

Omega windows & doors™
Manufacturers & installers of
quality UPVC Windows & Doors

Conservatories
Patios & Bi-Folds
Soffits & Fascias
Small Building Works
Orangeries
Specialising in flush
facing sash windows

Unit 9, Alfred Street South,
Nottingham NG5 3GE
t: 07771 567812
t: 0115 7617982
e: tmfraser1966@hotmail.com

Nottinghamshire *in* FOCUS

DERBYSHIRE TOWBARS
Call us for a Fast FREE Quote

Trailer & Towbar specialists
since 1997. Local High
Quality Service.

Find us at Unit 60,
M1 Commerce Park,
Markham Lane, Chesterfield

Accessories Shop now doing
legal number plates

Tel: 01246 768894
Please say Focus when calling advert

Issue 261



nottsinfocus



#nottsinfocus

| www.nottsinfocus.co.uk

| 27 Feb - 5 Mar

20p

(Where Sold)

TAKE YOUR TASTE BUDS AROUND THE WORLD AND
ENJOY OVER 150 DISHES FRESHLY PREPARED AT OUR
LIVE COOKING STATIONS... COOK FRESH • EAT FRESH

BOOK NOW: 0115 950 7755
www.cosmo-restaurants.co.uk www.facebook.com/CosmoNottingham

LUNCH FROM **£8.99*** DINNER FROM **£14.99***

FAMILY FRIENDLY VENUE
KIDS HALF PRICE
*PRICES SUBJECT TO SPECIFIC DAYS. SEE WEBSITE FOR FULL LIST OF PRICES AND DETAILS

COSMO AUTHENTIC WORLD KITCHEN
EAT ALL YOU LIKE... FOR ONE SET PRICE
FIRST FLOOR, 29A KILTON STREET, NOTTINGHAM NG1 3EQ (OPPOSITE JOHN LEWIS)

**NOTTINGHAM'S
ULTIMATE
WORLD BUFFET**

Fun for Peeps & Pooches



A dog and music festival is coming to Newstead Abbey! The event – which has changed its name – is going to be bigger and better than ever before with a mix of doggy, family and music festival fun from the 6-7 May.

Doggy Fun!

Hay Bale Racing – A fun game for dogs of all types; the aim is for your pooch to jump over a certain amount of hay bales whilst you wait at the finish line! Your dog will be timed and you will be given a finish time once the task is complete. There will be a prize for the winners on each day for small, medium and large doggies, making this a great fun race for your pet!

Fun Dog Show – This proves very popular every year, so come prepared with a list of entries to each class! This is a fun dog show with lots of different classes to suit your lovely pooches.

Fastest Recall – This is exactly what it says; your dog will be timed as it runs as fast as it can to you once you have called it. Again, there will be a prize at the end of each day for the fastest pooch for small, medium and large dogs!

Have a go Agility – Let your doggies have a go at the agility course. Again, this is a fun event that your dogs will love!

Family Fun!

Back by popular demand, there will be:

- Mark's Have A Go Archery
- Go Active birds of prey
- Circus workshops
- Dog training demonstrations
- Live music
- Lots of interesting stalls for doggies and

owners alike

- Sweets and treats for peeps and pooches
- Fine wines, ales and of course fizz, fizz, fizz!
- Delightful foods from burgers to Latin American street food, including options for vegetarian and vegan lovers.

Music Festival Family Fun!

Glastonjerry Fun Dog and Music Festival has a fine and eclectic taste of music on offer to tantalise everyone's musical tastes. From upcoming and well-established artists, including solo artists, acoustic sets and full piece bands – find all this and more at the first ever Glastonjerry!

Book this date in your diary for some fantastic festival fun. Find out more at www.jerry-greendogs.org.uk.

Event Details:

Where: Newstead Abbey, Newstead Village, Nottinghamshire, NG15 8NA.

When: Start: 6 May at 11:00am

End: 7 May at 4:00pm

OPEN DAY
SATURDAY 3RD MARCH 2018
10.00am - 2.00pm



Abbotsholme School

AN EDUCATION FOR LIFE

**Academic success at the heart
of an all-round education**

Tel: 01889 590217 enquiries@abbotsholme.co.uk
www.abbotsholme.co.uk

AN INDEPENDENT DAY AND BOARDING SCHOOL
EDUCATING BOYS AND GIRLS AGED 2 TO 18 YEARS

Price 20p

ISSN 2052-2606



9 772052 260008

Information

Visit us Online
nottsinfocus.co.uk

Follow us on Twitter
@nottsinfocus

Like us on Facebook
/nottsinfocus

Follow us on Instagram
/nottsinfocus

69a Main Street, Burton
Joyce, Nottingham,
Nottinghamshire, NG14 5ED
Telephone: 01159313879
Email: sales@nottsinfocus.co.uk



For All Your Phone & iPad Repairs

The of phones

If you have damaged your iPhone in anyway, we can fix it in super quick time. We are guaranteed to beat quotes from Apple on any repairs and you are getting the same great quality fix by a qualified and experienced engineer

Cracked or broken iPad? We can fix it!

Broken iMac or Macbook? We can fix it!

Microsoft REGISTERED Refurbisher
Microsoft Technology Associate
iMend Mobile phone repairs

If you need a quote or to book a repair please give us a call on: 0115 8147088

Family rave sensation



Mansfield Museum is teaming up with award-winning dance event sensation Big Fish Little Fish to bring a family friendly rave to the town.

The masked ball event, with the theme A Night at the Museum, is aimed at families with children aged under nine, and will be held at the Create Theatre at Vision West Nottinghamshire College on Sunday 18 March from 1.30pm to 4pm. Fancy dress is encouraged but optional. Aiming to be as much fun for parents as children, it will include a multi-sensory dance floor with top DJs playing club classics. Club visuals, bubble machines, glitter cannons and a giant parachute dance will be helping to create the atmosphere of a real rave. There will also be a chill-out area for babies, soft play zone and a museum-themed arts and crafts area to help keep youngsters happy.

Tickets are £8 per adult, £6 per child or £25 for a family ticket.

Pre-walking infants go free but require a ticket. They can be booked in advance at www.ticketsource.co.uk/event/227023 and will also be available on the door.

Cllr Dave Saunders, Portfolio Holder for Regeneration and Growth, said: "This will be a fantastic fun event for both children and their parents and chance to enjoy time as a family as well as find out a bit about what our award-winning museum has to offer. "Dancing is a great form of physical activity which is good for people's mental and physical wellbeing. "Many people enjoy dancing in their youth but give it up once they become

new parents. Big Fish Little Fish events give parents with young children the chance to get back on the floor and rediscover the joy of

dancing - but this time with their children, too."

Big Fish Little Fish (BFLF) has been running family raves regularly in London since 2013 and has been named in the top ten of Time Out London's '101 Best Things to

Coming To
Mansfield



do with Kids in London'. The Guardian rated the events as "reliably excellent" in 2017. There will also be a licensed bar, homemade cake stall, face painting stall and free glow sticks and transfer tattoos.

Established agency announces expansion

West Bridgford-based estate agent Royston & Lund has announced the opening of its second office, due to open in Keyworth next month.

Gary Lund, director at Royston & Lund said: "We have been selling and renting proper-

ties in the Rushcliffe area for many years so understand the property industry very well; Keyworth was our first choice when it came to looking for new office space." Royston & Lund's new office will be located at 7 The Square.

Give your bird a home this Springtime

For all your Wild Bird, Garden & Pet Supplies & Accessories

Starter Nest Box £5.00 each

Silver Birch Nest Box £7.00 each

HALL FARM

WILD BIRD FOOD SUPPLIES

The Grain Store, Wadnall Lane, Weston, Newark, NG23 6SY
www.seedtofeed.co.uk
01636 821232

OPEN
Mon-Fri 7.30am - 5pm
Saturday 8am - 1pm

IF
YOU
WOULD
LIKE
TO
FEATURE
ON
THIS PAGE
PLEASE
CALL
US
**01159
313879**

FIRST CLASS
TAILORED SOLUTIONS FOR YOUNG PEOPLE

TUTORS WANTED

We are a company specialising in quality educational provision

Due to increasing demand, we are looking to recruit excellent tutors, teachers, teaching assistants, youth workers and learning mentors who are willing to work on a sessional basis. Applications are welcome from practitioners across all Key Stage, curriculum areas and those who have worked successfully with young people in a range of settings. An ability to work flexibly is essential and a willingness to travel reasonable distances is expected. We offer generous rates of pay and the opportunity to work within a friendly and supportive team who really make a difference to the educational outcomes of young people out of school.

Please complete an application which can be downloaded from our website: www.first-class.org.uk or contact us on 01623 429484 or 01636 626171 for further details

University's rich cultural diversity showcased during Global Week



will be represented through performances, cultural stalls, traditional foods, art, dance, music and workshops. During Global Week, NTIC will showcase student work and display information on the history of the college. Global Week also highlights serious global issues such as sustainability.

There will be workshops and stalls throughout the week to raise awareness of plastics pollution and provide tips on how to reduce the use of single-use plastics in daily life.

Dr Cheryl Rounsaville, Global Student Experience Manager at Nottingham Trent University, said: "As part of the Connecting Globally theme of our current university strategy we aim to create a vibrant multinational community that is inclusive, values diversity, and nurtures global citizenship.

Through Global Week we celebrate the different cultural heritages of our students and staff as integral

The rich cultural diversity of Nottingham Trent University is being showcased as part of its Global Week 2018 celebrations. The annual event – taking place from 26 February to 2 March – is organised to celebrate the vast array of cultures at the university, which is home to approximately 2,600 international students from around 100 different countries.

Throughout the week countries from across the globe will be represented by students including Afghanistan, Portugal, China, Australia, Zimbabwe, India, Poland, Romania, El Salvador, Sri Lanka and France. These countries and their cultures



to the life of the University, and provide opportunities for students to extend their international outlook and understanding of global issues. This event contributes to a truly global experience for all of our students."

Events and stalls will take place across the university at the City, Clifton and Brackenhurst campuses.

Kibworth Shooting Ground and Gun Shop

Leicestershire's Premier Shooting Facility



10% OFF ALL LESSONS
WHEN YOU QUOTE 'NOTTSI'

- LESSONS FROM £20
- AIR RIFLE RANGE & CLAY PIGEON GROUND
- GIFT VOUCHERS AVAILABLE
- CORPORATE DAYS • CAFE
- FULLY STOCKED GUN & AIR RIFLE SHOP

TUESDAY - SUNDAY

TEL: 0116 279 6001 | EMAIL: info@kibworthshootingground.co.uk

Brand new and used Stairlifts from £800 (fitted)

All stairlifts come with a parts & labour warranty

NEXT DAY FITTING Available

Latest models for peace of mind

- Established 1987
- Main Dealer
- Straight
- Curved
- New • Used

CARLTON BASED COMPANY



www.liftecld.co.uk

CALL ROGER AT LIFTEC
0115 987 5218

LLOYDS JOINERY LTD
PURPOSE MADE JOINERY

Traditional Window Frames | Staircases
Sash Windows | Conservation Joinery
Doors & Gates | Softwood or Hardwood
Staircases for lofts | Work copied
Cottage-style windows
Small family run business
Free Measuring service on firm orders

Tel: 0115 986 5618
Mobile: 07850 500 245

Unit 1 Trent View Court | Moreland St | Nottingham
NG2 3FX | email:lloydsjoinery@hotmail.com

CLASSIC CARS WANTED

Anything Considered
Cash Buyer

01652 650291

Thousands raised to help those who are terminally ill

Residents in Nottinghamshire recycled so much in January that £2,995 has been raised for Nottinghamshire Hospice as part of the Veolia (Nottinghamshire County Council's waste contractors) Recycle for Charity Campaign. The money raised will be used to help those with terminal and life-limiting illnesses, their families and carers.

Throughout January, Veolia pledged to donate £2 for every tonne of recyclable plastic bottles and cans collected from kerbside recycling bins. As an added bonus, if the total reached 1,000 tonnes an additional £500 would go to the Chairman of Nottinghamshire County Councils chosen charity Nottinghamshire Hospice.

The totals are in, 1247.26 tonnes of recyclable plastic bottles and cans were collected, so the bonus £500 was added to the total. Chris Clayden-Butler Trustee for Nottinghamshire Hospice said: "This is an absolutely amazing amount raised, it really will make a huge difference to the lives of the people at the Hospice."

Councillor John Handley, Chairman of Nottinghamshire County Council, added: "It is an extremely unbelievable amount and will be well received by Nottinghamshire Hospice, who

Recycle for Charity Total, L-R, Ryan Pisarkis V, Elaine Hopkins, Chris Clayden-Butler NH, Cllr John and Margaret Handley, NCC



give people vital support in their most difficult times. Thank you to everyone in Nottinghamshire for their hard work and commitment to recycling." Lea Hawkes, General Manager for Veolia, said: "This is a fantastic achievement;

we would like to say a big thank you to all the recyclers of Nottinghamshire for helping to raise funds for this worthwhile charity, whilst also helping the environment by recycling all their plastic bottles and cans."



Greens delight at new print partnership

Nottingham Rugby is delighted to announce a new partnership with Nottingham-based print firm Midland Regional Printers Ltd. The Greene King IPA Championship club, based at Lady Bay, have teamed up with the award-winning Packaging and Labels company, with all the Green and Whites' printed promotional materials, including their match day programme, now being produced by the established local firm.

Supporting families touched by Autism for

50 years

Autism East Midlands celebrates 50th Anniversary with annual programme of events and campaigns.

In 1968, with the support of renowned psychologist Elizabeth Newson, a remarkable group of parents started the charity which would become Autism East Midlands.

In the 50 years since, Autism East Midlands have grown to be the largest specialist autism charity in the East Midlands, providing services for both adults and children, and improving the quality of life for thousands of families.

Deacons Nursery (LL)

Mail order fruit trees and soft fruit specialists

Call now for your FREE BROCHURE

Phone: 01983 840750 or 01983 522243 Fax: 01983 523575
Email: info@deaconsnurseryfruits.co.uk
Website: www.deaconsnurseryfruits.co.uk
50% OFF ALL FRUIT (inc. apples etc.)

RIVERSIDE Drama COMPANY

BLOOD MONEY

A THRILLER BY THE HEATHER BROTHERS

Contains violence and some strong language

Thursday 15th - Saturday 17th March 2018

The Duchess Theatre, Chatsworth Centre, West Gate, Long Eaton NG10 1EF

Admission: Adults £8 Concessions £7 Curtains 7.30pm

Tickets

Chatsworth Centre Saturday coffee morning (10am - 12 Noon)

www.riversidedrama.com contact@riversidedrama.com

0115 9721826 www.facebook.com/RiversideDrama

An amateur production by arrangement with Samuel French plays Ltd.

