

DERBYSHIRE TOWBARS

Call us for a Fast FREE Quote

Trailer & Towbar specialists since 1997. Local High Quality Service.

Find us at Unit 60, M1 Commerce Park, Markham Lane, Chesterfield

Accessories Shop now doing legal number plates

Tel: 01246 768894

Please say Tiscan when calling advert

Nottinghamshire *in* FOCUS

Kumon's maths and English study programmes work to build your child's confidence and inspire a passion for learning.

Contact your local instructor for a free assessment.

Beeston Study Centre
0115 919 3578

KUMON

Fees vary. Please refer to your local study centre.

Boost your child's confidence

Issue 262



nottsinfocus



#nottsinfocus

| www.nottsinfocus.co.uk

| 6 - 12 Mar

20p

(Where Sold)



Housecoal - Smokeless - Anthracite - Logs
Kindling - Appliance Spare Parts

Pre Packed Coal



Visit us at www.fernwood.co.uk
to see our latest offers!

Opening Hours:

Mon - Fri 7-5pm & Sat 7-12 noon

Delivery available on request

Visit our Cash & Carry at Main Road, Watnall,
NG16 1HA or call us on: 0115 938 9351



Splendour's 10 Year Anniversary

The multi-talented singer-songwriter Paloma Faith - one of the most successful British female artists of the last decade - will be the headliner for Splendour this year at Wollaton Park, Nottingham (Saturday 21 July 2018).

Known for her high-energy live sets, Paloma has been releasing music for the last decade and went straight to number one with her latest album 'The Architect' last year. A former Brit Award winner, Paloma has been nominated once again for British Female Solo Artist at this year's Brits.

Organisers are delighted to have Paloma topping the bill at this year's special 10 year anniversary party for Splendour, the biggest artist to ever top the bill of the Nottingham Festival. She is one of only two

British female artists this decade to have their last three albums go double platinum in the UK.

The hugely popular singer-songwriter will be celebrating her own birthday with thousands of people at Splendour this year fresh from a huge UK tour. She said: "I'm really looking forward to performing at Splendour and being part of its 10th anniversary celebrations!"

George Akins, owner, DHP Family, said: "Paloma is huge name on the British music scene with three double platinum albums under her belt; Adele is the only other British female to do that! She's the perfect choice to mark the 10th anniversary of Splendour. It's going to be epic!"

Paloma graced the UK music charts in 2009 with her debut album 'Do You Want the Truth or Something Beautiful?'. Alongside successive albums 'Fall to Grace' (2012) and 'A Perfect Contradiction' (2014), she has spent more than 50 weeks in the top 10 charts.

Paloma Faith is the first of over 40 acts

announced to perform at the city's biggest summer day out at Wollaton Park, with many more artists, comedians and entertainers to be revealed over the coming months.

With lots happening all over the park aside from the three music stages, including comedy in the courtyard, a kids' area and entertainers out and about in the crowd, the festival is a fantastic day out for all the family. Children under 11 will once again be admitted free and discounts are also in place for Nottingham residents. A standard ticket is £49, coming down to £39 when the discount is applied. Tickets for Nottingham Residents aged 11-17 are £20. VIP packages are also available.

Tickets can be purchased from splendour-festival.com or in person from the Nottingham Tourism Centre and from Clifton, Ken Martin, Southglade and Harvey Hadden Leisure Centres. Please note that to claim your Nottingham Resident Discount in person you will need a copy of your council tax bill.



Four Seasons
HEALTH CARE

Come and meet the team that care

Be sure to discover how our unique technology is setting a new standard in consistently delivering special experiences for the residents of our care homes.

To find out more please call or pop in for a chat

Churchfield

01623 549830

Charnwood

0115 8284243

Lawn Park

01623 549831

Old Vicarage

01909 521508

The Oaks and Little Oaks

01636 880304

The Sycamore and Poplars

01623 549832

Tudor Grange

0115 8283698

www.fshc.co.uk

Nursing,
residential
and dementia
care available



Price 20p

ISSN 2052-2606



62 >

9 772052 260008

Information

Visit us Online
nottsinfocus.co.uk

Follow us on Twitter
@nottsinfocus

Like us on Facebook
/nottsinfocus

Follow us on Instagram
/nottsinfocus

69a Main Street, Burton
Joyce, Nottingham,
Nottinghamshire, NG14 5ED
Telephone: 01159313879
Email: sales@nottsinfocus.co.uk



For All Your Phone & iPad Repairs

The of phones

If you have damaged your iPhone in anyway, we can fix it in super quick time. We are guaranteed to beat quotes from Apple on any repairs and you are getting the same great quality fix by a qualified and experienced engineer

Cracked or broken iPad? We can fix it!

