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New Year Recycling Campaign Launched



Recycle For Charity - Councillor John Handley, Chairman of Nottinghamshire County Council and Wayne Draycott, Treatment Manager at Veolia

To start 2018, Nottinghamshire residents are encouraged to make a New Year's resolution that they CAN keep – by recycling drinks cans and plastic bottles to help raise money for local people who are being cared for by Nottinghamshire Hospice. The money raised will be used to help those with terminal and life-limiting illnesses, their families and carers. Throughout January, Veolia (Nottinghamshire County Council's waste management contractor) are donating £2 for every tonne of recyclable plastic bottles and cans collected from kerbside recycling bins. 750 tonnes of plastics bottles and cans were collected in 2016, and

Veolia have promised to donate an additional £500 bonus to the charity if the total reaches 1,000 tonnes in January this year. Almost 16 million plastic bottles are thrown away every day in the UK even though every type of plastic bottle can be recycled - including drinks bottles, cleaning spray bottles, shampoo, and shower gel bottles, milk and pop bottles. It takes 75% less energy to use recycled plastic to make a new plastic bottle than to make one from 'virgin' materials, but recycled plastic bottles don't just become new plastic bottles, they can be turned into clothing, furniture and children's toys!

campaign will help to raise funds to help them in their brilliant work supporting those with terminal and life-limiting illnesses, their families and carers. In the run up to and during Christmas, we tend to buy a lot more compared to other times of the year - so now is a good time for us all to recycle more, which will raise money for this fantastic charity." Wayne Draycott, Treatment Manager at Veolia said: 'Recycling correctly is a great New Year's resolution to pledge, and by supporting this campaign everyone will be helping us to recycle more for Nottinghamshire and raise money for this very worthwhile charity' Make sure you're 'bin smart' this year and put the right thing in the right bin. To check what to recycle in Nottinghamshire you can find a kerbside bin recycling guide at: www.veolia.co.uk/nottinghamshire/BinSmart. Copies can also be posted out.

Paralympic swimmer to go for gold at Commonwealth Games

Mansfield's Paralympic swimming superstar Ollie Hynd MBE has been selected for Team England in the forthcoming Commonwealth Games to be held on Australia's Gold Coast from 4 to 15 April 2018. This will be Ollie's second appearance at the Commonwealth Games after winning the Gold medal in the SM8 200m Individual Medley in Glasgow 2014. Ollie is the Paralympic, World and European champion and World Record holder in this event, and hopes are high that he can repeat his 2014 Gold medal winning performance and add to his already hugely impressive list of titles, medals and records. Mansfield District Council's Swimming Development Officer, Glenn Smith who is Ollie's coach at Nova Centurion Swimming Club, said: "This is another incredible honour for Ollie, and is testament to his incredible work ethic, drive and ambition, and we wish him every success in Australia."

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Macaulay Sinclair Designs Shortlisted for National Awards



Recently opened venues The Alchemist MediaCityUK and Dishoom Kensington, designed by Nottingham-based interior architecture and design studio Macaulay Sinclair, have been shortlisted for awards in the Casual Dining Restaurant and Pub Awards 2018.

The Alchemist in MediaCityUK, Manchester, has been shortlisted for 'Best Designed Pub/Bar of the Year' and 'Best New Pub/Bar Site'. The Bombay cafe style restaurant group Dishoom, for whom Macaulay Sinclair has designed four restaurants, has been shortlisted for 'Small Employer of the Year'.

As well as Dishoom and The Alchemist, Macaulay Sinclair, whose studio is situated in Nottingham's creative Lace Market area, has recently designed restaurants for hospitality groups Hawksmoor, Dirty Bones, D&D London, Wright Brothers and Caravan. John Macaulay, co-director at Macaulay Sinclair, said: "We're really proud of the venues we have designed for these stylish brands – they're the real leaders in their field. We work with independent brands with interesting stories and unique concepts".

Despite their recent projects taking them to London, Manchester and Oxford, Liverpool-born directors John Macaulay and Mike Sinclair are determined to not lose sight of their Nottingham roots.

"We both studied at Nottingham Trent University and Nottingham is now very much our home. It's an amazing place for creatives and has a huge pool of talent and a lot of incredible designers. Plus the independent food and drink scene is truly thriving. It's a really exciting place to be," Mike Sinclair said.

"We've been working with The Alchemist on their new bar in Nottingham, which is set to open in 2018. We can't wait to have one of our designs just around

the corner from our office."

Macaulay Sinclair was founded in 2003 by John Macaulay and Mike Sinclair

who shared the same ethos – to create inspiring spaces where people want to eat, drink and socialise. With nearly two decades of working with market-leading restaurant and bar operators, they have an instinctive understanding of the hospitality industry.

For further information visit
www.macaulaysinclair.com



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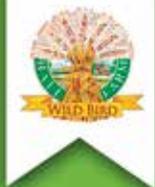
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Creative agency appointed by national contractor

Nottingham-based creative design and strategic marketing agency, RizkMcCay is celebrating after being appointed by a national build and development company.

J F Finnegan, a UK-based construction company with experience spanning the industrial and warehouse market, education, retail, commercial and residential sectors, has tasked the agency with creating a brand new, contemporary website and marketing collateral to share with potential clients.

Kylie Elson, senior account manager at RizkMcCay, said: "We have a great deal of experience working with clients within the built environment and are very pleased to be working with J F Finnegan on this project.

"The company is well-respected and has an excellent reputation, particularly within the South Yorkshire marketplace thanks to its base in Sheffield and we are looking forward to creating a new and refreshed website to further cement

its reputation in the industry and drive growth in target areas."

In addition to building a new website, RizkMcCay will also create a capability brochure for J F Finnegan to use as part of its sales process, highlighting its expertise to potential clients.

Heidi Haigh, Business Development & Marketing Manager at J F Finnegan, said: "From our initial meeting with RizkMcCay we were really impressed with their sector experience and client portfolio. Kylie and her team really understood our brief and are working hard to develop an exciting new website to showcase our depth and breadth of experience. We cannot wait to complete this project and launch in early 2018." RizkMcCay is an expert in delivering creative design and strategic marketing campaigns for clients within the property and construction sectors. To find out more about the agency and they work they do, head to www.rizkmcay.com.

Homeless hounds hope it's a case of New Year, new home

Devoted duo Peggy and Sue enjoying fresh air and a fuss from Canine Carers Sam Ashwell and Aimee Turner.



Dogs Trust Loughborough seek retirement home for inseparable Older Age Pooches.

Staff at Dogs Trust Loughborough are hoping the first weeks of the new year will find a new home for a devoted elderly doggie duo.

The inseparable canine companions, Border Terrier, Peggy, and Jack Russell, Sue, both 13, have lived together since they were eight weeks old. At the grand old age of 91 in dog years they unfortunately found themselves in need of a new place to call home after a change in family circumstances just days before Christmas.

Having settled in over the festive season, the team at the Hill Farm rehoming centre are hoping that as 2018 gets underway the dinky twosome will find a new home at the double.

Claire Kelman, Assistant Manager at Dogs Trust Loughborough, says: "Unfortunately older dogs often get overlooked, as do dogs that need to be rehomed with a canine companion but we really hope that isn't the case for Peggy and Sue."

"They are an adorable pair and are always by each other's side so we really want to find them a home together. There are lots of advantages

to adopting older dogs, including the fact that they are used to living in a home and generally need less exercise, and of course two dogs means double the doggie love!"

Peggy and Sue are sweet older girls who are looking for a home where there are no other dogs to steal the sofa or the limelight! They can live with older children and when out and about would prefer to be walked in quieter areas.