IF YOU WOULD LIKE TO FEATURE ON THIS PAGE PLEASE CALL US 01159 313879



ROYAL AIR FORCE REGULAR & RESERVE
2503 (County of Lincoln) Squadron
Based at RAF Waddington
ROYAL AIR FORCE REGIMENT RESERVES RECRUITING NOW

You can serve with the RAF Reserves alongside your full time civilian career

- Join age 18 to 54
- Minimum 27 days annually
- Many companies give an extra 10 days leave for Reserve Service
- Daily rates of pay for work and training
- Annual Tax Free Bounty (Incremental)
- Work alongside the Regular RAF
- Opportunity to travel
- Lifelong learning opportunities
- Sport and Adventure Training opportunities

Apply now at
raf.mod.uk/recruitment
0345 606 9069

f/rafrecruitment @RAF_Recruitment





Rowing event raises £457 for Nottingham Children's Hospital

Students at The Nottingham Emmanuel School have presented a cheque to the Nottingham Children's Hospital for £457.93 after holding a rowing fundraising event.

Joseph Irons, Teacher of PE & Sixth Form Achievement and Pastoral Manager at The Nottingham Emmanuel School, said that the charity was chosen by the Sixth Form students for this year's fundraising efforts. "Our Sixth Form students chose to support the Nottingham Children's Hospital 'Big Appeal', specifically fundraising for

Ward E39, the children's cancer unit at the Queens Medical Centre. Patients on this ward can often stay for months at a time and we wanted to help create a 'home-from-home' environment for the children and their families."

The money was raised during a Sixth Form race where each tutor group on their own rowing machine raced to see which team could row the furthest in 20 minutes, each student changing over when they felt too tired to continue.

Mzimkhulu Ntini, a year 13 student took part. "The children's unit im-

pacts a lot of lives. They give hope for the parents and the children that have to live with these painful medical conditions. So, I decided to support the unit in order to spread hope and buy medicine that will give the children a chance to live and experience life at its fullest."



Support '1in2 Day' fundraising campaign

Nottingham Trent University is encouraging people from across the region to support its annual 1in2 Day in aid of the John van Geest Cancer Research Centre.

The campaign - which takes place on Friday 9 March - is named 1in2 Day because research has predicted that half of us will be diagnosed with cancer at some point during our lifetime.

The university is urging businesses, organisations and the community to join in with the fundraising, which will support and raise awareness of the centre's vital work.

Fundraising events - which can be organised in the run up to Friday 9 March, or on the day itself - have previously included climbing the equivalent height of Snowdon on a climbing wall, car washes, 'office Olympics' and traditional cake sales.

All the money received from donations goes towards supporting the crucial research at the John van Geest Cancer Research Centre, which is based at the university's Clifton Campus.

Stephen Knott, Alumni and Community Giving Officer at Nottingham Trent University, said: "The incredible support we receive from our local community is so important to us. We work with local clinicians and

patient groups to make a difference and it is fantastic that so many local people and organisations are able to join with us to advance this vital work."

Professor Graham Pockley, Director of the university's John van Geest Cancer Research Centre, said: "Over the past five years 1in2 Day has been a great success. I have been impressed by the ingenuity and dedication of the local community in joining together to raise thousands of pounds to support this vital research.

"My hope is that the community will join us this year to make 1in2 Day an even greater success, as well as considering how they might potentially support our work throughout the year."

To find out how you can support 1in2 Day please email stephen.knott@ntu.ac.uk or call 0115 848 8807.



Redevelopment plans get green light

Further plans to redevelop Nottingham's Sneinton Market have been approved by Nottingham City Council following a planning committee meeting. The new development will comprise of a three-storey building with student accommodation and ground floor retail units with further improved stalls for street food and structures for pop-up shops.

Keen to shorten the wait for your cataract surgery or have your eye condition treated without waits or cancellations?

Satisfied with a **standard** treatment and lens or keen to explore the options of **premium** vision with bespoke intra-ocular lenses?

Seeing Private Patients at Circle Nottingham, Nottingham Woodthorpe Hospital, and the New Spire Nottingham.

All Ophthalmology conditions cared for in addition to Cataract and Premium Lens Surgery.

GHP

Private Healthcare+ Awards 2017

Mr Amar Alwitry

Consultant Ophthalmologist

Mids-Eyecare.co.uk

Eye Surgeon of the Year - East Midlands



As featured on East Midlands Today. Caring for patients with all eye conditions.

AMAR ALWITRY MR BSc MRCPsych MRCS(Ed) FRCS(Ed) FRCOphth
MSc(Ed) FRCS(Ed) FRCOphth FRCOphth FRCOphth FRCOphth
www.mids-eyecare.co.uk

Mr Amar Alwitry

CONSULTANT OPHTHALMOLOGIST, CATARACT & REFRACTIVE SURGEON



Consulting for all Eye Conditions at Nottingham Circle, Nottingham Woodthorpe and Nottingham Spire Hospitals. One stop, same day consultation and private surgery available at both Circle Nottingham and the Nottingham Woodthorpe

For appointments call 0115 7722058 / 0116 4422081 • Woodthorpe call 0115 993201
Spire call 0115 9377801 • Circle Private Patients call 0115 924 8446 Email: info@mids-eyecare.co.uk



'An Entertainment Phenomenon.'

Daily Telegraph



The acclaimed **National Theatre** production

WarHorse

Based on the beloved novel by Michael Morpurgo • Adapted by Nick Stafford
In association with the award-winning Handspring Puppet Company

Wed 14 Mar – Sat 7 Apr 2018

0115 989 5555 | trch.co.uk

warhorseonstage.com

 **ARTS COUNCIL
ENGLAND**
Supported using public funding by

**THEATRE
ROYAL** **ROYAL
CONCERT
HALL**



Linda Lancashire

07764 466381

01773 762675

E: contact@lindalancashire.co.uk

www.lindalancashire.co.uk



Aries

Intense emotions could start to affect your health. Its as though they have built up over time and have nowhere to go. The time to take a break and distance yourself from people or situations which have succeeded in draining your energy levels. Take the plunge and speak your mind because you will be relieved to get things off your chest.



Taurus

The focus is on money and overspending on unnecessary items and trivia. On the home front, some straight talking with your love partner may be necessary if you are to resolve issues that have been allowed to spiral out of control. Take this opportunity to make a dramatic makeover because your new look will attract new career opportunities and the chance to connect with like minded people.



Gemini

Your love life could take a tortuous turn making you feel on top of the world. However, behind the scenes its important that you stop spending money like water because there are outstanding debts to be settled and there is only so much money in the pot to play with. An unlikely alliance will work to your advantage and there will be a career or business offer that will be too good to refuse.



Cancer

You have a remarkable memory and extraordinary way with words. This is an excellent time to update and modernise your CV with the intention of securing a better job or invest good money into a business venture that will work well in securing your future. Be aware that not everyone is genuine and that there is always a lot of jealousy around. Keep important personal information to yourself.



Leo

Expect the best and you will get the best. A property sale or something similar will all go through smoothly, enabling you to sign on the dotted line and start making some exciting new plans. Work on transforming your lifestyle by cutting out all the unnecessary clutter both in your home and social life. Its time for a long, overdue change and there is no time like the present to start getting things done.



Virgo

A romantic proposal from someone you only ever saw as a friend will take you by surprise, but do some careful thinking before giving your final answer. You may feel as though you have reached the limits of your endurance regarding one particular matter, but you have to remember, some things take a long time to resolve and you cannot force nature. What will be will be.



Libra

Before acting hastily and losing your patience, do your homework first because once words are spoken they cannot be retracted. You are heading for a massive period of change, but not everyone will understand your reasons. Accept help when offered because there are not enough hours in the day to do everything yourself. You are starting to live in some very exciting times.



Scorpio

You are known for being stubborn, determined and a true fighter. When the going gets tough, the tough get going. Anything you set your heart on now can be yours if you want it enough. This is also a good time to tell others how you feel about their poor performance if you feel they have let you down or broken their word. You don't have to suffer fools or put up with anything or anyone who is second best.



Sagittarius

You will only get out what you put in so decide what you want to accomplish and do everything in your power to make things happen. Concentrate your energies and emotions on your home and family, speak up and explain what needs changing. You will be pleasantly surprised at the positive responses you are about to receive.



Capricorn

A new romance is on the cards, but you may be forced to choose between two people. Nothing is going to be that straightforward because relationships are rarely free of problems. Difficult decisions lie ahead involving home, family, friends and work. Unavoidable changes are on the way, but for the better, however, check legal paperwork before signing anything that involves parting with your hard earned cash.



Aquarius

Believe and trust that you have the potential to create the sort of life you have always dreamed about. You want to reach a cherished ambition, but this will take time. Prepare to give and take because you will receive more help and encouragement than you expected. A renewed enthusiasm relating to matters of the heart or a work project has an amazing effect on your energy levels.



Pisces

Your journey is about self preservation, healing and resting. Its important that you avoid becoming embroiled in other people's problems especially if they are draining you and that you are not getting anything back in return. Where cash is concerned, you have got to be realistic because waste makes waste and you cannot afford to be foolish or reckless with your money right now.

Wedding bookings up at newly renovated Cockliffe Country House



Cockliffe Country House Hotel, owned by Heritage Estates, is reaping the benefits of its recent refurbishment as it announces a boom in wedding bookings.

Wedding bookings at the 17th century former farmhouse increased by 50% in 2017 compared to the previous year, highlighting continued interest in the historic Nottinghamshire venue.

A 2,400 sq.ft open space was built as part of the £750,000 renovation, which has already been put to use by multiple couples throughout the winter wedding season. The 11-bedroom hotel began its refurbishment last February.

Commenting on the increase in demand, director Jon-Paul Davies said: "We're thrilled to see that our hard work has paid off, and how happy our venue is making those who visit it. We knew we had to create something beautiful, whilst also paying homage to the hotel's heritage and original features.

"The new space is perfect for weddings – reflected in the increase in happy brides and grooms-to-be – but other events such as confer-

ences or special celebrations can also be hosted in this wonderful space."

A purpose-built luxury bridal room has now been created, offering privacy, functionally and comfort on the big day. The extensive renovation scheme also included a full refit of the main house including its bedrooms and restaurant, and the commercial kitchen has been extended to cope with demand.

Room bookings have risen by

25% since the venue was transformed, with reservations at the restaurant for January growing by 100% compared to last year.

Jon-Paul added: "Our wedding and events team have done a terrific job of guiding prospective customers through the renovations as they happen to ensure expectations are met and the master plan is effectively relayed to them. This, with the new interiors, means we're receiving some great feedback from our guests."

Mansfield town centre 24-hour cycling prohibition relaxed

Mansfield's town centre's 24-hour cycling prohibition has been relaxed to allow people to cycle through the town centre at certain times of the day.

CLr Bill Drewett, the Portfolio Holder for Safer Communities took a delegated decision on Monday 12 February to amend the town's Public Spaces Protection Order (PSPO) which means cyclists will be able to use their bikes in the pedestrianised areas of the town centre between 6pm and 10am, seven days a week.

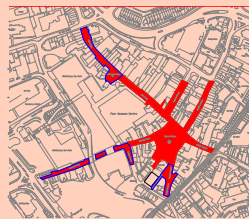
The decision was taken following an eight-week public consultation between September and December 2017, and was in response to an effort to tackle anti-social cycling at busy times.

The cycling ban area has also been amended by the decision, encompassing all or parts of Stockwell Gate, Westgate, Regent Street, Leeming Street, Church Street, Market Place, Market Street, and Queens Walk.

The decision looked at whether or not the prohibition needed to be in force 24 hours a day and if all of the pedestrianised area should be included. It also considered the effectiveness of the PSPO wording, information and road signs.

The terms of the ban remain unchanged, so anyone who fails to dismount when asked to do so by an authorised officer in the specified area commits an offence and could be liable for a £75 Fixed Penalty Notice. CLr Drewett said: "I carefully considered if the cycling ban in the town centre continued to be justified and proportionate and decided that it does need to apply seven days a week but could be relaxed in the evenings, at night and in the early morning.

"The justification for keeping the town centre free from all traffic - including cyclists - remains unchanged. We want to reduce crime and disorder, protect the environment and we think these measures are conducive to encouraging regeneration and employment."



Omega | windows & doors™

Manufacturers & Installers of quality UPVC Windows & Doors

Call now for 20% off

Conservatories
Patios & Bi-Folds
Soffits & Fascias
Small Building Works
Orangeries

Specialising in flush facing sash windows

Unit 9, Alfred Street South,
Nottingham NG3 1GE

T: 07771 567812
T: 0115 7617982
E: tmfraser1966@hotmail.com

Flying High at RAF Cranwell

Magnus Church of England Academy's Combined Cadet Force (CCF) was invited by the Kings School Grantham CCF to share some of their coveted flying slots at RAF Cranwell.

Michelle Cameron (Commander Designate) says the gesture gave cadets at Magnus an experience to remember: "Kings School, very kindly gave some of their flying slots to our Cadets. Those flying places are at a real premium, so we were pleased and grateful to have been given the opportunity. Six Cadets were chosen to take part after passing their Part 1 qualification to move from Recruits to Cadets. Those chosen had all achieved the highest marks in the test and Lt Col. Ogg, who accompanied the Cadets, said he was delighted at the attitude everyone had towards flying."

Michelle says more Cadets will have the opportunity to fly later in the year. "Five out of our six chosen Cadets actually flew with one Cadet being grounded for auditory reasons. However, even the grounded student had the opportunity of sitting in the cockpit of a Grob! All of the cadets enjoyed the experience and were grateful at being given the opportunity."

The grounded Cadet was Matthew Scott who said, "Unfortunately, I

couldn't fly because I wasn't able to pop my ears. It's important you can do this because of the air pressure. They were very nice to me and I got to sit in a cockpit of a Grob as consolation. I still enjoyed the day because I was with friends from my CCF and I got to make new friends too."

Cadet Courtney Woolley did get the opportunity to fly. "I got to fly over my house which was really cool. I also did a loop the loop and a barrel roll. It was really exciting. There were three RAF Sections there and in our down time we got to play table football with everyone and make new friends."



Prioritise Your Property

They say 'the home is where the heart is', so spending the time and money creating the perfect home should be at the top of our priorities. However, busy work lives and other expenses often mean that those all-important home improvements often get pushed back. Make your home more welcoming by taking a few simple steps to developing your property.

A home health check is an essential start – assessing essentials such as your heating, facilities and home security are all important steps to this process.

A splash of colour could revive an old space and

brighten your home. A lick of paint is one of the easiest and most budget-friendly ways to freshen up your home and garden. Whether it's touching up a few walls or up-cycling an outdoor furniture set, it's an easy way to breathe fresh air into your surroundings. A simple splash of colour can rejuvenate a space and create a whole new ambience – why not switch up your theme colour by swapping your cushions and introducing a few new ornaments?

One of the first things to think about are any structural changes to the building you might desire – extensions, conservatories and adjustments to the

foundations of your home are all big jobs, and therefore will require more forethought and planning than redecorating your spare bedroom. Now is the perfect time to start calling professionals to arrange quotes and put plans in place for later in the year. Take note of other factors that could be improved such as your heating, loft insulation and double glazing – these home improvements may not be the most exciting or decorative, but they can help to save you money in the long run.

