you are comfortable in your own space, otherwise you will never move on and make any progress.

**Taurus**  
 You are known for being a free spirit and dislike the feeling of being tied down. The word, commitment, sends shivers up your spine as you have other plans of your own. A close friend needs help, but the trouble is that that person rarely listens to anyone's advice ever yet will demand assistance from you. If you are currently involved in more than one relationship, make sure that you are not found out. Someone may be on your case and interested in your movements. Some legal papers may need signing, but it's important that you understand the implications of the document first.

**Gemini**  
 Excellent news concerning money, investments and property deals will give you something to look forward to. A few days away will prove beneficial to your health and well being. You tend to have the cards at both ends and could do with a break in order to think deeply about your future and to be more objective about your future. Someone who loves you very much is worried about your sudden outbursts of temper and shows of irritation. Try to remain calm and not worry so much about things that are never going to happen, just segments of your imagination and insecurities that stem from your childhood.

**Cancer**  
 Never underestimate the importance of hobbies and interests outside of work and personal relationships. Everyone needs to have their own friends and interesting activities in order to keep their minds and conversations alive. Someone may try to interfere into your personal life and you may find yourself having to make some very important decisions regarding one particular friendship. You will find out before too long just when your true supports are and you will receive help and support from unexpected quarters. Just remember every thing happens for the best in the end and that doors will open in many new directions.

**Leo**  
 Several unexpected developments will enable you to make strides forward and give you the confidence to fight and go forward. You will receive expensive gifts, surprises and invitations from a number of different directions and will find yourself in the middle of exciting arrangements and celebrations. You will seem so much happier than in the past now that you can see exactly where you are going. You may have some dealings with a solicitor for one reason or another, but this will be nothing to worry about. Any opportunity to travel, meet new people and broaden your horizons should not be missed; you never know what new wonderful things lie around the corner.

**Virgo**  
 Someone may have humbled you and now they are on your case. It's because you have been saying one thing and doing another; you have forgotten to cover your tracks on a single occasion. Although your heart may be split in two, you are still reluctant to make any kind of commitment because you don't want to lose out in any direction and like to feel in control. You have more good friends than you think who will stand by you, no matter what. You may receive excellent news over a property matter and progress will soon be made that will give you peace of mind and a good night's sleep. A holiday abroad may lead to passion, romance and long term happiness.

**Libra**  
 Why not think about looking for alternative employment or simply start your own business? Niggling doubts about a so-called friend will be proved right but not assured that although you are feeling slightly unsettled you do have a number of wonderful friends who are definitely on your side. Something interesting regarding money news will lift your spirits and give you the green light to go forward and carry on regardless. The chance to go on holiday and enjoy a few days away will enable you to think things through and come up with some solutions to your current problems.

**Scorpio**  
 Right now you may not be the richest person in the world, but you are learning to handle your finances and learning how to get the best out of any situation, no matter how bad or good. A slightly new romance may become increasingly important over a period of time and could result in a long-term commitment. A fast minute holiday could also make a huge difference to how you feel later in the year because of all the demands of life and the toll it has had on your health and well being. A good friend may take you into their confidence about a very personal matter and will swear you to secrecy. Strangely enough, you won't be in the least bit surprised over what you are told.

**Sagittarius**  
 There is no way would you ever dream of turning the clock back now that you have more or less what you have been striving for up until this present point in time. Someone you are very fond of may want more of a commitment from you than you are prepared to give and become the cause of some major irritation. Although you are great fun, have a magnetic personality, you are very much your own person and enjoy pleasing yourself rather than being at the beck and call of anyone who gets too close. You'll be excited about travel arrangements and will be visiting places that since you could only dream about.

**Capricorn**  
 Take a closer look at financial details before agreeing to anything. Being cheap will create problems not solutions. Extreme beliefs or difficult behaviour will drive a wedge between you and someone else so resist the temptation to discuss topics which you know will only result in disagreements. A budding new romance will begin gathering momentum and an old friend from your past could be trying to get back in touch. Some very important decisions affecting your personal and working life cannot be avoided for much longer.

**Aquarius**  
 The more you seem to give the more certain people are happy to take. Some people are just very selfish and so it's time to open your eyes to the realities of how some people can be if given half the chance. It's as though you feel you are losing control over a situation if you hand over the reins for just a few minutes. Someone close to you may need medical attention. A delicate matter relating to your personal or romantic side of life will need to be resolved if the relationship is to carry on. You may be experiencing problems with a lover because there are some serious trust issues going on behind the scenes.

**Pisces**  
 Before too long you may decide to go house hunting because you are rapidly outgrowing where you currently are, or you may plan to extend or completely redecorate because you are craving change in this direction. If you have experienced some kind of personal trauma this year, this could also be the reason for your restlessness and need to move on. Look after your health and pay special attention to diet and rest, if need be, by visiting an alternative therapist and look at new ways of relaxing such as swimming, walking, yoga or something similar along those lines. A serious matter concerning romantic partner or close friend needs immediate addressing if you are to avoid disaster at a later date.



# Take the Leap at Local Airfield

**Make Today Count is a series of fundraising skydives to raise funds for the 70,000 people in the UK living with muscle-wasting conditions.**

Nottingham's residents are being called on to tackle a 10,000ft skydive at the local Langar airfield to raise vital funds for Muscular Dystrophy UK.

Now in its sixth year, Make Today Count is a series of fundraising skydives to raise funds for the 70,000 people in the UK living with muscle-wasting conditions. Money raised from the event will go towards helping scientists find treatments and cures, as well as providing essential support to families.

The charity is now calling on Nottingham's residents to take advantage of the airfield on their doorstep. The next set of dates is in March following the most recent dive last weekend on Saturday 1st September!

Muscle-wasting conditions cause muscles to weaken and waste over time, leading to increasingly severe disability. Some conditions affect the heart muscle and vital breathing muscles too, cutting lives short.

Laura English-Rose, Regional Development Manager at Muscular Dystrophy UK, said: "Make Today Count is the perfect chance to take on that once-in-a-lifetime skydive right on Nottingham's doorstep.

"By the time you land, you will have funded a day of world-class, ground-breaking research into conditions which affect 70,000 people in the UK. And if you sign up as the 1,000th person to jump for Make Today Count, you could even win a video of the special day. Sign up now and help us to fund a planload of research!"

Find out more about Make Today Count at [www.musculardystrophyuk.org/maketodaycount](http://www.musculardystrophyuk.org/maketodaycount). Early bird registration is £29, and each jump has a minimum sponsorship of £399.

# THE KINDEST PERSON IN NOTTINGHAM



Last month, Robin Hood Energy announced a campaign that looked for the kindest person in Nottingham as part of their mission to champion the local community and prove the power of kindness across Nottingham.

Over the last month Robin Hood Energy has spoken to many people across the community and discovered many acts of kindness going on throughout Nottingham every day. Across social media, a whole host of Nottingham people have been sharing their stories on the #NottinghamIsKind hashtag – you can take a look on the Robin Hood social media profiles to read more of them.