If you think you could provide Peggy and Sue with their ideal retirement home, please call Dogs Trust Loughborough on 0300 303 0292 or visit the Rehoming Centre at Hill Farm, Wide Lane, Wymeswold, Leicestershire, LE12 6SE. It's open 12pm-7pm Monday-Wednesday and 12pm-4pm Friday-Sunday, (closed on Thursdays). Or find out more at www.dogstrust.org.uk.



Peggy is looking to share her new home with her best pal Sue.



Sue likes to get out and about but loves snuggling on the sofa with lifelong friend Peggy.

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Architects enjoy fun-filled away day in the great outdoors



Nottingham and London join forces as staff from Leonard Design's UK offices had fun bonding on an away day outing to Derbyshire. Organised by Nottingham events company Perfect Motion, Leonard Design invited all 80 employees on the trip, which began with a cycle ride to Darwin Lake in Matlock. Director at Leonard Design,

John Morgan said: "Most of the team cycled 50 kilometres and predominantly uphill, from the University of Nottingham to Matlock, while the rest enjoyed a walk in Derbyshire, before checking into their cottages ready for dinner and more fun activities. "Away days in the great outdoors are the perfect opportunity for us all to spend some

time together in a beautiful environment. We had a great time and Perfect Motion, a Nottingham-based business like us, provided an excellent event service. Everyone returned to work after the trip feeling revitalised and with a sense of achievement." Staff stayed overnight at Darwin Lake, where they participated in an evening salsa class

and a morning pilates session to stretch after the long bike ride and walk. They also took the opportunity over dinner to say a fond farewell to Leonard Design director Mike Nagelsztajn, with cake, presents and a goodbye speech before dancing into the early hours. Leonard Design Architects, led by a team of highly experienced directors, prides itself

on taking a fresh approach, considering the developer's point of view while prioritising commercial viability, to deliver stunning buildings across the globe from its British, Malaysian and Australian offices. For further information visit www.leonarddesignarchitects.com. To find out more about Perfect Motion visit www.perfectmotion.org.

The Kynan Eldridge Music Fund Story

When Kynan Eldridge was killed by his landlord in Mansfield in June 2006, his parents Peter and Anne Eldridge were robbed of their only child and their dreams for the future.

With a desire to give the future some shape and purpose Peter and Anne enlisted the help of Nottinghamshire Community Foundation to set up a Trust fund in Kynan's name supporting young people with similar interests to his own.

The fund provides grants to young people (under the age of 30) who are using music, both modern and classical, to help them overcome personal challenges and achieve their full potential.

The fund gives particular support to individuals and groups who are based in the Mansfield and Hucknall areas. As an endowment fund, the interest gained on the fund is given out year after year as grants in Kynan's name. Peter and Anne Eldridge make grants of up to £500. If you too would like to apply for a grant or encourage an application please visit the Nottinghamshire Community Foundation Web site at www.nottscf.org.uk or ring 01623 620202 for more information.

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Award win hat trick for NUH radiographers



Radiographers at Nottingham's hospitals are celebrating a hat trick after a member of their team was named 'Radiographer of the Year' for the third year running.

Susan Johnson, a Senior Radiographer based at Queens Medical Centre, was awarded the prestigious title of Midlands Radiographer of the Year 2017, at the ceremony hosted by the Law Society of Radiographers (SoR) in London.

Susan said: "It is great that the hard work of radiographers is recognised locally and nationally by this award ceremony. I think NUH is representing some of the best skills in radiography across the Midlands. This celebration makes me realise what a brilliant job we do as radiographers." She added: "Some of my highlights over the past year have included, gaining a post-graduate qualification in chest and abdomen x-ray image reporting, which has allowed me to use new skills and to join the radiography reporting team, this means I now spend half of my time reporting x-rays and the other half in the clinical setting. This is a huge responsibility and I am enjoying the new role."

The SoR award gives radiographers across

the United Kingdom the opportunity to recognise colleagues who go the extra mile to make a difference to patients and to improve service delivery.

Staff are nominated by their radiography peers and colleagues, gaining recognition across each Trust for their hard work and contributions and the award ceremony is attended by members of parliament.

Having begun her career in data management and worked evenings in an emergency 999 call centre, Susan opted for a career change after seeing an advert for a radiography role which combined both technical skill and interaction with patients – both of which she thrives on. Susan retrained as a radiographer and began work at NUH in 2008 and has been here ever since.

She said: "Hopefully when new applicants see our consecutive successes and national recognition, they will understand that NUH provides a good support network for newly qualified staff."

Future plans for the radiography service include introducing radiographer-led discharge in some clinical areas, which will help to improve the discharge process across the Trust.

'History of Fashion' event helps support charity in style

The Farnsfield Branch of the Royal British Legion has raised £501 for their charity work by holding a fashion show at their local village hall.

The show, presented by fashion photographer and local resident John Knight, was called 'A History of Fashion through the First and

Second World Wars' and explored how fashion was influenced by the onset and adaptations to clothes, prompted by the war years.

John Knight said that the event showcased vintage dresses dating between 1890 - 1960 and played to an enthusiastic audience, some of whom wore their own vintage out-

fits. "There was a marvellous turnout from the village and the interaction with the audience was great fun. The stories of how fashion was changed by war over the last 100 years were brought to life by the authentic period costumes. We would like to say a huge thank you to everyone who supported the event."



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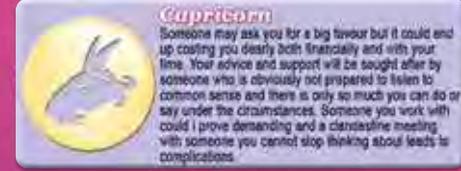
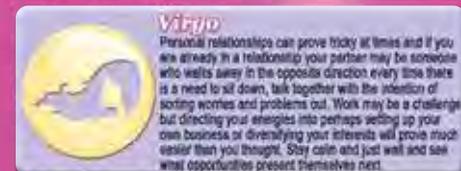
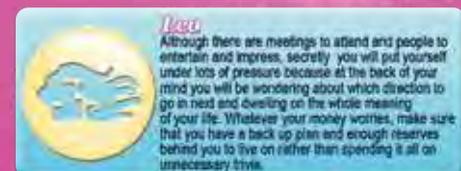
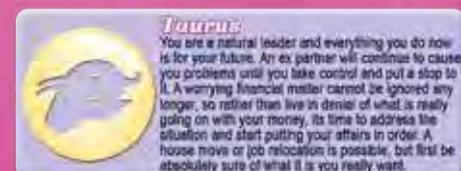
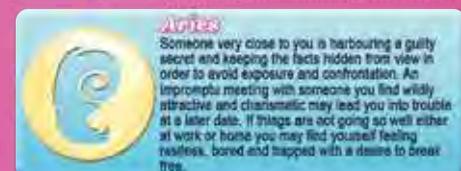
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National Trust cooks up partnership with The School of Artisan Food

The National Trust has turned to The School of Artisan Food to help its top chefs develop innovative menus using locally-sourced, seasonal and sustainable ingredients at its properties across the country.

Ten top chefs from National Trust's Food Innovation Group travelled to The School of Artisan Food on the Welbeck Estate, between Nottingham and Sheffield, to start an ongoing partnership between the two organisations.

Using the extensive kitchens and teaching facilities, the School's food experts worked with the National Trust chefs for several days on cheesemaking, breadmaking, venison butchery, gnocchi and risotto. The School of Artisan Food is a not-for-profit organisation and registered charity dedicated to teaching skills in all aspects of sustainable and artisan food production.