However you decide to improve your home in 2018, don't forget to talk to a professional to get the best advice and inspiration.

Woodthorpe hosts communications forum for GP practices

Woodthorpe Hospital strengthened its links with local GP surgeries by hosting a communications forum for Practice Managers and Medical Secretaries.

The ERS Medical Secretary event gave secretaries working at different GP practices in Nottinghamshire a valuable insight into increasing NHS and Private Referrals to the private hospital.

It was also a platform to share useful information about the Nottingham-based hospital and the services it provides for patients.

Lucy Whitehall, GP Liaison for Woodthorpe Hospital co-ordinated the forum and Ramsay Health Care's National Choose and Book Manager Victoria Elliott was the guest speaker.

Victoria gave an update on the Choose and Book NHS e-Referral Service – a secure and free NHS appointment booking facility which allows patients to choose the hospital they wish to go to for the surgery they require.

Medical Secretaries and Practice Managers were also able to ask questions, share their experiences and network at the event.

Patients can book, change or cancel their outpatients appointments online, by phone or at their local GP surgery.

The user friendly service provides patients with information and appointment dates at shortlisted healthcare providers which are best suited to them.

Woodthorpe Hospital accepts patients through NHS referrals along with insured patients and private patients who can pay for their treatment up front.

Lucy said: "It was a great forum and feedback was positively received. These sessions are a good way of sharing information with local GP surgeries and help them with the e-referral process."

Landa Grove Park, Tuxford.

LAST FEW PLOTS REMAINING



Part Exchange Example
100% Part Exchange
 House Price £180,000
 Park Home Price £99,950
 Balance to you £80,050
Prices start from £99,950

Contact details:

Website: www.flanniganestates.com

Email: mosswayspark@aol.com

Landa Grove Park, Welbeck Place,
Tuxford, NG22 0JF

(Newly allocated postcode NG22 0DX)

Exciting New Development

A gorgeous new development for eleven residential park homes. This development is far removed from your usual park home site as each home is situated on a very generous, much larger than average plot.

- Part exchange available and flexible finance arrangements.
- Homes range in price from £99,950 upwards. Show homes are all two bedroomed, some with ensuites and available to view now.
- Refurbished show homes available to view now.
- 5 minutes walk to the local grocery store, 10 minutes walk to the historic village of Tuxford.
- Excellent local amenities in a perfect setting.

All enquiries to the office on: ☎: **01625 524021**

Monday to Friday 9.30a.m. to 4.00p.m.

or alternatively call Mr Flannigan on:

☎: **07765 531 718**

(Mr Flannigan is available all weekend).

IF YOU'VE GOT A STORY



editorial@nottsinfocus.co.uk

PRATT & GELSTHORPE



17 67 3008 SUV GT LINE 1.6 BLUEHDI 120 EAT6 AUTO

Magnetic Blue with 3,500 miles

Peugeot i-Cockpit

Nappa Full Grain Leather Interior

Panoramic Opening Glass Roof

Smart Electric Tailgate

Adaptive Cruise Control

Peugeot Connect Sat Nav with TomTom Live

360 Degree Camera System

£29,995

PLUS £1,000

DEPOSIT CONTRIBUTION

PEUGEOT APPROVED CARS

NEW 3008 SUV UPTO £400 DEPOSIT CONTRIBUTION*

18 67	3008 SUV GT Line 1.6 Puretech THP165 EAT6 Auto, i-Cockpit, Roof Bars, Sunset Copper, 5 Miles, Petrol, Automatic,	£26,995	
18 67	New 3008 SUV 1.2 Puretech 130 Nav, Glass Roof, Delivery Mileage 5 Miles, Sunset Copper, Petrol, Manual.....	£26,695	
17 66	New 3008 SUV GT 2.0 BlueHDI 180 EAT 6 Nav, Camera System, Leather, Sunset Copper, 6,267 Miles, Diesel, Automatic.....	£28,995	
18 67	New 3008 SUV 1.6 THP 165 EAT6 Auto Nav, Glass Roof, 360 Camera, Delivery Mileage, 5 Miles, Ultimate Red, Petrol, Automatic.....	£29,995	

DELIVERY MILES UPTO £1,000 DEPOSIT CONTRIBUTION*

17 67	108 Collection 1.2 Puretech 82 5 Door Delivery Mileage! 5 Miles, Diamond White, Petrol, Manual.....	£11,495	£500
17 67	108 Top! Roland Garros 1.2 Puretech 82 5 Door Sat Nav, Rear Camera, Convertible, Raven Black, Delivery Mileage! 5 Miles, Petrol, Manual.....	£12,495	£500
18 67	2008 SUV Active 1.2 Puretech 82 Panoramic Glass Roof, Alloys, Cumulus Grey, Delivery Mileage, 5 Miles, Petrol, Manual.....	£13,295	
18 67	2008 SUV Allure 1.2 Puretech 82 Rear Sensors, Alloys, Climate, Ultimate Red, Delivery Mileage, 5 Miles, Petrol, Manual.....	£13,995	
17 67	208 GT Line 1.2 Puretech 110 EAT6 Auto, 5 Door, Glass Roof, Satin White, Delivery Mileage! 5 Miles, Petrol, Automatic.....	£16,995	£1000
17 67	New 308SW Allure 1.2 Puretech 130 EAT6 Auto Nav, Glass Roof, Black Alloys, Cumulus Grey, Delivery Mileage! 5 Miles, Petrol, Automatic.....	£20,495	£1000

PEUGEOT 107/108/C1 UPTO £250 DEPOSIT CONTRIBUTION*

10 10	107 Urban 1.0 5 Door Blue, 55,068 Miles, Petrol, Manual.....	£2,995	
14 14	107 Active 1.0 5 Door Aircon, Laser Red, 3,357 Miles, Petrol, Manual, FREE TO TAX!.....	SOLD	
15 64	108 Active 1.0 68 5 Door Aircon, Bluetooth, Raven Black, 14,332 Miles, Petrol, Manual, FREE TO TAX!.....	£6,295	
15 64	Citroen C1 Flair 1.2 VTI 82 5 Door Rear Camera, Sunrise Red, 28,802 Miles, Petrol, Manual, FREE TO TAX!.....	£6,495	
16 16	108 Active 1.0 5 Door Aircon, Diamond White, 9,450 Miles, Petrol, Manual, FREE TO TAX!.....	£6,795	£700
14 64	108 Top! Active 1.0 68 5 Door Convertible, Black Electric Roof, Purple Berry, 11,310 Miles, Petrol, Manual, FREE TO TAX!.....	£6,495	
16 65	108 Top! Active 1.0 68 3 Door, Convertible Black Electric Roof, Diamond White, 12,513 Miles, Petrol, Manual, FREE TO TAX!.....	£7,495	
17 66	108 Active 1.0 PureTech 68, 5 Door, Tahoe Blue, 5,083 Miles Petrol, Manual, FREE TO TAX!.....	£7,495	£800
16 16	108 Allure 1.2 Puretech 82, 5 Door Rear Camera, Tahoe Blue, 2,921 Miles, Petrol, Manual, FREE TO TAX!.....	SOLD	
16 66	108 Allure 1.2 Puretech 82, 5 Door Rear Camera, Laser Red, 9,365 Miles, Petrol Manual, FREE TO TAX!.....	£7,795	£500
15 65	108 Active 1.0 68 2 Tronic 5 Door, Diamond White, 3,977 Miles, Petrol, Automatic, FREE TO TAX.....	SOLD	
16 66	108 Top! Active 1.0, 5 Door Convertible Black Electric Roof, Tahoe Blue, 2,601 Miles, Petrol, Manual, FREE TO TAX!.....	£8,495	£200
17 66	108 Allure 1.2 PureTech 82, 5 Door, Tahoe Blue, 4,260 Miles, Petrol, Manual, FREE TO TAX!.....	£8,495	£500
17 66	Citroen C1 Flair 1.0 68 ETG Auto Reversing Camera, Red, 1,096 Miles, Petrol, Automatic, FREE TO TAX!.....	£8,995	
16 66	Citroen C1 Flair 1.0 68 ETG 5 Door Auto Rear Camera, Alloys, Smalt Blue, 1,217 Miles, Petrol, Automatic, FREE TO TAX!.....	SOLD	

PEUGEOT 207/208 UPTO £400 DEPOSIT CONTRIBUTION*

11 11	207 Envy 1.4 VTI 95 3 Door, Onyx Black, 39,966 Miles, Petrol, Manual.....	£3,995	
12 12	208 Active 1.4 HDI 70 5 Door, Nera Black, 50,746 Miles, Diesel, Manual, FREE TO TAX!.....	£5,495	
15 64	208 Access+ 1.2 VTI Puretech 82, 5 Door, Shark Grey, 13,129 Miles, Petrol, Manual.....	£6,995	£300
14 64	208 Allure 1.6 EHD 92 5 Door, Bianca White, 33,481 Miles, Diesel, Manual, FREE TO TAX!.....	£7,695	£500
16 66	208 Active 1.2 Puretech 82 5 Door Aircon, Alloys, Bianca White, 12,792 Miles, Petrol, Manual.....	£8,995	
16 66	208 Active Design 1.2 Puretech 82 5 Door, Virtual Blue, 12,581 Miles, Petrol, Manual.....	£8,995	
15 15	208 GT Line 1.6 BlueHDI 100 5 Door, Bianca White, 26,000 Miles, Diesel, Manual, FREE TO TAX!.....	£9,995	
16 66	208 Allure 1.6 BlueHDI 100 5 Door Alloys, Rear Sensors, Aluminium, 7,271 Miles, Diesel, Manual, FREE TO TAX!.....	£10,495	
16 66	208 Allure 1.6 BlueHDI 100 5 Door Alloys, Rear Sensors, Shark Grey, 4,315 Miles, Diesel, Manual, FREE TO TAX!.....	£10,495	
17 17	208 Allure 1.2 Puretech 82 5 Door, Rear Sensors, Alloys, DAB Radio, Shark Grey, 13,247 Miles, Petrol, Manual.....	£10,695	
16 16	208 Allure 1.2 Puretech 82 ETG 5 Door Auto, Rear Sensors, Nera Black, 2,825 Miles, Petrol, Automatic, FREE TO TAX!.....	SOLD	

*UPTO £1,000 FINANCE DEPOSIT CONTRIBUTION AVAILABLE ON SELECTED PEUGEOT APPROVED USED CARS, ASK FOR DETAILS.

SAVE

PEUGEOT 207/208 Cont'd

17 17	208 Allure 1.2 Puretech 82, 5 Door, Power Orange, 4,450 Miles, Petrol, Manual.....	SOLD	
15 15	208 GTI 1.6 THP 200, 3 Door, Bianca White, 11,487 Miles, Petrol, Manual.....	£10,995	£1000
17 17	208 Allure 1.2 Puretech 82 5 Door DAB Radio, Rear Sensors, Shark Grey, 10,170 Miles, Petrol, Manual.....	£10,695	
16 16	208 GT Line 1.2 Puretech 110 EAT6 5 Door Auto, Aluminium, 3,874 Miles, Petrol, Automatic, FREE TO TAX!.....	£12,995	
17 17	208 GTI by Peugeot Sport 1.6 THP 208 Special Edition, Nera Black, 3,300 Miles, Petrol, Manual.....	SOLD	
17 17	208 GTI by Peugeot Sport 1.6 THP 208 Special Edition, Satin White, 3,773 Miles, Petrol, Manual.....	£17,295	

CONVERTIBLES

14 64	207CC Roland Garros 1.6 VTI 120 Convertible Rare Car! Bianca White, 25, 538 Miles, Petrol, Manual, Luxury Grey Leather, Sat Nav, Rear Sensor.....	£9,995	£500
-------	---	--------	------

PEUGEOT RCZ UPTO £400 DEPOSIT CONTRIBUTION*

15 64	RCZ R 1.6 THP 270 BHP! Sat Nav, Xenons, 19" R Alloys, Bucket Seats, Nera Black, 15,099 Miles, Petrol, Manual, VERY RARE CAR!.....	£18,995	£1000
-------	---	---------	-------

COMMERCIALS

16 16	Partner Panel Van Professional 850 L1 1.6 HDI 92, Sat Nav, Bianca White, 4,874 Miles, Diesel, Manual.....	SOLD	
-------	---	------	--

PEUGEOT 308 UPTO £400 DEPOSIT CONTRIBUTION*

15 65	308 Allure 1.2 Puretech 130 EAT6 Auto, Sat Nav, Front/Rear Sensors, Tornado Grey, 24,203 Miles, Petrol, Automatic.....	£10,995	£500
16 66	308 Allure 1.6 BlueHDI 120 5 Door Nav, Sensors, LED Lights, Nimbus Grey, 9,668 Miles, Diesel, Manual, FREE TO TAX!.....	£11,495	
17 66	308 GT Line 1.6 BlueHDI 120, 5 Door, Nav, Rear Camera, Cumulus Grey, 6,834 Miles, Diesel, Manual.....	SOLD	

PEUGEOT 2008 UPTO £500 DEPOSIT CONTRIBUTION*

14 64	2008 Crossover Access Plus 1.2 VTI 82, Virtual Blue, 13,399 Miles, Petrol, Manual.....	£8,495	
16 16	2008 SUV Active 1.6 BlueHDI 75, Nimbus Grey, 20,413 Miles, Diesel, Manual, FREE TO TAX!.....	£9,495	
14 64	2008 Crossover Allure 1.6 EHD 115 Rear Sensors, Alloys, Nimbus Grey, 7,660 Miles, Diesel, Manual.....	£9,995	
16 66	2008 SUV Active 1.2 Puretech 82, 5 Door, Bianca White, 8,969 Miles, Petrol, Manual.....	SOLD	
16 16	2008 SUV Allure 1.6 BlueHDI 100, Rear Sensors, Alloys Bianca White, 14,104 Miles, Diesel, Manual, FREE TO TAX!.....	£10,995	£700
15 15	2008 Crossover Feline 1.6 EHD 92 Nav, Glass Roof, Leather, Amber Red, 17,239 Miles, Diesel, Manual.....	£11,295	
17 17	2008 SUV Active 1.2 Puretech 82 DAB Radio, Alloys, Nimbus Grey, 12,682 Miles, Petrol, Manual.....	£11,295	
16 66	2008 SUV Allure 1.6 BlueHDI 100, Cumulus Grey, 5,541 Miles, Diesel, Manual, FREE TO TAX!.....	£12,295	
17 17	2008 SUV 1.2 Puretech 110 Rear Sensors, Alloys, DAB Radio, Nimbus Grey, 17,573 Miles, Petrol, Manual.....	£12,995	
16 66	2008 SUV Allure 1.2 Puretech 82, Nimbus Grey, 6,032 Miles, Petrol, Manual.....	SOLD	
17 66	2008 SUV GT Line 1.2 Puretech 110 EAT6 Auto Rear Camera, Nav, Glass Roof, Nimbus Grey, 2,984 Miles, Petrol, Automatic.....	£16,995	