Some of these acts include local charity InKind Notts, which put together a Kindness Day where they spent all day in market square championing kindness, such as completing a 'kindness conga' and giving out small

gifts to passers-by. Some of the other stories shared involved strangers helping passers-by, completing a triathlon to raise money for the local community, helping kittens and gifts of flowers from neighbours.

However, this morning Robin Hood Energy decided that their favourite story came from local resident John Richardson who nominated the talented Cibebe, a local singer songwriter who has spent the last year speaking with a lot of the homeless people in the community. She brought together musicians from across Nottingham to create a single, and all proceeds from the song go towards the local homeless community.

Even though the competition is now over, Robin Hood Energy wants everyone to continue to champion kindness across our local community, and remember that Nottingham is kind.

**HOLDING A LOCAL EVENT? CALL 01159 314380**

## Hartington Wakes Sports & Country Show

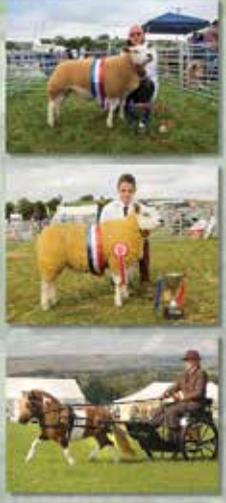
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## Notts Youngsters wanted for Policing Project

Young people are being given a fresh opportunity to get involved in public life by joining Nottinghamshire's award-winning youth think-tank on policing.

Nottinghamshire Police and Crime Commissioner Paddy Tipping launched a new recruitment campaign last week to identify the next cohort of youngsters for his nationally-recognised Youth Commission.

The Commission, which was launched in 2015 in conjunction with social enterprise firm Leaders Unlocked, encourages young people to play a high-profile role in community safety and help steer the decisions that impact on the safety of their peers.

"I'm really excited to be recruiting some new faces to the Commission to

further the positive working going on to tackle crime," said Mr Tipping.

"Youth Commission members are taking on increasing responsibility in their roles and many have participated in interview panels during the year to support the recruitment of a range of senior policing roles including the Chief Constable!

It's so important we listen to young people today and respect their ideas and experiences. Young people will eventually inherit our communities and the problems within them which is why we need their knowledge and support now to develop solutions."

Youth Commission member Ammaarah Karim said: "I feel really honoured to be part of this project. It has increased my

faith in the police and made me realise that many police officers have our best interests at heart."

The PCC is looking for up to 15 new members aged between 14 and 25 from the Nottinghamshire policing area including Nottingham, Bassetlaw, Mansfield, Newark, Sherwood, Ashfield, Gedling, Broxtowe and Rushcliffe.

The Commission put particular effort into interacting with harder-to-reach groups of young people including carrying out workshops and interviews with looked-after children, young people in supported housing, young carers and young offenders.

Young people interested in becoming part of the Commission have until Monday 24th September 2018 to apply.



## VISIT NOTTINGHAMSHIRE BRINGS BACK STARS AWARDS

The search is on to find outstanding tourism experiences in the county, with entries now open for the Nottinghamshire Hospitality STARS Awards.

Organised by Visit Nottinghamshire, in partnership with the Nottingham Hospitality Association, the STARS Awards are a celebration of the very best in the county's leisure, culture, tourism and hospitality sectors.

With a total of 14 categories, from 'Bed & Breakfast of the Year' and 'Visitor Attraction of the Year', to 'Rising Star - Unsung Hero', the awards are an opportunity to highlight outstanding service and give thanks to the people and organisations which make such valuable contributions to tourism and the economy by drawing an ever-growing number of visitors to Nottinghamshire.

Winners of the first 12 categories in the STARS Awards are eligible to en-

ter the '2019 VisitEngland Awards', a national tourism awards programme which is firmly established as representing the highest accolade in English Tourism.

Brendan Moffett, Chief Executive of Visit Nottinghamshire, said: "Following a three-year hiatus, we are delighted to bring back the STARS Awards and recognise the outstanding tourism experiences across the city and county.

"Nottinghamshire is a fantastic destination, attracting millions of visitors each year. These awards celebrate tourism, culture, leisure and hospitality businesses and the people behind them who work so hard and professionally to deliver an exceptional experience."

Winners will be revealed at the awards ceremony on Thursday, November 1st 2018 at Nottingham Crowne Plaza.

## Set Sail to Nottingham Neverland From pg 1

Joining Joe and John as Peter Pan will be Jack McNeill. Recent graduate from Trinity Laban, Jack is currently touring the UK in the brand new stage adaptation of Little Baby Bum and recently toured as Tom in The Night Pirates and starred as Harry in The Hired Man in London.

Starring alongside him as Tinker Bell will be Lucy Evans. Lucy began her career at the age of eight performing as Young Cosette in Les Misérables. In addition to her various television credits she has regularly appeared in pantomime, performing the role of Tinker Bell in venues across the UK.

Peter Pan will be staged by Qdos Entertainment, the world's biggest pantomime producer, and the company behind the theatre's record-breaking productions each year.

With amazing flying effects, magic and fairy dust, join Peter and the Lost Boys and set sail in the ultimate pantomime adventure complete with all of the ingredients audiences know to expect in this swashbuckling festive treat.

Qdos Entertainment's Managing Director Michael Harrison said: "We're delighted to be bringing Joe Pasquale and John Challis to star in our Nottingham pantomime this year. This year's production promises all the laughs, audience participation and magic Nottingham audiences have come to expect each festive season, and we can't wait to bring our show to them this Christmas."

Audiences shouldn't leave it any longer to hook tickets to Nottingham's high-flying pantomime adventure. To book tickets visit [www.trch.co.uk](http://www.trch.co.uk) or call on 0115 989 5555.



Jack McNeill, Lucy Evans, Joe Pasquale and John Challis



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## Celebrating Friendship with Oddfellows

If you're on the lookout for a new social group, then Nottingham Trent District Oddfellows are the people to be with on Saturday 8 September, as they come together to celebrate the Great Big Friendship Month.

The local friendship society is hosting a Tea Party with an invitation for all to come along and enjoy. Held between 2-5pm at 108 Burton Road, Carlton, Nottingham NG4 3BG, at the home of a member, the event costs £3.50 for homemade cake, sandwiches, tea and coffee.

The event is one of hundreds running up and down the country throughout September as part of the Oddfellows' annual celebration of friendship – the Great Big Friendship Month.

Now in its ninth year, the national awareness month aims to provide easy ways for people of all ages to come together, have fun as a community, and to form lasting friendships.

Karen Pye-Smith, Branch Secretary for the Nottingham Trent District Branch, said: "Having a strong circle of friends around you

is really important – not only for your mental health, but it's been proven to boost your physical health, too.

We'd love to welcome some new faces to our group. So, if you'd like to come along and give us a try, then this is the perfect opportunity. Let us know you're coming and we'll meet you at the door."