"We're passionate about developing a seasonal and sustainable food culture so working

with the National Trust's Chefs means we can spread the gospel far and wide. We can help them develop their skills and that means better menus and better food for the millions of people who visit their wonderful properties every year," said Julie Byrne, Managing Director at The School of Artisan Food.

courses will run several times each year for National Trust chefs as part of a long-term partnership agreement to develop their skills in butchery, brewing, charcuterie, chocolate-making, patisserie and much more. Returning to Trust properties around the country these chefs will in turn train other kitchen and catering staff in the new techniques and approach.

"The National Trust has teamed up with The School of Artisan Food to host its Food Innovation Group. The group comprised of ten kitchen staff from across the organisation who are passionate about food and drink. In November, they returned to the school for a second set of workshops, learning various skills including bread making, fresh cheeses and butchery.

"The National Trust is committed to using responsibly sourced ingredients with provenance. The butchery workshop used venison from the National Trust's Ashridge Estate in Hertfordshire, where the team there manage the estate's population of deer to support nature conservation. We're delighted to have partnered with Welbeck, an organisation that we feel shares our food values and we're looking forward to returning with the 2018 Food Innovation Group next year," said Tim Howard, Food & Beverage Development Manager.



QMC Main Receptionist Awarded National Honours for Service

A reception coordinator at QMC has been awarded British Empire Medal for her service at Nottingham University Hospitals. Yvonne Key has worked for NUH for the last 30 years and is one of the friendly faces which welcome over 20,000 visitors a day at the QMC front desk.

Yvonne, from Clifton, said: "I was completely gobsmacked to find out that I had been nominated and was going to be awarded a national honours in the New Year, this is for my contributions at NUH. "Initially when I received the letter I thought someone was pulling my leg, but I love my job and it is nice for me in my role to recognise staff and to be recognised and celebrate successes with them." Yvonne will be presented with the medal by the Nottinghamshire Lord Lieutenant at a local ceremony in the New Year. The award is for those who have given meritorious civil service worthy of recognition by the Crown. She added: "After working for last nine years at Queens' I feel so lucky and honoured to have known and met some of the fantastic people I do, especially when I have worked with the people that I have, it's easy to recognise others for the work they do and not yourself."

After starting on a three month contract in 1987 to the present day where

Yvonne is in charge of coordinating a team of five reception staffs with over 100 years' experience between them and over 30 Trust volunteers at the busy acute Trust.

Janine Barrowcliffe, Yvonne's manager at Nottingham University Hospital said: I am delighted and very proud that Yvonne has been recognised for her hard work and dedication to the NHS and NUH over many years.

"She is an exceptional colleague who undertakes her role with compassion, diplomacy and good humour and always goes the extra mile to help all those she encounters in her role. She is passionate about her job and has developed an outstanding reception team who provide an invaluable service to our patients, visitors and staff. Congratulations Yvonne on your richly deserved recognition."



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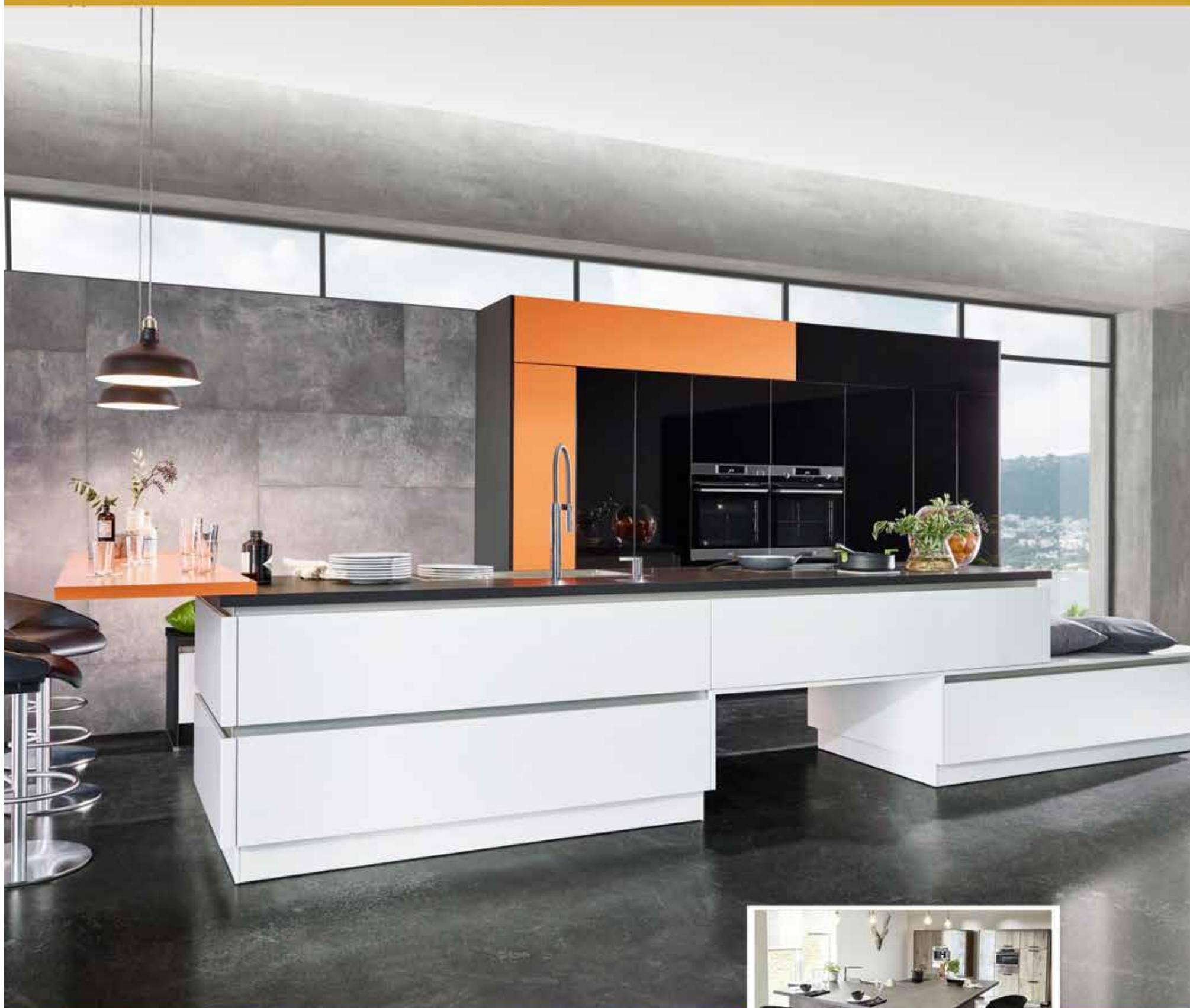
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including Quooker, Zip, Franke, Blanco, 1810, Perrin & Rowe, Kohler and many others. Belvoir Interiors can also provide all styles and colours of worktop including Silestone, Dekton, granite, Corian, glass, and have recently started to sell concrete tops. Located in Newark Nottinghamshire on the Lincolnshire border, Belvoir Interiors have a large showroom with over 20 displays of fitted kitchens, sliding bedroom doors and fitted office furniture. All of the kitchens at Belvoir Interiors are fully bespoke, and they offer kitchens for every budget and style to help you find the perfect kitchen for you. For any information you require on any of the products or services mentioned, please contact Belvoir Interiors on 01636 705892 or email info@belvoirinteriors.com.