PEUGEOT 3008/5008 UPTO £400 DEPOSIT CONTRIBUTION*

12 62	3008 Crossover Allure 1.6 HDI 112, Bianca White, 63,185 Miles, Diesel, Manual.....	SOLD	
12 62	3008 Crossover Active 1.6 EHD 112EGC Auto Rear Sensors, Vapor Grey, 26,600 Miles, Diesel, Automatic.....	SOLD	
16 66	3008 Crossover Allure 1.6 BlueHDI 120 EAT6 Auto Nav, Glass Roof, Rear Camera, Vapor Grey, 3,456 Miles, Diesel, Automatic, £30 TAX!.....	£16,295	
16 66	3008 Crossover Allure 1.6 BlueHDI 120 EAT6 Auto Glass Roof, Sat Nav, Bianca White, 6,338 Miles, Diesel, Automatic.....	£16,495	
17 17	5008 Allure 1.6 BlueHDI 120 EAT6 Auto Glass Roof, Rear Camera, Shark Grey, 12,638 Miles, Diesel, Automatic.....	£16,995	

PEUGEOT 508 UPTO £400 DEPOSIT CONTRIBUTION*

17 17	508SW GT 2.0 BlueHDI 180 EAT6 Auto Estate, Nav, Leather, Bianca White, 10,953 Miles, Diesel, Automatic.....	£18,995	£3000
-------	---	---------	-------

TEPEE/TRAVELLER

17 17	Expert Traveller 2.0 Blue HDI 150 Business Standard 8/9 Seater MPV, Nimbus Grey, 1,202 Miles, Diesel, Manual.....	SOLD	
-------	---	------	--

OTHER MAKES

08 58	Ford Fiesta Zetec 1.25 82PS, 3 Door, Squeeze Yellow, 45,989 Miles, Manual.....	£4,295	£200
14 64	Citroen C3 Picasso Selection 1.6 HDI, White, 29,496 Miles, Diesel, Manual, FREE TO TAX!.....	£6,995	
11 61	Ford Grand C-Max Titanium 2.0 TDCI, 7 Seater MPV, Nav, Leather, Panther Black, 63,627 Miles, Diesel, Manual.....	£7,995	
15 15	Suzuki SX4 SUV S-Cross SZ3 1.6 DDIs, Red, 6,028 Miles, Diesel, Manual.....	£9,495	
16 65	Skoda Fabia SE 1.2 TSI 90 (s/s) Estate, Corrida Red, 22,232 Miles, Petrol, Manual.....	£9,995	
15 65	Mini Cooper D Convertible 1.6 D Chili & TLC Pack, Black Alloys, Midnight Black, 34,765 Miles, Diesel, Manual.....	£10,495	£500

PRATT & GELSTHORPE

Baldertongate, Newark, NG241UF

01636 673888 www.newarkpeugeot.co.uk



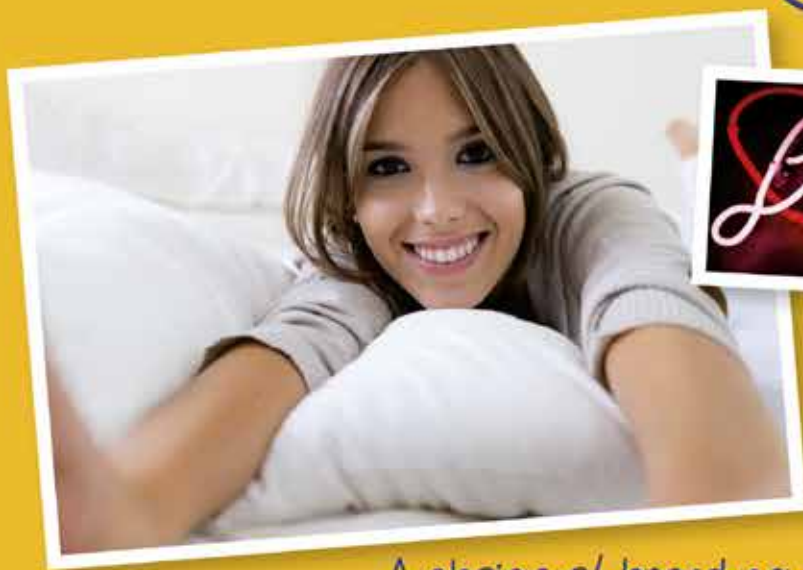
Find us on Facebook



Home

It's where
your heart is! x

Solar panels
as standard*



A choice of brand new, energy efficient homes
in the following locations



Bourne
Corby
Doddington
Oakham
Peterborough
Thorney
Whittlesey



2, 3, 4 and 5 bedroom homes
Prices from £147,500



Visit: www.larkfleethomes.co.uk

0845 450 7872

LarkfleetHomes

Sales offices open daily 10am – 5pm

Head Office: Larkfleet House, Falcon Way, Bourne, Lincolnshire PE10 0RZ

Prices and information correct at time of going to print. *Excluding apartments...

...better, because we care

Discover RUTLAND

A Rural Escape



Rutland is one of the best kept secrets of the English countryside and is absolutely brimming with things to see and do. In fact, the county motto is 'Multum in Parvo' which means 'Much in Little'.

Market Towns

A visit to Rutland would not be complete without enjoying some time in the pretty county towns of Oakham and Uppingham.

If you like to shop, you will love the boutiques, art galleries, antique shops and the choice of places to eat in Oakham. Follow the Oakham Heritage Trail and discover the hidden gems around the town, starting at the excellent Rutland County Museum, it takes you to many historical buildings including Oakham Castle.

Uppingham is a quintessentially English market town. The majority of shops are family run with unique retailers hidden away along ancient alleyways. The town is renowned for its excellent range of antique stores, fine art galleries, book shops and tearooms.

Rutland Water

Rutland Water is the largest man-made reservoir in Europe. Set in 4200 acres of open countryside, it lies at the very heart of the county and is as spectacular in beauty as it is in size. Widely regarded as a leading centre for water and land based leisure activities it has a year round appeal for fishermen, cyclists, sailors and bird watchers.

Cycling and Walking

Beautiful scenic routes crisscross the county, excellent for both cyclists and walkers. The 65 mile Rutland Round may sound a bit daunting but there are plenty of shorter walking or cycling routes.

Gardens

Barnsdale Gardens features 38 gardens and there's also a fabulous tea room full of homemade delights. Hambleton Bakery just down the road, bake scrumptious bread and cakes using 200-year-old methods and have been named ITV's Britain's Best Bakery.

Location

All the different attractions that are available in Rutland, from things to do and places to see, are what make this location so appealing. A great place to visit, Rutland is also an ideal relocation destination for potential homeowners who want to stay and enjoy everything that Rutland has to offer.



Rutland Water Golf Club

Accommodation now available

Currently 6 luxury double/twin rooms all with en-suite.
Self-catering cottage also available sleeps 6.
Everyone welcome.



A warm welcome awaits everyone
Breakfast Menu • Light Lunches • Sandwiches & Toasties •
Homemade Cakes • Sunday Lunches

Private Dining • Meetings • Marquee Venue Parties
• Wedding Receptions
• With stunning views across the water

Oakham, Rutland, LE15 8HB / 01572 737 149
enquiries@rutlandwatergolfcourse.co.uk
www.rutlandwatergolfcourse.co.uk

Over **70** Exhibits

Off-season mid-week tickets **£4**

Full indoor zoo


New Exhibits coming 30th March

A family owned small zoo with an emphasis on interactivity and affordable fun for the entire family.

Bugtopia The Zoo, Sykes lane, Empingham, Oakham, Rutland, LE15 8QL
Tel: 01780 460518

WWW.BUGTOPIA.CO.UK

Also visit Bugtopia Kettering and Bugtopia Hornsea



be hot! with Slimming World

CLIFTON
Community Centre
South Church Drive
Wednesday 3:30, 5:30 & 7:30pm
Tel: Jackie on 07877055117

The Royal British Legion
(Next to Wilko's)
12 Donington Road
Wednesday 9:15 & 11:15am
Friday 8:00 & 10:00am
Tel: Sacha on 07515 172984

COTGRAVE
Candleby Lane School
Candleby Lane
Tuesday 5:15 & 7:00pm
Tel: Maria on 07718 999033

EAST LEAKE
East Leake Academy Cafeteria
Lantern Lane (use staff car park)
Tuesday 5:30 & 7:30pm
Tel: Meg on 07792 943873

East Leake Leisure Centre Dance
Studio Room (Opposite Reception)
Saturday 8:30am
Tel: Meg on 07792 943873

HUCKNALL
St Peters & St Pauls
Community Hall, Ruffs Drive
Wednesday 5:30 & 7:30pm
Tel: Kerry on 07804 493162

The John Godber Centre
Ogle Street
Saturday 9:00 & 11:00am
Tel: Kerry on 07804 493162

KEYWORTH
The Methodist Church Hall
Selby Lane
Monday 5:00 & 7:00pm
Tel: Naomi on 07734 791608

LONG EATON
Moorlands Club
295 Curzon Street
Thursday 5:30 & 7:30pm
Tel: Judith on 07711 043213

Sawley All Saints Church
561 Tamworth Road
Tuesday 7:00pm
Tel: Judith on 07711 043213

RUDDINGTON
Jubilee Clubhouse
Loughborough Road
Monday 5pm & 7pm
Tel: Wendy 07870 830097




WEST BRIDGFORD
Gresham Sports Pavillion
Gresham Park Road
Off Wilford Lane
Monday 7:00pm
Tel: Gillian on 07463856253


Edwalton Golf Club
Wellin Lane
Tuesday 7:00pm
Tel: Sacha on 01159287316

Gresham Sports Pavillion
Gresham Park Road
Off Wilford Lane
Wednesday 7:00pm
Tel: Shirley on 07946727077

West Park Sports Pavillion
Loughborough Road
Thursday 5:00 & 7:00pm
Friday 8:00 & 9:30am
Tel: Athena on 07792 045221

The Rugby Club
Stamford Road
Saturday 8:00 & 10:00am
Tel: Naomi on 07734 791608

slimmingworld.co.uk
0344 897 8000   


touching hearts, changing lives

NSO TO TAKE AUDIENCES TO SPACE ON 100TH ANNIVERSARY OF 'THE PLANETS'

Nottingham Symphony Orchestra (NSO) will be performing Holst's famous *The Planets* at its next concert on Saturday 3 March, celebrating the suite's 100th anniversary.

The Albert Hall will, once again, host one of the country's finest amateur orchestras which will be performing a programme of English favourites, comprising: *Johannesburg Festival Overture* by Walton, Elgar's *Cello Concerto* in E minor as well as a special performance by Cantamus Girls Choir.

"We're delighted to welcome Kristiana Ignatjeva to play with us for the first time as our soloist for Elgar's cello concerto. Kristi-

ana is a scholar at the Royal College of Music and has given recitals across Europe and North America, performing at the Royal Albert Hall, Royal Festival Hall and Cadogan Hall – to name a few," said Derek Williams, conductor of NSO.

"We will also be performing alongside Cantamus Girls Choir which has been wowing audiences across the UK for more than 45 years. The choir will be singing Whitaker's *Seal Lullaby*, Waltzing Matilda by Ruth McCall and Gershwin's classic *I Got Rhythm*."

This year marks the centenary of *The Planets*' first performance, which was held during the last few weeks of the First World War at the Queen's Hall in Westminster to a private audience.

"It's a suite known all over the world, with each dramatic movement conveying emotions associated with the planets," continued Derek.

"This is the perfect accompaniment to the *Johannesburg Festival Overture*

which was composed to commemorate the 70th anniversary of Johannesburg's creation. The piece was described by Walton as: 'a non-stop gallop...slightly crazy, hilarious and vulgar'. It's certainly an exciting piece to perform and we're looking forward to bringing something different to the Albert Hall."

Nottingham Symphony Orchestra will be taking to the stage on 3 March at 7:30pm. To purchase tickets visit the orchestra's Ticket Source box office: ticketsource.co.uk/date/437287 or on the door at the Albert Hall on the night. Tickets start at just £5, with concessions also available.



Silverdale
OF NOTTINGHAM

PCV DRIVERS – EXCELLENT RATE OF PAY

Silverdale Tours of Nottingham are recruiting PCV drivers to undertake all types of work from our base in Colwick. We are looking for drivers to operate our extensive range of private hire work and contracts.

- Tour Work – Both British and Continental dependent upon experience
- Full and part time positions
- School Contracts – AM/PM (Monday to Friday only)
- Excursions
- Private Hire

Excellent rates of pay are on offer. For further information and informal chat on the positions available please call us using the number below.

CALL JANE CARTER OR DAVE CHEETHAM
0115 912 1000



IF YOU'VE GOT A STORY



editorial@nottsinfocus.co.uk

MARKET 29 PLACE
GROOMER & SHOP

Celebrating 6 years at 29 Market Place!

Luxury wet shave £28
Gift vouchers available
The perfect gift solution.
A wide range of quality grooming products available.
Beard trims from £8
Expert advice on grooming, tanning and using products on your beard.

Consultation and Luxury beard grooming with Albert £15.

download our new APP
Booking on your smart phone is easy & convenient
download yours now for **FREE**

www.29marketplace.co.uk
29 Market Place • Bridgman NG13 8AN • 0115 440 08765

NOTTINGHAM LIGHTING CENTRE

Largest independent lighting showroom in Nottinghamshire

DAVID HUNT BRAND PARTNER
For further details please call **01159 537088**

Visit us at 45 - 61 Maid Marian Way, Nottingham NG1 6GE
Open 9.30am - 5.30pm Monday - Saturday
Now open Sundays until Sunday January 15th 11am-4pm
www.nottinghamlightingcentre.co.uk

Looking for local social events and activities?

From meals out to coffee mornings, outings and talks, you can be sure of a warm welcome. Upcoming Oddfellows events include:

Monday 5 March 11am Price As Per Menu - Coffee Morning - Harper & Finch, 66 Bath Street, Derbyshire, DE7 8AJ
Friday 16 March 10.30am Price Free - Speakers Corner, Guest Speaker Sandy Leong - Eastwood Conservative Club, NG16 3BP
Tuesday 20 March 10.00am Price As Per Menu - Breakfast Club - Hole in the Wall - Main Road, Underwood, NG16 5GQ
Friday 23 March 7pm Price As Per Menu - Dine Around the World - Arunothai - Unit 2, Farleys Lane, Hucknall NG15 6DY
Tuesday 27 March 10.30am Price Free - Walk Kings Mill Reservoir - Sutton-in-Ashfield NG17 4PA

www.oddfellows.co.uk for membership enquiries 0800 628 1816
Oddfellows is the leading name of the International Order of Oddfellows in the UK. Only Primary Society Limited, incorporated and registered in England and Wales No. 2291 Registered Office: Oddfellows House, 100-102 Chancery, Manchester M3 3DS

SCOTT TRAILERS LTD
of Walscott Lincoln

Your Ifor Williams Trailer Distributor
Trailers from Camping to 3500kg gross
Sales • Repairs • Servicing • Spares

Sole Distributors in Lincolnshire & Nottinghamshire
Spares available by post and carrier • You are welcome to view our stock of Trailers
Tel: 01526 860317 • Fax: 01526 861357
website: www.scott-trailers.co.uk
e-mail: office@scott-trailers.co.uk
Opening hours Mon to Fri 8am-5pm • Sat 9am-12 noon
Other times by appointment

TURQUOISE TEA & CAKES

We are a comfortable, local, family-friendly coffee shop where you can relax with friends and enjoy good quality refreshments and let us take care of the washing up!