From coffee mornings and craft sessions to lunch clubs and guest talks, the Oddfellows' Nottingham Trent District Branch holds regular events and activities in the area. To find out more and to receive their latest events diary, contact Karen Pye-Smith on 01949 843727 or email karen.pye-smith@oddfellows.co.uk. Future events are also listed online at [www.oddfellows.co.uk/events](http://www.oddfellows.co.uk/events).

As part of the Great Big Friendship Month, the Oddfellows is running a free prize draw to win a one-night hotel break for two plus £200 spending money. Visit [www.friendshipmonth.com](http://www.friendshipmonth.com) to enter



## Looking for local social events and activities?



Everyone Welcome!

From meals out to coffee mornings, outings and talks, you can be sure of a warm welcome. Upcoming Oddfellows events include:

### 6th September

Wollaton Park, Wollaton Road, Nottingham NG8 2AE  
10.30am Fish & Chips in the Park Price as per menu

### 18th September

The Regent, Diamond Avenue, Kirkby in Ashfield NG17 7BQ  
10am Getting to Know you Breakfast Price as per menu

### 21st September

Conservative Club, Church Street, Eastwood NG16 3BP  
10.30am Speakers Corner Presented by Sandy Leong  
The story of Francis Light Free Event

### 25th September

The Café Bar, Four Seasons Centre, Mansfield NG18 1SU  
2pm Meet & Greet A chance to meet members and get to know more about us Price As per menu

### 26th September

Conservative Club, Church Street, Eastwood, NG16 3BP 2pm Afternoon tea £4 per person

[www.oddfellows.co.uk](http://www.oddfellows.co.uk) for membership enquiries 0800 028 1810

The Oddfellows is the trading name of The Independent Order of Oddfellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F. Registered Office Oddfellows House, 184-186 Deansgate, Manchester M3 3WB

To book for any of these upcoming events, or to find out what else is coming up call Melanie on 0115 963 8766



Lidl UK has confirmed its new store in Clifton, Nottingham will open its doors for the first time this Thursday.

The supermarket, which is located on the Clifton Triangle development at Green Lane, will open at 8am with MP Lilian Greenwood on hand to cut the ribbon.

Customers are invited along to sample some of Lidl's award winning products throughout the day, along with exclusive deals and offers on selected products for the first week of opening.

Robin Hood, the Lord Mayor of Nottingham Councillor Liaqat Ali, the city's town crier and local councillors will also attend the launch.

Lidl UK's Regional Head of Property, Jo Hawley, commented: "We would like to thank all those who have played a part in bringing this new Lidl store to Clifton. It is great for us to have been able to create more jobs and invest in the area. We can't wait to start serving our multi-award winning products to the local community."

The Clifton Triangle site is being developed by well-known East Midlands-based property developers Cedar House Investments.

Peter Gadsby, Chairman of Cedar House Investments said: "We are pleased to be working in partnership with Nottingham City Council on the scheme as part of a wider regeneration strategy to build a better Nottingham.

The support we've received from the council has been vital, and once the whole scheme is complete, it will have a big impact on the local community."

The mixed-use scheme will bring 130 jobs and further retail opportunities to Clifton and is benefitting from a £15m investment from Cedar House Investments.

Councillor Graham Chapman, Deputy Leader of Nottingham City Council, said: "We had a plan three years ago to improve the retail offer in Clifton and to make sure that the development of 3,000 new homes to the south of Clifton did not become isolated.

## New Lidl store set to open in Clifton

"It was essential that we invested in the area and so we're pleased to see that large companies like Morrison's and Lidl have also chosen to invest in Clifton. This, combined with the benefits of the extended tram line, has given a real boost both to Clifton and the local housing market – which is one of the most buoyant in Nottingham."



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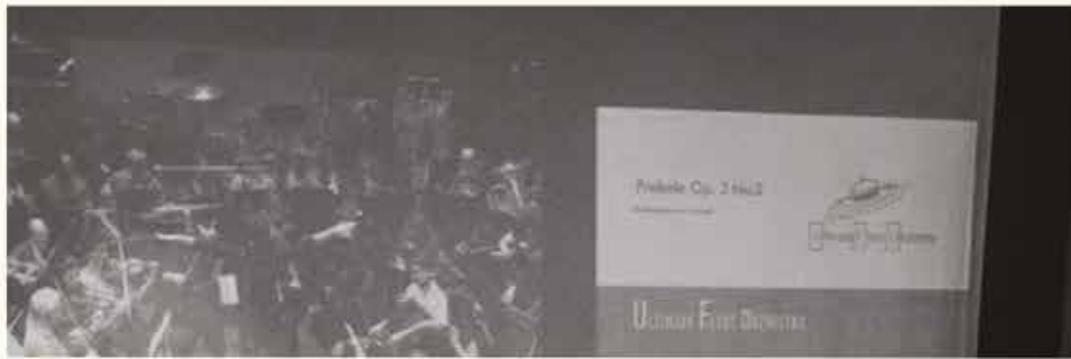
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## Gated Development Breaks Ground in Nottingham

Enderleigh Mews, an exclusive new development in Alexandra Park, has officially launched its collection of distinctive town houses to market.

The executive, 10-unit scheme comprises eight brand new townhouses and two semi-detached properties – all of which have four bedrooms, are three storeys and come with parking.

Craig Stones, land and new homes manager at Pygott & Crone said: “Enderleigh Mews is a truly unique, gated community in an incredibly sought-after location with stunning views across Nottingham.

Each bedroom boasts a walk-in wardrobe and each home has a spacious, contemporary living area, stylish kitchens – fitted out with state-of-the-art appliances and features from Porcelanosa – as well as private, landscaped gardens.

Nottingham doesn’t have anything like this at the moment; these are town houses which benefit from space, seclusion and privacy but are still only just over a mile from the city centre.”

Enderleigh Mews is being delivered by experienced, Nottinghamshire property developers North Midland Construction and Earl & Pelham Property.

Nick Banks, operations director at North Midland Construction said: “We’re very proud to be part of this joint venture, providing 10 new and much-needed homes for the city.

The natural flow of the site lent itself perfectly for a gated, mews development and we believe that we’re creating something really special here, a niche residential scheme that’s really going to appeal to Nottingham’s buyers.

We’ve also incorporated a private, landscaped, communal garden into the design of the mews, providing residents with additional space exclusively for the Enderleigh Mews community to enjoy.”

Properties are being marketed between £405,000 - £450,000.

The development is due to be completed by autumn, with a show home for potential buyers to visit opening in September.

**This exclusive new development has launched its collection of distinctive town houses to market.**

## Thaikhun Nottingham closes its doors

Thai street food chain Thaikhun has closed its Nottingham restaurant. Thaikhun – which opened its Nottingham’s venue in the intu Victoria Centre in 2015 – brought authentic Bangkok street food to 10 locations across the UK.