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A Royal recognition

for East Midlands Ambulance Service clinician

East Midlands Ambulance Service (EMAS) technician, Kuldip Singh Bhamrah has been named in the New Year's Honours List to receive the prestigious Queen's Ambulance Service Medal for Distinguished Service.

The medal, presented at Buckingham Palace in London, recognises ambulance personnel who have shown exceptional devotion to duty, outstanding ability, merit and conduct in their role.

Kuldip is one of only a very small select group of ambulance colleagues from the ten English ambulance services to receive the award this year. When told about the news, he said: "I was so overwhelmed and proud when I first heard that I was going to be a recipient of this award. It was completely unexpected. It still

hasn't quite sunk in".

Kuldip has been serving the people of Leicestershire and Rutland for 36 years. He began his ambulance career as a member of the non-urgent Patient Transport Service in 1981 based at the then Welford Road Ambulance Station. In 1982 Kuldip successfully trained and qualified as a technician and has responded to thousands of 999 calls, receiving many commendations from the public for his professional and compassionate conduct.

Kuldip is a much loved and respected member of the EMAS team, known for his humour, generosity and listening ear. He said: "My colleagues at EMAS, both past and present, have become my second family. It's all down to their love and support that I am where I am today".

As an ambulance technician Kuldip works alongside an emergency care assistant or paramedic to respond to 999 calls. He is required to make clinical decisions and is the lead clinician if crewed up with an emergency care assistant, providing patients with potentially life-saving care at the scene and getting patients to hospital if further treatment is required.

Working shifts and in all weathers; Kuldip deals with a range of different people and situations.

When Kuldip is not responding to 999 calls, he works with his local community raising awareness about the ambulance service, teaching emergency first aid skills, fundraising through using his singing talents and highlighting careers within the service.

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Friday 8:00 & 10:00am
Tel: Sacha on 07515 172984

COTGRAVE
Candleby Lane School
Candleby Lane
Tuesday 5:15 & 7:00pm
Tel: Maria on 07718 999033

EAST LEAKE
East Leake Academy Cafeteria
Lantern Lane (use staff car park)
Tuesday 5:30 & 7:30pm
Tel: Meg on 07792 943873

East Leake Leisure Centre Dance
Studio Room (Opposite Reception)
Saturday 8:30am
Tel: Meg on 07792 943873

HUCKNALL
St Peters & St Pauls
Community Hall, Ruffs Drive
Wednesday 5:30 & 7:30pm
Tel: Kerry on 07804 493162

The John Godber Centre
Ogle Street
Saturday 9:00 & 11:00am
Tel: Kerry on 07804 493162

KEYWORTH
The Methodist Church Hall
Selby Lane
Monday 5:00 & 7:00pm
Tel: Naomi on 07734 791608

LONG EATON
Moarlands Club
295 Curzon Street
Thursday 5:30 & 7:30pm
Tel: Judith on 07711 043213

Sawley All Saints Church
561 Tamworth Road
Tuesday 7:00pm
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Law firm makes its mark in Nottingham

The office parties may be over, the turkey dinners eaten and the Christmas crackers pulled – but law firm Roythornes' Nottingham branch is still celebrating as they come to the end of what has been a transformational 2017.

Roythornes, a top 150 national law firm, with strategically located offices across the Midlands and East Anglia, has dedicated significant efforts in 2017 to making further inroads into the thriving Nottingham marketplace and as a result the Park Row based team have had a busy year.

The Nottingham Roythornes team ends 2017 on a high and considers 'what's next?' for the approaching New Year.

Shruti Trivedi says: "The Roythornes Nottingham team have a lot to look forward to in 2018. With MIPIM 2018 just around the corner, a New Year drinks reception in the planning, and a conference hosted by the planning team featuring a number of high profile speakers on the cards for springtime, we are certainly not resting on our laurels. We have had a great year in 2017, and we are really excited to continue to grow our presence in Nottingham and beyond next year. Watch this space!"



Art hub is a 'hive' of activity

A woman whose mission is to put Beeston on the international map now has a gallery and showroom in the town for her Art Culture Tourism initiative. Marysia Zipser, 64, is heading up ACT which aims to make Beeston a hub for arts and culture. She launched the scheme in 2016 and opened her first premises in the town on January 6 at The Hive on Union Street. The space consists of a shared showroom, networking area and an art gallery, selling work by the global artists Marysia represents. It will launch the next phase of her future strategy

which, coincidentally, is taking place in the run up to two new Robin Hood films being made - Hollywood film, Robin Hood: Origins, due for release in September - and UK made Robin Hood The Rebellion. Marysia, said: "These films will help to put Nottinghamshire and Beeston on the map. ACT has grown organically over the last few years, so I really needed a base. It is fantastic that we have found premises and the

showroom is like a mini tourist shop for Beeston." Marysia previously pledged to make Beeston a culture capital and she feels she has achieved this. She will use the space for regular creative networking, workshops, co-working spaces, events and seminars. She is also hoping to offer an art advisory service for hotels, restaurants and stately homes seeking to furnish properties with art, and for historical buildings seeking to open their doors to the public. During her international career, Marysia carried out tourism promotional strategies for East Midlands historic houses and castles. More information can be found at artculturetourism.co.uk





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Motorpoint Arena to host The Nottingham Beer & Cider Festival



The Motorpoint Arena Nottingham will host the annual Robin Hood Nottingham Beer & Cider Festival in 2018, 2019 and 2020.

The 2018 Festival will take place from 17 – 20 October with tickets going on sale on 1 June.

The Festival will not only utilise the large floor of the arena (the ice will of course be covered) but also backstage areas, and outdoor space including Bolero Square at the front of the building.

Nottingham CAMRA chairman Steve Westby, said: “we are grateful to the arena and the city council for making this great city centre venue available for one of the most popular events in the city’s social calendar.

“It goes without saying that we will once again be proudly offering the widest range of draught real ales, ciders and perries in the world in a great atmosphere and at affordable prices.”

Further information on ticket prices and on sale times and dates will be added to the Motorpoint Arena website over the coming weeks and months.

Liven up dreary January with month-long deals at Revolution

Beat the January Blues this year and head to Revolution bars in Derby and Nottingham for a month filled with penny-pinching offers, including 50% off food for those who pre-book a table online and for the lucky holders of a Revolution card.

Don't have a card yet? Buy and register one online for just £3 to get your hands on over £200 (usually £100) worth of vouchers to redeem

at Revolution until 31st August 2018. Get a whole host of incredible deals on food and drink available all day, every day. Vouchers include a free dessert on the house, such as the warm chocolate brownie with vanilla ice cream, 2-for-1 on pizza, or a fiver off bottomless brunch.

Craft ale and lager fans will also get to revel in free beer samplings every Friday throughout January, with brews from Revolution's

brand-new range, including The Wild Beer Company and Brewdog. Missed out on the office Christmas party? Get back into the festive spirit because those looking to celebrate a belated bash can enjoy a sweet 50% off party bookings in January – cheers to that!

To book into your nearest Revolution and keep the party going, visit: www.revolution-bars.co.uk.



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Castle Wharf Development Set To Transform Canalside

Plans to transform an area of scrubland into premium student accommodation have been revealed following the announcement of successful planning permission.

The development, located on the canal edge at Castle Wharf, has been designed by international architecture practice Leonard Design. The Nottingham head-quartered firm was appointed to create three stunning student residences following significant investment from a London-based developer.

The scheme is set to be completely car free, making use of the already established network of public transport links and the city's super-cycle highway which link the universities and the QMC Hospital with the city

centre and train station. The plans also offer neighbouring residents direct access to the waterfront for the first time.