All of our delicious cakes and sandwiches are freshly made on the premises, using locally sourced produce wherever possible.

Our coffee is roasted in Bradford and mixed to our own unique blend.

Please don't hesitate to ask if you have any concerns regarding allergies or personal preferences - we can accommodate most things, such as Gluten Free.

DAILY OFFERS
FILLED ROLL AND CROISSANT
£3.50
IF ORDERED BEFORE 11.30AM

108 Bowbridge Road, Newark NG24 4BZ
Tel: 01636 613888

CROSSWORD

ACROSS

- 1 Expansive (4)
- 3 Perfume (5)
- 10 Garbage (5)
- 12 A repeated sound (4)
- 13 Suds (6)
- 14 Fool (5)
- 15 Face cloth (7)
- 16 Pry (5)
- 17 Not locked (4)
- 19 Floppy (4)
- 21 A business concern (10)
- 24 Body covering (4)
- 27 Disruptive commotion (6)
- 28 Remote and aloof (7)
- 30 Meal from a hamper (6)
- 31 Crazy and offbeat (4)
- 33 Silent (4)
- 34 Calf flesh (4)
- 35 Seven days (4)
- 38 Strapped-on casual shoe (6)
- 39 Teeth specialist (7)
- 40 Catholic father (6)
- 42 Melody (4)
- 44 Assemble in church (10)
- 47 Slightly wet (4)
- 48 Expenditure (4)
- 52 Incorrect (5)
- 54 Pot of gold or the TV western series (7)
- 55 Be an author (5)
- 57 With eagerness, greedily (6)
- 58 Earth in the garden (4)
- 59 Visually pure (5)
- 60 Pool of money (5)
- 61 Fluorescent gas (4)

DOWN

- 1 Loathsome (4)
- 2 The Devil (5)
- 3 Undress completely (5)
- 4 An object on show (7)
- 5 The actual fact (5)
- 6 Fast as a bird! (5)
- 7 Denims (5)
- 8 Matrimony (7)
- 9 Redbreast (5)
- 11 Digging tools (6)
- 18 A stain on character (4)
- 20 Opium plant (5)
- 21 The whole group of dancers or musicians (8)
- 22 Hurry (4)
- 23 The back (4)
- 25 Unpleasant sound (5)
- 26 Fruit tart (5,3)
- 28 No longer in vogue (5)
- 29 Larceny (5)
- 32 Change to suit (5)
- 35 Uncomfortably strange (5)
- 36 A hitch (4)
- 37 Shrewd and learned (4)
- 41 Ribbon on a spool (4)
- 43 Popular game with schoolgirls (7)
- 45 Fruit or colour (6)
- 46 Of times long ago (7)
- 48 To shut (5)
- 49 The know-how (5)
- 50 Milk supplier (5)
- 51 Show off (5)
- 52 Tired out (5)
- 53 Elbow gently (5)
- 56 Religious song (4)

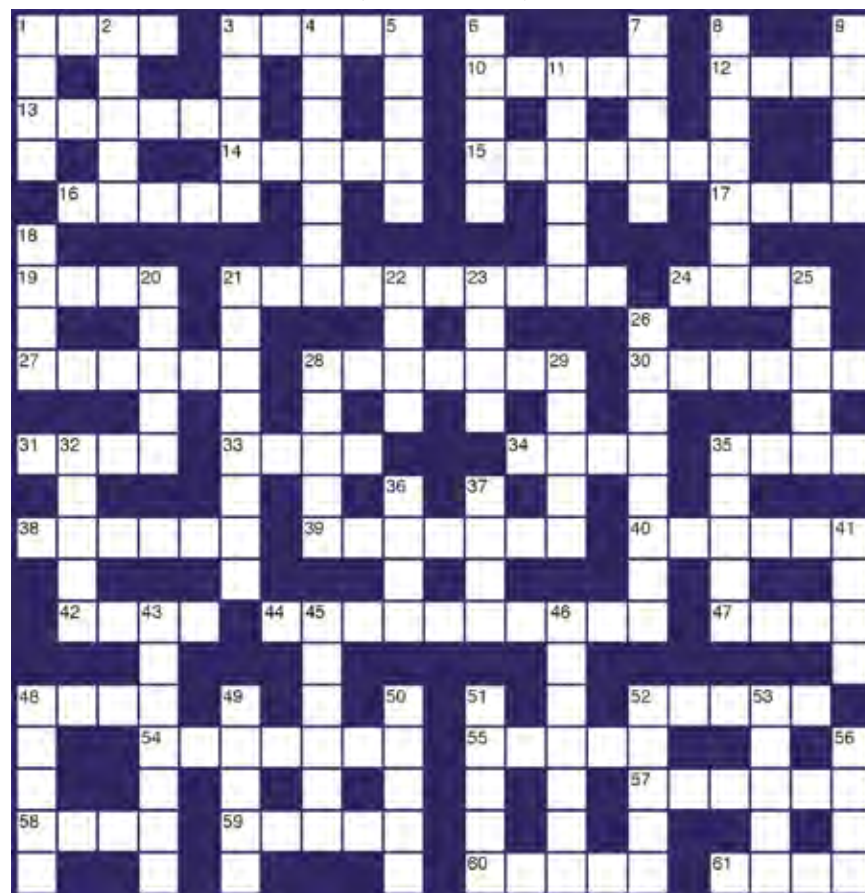
ISSUE 260 CROSSWORD ANSWERS

ANSWERS ACROSS

1 Silver wedding 9 House 10 Unfashionable 13 Bad 15 Fan 16 Wall 18 Cherry-pick 19 Ease 20 Lard 23 Rambler 25 Sister 26 Ski 27 Tossed up 28 Spirits 30 Lanes 32 Hag 34 Triplicate 35 Antiseptic 37 Nag 38 Input 40 Trailer 41 Exercise 43 Tow 44 Better 45 Sangria 47 Skin 48 Leaf 49 Combustion 51 Film 53 Ear 54 Age 56 Printing error 60 Local 61 Profit-sharing

ANSWERS DOWN

1 Snuff 2 Van 3 Wastrel 4 Inn 5 Gab 6 Chewed 7 Full 8 Web 10 Unchristian 11 Imports 12 Ankles 14 Abscess 17 Lesson 21 Radiator 22 Ascot 24 Barrister 25 Splashing 29 Tea break 31 Entertainer 32 Hen 33 Gag 36 Crown 38 Iceberg 39 Put off 40 Test ban 42 Cancan 46 Nesters 47 Simple 50 Bring 52 Lich 55 Elf 57 Imp 58 Too 59 Our



(Answers in Issue 262)

COSYREST FURNISHINGS LTD
If you want the best, come to Cosyrest

Re-upholstery in Nottingham, UK

Cosyrest Furnishings Ltd is a well established soft furnishings and reupholstery business based in Stapleford, Nottingham.

We offer a range of high quality soft furnishings. We are makers of fine suites and reupholstery specialists and will take on most jobs.

At Cosyrest Furnishings Ltd we pride ourselves on our high quality products, from car seats and headboards to the reupholstery of sofas; no job is too big or too small. We have been in business for almost 40 years; we have plenty of experience and have built up a strong client base.

Some of the services we offer are:

- Reupholstery • Fine suites • Contract work

Why should you choose Cosyrest Furnishings Ltd?

- High quality products • Friendly and professional service
- Tailor made soft furnishings • Competitive prices
- Excellent quality product for the price • Willing to take on any job

Here at Cosyrest Furnishings Ltd we are proud members of the Association of Master Upholsters.

For reupholstery services, call us now on
0115 939 0099
www.cosyrest.co.uk

ITA GROOMS
Dog Grooming in your own home

- City and Guilds in Dog/Cat Grooming
- City and Guilds Animal Care 2 x Merit Qualified

Hill's
Registered Pet Nutrition

01949 842306 | 07711 564441
07544 400535
www.itagrooms.com

South Notts Computers
The heart of computers

New PC?
If you're thinking about getting a new PC we offer a selection of new and used laptops and PCs to choose from. Give us a call and we can see what we can do for you with your budget.

Is your Laptop in need of repair?
We offer a full laptop repair service. We have an in-house laptop expert who can get your laptop back up and running in no time, no matter what the damage is!

Virus Removal
Got a virus? No problem, we offer a complete solution. We will clean up the virus for you and help you secure your computer to keep it safe from future attacks.

Microsoft REGISTERED Refurbisher
Microsoft Technology Associate

If you need a quote or to book a repair please give us a call on: **0115 9147086**

We provide accredited work experience in steel fabrication and welding, to pre-16 school students...

Key skills young people gain with us are in welding and steel fabrication. We offer nationally recognised BTEC and AIM Awards qualifications.

Engineered Learning is an independently owned engineering training provider. Since its conception in 2012 it has delivered client focused learning in a number of different frameworks and styles. Our company name was conceived to encompass all aspects of tailored learning.

- We are an alternative education provider offering school age students the opportunity to train with us. As each students engineering skills improve, they can achieve nationally recognised BTEC qualifications.
 - Educational courses are frequently designed to achieve a pre-determined set of learning outcomes in order to satisfy funding criteria or national curriculum objectives. Examples include building self-confidence, developing a positive self-image, working with others, developing team skills and raising motivation.
- Concentrated efforts have been made to incorporate team-working skills into the delivery of all

learning, as the identity and the ethos of our brand becomes more clearly understood by its instructors and the end user.

Below are comments taken from a local authorities quality assurance inspection report.

Teaching

Students learn exceptional skills at this provision and make outstanding progress over their time here. Students learn to weld, grind and use various drilling machines. Students are working towards a level 1 qualification in Engineering. Most students here are assessed as working at Entry level and therefore are making very good progress.

Behaviour and Safety

Students love to learn, have high standards, conduct themselves very well throughout the day and are extremely proud of their work. Behavioural incidents are very rare and staff have the expertise to control situations through their youth work skills. Behaviour appears to improve with time. All students and visitors are given

an extensive safety introduction and safety is at the forefront of this provision. This provision is very well respected amongst another Commissioning Team and our Derbyshire staff.

Overall Effectiveness of the Provision

Teaching, behaviour, and safety are outstanding. Attitudes to learning, student knowledge and future preparation are also outstanding. Achievement is good. Expectations in terms of learning and behaviour are outstanding due to the ethos of the provision. Physical well-being is addressed.

**Better
results are
achieved when
you've been
Engineered!**



Testimonials

"Engineered Learning provides our students with an excellent opportunity to develop highly sought after engineering skills, within a genuine work based environment with the highest quality delivery and support."
Susan Bradley, Headteacher at The Kingsmead School



"I would highly recommend Engineered Learning as an alternative provision provider, as they have been extremely flexible in meeting the needs of our students and working around their school timetable commitments. The students' receive the highest possible standard of alternative educational provision with excellent practical experience and good quality pastoral care. Dan and his team have ensured our students' have achieved their best and gained a valuable qualification to enhance their post 16 prospects. Definitely good value for money!"

Jayne Scattergood, Vice Principal (Student Support and Inclusion) at The Ripley Academy



University of
Nottingham
UK | CHINA | MALAYSIA



Apprenticeship Programme

Ignite Your Career
with the University
of Nottingham



nottingham.ac.uk

WEBS Furniture Training



It's our Golden Anniversary! 1968 to 2018

WEBS Training Ltd, established in 1968 by 4 Long Eaton furniture manufacturers to train new recruits, continue to deliver training which is rated as 'Good' by Ofsted, to this day in 2018. The 80 furniture firms we currently work with value their Apprentices and are assured that the training delivered is structured and tailored to meet their business needs, both now and in the future.

Those looking to start or change career are well supported on the road to success in their chosen apprenticeship, by our industry qualified and time served Training Officers and they become valued members of the team.



If you have staff that need training or if you would like to take on new recruits to become valued members of your team, then please get in touch with us, we will be happy to help!

Find info@webstraining.com or call to speak to the recruitment team on 0115 967 7771

Our Programmes

- ◆ Modern Upholstery, cutter, sewing machinist, upholsterer
- ◆ General Furniture Manufacture, cabinet making, frame making and component manufacturing
- ◆ Wood Machinist
- ◆ Fitted Furniture Installer
- ◆ Furniture Finishing, polishing - French and spray
- ◆ Modern Furniture Service Repair
- ◆ Furniture CNC Specialist
- ◆ Bed maker
- ◆ Customer Service
- ◆ Warehousing
- ◆ Team Leading
- ◆ Business Administration
- ◆ Business Improvement Techniques

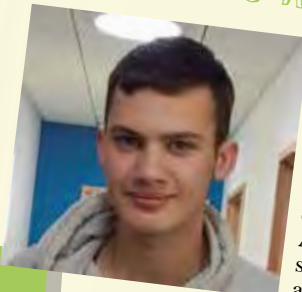
BENEFITS TO BECOMING AN APPRENTICE

By taking an Apprenticeship with WEBS Training Ltd and their partner employers, you will earn a wage, while you learn your trade, in a way that is best suited to you, through hands-on experience and on-the-job training. Apprentices can also gain these benefits:

- Earn money, get qualified, gain experience
- Receive relevant training in a chosen trade and improve your career prospects
- Gain nationally recognised qualifications or achieve new industry apprenticeship standards
- Learn job specific skills
- Receive on-going support throughout your training

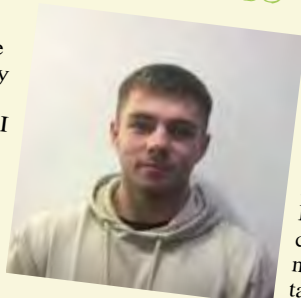
It's an excellent alternative to university to start, build your skills and progress in a rewarding career.

WHAT TWO APPRENTICES SAY ABOUT WEBS TRAINING LTD:



Kieran thinks that WEBS is "fantastic" He says "The staff are really nice and I have learned loads of new things that I use at work. I have been doing an Upholstery Apprenticeship and the skills that I have learned are pattern matching, cutting, sewing, full upholstery and also spraying. I will soon complete my programme and I would highly recommend WEBS Training to anyone, I have really enjoyed it".

KIERAN



Alex started his training in 2015 and says "WEBS has taught me to become a qualified wood machinist and frame maker. After completing my Level 2 programme I continued and have now completed Level 3 wood machining. My tutor Paul has taught me various skills in the workplace; giving me the confidence to work on my own and in a team, as I struggled with this before. I would really recommend WEBS to anyone, as it teaches you valuable life lessons, never mind giving you a trade qualification".