Broken iMac or Macbook? We can fix it!

Microsoft
REGISTERED
Refurbisher

Microsoft
Technology
Associate

iMend
Mobile phone repairs

If you need a quote or to book a repair please give us a call on: 0115 9147068



Nottingham Nurses Join Robin's Big World Record

Our husbands are joining in too!

A group of nurses have pledged their support for a World Record attempt being held in aid of Nottingham Children's Hospital.

The team from Loxley Ward, a gynaecology ward at Nottingham City Hospital, will don their Robin Hood costumes on Bank Holiday Monday 7 May, in a bid to help break the Guinness World Record for the largest gathering of people dressed as the Nottingham legend.

Robin's Big World Record and free family fun day are being organised by Nottingham

ham Hospitals Charity, who are running the event to raise awareness and funds for the Nottingham Children's Hospital Big Appeal.

Debbie Raffle, Ward Sister of Loxley Ward, hopes at least ten nurses from the ward will be there on the day to show their support, along with Matron

Benita Brear. "Our husbands are joining in too and I think my Labrador may make an appearance if I can get him in a hat!" said Debbie. "My husband has pledged to wear green tights as he says he doesn't do anything by halves so that will be fun! We are also running a cake stall and tombola on the day to raise funds for gynaecologi-

cal services and the Big Appeal. We can't wait!"

Robin's Big World Record takes place at Wollaton Park on Bank Holiday Monday 7 May 2018, from 11am to 4pm, and entry is free. As well as the World Record attempt, the event will also include market stalls, food, bouncy castle, games, music, workshops, awards for best costumes, and fundraising activities for all ages.

All proceeds raised by the market and activities will go to the Big Appeal. Costumes for the World Record attempt can be homemade or bought - the only specifications are that it must include a green Robin Hood hat with a feather, a green or brown tunic (or T-shirt), and green, brown or black trousers or tights.

Give your bird a home this Springtime

For all your Wild Bird, Garden & Pet Supplies & Accessories

Starter Nest Box £5.00 each

Silver Birch Nest Box £7.00 each

HALL FARM
Wild Bird Food Supplies

The Grain Store, Wadhall Lane,
Weston, Newark, NG23 6SY
www.seedtofeed.co.uk
01636 821232

OPEN
Mon-Fri 7.30am - 5pm
Saturday 8am - 1pm

valuedoors uk
the nations favourite door company

Great for:
Space Saving
Kerb Appeal
Easy To Use

THERMALLY INSULATED ELECTRIC GARAGE DOORS!

Value Doors can save of space inside your garage. Rolls up vertically into a box. Takes only 8 inches of headroom! Opens vertically so you can park up close to the door. Remotely open/close the garage even from inside your car.

Insulated
Secure
Affordable
Guaranteed
18 Colours

LIMITED OFFER - was £1354
NOW ONLY £895
inc.VAT, Fully Fitted!
MADE TO MEASURE, CALL US TODAY

SAVE £459!

FREE DISPOSAL OF OLD DOOR!

Exclusive Deal!
Please quote **"VD895"**

01158 828 992
offer valid for openings up to 2.6m wide & inc: 2 remote keys, 55mm white slats, internal manual override

Lady Bay Open Gardens 2018 Request for Gardens

GARDENS WANTED

Would you like to open your garden for

LADY BAY OPEN GARDENS?

30/06/18 – 01/07/18

Contact Tony before 30 April on:
papthepole@googlemail.com
0115 914 3006

www.ladybayopengardens.org.uk

Plans are already under way for the 27th annual Lady Bay Open Gardens to be held from 2pm - 6pm on 30 June and 1 July 2018. The volunteer committee are asking for Lady Bay residents to submit a yes, no or maybe by emailing the chairman, Tony on papthepole@googlemail.com or by calling 0115 9143006. The deadline for entries is 7 May.

The organisers are aiming to build on the amazing success of previous years and raise even more money for charities and other local good causes. Proceeds will go to the Lady Bay Community Fund, Leonard Cheshire Disability and various charities nominated by garden owners. Last year, the event raised over £9,473.

To keep up to date with the latest information visit www.facebook.com/ladybayopengardens/ twitter.com/LadybayGardens



FLAT ROOFING SOLUTIONS

WE OFFER:

- ▶ A 25 Year Guarantee
- ▶ Commercial or Residential
- ▶ New Roof or Re-board
- ▶ UPVC Fascia & Guttering
- ▶ High Quality
- ▶ Friendly & Professional
- ▶ Competitive Prices

We are a family business with over 40 years combined experience in Fibreglass manufacturing & pride ourselves on providing a friendly, reliable & professional service to all our customers.