Earlier this year, research by national accountancy firm UHY Hacker Young showed that the UK’s top 100 restaurant groups grew their debt by 19% in the past 12 months – from £1.65bn to £1.96bn.

Simon Browning (pictured), partner in charge of UHY’s Nottingham office, said: “Consumers only have a finite amount of spending power when it comes to eating out, and the oversaturation of the market means that groups that fall foul of changing trends can very easily fail.

Many restaurant chains are still increasing their borrowing in order to acquire and fit out new sites, even as high-profile competitors face insolvency. Though trading conditions on the high street have become very challenging over the past year, these businesses often feel they have little choice but to continue with their expansion plans. This may mean taking a gamble on the success of new sites.

A lot of restaurant businesses do not have the option of easing off on expansion plans as the sector struggles – they simply have to grow quickly to reach profitability.”



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# Leading Notts Activity Centre Appoints New Ceo

Internationally acclaimed north Nottinghamshire outdoor activity centre, Walesby Forest, has appointed a new chief executive.

Guy Laurie joins from Yorkshire Sculpture Park where he was operations director and responsible for the £3.6 million development of the second visitor centre.

Guy said: "I am delighted to take up the position of CEO at Walesby Forest as the centre has a fantastic reputation and legacy for high quality adventure activities.

"For the last thirteen years I've been working in very outdoor-focused roles and I feel that Walesby is the ideal opportunity for everything I've learnt so far to come together. I'm really looking forward to getting to know all the people involved, from staff and trustees to people using the site, and seeing how we can expand the operation."

Walesby Forest, a not-for-profit international outdoor education activity centre located on the outskirts of Newark and situated within 250 acres of natural forest, offers a wide range of educational and adventure activity programmes for schools, groups, scouts & guides and summer camps.

The centre recently celebrated its 80th birthday after originally opening as a Scout centre in 1938. It marked the occasion with the opening of its second purpose-built residential lodge.

Alistair Bow, managing director at local firm

Thomas Bow City Asphalt, has been chairman at Walesby Forest since 1999. He said: "Walesby is an amazing facility which welcomes thousands of youngsters from across the country all year round and it's something that I am very pleased to have been involved in for the last 19 years. The centre has been going from strength to strength and I think Guy's new perspective and experience will really give it a boost."

Guy will replace the current CEO Ian Sinclair who will retire after ten years of service.



# Hospital patients treated with FOOD TO GO range

**King's Mill Hospital has become one of the first hospitals in the East Midlands to offer a Marks and Spencer Food to Go range.**

The range, which launched last week, will be based in the existing WHSmith outlet in the main entrance, thanks to a recent partnership between WHSmith and Marks and Spencer and will offer more food choices to patients, visitors and staff at the hospital site.

The new food choices are in line with the national bid by the government to make food outlets in hospitals healthier. The wider selection includes; salads, healthy snacks and more fruit options.

Head of Estates and Facilities at the Trust, Ben Widdowson, said: "It is great that our patients, visitors and staff will now have a wider range of food options when visiting or working at King's Mill. We worked closely with both WH Smiths and M&S to ensure that the offering would be suitable to meet the needs of our patients whilst also providing healthy options for them. I hope that people enjoy the improved selections."



**Careers, Training, Education**

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## A New Spin on a Journalism Degree

A Nottingham born PR Boss has secured herself a job lecturing students at Nottingham Trent University, in a bid to pass on her wealth of experience in public relations.

Tina Clough (33), director at Ilkeston based Poppy-PR, has landed the spot after being approached by Tracy Powell, BA Journalism course leader at the University.

Tina, originally from Stapleford, studied Print Journalism back in 2007, said: "I have always had fantastic links with the University and I was honoured to be invited back to where it all began, when the University opened its state of the art Centre for Broadcasting and Journalism (CBJ).

"After a career in PR and journalism, I set up my own business in 2010 offering PR, social media, crisis communications and event organisation. I have always accepted students from Nottingham Trent University through our door for work experience, and it has always been something that I have been very passionate about."

After being invited to talk to journalism students in 2017 about what it takes to make it in the world of PR, course leader Tracy invited her to attend a meeting with other industry figureheads to help create a brand new PR module, which is set to be taught for the very first time.

Tina continued: "After being approached to help Tracy and her team to create the synopsis for the new module, which was a huge honour, I was then asked if I would consider teaching it!"

Tina will start her new role in October, and will be based at the Nottingham Trent University city campus. It is thought that the new module will include topics such as the history of PR, crisis communications, key terms, writing press releases and holding a press conference.



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If your child is currently in Year 6, due to start secondary school in September 2019 and you would like to find out more about Toot Hill School, we invite you to attend one of our Open Evenings on 11, 12 and 13 September 2018 from 6.30pm.



**TOOT HILL  
SCHOOL**

Toot Hill School, The Banks, Bingham, Nottingham NG13 8BL  
Telephone: 01949 875550 | Website: www.toothillschool.co.uk \*Ofsted 2012

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or call 0121 386 6910



## YOUNG ROBOTEERS

Saturdays 22 September-27 October, 1-4pm  
Derby Museum & Art Gallery, The Strand, Derby DE1 1BS  
£30 per Young Roboteer



DERBY MUSEUMS

### ARE YOU A BUDDING ROBOTEER? DO YOU WANT TO LEARN HOW TO BUILD, PROGRAM AND MAKE A ROBOT MOVE?

We're thrilled to be working with Debs and Simon Cook, the creators of Chompalot in the Robot Wars series, who will share their knowledge, expertise and enthusiasm to inspire a new generation of roboteers.

During the six-week course\*, you'll learn about electronics, coding and robot construction to build a walking robot in small teams. We're looking for 12 enthusiastic 10-14 year-old girls and boys to join. You don't need any existing robotic knowledge, just bags of enthusiasm, commitment and a willingness to learn!