John Morgan, director at Leonard Design, said: “We are delighted to have secured planning consent for the development. It is a fantastic location for students and will rejuvenate a previously derelict patch of land and help to frame the street and improve this gateway into the city.

“The scheme, which draws inspiration from the old canal buildings along the canal network, has been sensitively designed to work as a series of blocks with spaces in-between to enhance the public realm and allows access to the canal side and super-cycle highway.

“The three different buildings

within the scheme have also been designed so views across the canal are maintained. We worked very closely with the Local Planning Authority to develop a design which was sensitive and appropriate for the site”

“Having previously been a resident of Park Rock, I'm particularly passionate about this development and making it a great place to live for both those already based here and those that could move here. Our goal is to create a real sense of community.”



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Monday 22 January 2018 10.00am Price As Per Menu - Breakfast Club - Butterfingers Cafe, Derbyshire Lane, Hucknall, NG15 7JX

Friday 26 January 2018 7.00pm Price As Per Menu Dine Around the World, Ania, Polish Restaurant - 558 Mansfield Rd, NG5 2FS

Tuesday 30 January 2018 4.30pm Price £6.75

Steak Day, The Regent Wetherspoons - Diamond Avenue, Kirkby in Ashfield, NG17 7BQ

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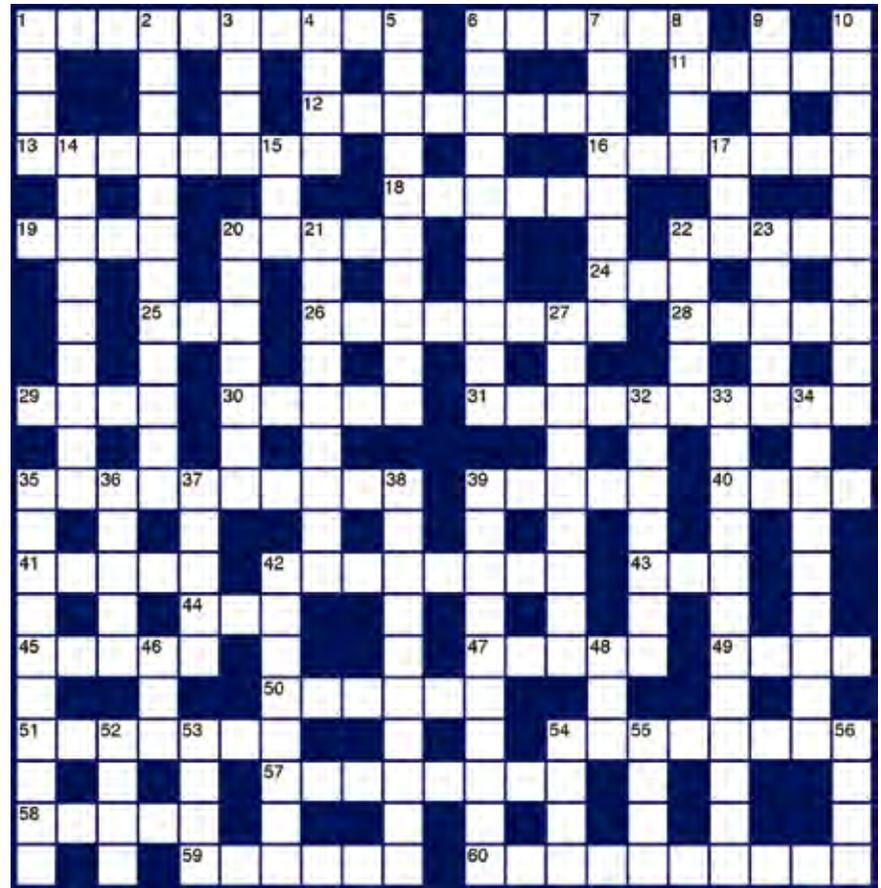
(Answers in Issue 255)

ACROSS

- 1 Impervious to rain (10)
- 6 The space telescope (6)
- 11 Unaccompanied (5)
- 12 Letter pouch (8)
- 13 Movie idol (4,4)
- 16 Horns (7)
- 18 Planet (6)
- 19 Extend across (4)
- 20 Wild rose bush (5)
- 22 Country (5)
- 24 Electric fish (3)
- 25 Knot (3)
- 26 Added up (8)
- 28 Angry (5)
- 29 Popular floor-covering (4) (abbreviation)
- 30 Challenges or baits (5)
- 31 Racing rowboats with stabilisers (10)
- 35 Spiv by name (5,5)
- 39 A heavy beat or blow (5)
- 40 Fog (4)
- 41 Big (5)
- 42 Wanton girl (8)
- 43 In poor health (3)
- 44 Small point (3)
- 45 Kitchen cookers (5)
- 47 Walked through water (5)
- 49 Nil (4)
- 50 Inferior of two evils? (6)
- 51 A public disgrace (7)
- 54 Shortened in words (8)
- 57 Turned upside down (8)
- 58 Plans and theories (5)
- 59 Door pivots (6)
- 60 Thoughtful or apt to chew the cud (10)

DOWN

- 1 Neglected child (4)
- 2 Formal tests (12)
- 3 Section (4)
- 4 Finished (4)
- 5 Blue-eyed boys (10)
- 6 Uproar (10)
- 7 Jacket type - single or double (8)
- 8 Compass point (4)
- 9 Roam about (4)
- 10 Errand boys (10)
- 14 Unbiased with favours (9)
- 15 Tune (3)
- 17 Rim of a cup (3)
- 20 Distance across (7)
- 21 Translate (9)
- 22 Hanging support for an injured arm (5)
- 23 Quartz stone (5)
- 27 Gave for safe-keeping (9)
- 32 Meant, even if not spelled out (7)
- 33 Bookmaker's bill (8,4)
- 34 Home (9)
- 35 Brotherhood (10)
- 36 Be of one mind (5)
- 37 Takes notice (5)
- 38 Children (10)
- 39 Word printer (10)
- 42 Breeding horse (8)
- 46 Religious woman (3)
- 48 Flow back, as the tide (5)
- 52 Given the chop (4)
- 53 Rush (4)
- 54 Eve's mate (4)
- 55 Wet weather (4)
- 56 To trick or hoax (4)



ISSUE 253 CROSSWORD ANSWERS

ANSWERS ACROSS
1 Jive 3 Biker 10 Plant 12 Wash 13 Museum 14 Poker 15 Custard 16 Faith 17 Duck 19 Loll 21 Nightshirt 24 Zest 27 Toucan 28 Bailiff 30 Lofah 31 Stay 33 Trip 34 Moon 35 Tots 38 Humble 39 Glamour 40 Tablet 42 Busy 44 Ask me again 47 Yawn 48 Vole 52 Bobby 54 Reunion 55 Clear 57 Annual 58 Lull 59 Lapse 60 Dated 61 Whip

ANSWERS DOWN
1 Jump 2 Vista 3 Bumph 4 Kicking 5 Re-arm 6 Space 7 Steal 8 Twaddle 9 Chick 11 Answer 18 Plot 20 Lucky 21 Nineteen 22 Twin 23 Hall 25 Toast 26 Plankton 28 Bring 29 Floor 32 Thumb 35 Tubby 36 Farm 37 Cola 41 Tank 43 Sterile 45 Shrimp 46 Attempt 48 Villa 49 Fully 50 Kneel 51 Scold 52 Brand 53 Brush 56 Flop

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Tango superstars' new show to capture the heat of the street



Local Listings Information:
 Tango Moderno starring
 Vincent Simone and Flavia
 Cacace at the Theatre Royal
 Nottingham, Tuesday 23 to
 Saturday 27 January 2018.
 Tue - Sat 7.30pm,
 Wed matinee 2pm,
 Sat matinee 2.30pm.
 www.trch.co.uk,
 Box Office 0115 989 5555.