ALEX



WEBS MAIN WORKSHOP SPACE

National
Apprenticeship
Week
5th - 9th March

The Road to Success

Will you be taking part in National Apprenticeship Week? Whether you're the owner of a business looking to recruit, or someone on the hunt for a new skill or qualification, an apprenticeship may hold benefits for you!

National Apprenticeship Week 2018 takes place from 5 - 9 March and will be a celebration of apprenticeships in England. The theme for National Apprenticeship Week 2018 is 'Apprenticeships Work', designed to showcase how apprenticeships work and offer benefits for individuals, businesses, communities and the wider economy. During National Apprenticeship Week employers and apprentices from across England will come together to celebrate

the success of apprenticeships, whilst encouraging even more people to choose an apprenticeship as the pathway to a great career.

The National Apprenticeship Week events map, found on the gov.uk website, will highlight the array of events scheduled to take place during this celebratory period. From practical trades such as construction and hairdressing to office jobs and computer work - there is an apprenticeship designed for everyone!

How can I get involved?

From individual participation and attendance at the events to involving your business and gaining recognition for your business' support for apprenticeships - we can all play our part this NAW!

The primary objective is to educate the community on the positive impact apprenticeships can have on individual apprentices and their employers too, as well as the benefits they generate for the wider economy.

There are so many different ways to get involved, with many places holding open days and events for you to find out more.

In bringing together both employers and apprentices from across the country, National Apprenticeship Week is an opportunity to spread the word about the advantages of being and hiring an apprentice and in doing so, encourage more organisations and individuals to explore the apprenticeship path.

With these events and activities ideas plus so many more, you're guaranteed to find the perfect idea, suited to you this National Apprenticeship Week!



What we do

We are a Construction Training Company, accredited to CPCs, CSkills, EUSR, City & Guilds and National Plant. We offer practical and classroom training in all aspects of Plant, NRSWA, Confined Space and Safety Training.

Who we are

Allenby Training are a family run business having worked within the Construction Industry for the past 18 years. Together with our team of highly trained instructors/assessors and advisors we have successfully trained and built a strong client base of candidates that come back time and again as the needs of the industry change and qualifications need updating.

Our aims

We aim to offer the best possible training within the construction industry. To ensure that you are offered the best advice and given the correct training to keep you employed and up to date with current legislation - our success is measured by your success!

We provide a wealth of training/tests and NVQs for the construction industry including:

- CPCs Accredited Centre
- NPORS Accredited Centre
- NVQs Level 2-6 in Construction & Plant
- CSCS Touch Screen Tests
- City & Guilds NR&SW - Initial Training & Re-Assessments
- City & Guilds Confined Space including Level 5 Management
- EUSR Water/Gas qualifications
- Site Safety Plus - SMSTS - SSSTS - SEATS
- CITB Health & Safety Awareness Labourers Qualification
- Plant Training
- Bespoke Training
- Abrasive Wheels
- Manual Handling
- First Aid
- Health & Safety Consultants

CP Construction Plant
CS Competence Scheme



City & Guilds



EUSR



Call us on 01522 548559

23 Crofton Road, Allenby Industrial Estate, Lincoln LN3 4NL
Allenby Training Services Limited, Plotwood Stables, Thorney Road, Wigsley NG23 7ER

www.allenby-training.co.uk

Lincoln's leading training provider for the Construction Industry



National Apprenticeship Week 2018

Nottingham Trent University will be celebrating National Apprenticeship Week 2018 with a schedule of events aimed at providing support to employers. Our expert apprenticeship team will be on hand to provide guidance and advice on everything from finance, funding, recruitment and individual course queries.

NTU has created a schedule of events, focused on key industries and sectors. Employers can gain in-depth advice regarding apprenticeship funding and application, as well as details of the courses and facilities on offer to their apprentices. You'll get a chance to put your questions to our expert apprenticeship team, see the world-class facilities apprentices will be taught in, and meet the academics who will teach them the skills and knowledge to drive innovation in your business.

We are committed to the continued development of our apprenticeship portfolio, covering a variety of industries and sectors. To keep up-to-date with our developments, visit

www.ntu.ac.uk/apprenticeships

To discover how we can help your company to grow, visit our website or get in touch.

Email: apprenticeship@ntu.ac.uk

www.ntu.ac.uk/business

Food: Apprenticeships Work at NTU

Tuesday 6 March

Public Sector: Apprenticeships Work at NTU

Wednesday 7 March

Technology: Apprenticeships Work at NTU

Wednesday 7 March

Construction: Apprenticeships Work at NTU

Thursday 8 March

Accounting and Finance: Apprenticeships Work at NTU

Thursday 8 March

Law: Apprenticeships Work at NTU

Friday 9 March

Visit **www.ntu.ac.uk/apprenticeshipweek** for more information on the weeks events and to book your place.



Education and Training

Unique children's nursery

with Michelin trained chef and mini farm opens



Small People, a new outdoor nursery based on a Forest School approach, has opened its doors in Colston Road, Cropwell Bishop.

Set within an acre of grounds, children aged 6-weeks to 5 years old will spend up to 80% of the day outside enjoying a unique experience and education.



Formerly the Lime Kiln Inn, this £1.7 million nursery has undergone a full transformation to provide exceptional indoor and outdoor nursery facilities. Its large garden has been landscaped to create a safe, natural and fun environment for children to learn and play in. A variety of play equipment is available,

including a messy area, a treehouse, sand and water areas.

Lisa Smal, owner and mum of two, who lives in Bottesford, says: "Growing up in South Africa I had an active outdoor lifestyle and that is something that was lacking when I was looking for child care for my own daughters in the UK. This is what inspired Small People, as it is proven that children develop faster in an outdoor environment - a place for children to thrive. Our back to basics philosophy extends into every area of the nursery in order to stimulate development, from our natural, wooden toys, to our holistic approach to learning, healthy eating, fresh air and exercise." Alongside numeracy and literacy, children will also learn IT skills, will be introduced to languages such as French, Spanish and Mandarin and will have a range of physical pursuits including yoga lessons.

Small People's own dedicated in-house Michelin trained chef cooks everything fresh from scratch on site, and children get to don their own chef's hats and aprons to cook and bake alongside him.

They are involved in preparing and cooking their own tasty food, as well as learning the basics about nutrition. It also boasts a mini-farm comprising



mini pigs, dwarf goats, chickens, rabbits and guinea pigs which the children will learn to feed, care and interact with.

For further information, please contact: Siobhan Griffiths on 0777 550 5176.

Exceptional indoor and outdoor nursery facilities



LANGUAGE
TUITION • NOTTINGHAM

NEW COURSES

STARTING MAY 2018

Spanish & English courses

Private tuition

Spanish for kids

Guarantee your place and book now!

WWW.LANGUAGE TUITION NOTTINGHAM.CO.UK
INFO@LANGUAGE TUITION NOTTINGHAM.CO.UK



Are you 15 to 17 years-old?*

NCS is a once-in-a-lifetime experience! You'll do exciting activities, live away from home and meet new people. Take a mate and have one amazing summer!

BOOK NOW [NCSYES.CO.UK/SUMMER](https://www.ncsyes.co.uk/summer)

or call 0121 386 6910



*see NCSEEDCOP for age eligibility only

nottingham
harmonic
choir

2017 - 2018
162nd Concert Season
www.NottinghamHarmonic.org
Founded 1856

ST MATTHEW PASSION
J.S. BACH

SATURDAY 17 MARCH 2018 7:00PM
SOUTHWELL MINSTER

Charles Daniels Evangelist
Grant Doyle Christus
Katie Trethewey Soprano
Cathy Bell Mezzo-soprano
Christopher Turner Tenor
Henry Neill Bass
Richard Laing Conductor
The Musical and Amicable Society

Tickets
£15 - £18 concessions available
Children FREE (accompanied by a fee paying adult)

Available from
www.NottinghamHarmonic.org

Tourist Information Centre, Smithy Row, Nottingham
0844 477 5678

Cathedral Shop, Church St. Southwell
01636 812 933

Windblowers, 75-77 Derby Road, Nottingham
0115 941 0543 (cheque or cash payments only)

@Notts_Harmonic
Nottingham Harmonic Choir

Cherry Tree 221549



Put a 'Spring' In Your Step

Whether you're in the market for a new caravan holiday home, wanting to trade in an old one or on the lookout for the perfect park to enjoy a few days away, Springs Holiday Estates has you covered.

With a choice of new and used static caravans for sale, caravan holiday lets, caravan insurance, a professional after sale and repair service and a number of affordable finance options, finding the holiday home that's right for you couldn't be easier. The team even offer a delivery and siting service so you really don't have to lift a finger.

Choose from five ideally located caravan holiday parks. Their Anderby and Sutton Springs Parks on Lincolnshire's beautiful coast are just a cycle ride away from the seaside towns of Mablethorpe and Sandilands with both the Creek Tavern and The Seagull pub and restaurants packed full of enough activities and events to keep the whole family entertained.

For anyone looking for the peace and quiet of the Lincolnshire countryside the Trusthorpe Springs Park, set in the grounds of a stunning 19th century hall offers a relaxed and laid back atmosphere but with a heated outdoor pool in the old walled kitchen garden and all the excitement of Skegness within driving distance or enjoy the seasonal



entertainment and atmosphere of The Cartwheel pub and restaurant, there is plenty to do for a getaway to remember. Lakeside Springs is a small park for fishing folk, nature lovers or those who just like the quiet countryside. Only a mile from the beach at Sutton on Sea and with a well-stocked freshwater fishing lake you have the best of both worlds.

Their newest park – Cherry Tree Springs Touring Park is exclusively for adults with a choice of fully serviced

pitches on hard or soft surfaces for touring caravans, motorhomes or trailer tents.

Why not try a short break in one of their super modern letting caravan holiday homes or bring your tourer or tent for that short break, where you'll be warmly welcomed at Trusthorpe, Lakeside or Cherry Tree Springs?

For more information on the parks and any of the services provided visit: www.springsholidayestates.co.uk or call 01507441333.

THE TEENAGE MARKET

A free platform for young people to showcase their creative talents

Melton Market Place
Saturday 31st March
10am - 4pm

Young traders | Live music
Young performers | Food & Drink

Sign up at www.theteenagemarket.co.uk

Melton Borough Council

IF
YOU
WOULD
LIKE
TO
FEATURE
ON
THIS
PAGE
PLEASE
CALL
US
01159
313879

PEDAL electric CYCLES THE AREA'S ONLY E-BIKE SPECIALIST

Specialist Sales & Service
01522 255760
www.pedalelectriccycles.com

✓ Free Demonstrations
✓ E-bike Hire
✓ Cycle To Work Scheme

Members of **ACT**
ASSOCIATION OF CYCLE TRADERS

SIMPLON **em** **Gazelle** **FOCUS** **bergamont** **SCOTT**

01522 255760 Find us on **facebook**
www.pedalelectriccycles.com

29 High Street/East Road
Navenby
Lincolnshire
LN5 0EE



Beeston set to host global gathering for art exhibition



A global gathering is set to descend on Beeston this March as international artists and film-makers descend on the town for a stimulating art and cultural weekend of events.

Marysia Zipser, CEO of Art Culture Tourism, has organised the Italy Arts and Photography Exhibition, featuring award-winning professional journalist, author and visual artist, Roberto Alborghetti. Roberto has written about fifty books (biographies, interviews, stories), and worked for magazines, newspapers and as TV documentary producer.

The exhibition is a result of Marysia's work to build a relationship between Italy and Beeston. She has high hopes for the event and has even invited the Italian Ambassador, H.E. Raffaele Trombetta, Sir John Peace, Lord-Lieutenant of Nottinghamshire, who represents the Royal Family in the county.

Taking part during the weekend of Beeston Film Festival (for which ACT is Sponsor of Best Audience Award), Art Culture and Tourism at The Hive in Beeston, will be running the exhibition from March 9 to 24. There will be photographs of Italy by local and international contributors, artworks by Roberto, Italian leather shoes made by local shoemaker Peter Bullock and work by visual artist Joe Ganach. Also for the first time on global public view, are thirteen artworks by Florentine painter Giuseppe Capineri (1923-1994) collected by Marysia during her time as UK agent for Giuseppe in the 1980s.

More information can be found at www.artculture-tourism.co.uk.



Open Days

Mount St Mary's College
Wednesday 7 March 2018

Barlborough Hall School
Thursday 15 March 2018

Join us for our 'School in Session' open days

Call 01246 433 388 or email
admissions@msmcollege.com
to register

Daily school busses
from Sheffield,
Worksop, Chesterfield,
Bakewell, Doncaster
and beyond.



Mount St Mary's College and its preparatory school Barlborough Hall provide a leading independent education for girls and boys aged 3 to 18.

Nursery | Prep | Senior | Sixth Form
msmcollege.com





Highfields Happy Hens

Open Farm, Farm Shop & Tea Room
A Truly unique Open Farm experience

Open Farm...
Feed the animals, play areas and much more!
Tractor & Trailer Rides
Saturdays & School Holidays
(Check our website for opening times & prices)



Farm Shop...
Selling a full range of fresh local produce, free range eggs, toys & gifts.

Tea Room...
Serving hot & cold drinks, light lunches and delicious home-made cakes!

FREE ENTRY for 1 person
when accompanied by a paying visitor!
(This cannot be used in conjunction with any other offer)

For Parties & School Trips see our website.

Highfields Happy Hens, Heage Lane, Etwell, Derby DE65 6LS
Tel: 01283 735063 www.highfieldshappyhens.co.uk

PROFESSIONAL, GRAMMY NOMINATED ORCHESTRA

Sinfonia Viva

PRESENTS

MASTERS & MAESTROS

WED 14 MARCH 2018, 7.30PM
DERBY CATHEDRAL

FEATURING MOZART, BRITTEN & HAYDN

TICKETS AVAILABLE AT
WWW.DERBYLIVE.CO.UK & 01332 255800



ENGLISH TOURISM WEEK

AN ANNUAL CELEBRATION OF ENGLISH TOURISM



The English tourism sector touches everyone – from visitors, residents, businesses and employees. It's one of the few sectors active in every part of the country and with so much to do across England, why not explore somewhere new?

**TAKE PART IN
ENGLISH TOURISM
WEEK:
17-25 MARCH 2018**

Discover new destinations right on your doorstep and out more about English history by visiting attractions in a range of sectors including farming, retail, sport, museums and galleries, the theatre and other performing arts. Visit historic cities such as Cambridge, explore the diverse attractions in Lincolnshire, or enjoy the glorious British countryside in the Peak District. If you'd prefer a seaside resort, escape to Whitby, Skegness or Blackpool to experi-

ence a destination filled with a number of attractions and seaside charm.

Visit local markets, food festivals and more to get a taste of what England has to offer. Experience rich traditions and discover the fascinating history behind some of England's most renowned destinations to make this English Tourism Week one to remember.

As a resident, English Tourism Week is the perfect opportunity to support small businesses in your area. Pop into unique, independent shops to find local talent you never knew existed right on your doorstep; travel to an English town or city you've always wanted to visit and spend a long weekend exploring, or get involved in an English Tourism Week event.