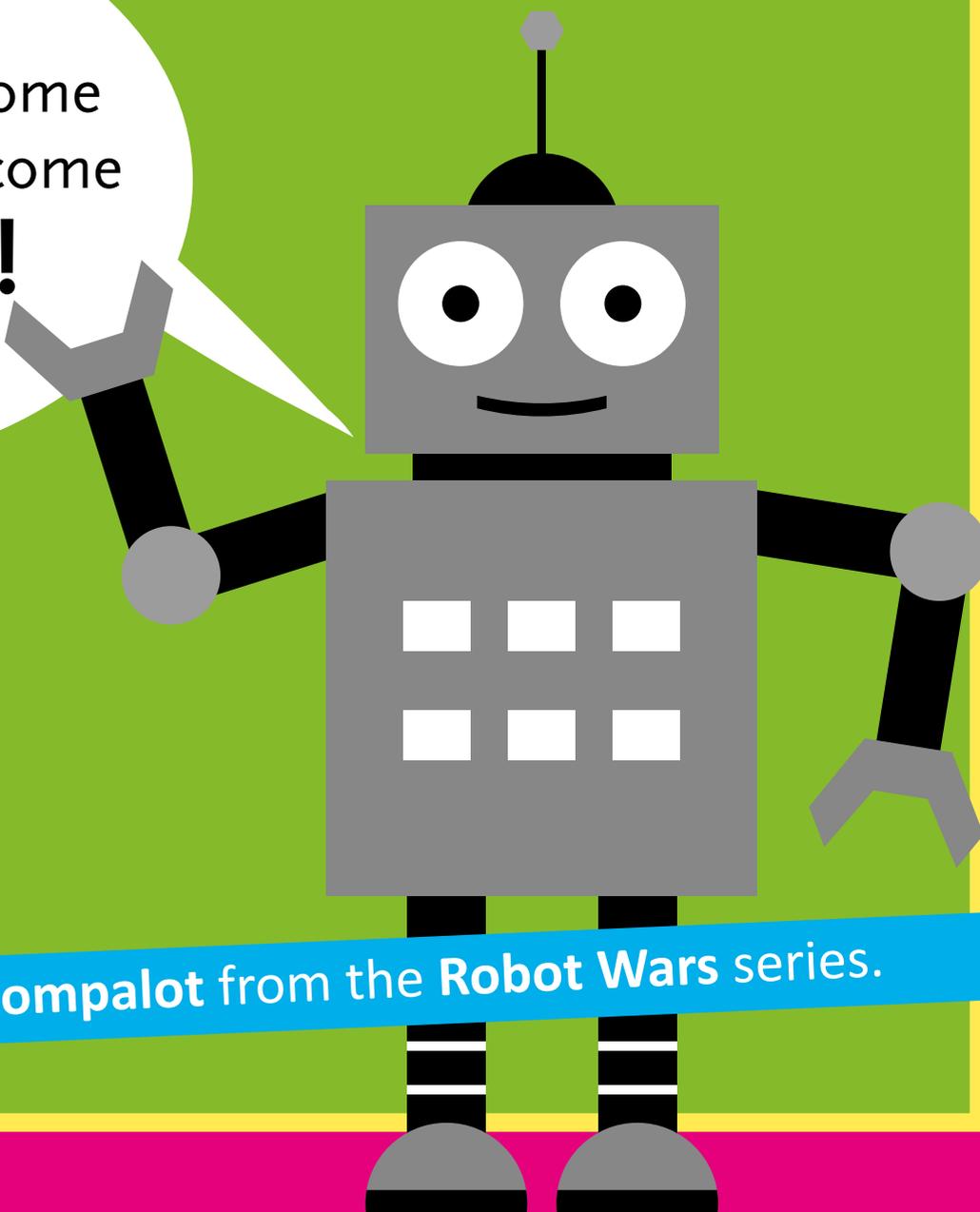
#### How to register

The course will take place at Derby Museum & Art Gallery and end with Derby Mini Maker Faire at the Eagle Market in Derby on 27th October. Spaces are limited, so please register your interest by emailing your name, age and why you want to be a Young Roboteer in your own words (max. 300 words) to [kathryn@derbymuseums.org](mailto:kathryn@derbymuseums.org) by **Monday 10th September**.

\* Please note, you'll need to be available to attend each Saturday for six weeks. The robots will be made in teams so will not be taken home after the course.

We're looking for some young people to become  
**Roboteers!**

Tell us why you want to be a **Young Roboteer** for a chance to get involved.



Work with the makers of Chompalot from the Robot Wars series.

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26/30 SEPTEMBER

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*Out*  
& ABOUT

# Discover the history of Broxtowe

Beeston Town Hall will open its doors on Friday 7 September, giving visitors a unique opportunity to explore the history of Beeston over tea, coffee and cake, as part of this year's National Heritage Open Days.

Mayor of the Borough of Broxtowe, Councillor Derek Burnett BEM will attend the Open Day next Friday at the Town Hall, Foster Avenue, Beeston.

Employees from Broxtowe Borough Council have prepared a display including old maps, civic memorabilia and even press cuttings from over 100 years ago. Past Mayors will provide guided tours of the Town Hall.

Beeston and District Civic Society will also be on hand to answer questions about Broxtowe's history and visitors to the event, between 11.00am and 2.00pm, can also buy tea, coffee and cake, with all proceeds going to the Mayor's chosen charities, Soldiers, Sailors, Airmen and Families Association (SSAFA) and East Midlands Ambulance Service.

Heritage Open Days are an annual national celebration of England's fantastic architecture, culture and history, offering free access to properties that are usually closed to the public or normally charge for admission. This year's events take place between 6th - 9th & 13th - 16th September.

A packed programme of events will take place across Attenborough, Beeston, Bramcote, Chilwell and Stapleford, organised by Beeston and District Civic Society in conjunction with Beeston and District Local History Society,

Friends of Bramcote Old Church Tower and Stapleford and District Local History Society.

To find out more about other events taking place in south Broxtowe during the Heritage Open Days, please contact Beeston District Civic Society visit [beestoncivicsociety.org.uk](http://beestoncivicsociety.org.uk).



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# Antique & Collectors Fair

As seen on **BBC** Bargain Hunt

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November 10th & 11th

December 29th & 30th

### 2019 DATES

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Stafford's County Showground sees Antiques and Collectors Fairs organisers Number One Events returning to its Prestwood Centre on Saturday and Sunday, 15/16 September, for the first of its 2018/19 season of events.

"We're really looking forward to getting our 2018/19 fairs under way," said organiser Mike Justice. "We've enjoyed the incredible summer break but now it's back to work and our September fair promises to carry on where we left off in May, with all three halls at the venue already fully booked by eager standholders.

A huge and eclectic range of items will once again be available at this ever-popular fair, which regularly attracts dealers from all over the country, displaying everything from traditional top-quality silver, porcelain, jewellery, art work, high-end kitchenalia and fine glass through to items for the avid collector – coins, stamps, books, postcards, and just about anything and everything in between. The fair also attracts both national and international buyers on a regular basis.

With ample free parking available and a well-stocked cafe on site, visitors to the fair are assured a thoroughly enjoyable experience. Access for the disabled is no problem either, with all three well-lit halls at ground level and inter-connecting. Plus, low entrance fees of just £3 per person (free for wheelchair users and under-14s) have been maintained for yet another year, providing one of the best value-for-money deals around. And don't forget: well-behaved dogs are also welcome, who are allowed in for free!



Out  
& ABOUT



# AN EXPERIENCE OUT OF THIS WORLD



A new permanent entertainment experience is set to open at Nottingham's intu Victoria Centre that will see friends and families taking on the 'Zombie Apocalypse'.

A first for the UK, meetspace VR is bringing Zero Latency, the global leader in free-roam, multiplayer virtual reality gaming to intu Victoria Centre in October.

This exciting new experience gives teams of up to eight the chance to step into a virtual reality and take on one of the epic challenges – including battling zombies, androids and drones.