Strictly superstars Vincent Simone and Flavia Cacace return to the stage with their most audacious and thrilling show yet, Tango Moderno. The production will visit the Theatre Royal Nottingham from Tuesday 23 to Saturday 27 January 2018 as part of a major UK tour. Tango is the rhythm of the city, the heat of the streets and the pulse of life. Tango Moderno is the irresistible hot new stage spectacular from Vincent and Flavia: dance partners for over two decades, world champions, Strictly favourites and acclaimed

West End stage stars, whose previous productions Midnight Tango, Dance Til Dawn and The Last Tango have all been acclaimed, sell-out hits. Having originally intended The Last Tango to be their farewell tour, Flavia commented: "As we were creating our last show, we developed a number of new routines with so much raw choreography. It was thrilling to still be discovering new numbers for Vincent and I to dance, but we just couldn't accommodate them in the production. We toured the country with the show and were

overwhelmed by the support from our audiences and from people asking us to continue. Vincent and I spoke at the end of the tour and we decided that we wanted to continue; we love dancing together, we are having so much fun and a year after our last UK tour, we are more excited than ever to share this new work and show with our audiences." The new production fuses together Ballroom, Latin, and Argentine tango to give you a performance that smoulders with desire. With classic steps, they create a Tango for today.

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The seaside is often thought to be one of the key ingredients for the perfect holiday, but you don't have to break the bank to experience it. A trip to the East Coast of England is possibly one of the most favoured and affordable UK summer holiday locations, and Lincolnshire's diverse range of destinations will not disappoint.

Built during the reign of William the Conqueror in 1068, Lincoln is home to its very own castle, which was later used as a Victorian prison. Lincoln Castle is now the only place in the world where an original Magna Carta, dating back to 1215, and the Charter of the Forest can be seen side by side. Visitors can explore this history-rich monument with guided tours, which offer an exclusive insight into Lincoln's history.

Louth is the Capital of the Lincolnshire Wolds, making it the heart of the agricultural area.

Based in the East of

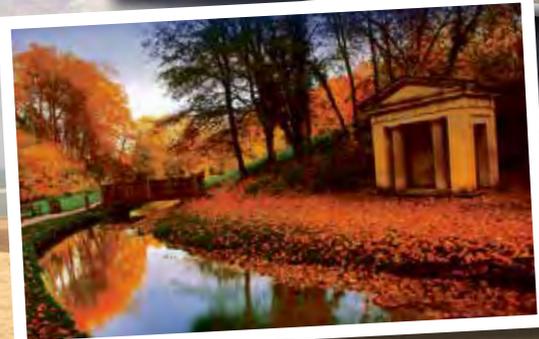
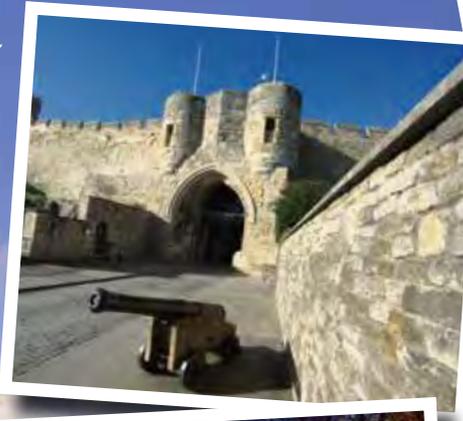
Lincolnshire, Louth is a historic market town home to Saint James' Church, which was famously struck by lightning in 1844. Louth is also highly appreciated for its award-winning butchers, grocers, bakeries and markets, as well as Hubbard's Hills, an area of naturally-formed parkland. If you're feeling adventurous, why not hire a bicycle and explore?

Skegness is one of Britain's most popular seaside resorts, its blue flag beaches create a playground for the children and its clear blue waters create the perfect view. Skegness' parks, beaches and attractions suit whatever type of

holiday you are looking for, whether it is a relaxing getaway or a roller-coaster ride of a weekend. With everything from hotels to holiday parks and caravanning to camping, there really is something for everyone.

If the beach isn't for you, what about a spot of shopping? Grimsby is the per-

fect place in Lincolnshire for all shopping fanatics and is home to Freshney Place, Lincolnshire's largest shopping centre. The area is also famous for fishing, with Grimsby's fishing heritage stretching back over 1,000 years and peaking in the 1950's, when it was home to the largest fishing port in the world. So, with all that Lincolnshire has to offer, where will you be going first?



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Start the New Year on the right note and visit the Natural World Centre's New Year New You health and wellbeing Fayre on Saturday 20 January, 11am to 3pm.

Whether you're looking to get out more or improve your health and wellbeing, this fayre will show some of the best local organisations in the area.

Have a go at Somatics Yoga, learn about Reiki or give Nordic Walking a try. You can also find out about local health walks, dementia friendship hubs and much more. There will also be opportunities to buy natural body products or see demonstrations from local activity groups which you can have a go at too! Keep an eye out for their timetable which will be available very soon!

The NK Outreach Team will also be there with their mobile climbing wall for you to have a go for free! A great

way for kids to burn off some energy as well as trying a fun alternative activity. Anyone aged 4 years or above can take part. Please wear suitable clothing and footwear i.e. trousers and trainers.

For more information about the New Year New You Fayre please contact Jade Oliver on 01522 688868 or email countrysidenk@1life.co.uk. Alternatively please visit www.naturalworldcentre.co.uk/NewYearNewYou.

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Building begins

on the next phase of waterfront homes at Trent Basin



Homebuyers can now register their interest in their dream riverside house as the first details are released on a range of properties in Phase

Two at Trent Basin - from stunning three storey townhouses to contemporary mews houses.

Almost all of the homes and apartments in Phase One at Trent Basin, on the banks of the Trent and just a 10-minute walk from West Bridgford, have now been sold or reserved and construction of Phase Two is now officially underway, with builders Willmott Dixon having broken ground just before Christmas.

The development, which is situated just a stone's throw from West Bridgford and less than two miles from the city centre, will comprise 500 low energy homes when completed and be at the centre of the vibrant new Waterside neighbourhood.

The second phase of the development will comprise 31 bespoke properties on the riverside frontage of the development, with many of the new homes benefiting from unrivalled views of the River Trent - one of Nottingham's great assets. These homes will feature balconies and roof terraces, boasting stunning views across the river and Lady Bay to the south and the cityscape to the north.

The homes for sale in Phase Two will comprise a mix of 2, 3 and 4 bedroom houses and 2 bedroom maisonettes, ranging from £195,000 up to £450,000. With construction now moving ahead, the first of these new homes will be ready for homeowners to move into in 2019.

Nick Ebbs, Chief Executive of Blueprint, the multi award-winning Nottingham-based developer of Trent Basin, said: "We've been delighted with the popularity of



this unique location to date. Feedback from those residents now settled in at Trent Basin is that this is a unique neighbourhood, where residents share a sense of commitment to using energy responsibly and see the natural beauty surrounding their homes."

Located less than 1.5 miles from the city centre and even closer to Nottingham train station, accessibility to work, shopping and transport are major attributes of Trent Basin.