The visitor economy is worth £106bn a year to England, supporting thousands of businesses and impacting on the performance of supplier industries. Tourism cannot be offshored – it only happens here!

**SO GET
INVOLVED
TODAY!**

English Tourism Week works best when everyone participates. Visit www.visitbritain.org/english-tourism-week for more ideas and information on how you can get involved in English Tourism Week 2018.



Buying a Holiday Home is easy at Butlins

**Holiday
Homes from
£18,995**



We have a range of both new caravan holiday homes and used caravan holiday homes on display at our showground ready for your to view in a relaxed and friendly environment. Our Caravan Sales team have your best interests at heart.

We know you won't feel more at home anywhere else!

Butlin's
CARAVAN VILLAGE SKEGNESS

www.butlinskegnesscaravans.com

**Caravan Sales
01754 614499**



VISIT LINCOLNSHIRE

Discover rich traditions and charming heritage

If you're looking for the perfect place to get away, head to Lincolnshire for a vast range of scenic countryside, fabulous tourist destinations and lots to do and see. Choose from a glorious selection of towns, all offering different points of interest to their visitors.

Pass the time in the market places of Louth with its smart Georgian

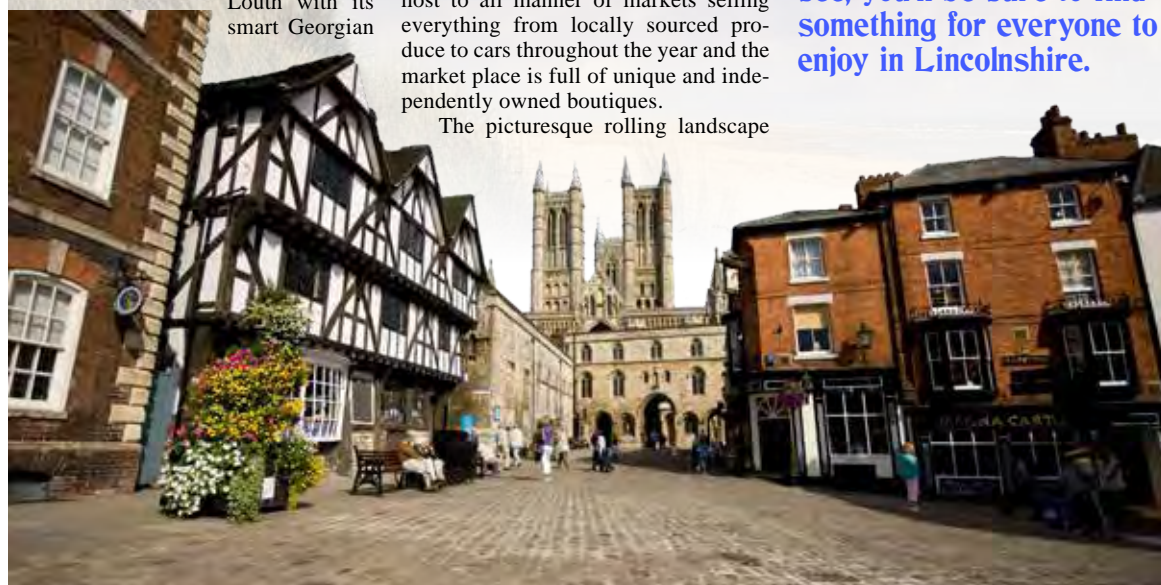
streets, or meander through the streets of Stamford. Visit Grantham, where Sir Isaac Newton was schooled and Margaret Thatcher born, or Gainsborough, on the bank of the River Trent, which boasts one of England's finest medieval manor houses.

Staying true to its roots as a centre for trade, the market town of Boston plays host to all manner of markets selling everything from locally sourced produce to cars throughout the year and the market place is full of unique and independently owned boutiques.

The picturesque rolling landscape

of the Lincolnshire Wolds has remained an Area of Outstanding Natural Beauty for three decades. It's a landscape tailor made for walking, cycling, horse riding, and for those who simply love the great outdoors.

With so much to do and see, you'll be sure to find something for everyone to enjoy in Lincolnshire.



Tattershall Lakes Country Park

Looking for that ideal Park to get away from the everyday stresses of life?

Holiday homes starting from only £19,995 all 2018 fees included!

- 10 months season with the option of 12 months!
- £7.5 million investment! new refurbished amenities, brand new pitch developments with your very own driveways, mains gas & electric.
- 4 Fishing lakes.
- Home of the largest aqua park in Britain.
- Jet Skiing, waterskiing, wakeboarding, kayaking, private beach.
- Spa, fitness centre, heated indoor swimming pool.
- Onsite Shop.
- Rental program available.



WHY NOT CALL US ON 01526 348801

TO BOOK YOUR DAY OUT VIEWING THE BEST PARK AROUND! scott.dennis@awayresorts.co.uk

Tattershall Lakes Country Park, 57 Seafood Road, Tattershall, Lincolnshire, LN4 4LR

Special 3 Night Offer Bed and Breakfast

Bed Breakfast and 3 course Evening Meal from £105

From Only

£75
Per person



www.palmcourtskegness.com

Telephone 01754 767711

Market place

Proud to be part of

LINCOLN STREET FOOD Festival

HIGH STREET
Thursday 01 - Sunday 04 March

9AM - 9PM*

*CLOSES 5PM ON SUNDAY



marketplaceurope.co.uk

Thinking about your hearing?

If you've noticed that you sometimes have difficulty hearing as well as you used to then you could have ear wax build up or it could be progressive hearing loss.

At Correct Hearing we can solve both problems and help you get the very best from your hearing.

Ear Wax Removal

We use micro suction to remove ear blockages, the safest and most effective technique. The procedure takes just a few minutes, is completely painless and can often be performed without weeks of using ear drops.

Huge Range of Hearing Aids Available

Including 'invisible' ITC devices. All hearing aids are uniquely configured to correct your individual hearing loss.

FREE HEARING TESTS

We also offer free hearing tests without any obligation. Same day appointments are available.



*Sarah Volkes Director
of Correct Hearing*



FREE CONSUMER GUIDE TO BETTER HEARING

We are giving away **FREE** copies of the 36 page full colour Consumer Guide to Better Hearing Brochure which is full of helpful and clear information to help you understand more about how your hearing works and why you may be experiencing difficulties. **GET IN TOUCH FOR YOUR FREE COPY**



To find out more, get in touch today. Tel: 0115 961 8351 / 0800 368 4747

Email: info@correcthearing.co.uk • www.correcthearing.co.uk

242 Oakdale Road, Carlton, Nottingham NG4 1AD



3 March 2018 World Hearing Day

www.who.int/world-hearing-day



WORLD HEARING DAY 2018

abling hearing loss across all ages, so that signs of hearing loss shouldn't go ignored. Here are some tips and advice from the World Health Organization about hearing health:

WHAT IS HEARING LOSS?

A person who is not able to hear as well as someone with normal hearing is said to have hearing loss. It can vary in severity. A person with mild hearing loss may find it difficult to understand conversations in noisy places such as a restaurant. Someone with moderate hearing loss has difficulty understanding regular conversations unless voices are raised. Others who have severe hearing loss are unable to hear even very loud sounds close to their ears.

WHAT CAUSES HEARING LOSS?

There are lots of different factors that can cause hearing loss among newborns, children, adults and older people. These include, but are not limited to: your family history, infections such as meningitis, the

use of certain medicines, listening through personal audio devices at high volume, wax or foreign bodies blocking the ear canal, the normal ageing process, high blood pressure and diabetes.

WHAT CAN YOU DO TO AVOID HEARING LOSS?

- Do not insert any object into the ear
- Use earplugs and earmuffs in noisy places
- In case of any ear problems, consult a doctor immediately
- Check if medicines you take can affect your hearing
- Have your hearing tested regularly
- If advised to do so, use a hearing de-

vice as indicated

As part of World Hearing Day, make sure to check your hearing health and talk to a professional for the right support and advice for you.

HEAR THE FUTURE... AND PREPARE FOR IT

The bloomWay to Better Hearing

Hearing well is how we understand and communicate with the world around us. When our sense of hearing changes, communication becomes difficult and tiring and many people withdraw.

Hearing is often a neglected sense; most people have their sight and teeth checked every year but don't check their hearing. Too many people suffer with hearing loss far too long before seeking help.

Bloom Hearing Specialists is a network of local hearing centres staffed by friendly, qualified Hearing Aid Audiologists all registered with the Health & Care Professionals Council. Bloom Hearing Specialists' Nottingham branch, located at 2a Thackeray's Lane, Woodthorpe, NG5 4HP, offers free hearing assessments so that you can clearly understand the extent of your hearing loss and the options available to you with advice on buying hearing aids – including a two-week free trial.

A community-based service, the branch also offers help and

advice on hearing health matters such as excess ear wax (sometimes a cause of temporary deafness) and tinnitus.

To ensure they have found the right hearing solution for you, the company has a no-obligation trial which gives you the opportunity to experience better hearing for yourself over two weeks. For complete peace of mind, bloom also provides a 60-day money-back guarantee, 4 year warranty and free aftercare for the life of the hearing aids. Making better hearing affordable to everyone; bloom has competitive prices and bloomPay-Plans including 0% finance, and can also provide free home visits if you are unable to call into your local branch.

For a full hearing test, or a free initial consultation, please re-

quest an appointment by phone on 0115 920 3333, or online at www.bloomhearing.co.uk.



bloom
hearing specialists

Hearing Problems?

Your independent hearing Aid Consultant, Mr Haward, offers you the following services:

- The very latest range of digital hearing aids
- Free hearing tests, advice and consultation
- 30 – day trial on any hearing and consultation
- Repairs and full range of hearing aid batteries
- Day, evening and weekend home visits available throughout the area

Mr M. S. Haward FSHAA RHAD Independent Hearing Aid Consultant by appointment at:



17/19 Appletongate (opposite Palace Theatre)
Tel: 01636 611133 or 01636 892090

bloom hearing specialists are proud to be supporting

World Hearing Day

Sat
3rd March
2018

To raise awareness on how to prevent deafness and hearing loss and promote ear and hearing care, the World Health Organisation hold a special day each year.

We are proud to be supporting this worthwhile cause and would invite you to come and have a chat with our hearing specialists.

They can advise you on the best way to look after your hearing as well as give you a free hearing check.

To find out more and to book an appointment call us today on 0115 920 333, quoting DAY 01.

2a Thackerays Lane
Woodthorpe
Nottingham NG5 4HP
nottingham@bloomhearing.co.uk

bloom
hearing specialists

TONY JACKLIN CBE GOT HIS HEARING BACK!

Tony Jacklin CBE is quite simply a golfing legend and one of the greatest British golfers of all time. He revitalised British and ultimately European golf with his remarkable exploits. He is the most successful European Ryder Cup captain ever.

What you may not realise is for the last 25 years he has been struggling with hearing loss and wears a hearing aid device on both ears.

He champions awareness campaigns and admires the work organisations like the independent hearing aid sector does to help change perception of hearing loss. So much so he is a proud patron of the English Deaf Golf Association.



"I see the value in working with Independent Hearing Aid Audiologists as they are able to provide the best products suited to my hearing needs with access to the newest technology available from around the world." - Tony Jacklin CBE

WE HELPED TONY, WE CAN HELP YOU TOO!



INVISIBLE & COMFORTABLE

Finding your perfect hearing aid is easier than ever because our independence guarantees you access to the biggest choice and best value for money. Try the latest, smallest hearing aids available. Programmed for your lifestyle not just your hearing.

- ✓ Independent Hearing Specialists
- ✓ FREE Hearing Tests
- ✓ FREE Impartial Advice
- ✓ The Latest Hearing Technology
- ✓ Exceptional Service & Aftercare
- ✓ Ear Wax Removal Service

RECHARGEABLE HEARING AIDS

The base station is used to charge the hearing aids each night. In the morning the aids are full charged and ready for another full day of use.



NOTTINGHAMhearingCENTRE
independent hearing aid audiologists

We care about you and your hearing
Go Local. Go Independent. Be Happy!

Tel: 0115 951 7050

Nottingham Hearing Centre, Plains View Surgery, Mapperley, Nottingham, NG3 5LB
www.nottinghamhearingcentre.co.uk

Care



Proud sponsors
of our care
feature



Four Seasons: Creating a home from home

Growing old, needing help to care for ourselves and keeping our independence are concerns we'll all face at some point in our lives. For many, this can mean moving home to find that level of care and support.

At Four Seasons, we know that moving home is an emotional and challenging time at any age, even more so in later life. Our 'Home to Home Promise' helps makes this transition as easy and comforting as possible. Before a resident moves in, we get to know what and who are important to them and their needs. Their favourite foods, activities, hobbies they wish to continue and new things they want to try. So their care is focussed on them from the moment they arrive. Our homes are situated in the communities our residents grew up in. They

run activities ensuring residents stay young at heart, keeping in touch with the community they have always been a part of. Jacky Reed, Managing Director said: "Understanding our residents' needs is at the heart of everything we do."

We believe that quality care is about more than supporting a person's physical needs but knowing and making sure a person is enjoying experiences that are special to them.

"Our Quality of Life Programme allows us to log and act almost immediately upon every comment from residents, relatives, carers and professional visitors about

the experience and care we provide. It's all linked to our quality assurance programme giving you peace of mind that every aspect of our service is being monitored." In our seven homes, Churchfield, Charnwood, Lawn Park, Old Vicarage, The Oaks and Little Oaks, The Sycamore and Poplars and Tudor Grange, on average 97% of the residents say that the home is a happy place to live.

Visit
www.fshc.co.uk
for more
information.



THE FOLLOWING SERVICES ARE PROVIDED AT NO EXTRA COST

- LAUNDRY** - ON-SITE LAUNDRY WHICH INCLUDES BASIC REPAIRS
- INCONTINENCE REQUISITES** - INCONTINENCE REQUISITES ARE PROVIDED BY THE HOME
- DOCTORS** - CLIENTS CAN REMAIN THEIR OWN G.P. OTHERWISE A LOCAL G.P. CAN BE CONTRACTED & CLIENTS CAN BE REGISTERED WITH HIM/HER
- DENTISTS** - THE HOME IS REGISTERED WITH A LOCAL DENTAL PRACTICE WHO ARE HAPPY TO VISIT WITHIN THE HOME
- PHYSICAL FITNESS** - A QUALIFIED PHYSICAL FITNESS INSTRUCTOR VISITS THE HOME WEEKLY
- OPTICIAN** - A REGISTERED OPTOMETRIST VISITS REGULARLY TO TEST THE CLIENTS EYES TO VISIT WITHIN THE HOME

THE FOLLOWING SERVICES ARE PROVIDED AT AN ADDITIONAL COST

- HAIRDRESSING** - A QUALIFIED HAIRDRESSER VISITS THE HOME WEEKLY
- CHIROPODIST** - A REGISTERED CHIROPODIST VISITS EVERY MONTH
- MAGAZINES** - MAGAZINES & SWEETS ETC CAN BE PURCHASED FROM THE VISITING NEWSAGENT

WHETHER YOU ARE CHOOSING A CARE HOME FOR YOURSELF OR ADVISING A FRIEND OR RELATIVE ON THIS VERY IMPORTANT DECISION ON. WE WOULD BE DELIGHTED IF YOU CAME TO VISIT US, OR EVEN ARRANGE A TRIAL STAY. D.S.S & PRIVATE GUESTS ARE EQUALLY WELCOME. OUR MANAGER WOULD BE MORE THAN PLEASED TO MEET YOU AND TO PROVIDE YOU WITH INFORMATION ON OUR FEES AND FACILITIES.