**A chance to step into a virtual reality and take on one of the epic challenges including battling zombies, androids and drones.**

Spanning a 6,000sq ft space on the upper mall of the centre, Zero Latency uses the latest wearable gaming technology to enable players to explore the virtual world, using their bodies as controllers.

Speaking ahead of the opening on 5 October, Nigel Wheatley, general manager of intu Victoria Centre, said:

"We are delighted to welcome meetspaceVR to the centre with such an exciting and different leisure experience.

"We know that people want compelling experiences to share with friends and family and introducing an international brand like this to a shopping centre environment is an important part of that smile-generating formula. It's going to be lots of fun!"

John Lilley, CEO at meetspaceVR, said: "We can't wait to bring this amazing, next generation of social VR technology to the UK. VR technology and e-sports will evolve quickly and we are committed to bring the best in class experiences together under one roof. intu Victoria Centre is the perfect location for our first UK opening because of its excellent location and wide appeal as a go-to destination for millions of people every year."

## Calling All Budding Artists!

Are you a dab hand with a paint brush or see yourself as the next Claude Monet? If so then Nottingham-based law firm Roythornes Solicitors is launching a competition to find one talented local artist to create an eye-catching design for its new 'moving card'.

Property is one of the law firm's specialist areas and its expert team acts on behalf of many new homeowners. Therefore it's 'welcome to your new home card' is sent to hundreds of clients when they buy and move into their new home.

The winner's designs will not only be immortalised through print but will also receive a £100 cash prize and a stack of printed cards to keep.

Vember Mortlock, managing director at Roythornes, said: "We are delighted to launch this competition as it's a fantastic opportunity for a local artist to profile their name and artwork to more people. We're big believers in supporting local talent and we thought this would be a nice way to get more involved in the area.

"Our strapline is 'Big skies. Big thinking,' so artists may want to consider incorporating this into their design however there are no other stylistic requirements – any medium is permitted and so long as the work is your own and you reside within the East Midlands or East Anglia you are eligible to enter.

"The deadline for the competition is 31 December and we will be announcing the winner on 1 February 2019. Good luck to everyone entering and I can't wait to see what the talented artists of Nottinghamshire produce!" For more information and all the terms and conditions please visit [www.roythorne.co.uk](http://www.roythorne.co.uk)

## HOOK, LINE & SINKER

Barlow Trout and Coarse and carp Fishery is set amongst 50 acres of beautiful secluded valley on the edge of the Derbyshire Peak District, located closely to the South Yorkshire border.

Boasting three scenic trout lakes, four coarse lakes, a specialist carp lake (advanced booking required) and a fresh water brook, there's something for every avid angler to enjoy!

Day tickets for the site are available and overnight carp fishing is permitted too for anyone who struggles to make time during the day. Facilities also include a café, ample car parking, toilets and disabled access.

Hard standing paths and roads ensure the fishery remains practically mud free, even after heavy rain, making fishing a practical activity no matter the weather.

Why not treat yourself to a weekend retreat? With lovely holiday cottages, a farm shop and a caravan site, you can relax in the tranquil Peak District at your leisure. Perhaps head to the nearby Peak District, Bakewell or Chatsworth House to explore picturesque surroundings and rural attractions.

For more information or to book your active break call on 0114 289 0543.

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Sept 15th/16th, 11am-5pm

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[www.papplewickpumpingstation.org.uk](http://www.papplewickpumpingstation.org.uk)

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22nd - 23rd September

**Entrance Fees**  
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\*One Entrance fee covers both days\*

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10am - 5pm Sat & Sun 10am-4pm

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IF YOU WOULD LIKE TO FEATURE ON THIS PAGE PLEASE CALL US 01159 313879

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A variety of locations around the Borough of Broxtowe.

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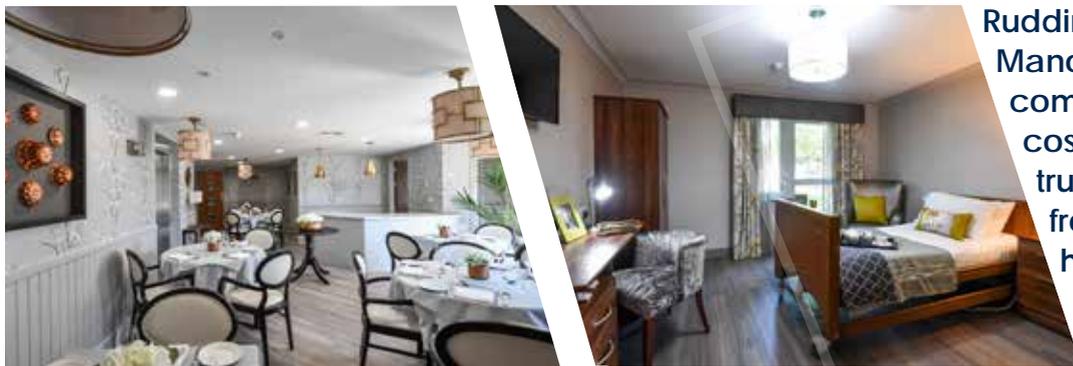
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Events  
0115 917 3695  
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New Care, a development-led care home operator, has opened the doors to a new £12 million care facility on Ruddington Lane in Ruddington, its second care home in Nottingham.



# RUDDINGTON MANOR - NEW CARE HOME IN NOTTINGHAM



Ruddington Manor is comfortable, cosy and a true home-from-home.



Having only just recently opened, Ruddington Manor is Nottingham's latest care facility.

The home has already welcomed many residents, who are very much settled in, and are enjoying the facilities at the stunning, state-of-the-art 66 bed care facility.

Feedback from the residents and their relatives has been exceptional with plenty of positive comments, with Ruddington Manor fast gaining an excellent reputation for its high levels of care.

As Autumn approaches and the longer, dark nights drawing in, Ruddington Manor is the perfect place to call home this Winter.

The care home offers exceptional clinical services, including residential, nursing and respite care, which are enhanced by meaningful and purposeful daily activities that encourage independence where possible and build confidence.

The team provide compassionate person-centred care to each and every resident, and always go the extra mile; nothing is too much trouble.

The spacious bedrooms feature stylish free-standing furniture and en suite shower rooms, and can be personalised with lamps, artwork, ornaments and other soft furnishings.

With inviting lounges and elegant dining rooms, as well as spa assisted bathrooms, a hairdresser and nail bar and beautifully landscaped gardens plus a terrace to the first floor,



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If you, or a loved one, are finding it increasingly difficult to live at home independently, or for further information, please contact Dawn Collett on 0115 981 5956 or email [enquiries@newcarehomes.com](mailto:enquiries@newcarehomes.com).

Alternatively, please visit [www.newcarehomes.com](http://www.newcarehomes.com)

Ruddington Manor Care Centre,  
Ruddington Gardens, Ruddington NG11 7HL



**A**  
**HELPING**  
**HAND**



## Couples celebrate over 300 years of combined marital bliss at local care home

Five married couples residing at a local care home have together amassed over 300 years of wedded bliss and celebrated with a special day of romance dedicated to them.