More information about the homes available at Trent Basin can be found at the website www.trentbasin.co.uk. For reservation enquiries or more detail about Phase Two, contact the agents FHP Living on 0115 841 1155 or Royston & Lund on 0115 981 1888.

Gedling Station and 'the Back Line'



An event organised by the Friends of Gedling Station (FoGS) and the Gedling Village Preservation Society (GVPS), with the support of Inspire, will explore Gedling Station's past, present and future.

Come along to hear about the history of the station, share any family stories, photos or items connected with this or other Nottinghamshire stations that you might have, discover the Gedling Village of old, and hear about and contribute to ideas for the possible future of this historic building.

Display: open now during library opening hours. Talk: Thursday 1 February, 2pm. Free of charge. All welcome. Carlton Library, Manor Road, Carlton, Nottingham, NG4 3AY.



Premier Car Supermarket

After a successful first year of trading at its Derby branch, Premier Car Supermarket is giving jobseekers the chance to start the New Year with a new job following a recent expansion.

Premier Car Supermarket opened its first Leicester branch 12 years ago, with the high demand allowing the company to open a second Leicester branch before opening its newest and largest site in Derby in September 2016, which recently celebrated its first anniversary.

Offering great value for money, Premier Car Supermarket stocks a range of cars to suit a variety of tastes and budgets, and specialise in German cars due to their reliability and popularity and has many Audi, BMW, Mercedes and Volkswagens in stock. With around 300 cars in stock and available for viewing, visitors can browse the expanded stock range and showroom to find their perfect car.

Due to growth, Premier Car Supermarket currently has vacancies for more experienced members of staff to join the team, including sales staff, mechanic and car valet positions.

If you are interested in one of the available positions, please send your CV to Lesley (Lesley@pcserdeby.co.uk), or for an informal chat about the vacancies, call Lesley or Craig on 01283 247 171.

Premier Car Supermarket - Derby, Carriers Road (off the A38 Northbound), Egginton, Derby, DE65 6GY. www.premiercarsupermarket.co.uk

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Whether it be a business meeting, conference or birthday celebration, the 18th century hall combines history, grandeur and top quality service for an unforgettable event. It's an extremely popular choice for weddings, with its picturesque features and Lakeside Pavilion making for a breath-taking backdrop for your big day.

From corporate days to family gatherings, the team of trained and dedicated professionals are all on hand to ensure your day runs smoothly too. Whether it's start to finish planning or the all-important finishing touches, it's a service you can really tailor to your occasion.

Located with convenient links to East Midlands Parkway train station, East Midlands Airport and the M1 as well as Nottingham and Derby city centres, it's also perfect for bringing people together, whatever the celebration. The hall hosts events throughout the year too from yoga workshops to wedding fairs. Visit www.thrumptonhall.com or call Events Manager Paula Straw on 07796 956556 for more information.



OPEN DAY
Sunday 14th
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11.30am - 3pm
free entry!

Thrumpton Hall, Nottinghamshire, NG11 OAX tel: 07796 956556 or 07702 015845
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Weddings



A Rich History

Originally an 11th Century stately home with a rich history, Staveley Hall has been redeveloped funded by The Heritage Lottery Fund, The Heart of Staveley Board and Staveley Town Council completed in 2017. We are a unique venue situated close to the M1 junction 29A and 30, at the gateway to Chesterfield and The Peak District. We represent a great conference venue for formal and informal occasions including Canape Receptions, Business Meetings, Weddings, Craft Fairs and Food Festivals. We can cater for a variety of events and activities. If you prefer your own small private venue we have the Frecheville suite which can accommodate 15 people on an oval table. Great for meetings and intimate private dining and wedding parties. We have the Devonshire Suite which seats 42 comfortably. A renaissance oak walled

room with majestic fire place and huge stone bay window. Our AirHall is the Venue with a difference it accommodates 90 people and doubles as an ideal conference venue. Our prices and room hire are based around you and your budget. We have no complicated pricing structure just simple packages based around your own requirements. We should be proud to have this building in our town. It holds some fascinating stories connecting it with many famous people and important national including Bess of Hardwick, the Gunpowder Plot, the English Civil War - to name just a few. Staveley Hall is very precious and is here for us to enjoy and keep its amazing heritage alive. To find out more, visit www.staveleyhall.co.uk, call 01246385200 or email halladmin@staveleytowncouncil.gov.uk.

Beauty Resolutions for Brides-to-Be

Hannah Vickers, Editor of wedding planning website UKbride.co.uk, runs through some beauty resolutions all brides-to-be need to follow in 2018...

Moisturise
Keeping your skin hydrated is key if you want glowing, young-looking skin on your wedding day. Ensure you moisturise your face and body both night and day to keep your skin looking (and feeling) in tip-top condition.

Have regular haircuts
Your hair is often a big focus on your wedding day so ensure it is kept in the best condition it can be. Book yourself in for regular trims at your hairdressers to fight off split ends and treat it to regular conditioning treatments (either at home or through your salon) to keep it hydrated and healthy.

Perfect your brows
Eyebrows are so important when it comes to framing a face, so make sure yours are looking their best by booking in for regular tidy-ups and tints. There are lots of options when it comes to brows – you could have them plucked, threaded or waxed – all of which are effective forms of hair removal. Just make sure you go to a



trusted salon to get them done, as you don't want uneven brows on your wedding day!

Feed your skin from within
Whilst lotions and potions can work their magic on your skin, there is nothing better than feeding your skin from within. Drinking lots of water and eating healthy foods rich in vitamins and minerals will help your skin glow.

Get enough sleep
Although you might feel like you have so much wedding planning to do that every waking hour counts, in order to look your very best on the big day, you really need to make sure you're getting a full eight hours of sleep a night. If you really struggle to get forty winks, try using a sleep spray or lavender to encourage a restful slumber. www.ukbride.co.uk

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Weddings

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Planning to perfection

Your wedding day should be the most magical day of your life which you and your loved ones will treasure forever, making the task of arranging the event both exciting and incredibly pressuring.

There is so much to remember from buying your dream dress and arranging the colour scheme for your bridesmaids down to booking a caterer and selecting your perfect venue. But with the right amount of time and preparation, you can ensure you are relaxed and ready for your special day.

Planning your wedding all starts with a stylish and stunning venue which immediately mesmerises both you and your partner, ticking all the boxes for the experience you desire. Talk to a planner in order to establish your desired theme before you decide what kind of

venue to seek. Whilst modern locations include fancy restaurants and spacious art galleries, a more traditional approach might mean your wedding is outside or in a church, creating a more natural theme.

Know your guest list. You need to ensure you will have enough space for all the people you wish to invite at your chosen venue and that the location meets the various needs of everyone who plans to attend, for example disabled access or ground floor facilities. If you are inviting children you need to consider child-friendly activities to keep little ones entertained and a fun menu to avoid turned up noses at your carefully selected gourmet meal.

One really important decision for a bride-to-be is choosing their dress; whilst there are so many different

types, colours and styles of dress – everything down to the veil must be perfect! Take your maid of honour, mother or anyone else you trust with you to choose your dress but make sure you aren't influenced by others opinions, whilst help is always nice, sometimes it can be easier to speak to a professional dress maker or expert to find out what style of dress is most flattering for your individual body shape. Finally, make sure to keep your budget in mind. As easy it is to dream up unrealistic fantasies about the perfect wedding, keep your head out of the clouds to ensure you're getting the best for your money. You need to know exactly what's included in the packages you select and most important of all, do not let anyone change your mind or sway your choices. Stick to what you want.