2 CHURCH HILL AVENUE MANSFIELD WOODHOUSE, NOTTS
TEL: 01623 657 368



Come and meet the team that care

Be sure to discover how our unique technology is setting a new standard in consistently delivering special experiences for the residents of our care homes.

To find out more please call or pop in for a chat

Churchfield
01623 549830

The Oaks and Little Oaks
01636 880304

Charnwood
0115 8284243

The Sycamore and Poplars
01623 549832

Lawn Park
01623 549831

Tudor Grange
0115 8283698

Old Vicarage
01909 521508

www.fshc.co.uk

Nursing,
residential
and dementia
care available



FREE

Georgia toilet & basin with every bathroom order ONLY WITH THIS ADVERT

AHM Installations
SPECIALISTS IN BATHROOM ADAPTATIONS



Bathing a problem - try a walk in shower

- Wet rooms • Walk in showers • Walk in baths
 - Waterproof wall panelling • Product & installation guarantee
 - Slip resistant safety flooring • Grab rails, shower seats & raised toilets • Established family business • Zero VAT on disabled bathrooms • Discounts for over 60's SSAFA and Ex-Service personnel
- we design • we supply • we fit • we care**

Call now to arrange a FREE survey and quote Nottingham on 0115 9361804
info@ahminstallations.co.uk | www.ahminstallations.co.uk

Visit our showrooms at Unit 26, Flexspace Lincoln, Roman Way, South Hykeham, Lincoln, LN6 9UH or Unit 4, The Workshops, Old Great North Rd, Sutton-on-Trent, Newark, Notts, NG23 6QS.

Open Mon - Fri 10am - 4pm



Mother's Day

Make Her Feel Special

The celebration of mothers dates all the way back to the ancient Greeks and Romans, who held festivals in honour of the mother goddesses. Nowadays, as an early Christian celebration, Mothering Sunday is used as a day to praise the ladies in our family, showering them with gifts, treats and most importantly, love. On Sunday 11 March, show the women close to your heart just how much you care this Mother's Day and take a little inspiration from brands, boutiques and restaurants all within a short commute of Nottinghamshire, bound to provide you with ideas for that special someone.



Celebrate Mother's Day
Sunday 11th March | Delicious Sunday Carvery
 Treat your Mum to a very special Mother's Day lunch at Welbeck Hall
 Book early to avoid disappointment | Complementary gift for every Mum | Specially selected Menu
 1 Course £9.95 | 2 Courses £12.95 | 3 Courses £15.95
 Online booking available
Relax and enjoy
 our special Sunday Lunch Menu and extensive Wine list.
 Welbeck Road, West Bridgford
 0115 9455626 www.welbeckhall.com
 Welbeck Hall



MOTHER'S DAY AT STAPLEFORD PARK

Sunday 11th March 2018

Treat your mother to a Mothering Sunday she won't forget at Stapleford Park.

Lunch – Enjoy a sumptuous three-course meal in our 22 AA rosette Grinling Gibbons restaurant for £38 per person.

Champagne Afternoon Tea – Indulge in traditional afternoon tea with a glass of Champagne for £36 per person.

Call 01572787000 or email reception@staplefordpark.com



STAPLEFORD PARK

Stapleford Park, Stapleford, Nr. Melton Mowbray, Leicestershire, LE14 2EF
 Tel: +44(0)1572787000 | Email: reception@staplefordpark.com | www.staplefordpark.com

Private
Healthcare

Take Your Health Off Hold

Our health and wellbeing is one of the most important elements of our everyday lives, so making sure that you get the correct medical care quickly and effectively should be a priority. Not all treatments are available on the NHS, and the ones that are normally have a waiting list, meaning that treatment can't always be delivered quickly. When going private you, also get a choice of consultant, which is not always the case with NHS appointments.

With this in mind, have you considered going private?

What is private healthcare?

Private healthcare is available for those who would rather pay to receive faster

care can often outweigh the price tag. Quick access to treatment means that you can get on the road to recovery sooner, letting you get back to the things you enjoy.

How do I access private treatment?

Private healthcare can be accessed using four main methods: by private health insurance bought by yourself, private health insurance provided by your employer, paying for the treatment directly, or by taking out a medical loan. As you're paying for your treatment, you also have a choice of where and when you want to be treated, giving you the opportunity to pick a hospital or clinic closer to where you want to be as part of a personal-

Whether you want to splash the cash or you're counting the pennies – it's the thought that counts!



treatment than experience the discomfort of waiting to be treated on the NHS. The private healthcare sector is made up of hospitals and clinics which operate independently and not as part of the NHS. This means that you, as the patient, are responsible for all the fees payable since the NHS does not cover the cost of private healthcare. The benefits of deciding to pay for your own health-

used treatment plan. With no long waiting lists for diagnosis and treatment, going private gives you the opportunity to take control and stop putting your health on hold.



Exceptional healthcare is closer than you think

Your local Spire hospital gives you fast and flexible access to everything from routine operations to complex treatment through to professional recovery and rehabilitation.

We're here to help you make the right choices for your health, so you can get back to enjoying more of the things that matter.

Book your private consultation today

🔍 **Search 'Spire Nottingham Hospital'**

☎ **Call 0115 937 7801**

Interest free finance
0% representative APR available



Spire

Nottingham Hospital

Tollerton Lane, Tollerton, Nottingham, NG12 4GA



Looking after you.

Home Improvement

Home is Where the Heart Is

Home is where we spend the most of our time, so creating the perfect home should be at the top of our priorities. However, busy work lives and other expenses often mean that those all-important home improvements often get pushed back. Make your home more welcoming by taking a few simple steps to improving your property.

A home health check is an essential start – assessing essentials such as your heating, facilities and home security are all important steps to this process.

A splash of colour could revive an old space and brighten your home. A lick of paint is one of the easiest and most budget-friendly ways

to freshen up your home and garden. Whether it's touching up a few walls or up-cycling an outdoor furniture set, it's an easy way to breathe fresh air into your surroundings. A simple splash of colour can rejuvenate a space and create a whole new ambiance.

One of the first things to think about are any structural changes to the building you might desire – extensions, conservatories and adjustments to the foundations of your home are all big jobs, and therefore will require more forethought and planning than redecorating your spare bedroom. Now is the perfect time to start calling professionals to arrange quotes and put plans in place for later in the year.

Take note of other factors that could be improved such as your heating, loft

insulation and double glazing – these home improvements may not be the most exciting or decorative, but they can help to save you money in the long run.

However you decide to improve your home in 2018, don't forget to talk to a professional to get the best advice and inspiration.

Why not switch up your theme colour by swapping your cushions and introducing a few new ornaments?



Selston Timber Nottingham
01773 861158

Decking

3 metre decking - £5.00 each
3.6 metre decking - £6.00 each
4.2 metre decking - £7.00 each
4.8 metre decking - £8.00 each
4x2 3.6 metre £6.00 spars
4x2 4.8 metre £8.00 spars

Dealers in new timber, a big variety in stock, fence panels, sleepers, concrete post, gravel boards, patio slabs, plywood and much more.

NO VAT TO PAY

CRS
Roofing & Roofline Solutions Ltd

07795 978 054
0115 928 9370

Quality Roofing Services in Nottingham

CRS Roofing & Roofline Solutions Ltd has been your go-to roofing expert in Nottingham for the past 30 years. We also cover Nottinghamshire, Derby, Derbyshire & East Midlands. You can rely on our highly experienced, specialist fitters for all roof construction jobs. Be it roof repairs and maintenance for your office space, new roof installations for your home, flat roofs for your shed, chimney repairs, leadwork, and fascias or soffits, we have it all covered. Trust the experts when it comes to efficient roofing services, call us today to find out more!



FreeFoam
Plastic Building Products



All full installations carry a 10 year Insurance Backed Guarantee



Unit 2, Balloon Woods Industrial Estate, Coventry Lane, Nottingham, NG9 3GJ
crsroofingandrooflinesolutions.co.uk • crsroofingandrooflinesolutions@gmail.com

BORROW
£3,000
OVER 36 MONTHS
JUST £101
PER MONTH*

nottingham CREDIT UNION

Banking with a heart

Turn your house into a dream home with an affordable
LOAN



@NottsCU



Nottingham Credit Union



- > Loans from £100 to £10,000
- > No application or early repayment fees
- > Flexible terms
- > Poor credit acceptance
- > Friendly personal service

For more information or to apply visit www.nottinghamcu.co.uk/loans or call 0115 8283121

*Loans subject to status. Over 18s only for loans. 14.7% Representative APR. £3,000 - 36 months - £101.00 p/m - £680.63 total interest. APR based on our Homeowner rate. Nottingham Credit Union Ltd is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and Prudential Regulation Authority - Registration no 213439

Home Improvement

GARDIT

ALARMS

We have a high quality & cost-effective range of alarm, CCTV and security systems



AT GARDIT ALARMS, WE TAKE YOUR SECURITY SERIOUSLY

- Extensive experience and expertise
- Installation, repairs, replacements and maintenance
- Professional, reliable and efficient service
- Quality workmanship guaranteed
- Solutions tailored to your needs
- Domestic and commercial work welcome
- Competitive quotes and excellent prices



Looking after people's security for over 30 years.

We have experience in the industry and our family-run business has built up a solid reputation for the provision of high quality security solutions.

Get in touch to make your home safe

01909 475 341 | 07710 282 121
www.gardit-alarms.co.uk

KEY BUILDING SUPPLIES LTD

FOR ALL YOUR BUILDING & LANDSCAPING NEEDS...



STOCK READY FOR SUMMER...

Growbags, manure, compost, bark, top soil, garden equipment, decorative gravels, paving, block paving, decking, trellis, fencing, posts & plinths, path edgings, copings, pier caps, BBQ gases & charcoal, rockery stone, railway sleepers, plus many more products coming soon...

Stockists of blocks, bricks, cement, aggregates, plasters and boards, lintels, roofing materials, UPVC fascia's, all sheet materials including plywood, m.d.f etc, studding, skirting, door frames, R.S.T, P.S.E, house coal, smokeless fuel & logs.



Come and have a look around our on-site shop, it's now fully stocked with everything you could need. Our ranges are plumbing and electrical fittings, building additives and adhesives such as silicone, no nails and sealants, screws, nails and fixings, tools, paints, stains and varnish, PPE and work wear. We are very competitively priced & offer advice and estimates free of charge...



KEY BUILDING SUPPLIES LTD
ROAD C,
BOUGHTON INDUSTRIAL ESTATE,
BOUGHTON,
NEWARK, NOTTS,
NG22 9LD.

Tel: 01623 861735

keybuildingsupplies@hotmail.co.uk
www.keybuildingsuppliesltd.com

Brick cutting service, also brick slips & arches: www.keybrickcutting.com

Call The Professionals

Bubbles Bathrooms

Monday - Saturday
9.30 - 5pm
Sunday 10 - 4pm
Closed Tuesdays

NOW WITH OVER 75 BATHROOMS ON DISPLAY



Chrome & White
Towel Warmer
22mm
from

£19.99

All Sizes Available upto 1800mm High

Luxury Double Ended Baths
1700mm Round or Square

from **£119**

We Supply Fit & Design



Bubbles Bathrooms Unit 3 Hallam Way Old Mill Lane Mansfield NG19 9BG 01623 66 1111



Caring Pet Euthanasia at Home

UIETUS VET

- Gentle respectful and understanding
- Nottinghamshire and Derbyshire
- Aftercare services available
- Search Online "Quietus Vet"



Contact us on
0115 784 3456

Season Spas UK
Importers of Hot Tubs & Accessories

NEW 2018 MoonShine
PLUG & PLAY 13AMP



Model: MoonShine

£3135

Size: 2250 x 1800 x 785mm

**BOTH TUBS INCLUDING DELIVERY & SETUP
COVER - STEPS - CHEMICALS**

sunbeach

SunStorm
PLUG & PLAY 13AMP



Model: SunStorm

£2795

Size: 2150 x 1800 x 800mm



SeasonSpas.uk Unit 3A Hallam Way Old Mill Lane Mansfield NG19 9BG 01623 66 1111

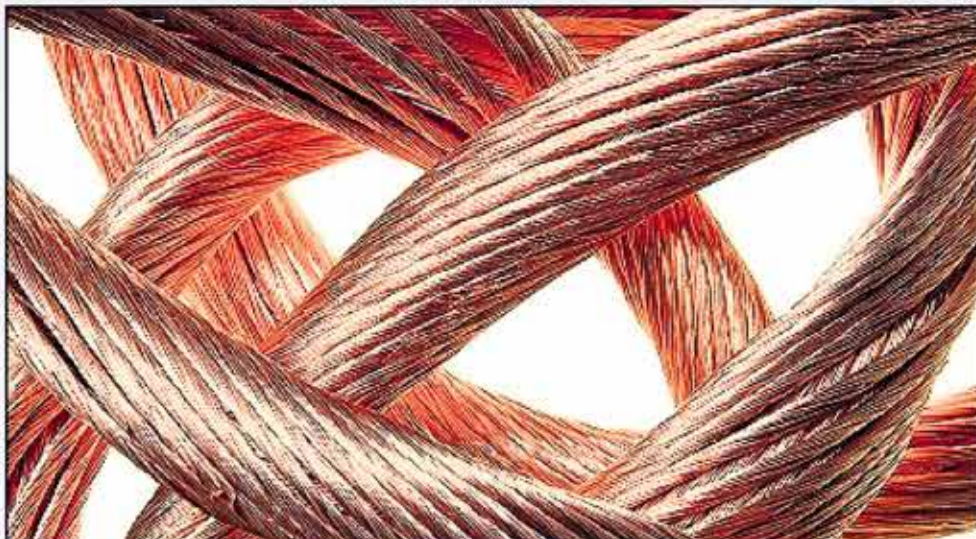
East Midlands Metals

TAKE ADVANTAGE OF INCREASED COPPER PRICES TODAY

**Call now for our
updated prices**

2 Valid Forms of ID Required * For Cash £2 Admin Fee Applies * No Commission

FREE COLLECTION FOR LARGE QUANTITIES



WANTED NON FERROUS SCRAP METALS

Brass / Copper / Aluminium etc. Cable, Swarf - Cutting - Section etc.

01509 235919 or 07850 127234

WWW.EASTMIDLANDSMETALS.COM

Bishop Meadow Road, Loughborough, LE11 5RE