"The best part of living together at Chetwynd House is exactly that.... we are together still," said Dennis Morris (90), who hasn't been apart from his wife Beryl (89) since marrying her on 12th August, 1950.

Alan and Barbara Hunt celebrate their 59th wedding anniversary next week.

"We enjoy still being together and are happy and in love," said Barbara (78).

Paul and Colleen Hayes also celebrate 58 years of wedded bliss with their anniversary in mid-September. Paul (82) said:

"I always said that when I retired and went into a care home, I'd take Colleen with me so that I would still be able to look after her."

John and Valerie Jones celebrated 55 years of wedded bliss this summer. "The best thing about being here together is that I can keep an eye on her!" said John (84).

Harold and Ivy Cartwright married in 1946. "After 72 years of marriage we are still very much similar and are still in love," said Ivy (96).



The couples were treated to a romantic soiree at their care home, Chetwynd House. A specially prepared three course meal of pate, braised steak in red wine and ginger snap baskets was followed by live entertainment where the couples danced to and sang along with music from their past.

"Thank you so much, you all do a great job. I have thoroughly enjoyed myself," said Harold Cartwright (96).

"We held our Chetwynd Couples event to

celebrate the fact that so many couples live together here, almost a third of our residents are in a couple! It was a wonderful occasion and included a special personal invitation to a scrumptious three course romantic meal with live entertainment. Collectively, our couples have been married for 312 years, which is quite something!" Claire Gordon-Rundle, Chetwynd House Manager.

For more information about Chetwynd House visit <https://adeptcarehomes.co.uk/homes/chetwynd-house/>.

When someone that you love is struggling with an addiction, it can feel like an impossible task trying to help them. They may be distant, argumentative or resistant towards your advice.

Addiction to drugs, alcohol or gambling can be hard to overcome, and if you are someone that is close to a person that is going through this, you'll need to carefully consider the way that you communicate with them.

Make sure that your approach is always warm, friendly and shows that you are genuinely concerned for the individual's wellbeing. Avoid sounding like you are accusing them of something and instead offer advice from a loving place.

Provide them with the facts about

their behaviour that concerns you instead of making it seem as though you are judging them for their addiction. Feeling judged is likely to result in guilt and could make the person that you love sink even deeper into their addiction.

Luckily, a person that is struggling with addiction can find plenty of support in the community that they live in. As a friend or family member, it's important that you help them access these facilities, which can include group therapy sessions, counselling and rehabilitation, amongst other types of support.

Always remember that if someone you care about is struggling to overcome an addiction, offering a helping hand is what you are there for.

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Keep on

**Caring**

Caring for the people that you love is so important, but unfortunately, with people now leading increasingly busy lives, it can be hard to factor in spending quality time with those that are closest to you.

Even just taking half an hour out of your day to show somebody close to you that you care can have a massive impact on both of your wellbeing.

Whether it's a dear friend, an elderly relative, or maybe just a colleague that

is having a bad week at work, taking the time out to talk to them for five minutes can really help to alleviate the stress or hardship that they may be dealing with on their own. Stick the kettle on, pull up a seat and take the time to listen to what they are going through.

Sometimes, a change in environment can result in a change in mind-set, so en-

courage someone that you love to get out of the house with you. Head to your local park and enjoy a leisurely stroll, go to your favourite pub for a meal or even just head to the shops for some retail therapy.

Often people keep quiet about the things that are bothering them, but suffering in silence is no way to live. Encourage those that you care about dearly to share the way that they are feeling with you, as a problem shared is a problem halved.



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- GENERAL SURGERY
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- DIAGNOSTICS

**UPCOMING EVENTS**

Spinal Surgery Information Evening <b>Wednesday 19th September</b> 6.30pm Mr Khalid Salem	Cosmetic Surgery Information Evening <b>Thursday 1st November</b> 6.00pm Mr Tariq Ahmad	Cataract Information Evening <b>Thursday 15th November</b> 6.30pm Dr Aasheet Desai
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Visit [woodthorpehospital.co.uk/events](http://woodthorpehospital.co.uk/events) or call 01159 209 209 for more information or to book your place.

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Located in the heart of Nottinghamshire, Steps Together rehabilitation provides a calm and comfortable environment for those who struggle with alcohol and substance abuse, nursing them back into their everyday life whilst overcoming their dependence issues.

Boasting highly-qualified staff, personal evaluation methods and safe, modern living areas, Steps

Together delivers all the fundamental care and more to help you on your recovery process. The specially trained staff understand every journey via individual assessment and care for each patient on a personal, friendly level.

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Meet with professional counsellors every day to discuss your worries or problems, with a focus on reducing stress, the therapies and exercises used will help individuals to regain happiness and feel more like themselves on their journey to sobriety.

Celebrating their 1st birthday this year, the rehab centre has now delivered fantastic, unbeatable care to the people of Nottinghamshire for a whole year, helping people to successfully get back on their feet in a safe and relaxed fashion.

“Our facility and our team are equipped to deal with the many complex issues concerning addiction”. Darren Rolfe CEO

If you or a loved one is struggling with combatting an addiction, get in touch with the team today to find out how Steps Together can help you change your life.

For more information about Steps Together Rehab, visit the website at <https://stepstogether.rehab/> or call on 0800 038 5585.

Address: Steps Together Alcohol & Drug Rehab Nottingham Church Street, Sutton-in-Ashfield, Nottinghamshire, NG17 1EX.



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## Events & Attractions



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## Exciting Events at Staveley Hall

Summer may be nearing its end, but don't worry, Staveley Hall in Chesterfield have a jam-packed calendar of events that are perfect for welcoming in the new season. With tribute bands, a Christmas craft fair and plenty of other exciting things taking place at this historical location, you'll find infinite ways to keep the whole family entertained during the colder months.

Built over 400 years ago by Sir Peter Frecheville, Staveley Hall is the perfect place to explore and during a visit you'll be able to gain an insight into the building's esteemed heritage.

Meet the Ghosts of Staveley Hall is the first event on this year's calendar, taking place on 6 September. Round up your friends and family and explore the church and chambers of this exceptionally restored building and gain an insight into the people that helped to form their histories. If you're a fan of tribute events, you can enjoy the Rod Stewart Tribute Act on 13 September and a Gary Barlow Tribute Night on 11 October.

If you're ready to reinvent your home for the new season, join world-renowned florist Jonathan Mosley on 26 November, who will be hosting a demonstration along with an afternoon

workshop full of tips and trips for keen homemakers. Finally, enjoy Staveley Hall's annual Christmas Craft Event on 5 December, where you can shop for a variety of beautiful homemade gifts for your loved ones. After you've purchased some fabulous stocking fillers, enjoy festive activities such as a Santa's Grotto with entertainment, a disco and festive food available into the evening. All of the previously mentioned events will take place in the Air Hall, an inflatable 100 square metre venue space outside the hall.