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Weddings



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By Special Invitation

Your invitations will set the tone for your wedding, says Tilly Wilkinson of www.ukbride.co.uk. Here, the wedding planning expert offers advice for getting the best out of your stationery.

“Your ‘save the date’ cards or wedding invitations give the first impression of what your wedding will look and feel like,” says Tilly.

“We receive a huge number of questions from our members about how they should be worded and when they should be sent out, so the following tips should answer the most common questions.”

Additional Wording

Couples can also use their invitations to stipulate all-day or evening only attendance, to request cash towards a honeymoon or cash-to-charity donations rather than gifts.

Some use the opportunity to specify an adults only policy, softened with a verse such as ‘we’d like you to let your hair down so we politely request no children; book a babysitter and relax for the night!’

RSVPs

If you’re stipulating an RSVP in your invitations, don’t be surprised by a lack of response.

You can improve matters slightly by giving a deadline for a formal acceptance, and by specifying a text message rather than postal RSVP, or by including an RSVP slip. Generally speaking though, you should anticipate having to chase your guests to confirm their attendance!

Unique Ideas

Scouring the internet is the best way to gain a few imaginative ideas for your invitations. Ribbon, dried flowers and layers of different paper stocks are common, but alternative ideas for ‘save the dates’ and invitations are fridge magnets, balloons, jigsaw puzzle invites, invitations printed onto mugs, and even wedding invites printed onto the wrappers of chocolate bars or paper aeroplane invites.



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Education and Training

Councillor to read to 2018 children this January

This January, Councillor David Mellen, Portfolio Holder for Early Intervention and Early Years at Nottingham City Council, is reading to as many children as he possibly can with a target of at least 2018 children across Nottingham city. Councillor Mellen aims to raise £2,018 for the Dolly Parton Imagination Library. The Dolly Parton Imagination Library is a charity that delivers a free book every month to children from birth until the age of five. The scheme is proven to improve children's literacy levels so that they are 28% more likely to be ready to start school when they turn five. The scheme in Nottingham was set up in 2009 and is now running successfully in seven of the city's 20 wards. More than 4000 children in Nottingham are now registered with the scheme.

Councillor Mellen's diary is packed full of visits in January to schools, children's centres, libraries, hospitals, nurseries, etc. across all 20 wards in the city and he is confident that by the end of the month he will have hit his target to read to 2018 children.

He is asking for sponsorship money and is hoping to raise at least £2018 for the charity. Councillor Mellen, Portfolio Holder for Early Intervention and Early Years, said: "The Dolly Parton Imagination Library is a charity close to my heart. In Nottingham, too many

of our children start school well behind the expected literacy levels. "As someone who is passionate about children's education, I believe reading with children is one of the best ways to set them up for a bright future. "This charity ensures every regis-

tered child, whatever their family circumstances, receives a book every month. It's about giving our children the joy of reading. "I am delighted the scheme is now running in seven wards across the city, but I want to go further and roll it out to all children living in the city,

making sure every child in Nottingham benefits from receiving a book every month. To do this, the charity desperately needs more funds. "Although my challenge is an ambitious one, it is one that I am thoroughly looking forward to. I hope that I am able to raise lots of funds and awareness for this brilliant cause."



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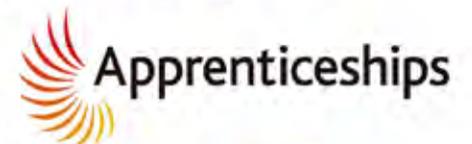
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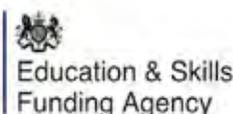
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Care



Finding the perfect place



By Maddie Storey
Putting your loved one into a home is a very difficult and big decision to face, so of course you want to ensure you're getting the most for your money. You don't want them to be too far away but you also want to make sure they receive the right care for them in a comfortable and caring home-from-home environment, so where do you start?
Everyone is different, and with

various types of care and homes available, it can be tricky to know which is right for you. You want to ensure you or your loved one receives the right standard of care, whilst also being able to enjoy the luxuries of living in a fully equipped home, built for their needs. The different types of care homes range from offering accommodation along with basic, personal support such as dressing and washing to further help which

includes nursing and extra support for more specific care needs. Talk to people who have had experiences with the care homes you are looking at and seek honest recommendations from people you can trust. Visit the homes accompanied by someone who knows you or the person moving into the home very well, this way you ensure that all the facilities you require are there, along with selecting a home where you feel safe and comfortable.

For anyone who requires a little more help but isn't perhaps quite ready to leave their home just yet, there are many other options for adapting your own home to cater to your needs.

Stair lifts, carers and different types of machinery to help with everything from tying your shoes to voice activated equipment are just a few of the extensive options which were invented to make your life that little bit easier. Finding that perfect place to settle into is a very important decision to have to make. Surround yourself with your friends and family in order to make the move into a care home delightful and hassle-free.

Are you affected by Care Fees?



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Coppice Lodge

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Care



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We know that people are nervous about getting help with their hearing. We know that in many cases you, or you loved one won't want to 'feel old' by admitting that they may need hearing aids. We know that how we treat the hard of hearing makes all the difference. Being cared for in the comfort and sounds of your own home is a key feature of our service.

Every Hearing Aid Dispenser must be qualified to be able to prescribe hearing aids, but how long have they been qualified? Do they have the depth of experience to cater for your needs?

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important to them. "I treat my patients like they are a member of my family." Says David.

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We have a wide range of technologies to suit all pockets, and David will spend the time with you to find the right product at the right price to suit you.

The best hearing system is not necessarily the most expensive

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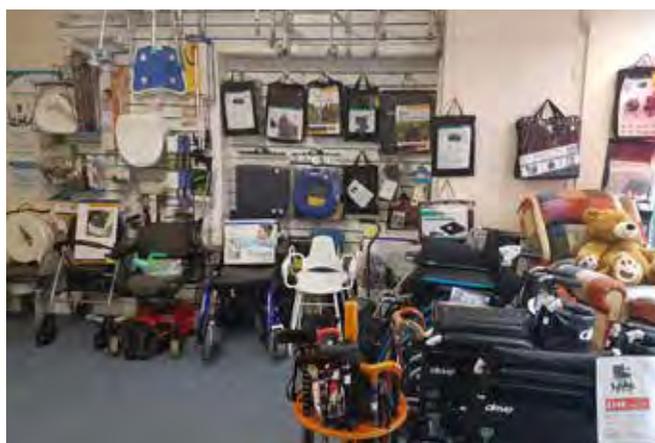


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A Fresh Start

The start of a New Year marks an opportunity to assess your home and start planning those all-important home improvements for 2018

A home health check is an essential start to your New Year preparations and assessing essentials such as your heating, facilities and home security are all important steps in this process.

One of the first things to think about are any structural changes to the building – extensions, conservatories and adjustments to the foundations of your home are all big jobs, and therefore will require more forethought and planning than redecorating your spare bedroom. January is the perfect time to start calling professionals to arrange quotes and put plans in place for later in the year.

Home security is another important home improvement factor – assessing your doors, windows and alarms to keep your home secure and the people and items inside safe is something that shouldn't be overlooked in the New Year.

Take note of other factors that could be improved such

as your heating, loft insulation and double glazing – these home improvements may not be the most exciting or decorative, but they can help to save you money in the long run.

Finally, a splash of colour could revive an old space and brighten your home. Redecorating a tired room can make your home seem all the more welcoming, and can be achieved easily with a lick of paint, some new cushions or changing the colour scheme. However you decide to improve your home in 2018, don't forget to talk to a professional to get the best advice and inspiration.



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