As well as hosting an exciting calendar of events over the next couple of months, Staveley Hall is also the perfect venue for holding your very own do. From weddings to business conferences, there are a variety of packages available meaning you are sure to find something that suits your needs. With the terrace, gardens and marquees also available, it is a truly magical location to hold a wedding at any time of the year.

To find out more about upcoming events and the rates and venue options available at Staveley Hall, visit the website or contact the team on 01246 385200 or email [halladmin@staveleytowncouncil.gov.uk](mailto:halladmin@staveleytowncouncil.gov.uk).

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# CROSSWORD

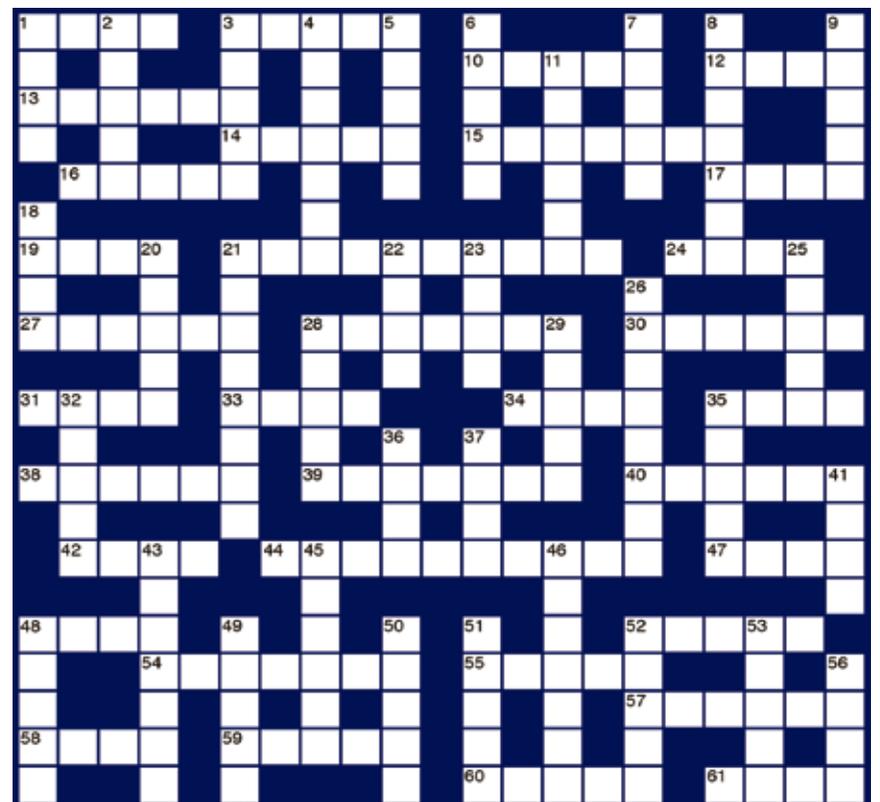
## ACROSS

- Radio antenna (4)
- Portable light (5)
- Minutely small (5)
- Pool-side mattress (4)
- Vibration of the earth (6)
- Dried plum (5)
- Factory restaurant (7)
- Pay before stoppages (5)
- Plaid skirt (4)
- A wild beast's lying-place (4)
- Sexy nightclub act (10)
- Discontinue (4)
- Bewilder, confound (6)
- Restrictive boundary (7)
- Box of strawberries (6)
- Stuffing herb (4)
- A wildcat (4)
- Time gone by (4)
- Combat between two (4)
- Mental stress and tension (6)
- To gather-in crops (7)
- Devise or originate (6)
- Hazard (4)
- Variety theatre (10)
- Mid-day (4)
- Bottom of face (4)
- Building block (5)
- Do away with (7)
- To shut (5)
- Distant (6)
- Board-game with counters (4)
- Delightful surprise (5)
- Unclean (5)
- Omit from sequence (4)

## DOWN

- Night-flying insect (4)
- Very steep (5)
- White spirit (5)
- At expected intervals or average fit of clothes (7)
- Inn (5)
- Slap (5)
- Dog or pugilist (5)
- Bedcover (7)
- Seaside (5)
- Oil-painting surface (6)
- Social meeting-place for members (4)
- Firearm (5)
- Young plant (8)
- Pig flesh (4)
- Way out (4)
- Portion (5)
- WW2 fighter plane (8)
- Posy of flowers (5)
- Bake in fat (5)
- Daisy-like plant (5)
- Backless sofa (5)
- Let fall (4)
- Unwanted wild plant (4)
- Very small (4)
- American politician (7)
- Catch fire (6)
- Month (7)
- Soft white limestone (5)
- Two-score (5)
- Bread, collar or elephant (5)
- Reprimand or tell off (5)
- Small round fruit (5)
- Habitual criminal (5)
- Shed tears (4)

See below for answers



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## Kick the Habit

Falling into the trap of living amongst clutter can be a never-ending cycle of picking up your dirty clothes, forgetting where things are and losing your wallet – but no more. Living in a tidy manner and knowing where things are will help to reduce stress levels in the home, after all, who wants mission impossible every time they leave the house, trying to find some clean socks or your car keys?

### Don't Delay

Put things away! When you have done the laundry or you have finished washing the dishes, put things back where they should be straightaway. Although you may think 'oh, I'll do it later', this mind-set makes us lazy and we often forget what we were supposed to do. Returning objects to their original place not only helps to keep the room tidy but removes any stress from locating it in the future.

is a good way to ensure your house is de-cluttered and tidy at all times. Whilst some things like picture frames and potted plants may live on the side, reduce the amount of stuff you leave lying around and instead store blankets, remote controls and other side-board items away in drawers or neatly on coffee tables so they are to hand but out of sight.

### Let It Go

Time for that awful clean out which you know takes lots of time and effort but be ready to

reap the benefits. Throwing out anything you don't need from old clothes to unused books, DVD's and more mean you will feel much lighter and be able to efficiently use your space. For hoarders like me who dread the thought of throwing things out should you ever need them again, start with items you know you haven't used in a sufficient amount on time and go from there.

With these helpful de-cluttering tips you will on your way to a stress-free, mess-free home in no time.

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Maybe you've just moved home or perhaps you have recently renovated your space and can't get used to it. Either way, it's not ideal when your home doesn't feel familiar to you for whatever reason. If you're struggling to get settled, there are things that you can do to make yourself feel comfortable.

Fill your home with personal, familiar items that make you smile when you see them. Pictures of loved ones or maybe some artwork that your child created at school work well. Just seeing these things on your walls or mantelpiece will instantly make you feel more relaxed. If your new home is ultra-modern, it can feel clinical if you don't decorate it in the right way. Choose warming colours like reds and deep blues to avoid your home looking too sparse. Breathe life into your space with plenty of seasonal blooms and dot candles around for added comfort. Just a few small changes in your home will ensure that you feel right at home in no time, and if all else fails, put your feet up and enjoy a cup of tea with friends in your new surroundings.




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