Call TODAY on:
01522 500711 or 07828 296 829

E: candcfibreglass@outlook.com or visit us at: www.candcfibreglass.co.uk

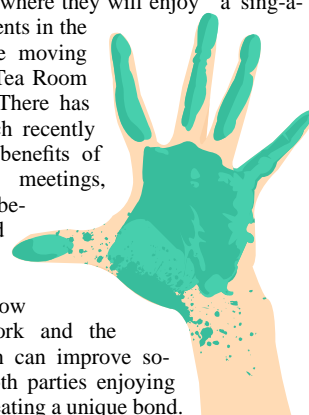
Care Home Residents Welcome Local Playgroup

Residents at Kingfisher Court care home in Sutton-in-Ashfield are welcoming a local parent and baby group as part of their ongoing commitment to reuniting the

generations. 'Artventurers' will visit Kingfisher Court every Friday for a singing and 'messy play' session with up to 20 children and parents.

Kingfisher Court Lifestyle Manager, Neelie Marsh, had the idea of inviting a local playgroup after discovering the benefits of budding relationships between the generations. Neelie said, "We are bringing a varied range of activities to Kingfisher Court and I am always on the lookout for something new for our residents. I have heard a lot recently about how interactions between children and the elderly can be beneficial so I knew it was something we just had to do at Kingfisher Court. Our residents are already looking forward to the first gathering this week and we can't wait to meet the 'Artventurers'!"

The 'Artventurers' will visit Kingfisher Court every Friday for an hour where they will enjoy a sing-along with the residents in the lounge area before moving up to the English Tea Room for 'messy play'. There has been much research recently about the mutual benefits of intergenerational meetings, bridging the gap between the older and younger generations. Older people are able to grow their social network and the younger generation can improve social skills, with both parties enjoying the sessions and creating a unique bond.



LLOYDS JOINERY LTD

PURPOSE MADE JOINERY

Traditional Window Frames | Staircases
Sash Windows | Conservation Joinery
Doors & Gates | Softwood or Hardwood
Staircases for lofts | Work copied
Cottage-style windows
Small family run business
Free Measuring service on firm orders

Tel: 0115 986 5618
Mobile: 07850 500 245

Unit 1 Trent View Court | Moreland St | Nottingham
NG2 3FX | email: lloydsjoinery@hotmail.com

Brand new and used Stairlifts from £800 (fitted)

All stairlifts come with a parts & labour warranty

NEXT DAY FITTING Available

Latest models for peace of mind

- Established 1987
- Main Dealer
- Straight
- Curved
- New • Used

CARLTON BASED COMPANY

www.liftecld.co.uk

CALL ROGER AT LIFTEC
0115 987 5218



Encore Digs Deep To Raise £15k for Help for Heroes

Staff at leading recruitment agency Encore Personnel have pulled out all the stops, raising almost £15,000 for its charity of the year, Help for Heroes.

Located in Nottingham's city centre, Encore selected Help for Heroes as its chosen charity at the start of last year, following a special vote from all Encore staff. Each year, the company chooses a charity to support, which is close to an employee's heart or has had a direct impact on them or a close family member.

Twelve months of exciting fundraising saw the agency, which employs ten staff at its Nottingham

office, take on challenging half marathons and Tough Mudders, an 83-mile cycle ride from Leicester to Skegness as well as dress down Friday and fancy-dress days, cake sales and car boot sales, all of which contributed towards the team raising a total of £14,712.

Handing over the cheque to Dean Williams, Central England Regional Manager for Help for Heroes earlier this month, Chris Hockey, Director at Encore Personnel, is proud to have seen the team raise such a brilliant sum for the important charity.

He said: "I have been amazed and delighted to

see our staff come together to raise these funds for such a worthy cause. From cycling challenges to dressing up, there has been a strong sense of community and team work in the office with everyone supporting and sponsoring their colleagues with every charity challenge.

"Help for Heroes is a great charity which had a huge influence on one of our staff members. I am glad to see that the monies raised will contribute hugely to the charity's work with Service Personnel and Military Veterans."

Help for Heroes supports those with injuries and illnesses attributable to their service in the British Armed Forces empowering those who served to look beyond illness and injury, regain their purpose, reach their potential and have a positive impact on society.



L-R Tom Palmer (Encore) Dean Williams (Help for Heroes) Chris Hockey (Encore)

Selston Timber Nottingham 01773 861158

Decking

- 3 metre decking - £5.00 each
- 3.6 metre decking - £6.00 each
- 4.2 metre decking - £7.00 each
- 4.8 metre decking - £8.00 each
- 4x2 3.6 metre £6.00 spars
- 4x2 4.8 metre £8.00 spars

Dealers in new timber, a big variety in stock, fence panels, sleepers, concrete post, gravel boards, patio slabs, plywood and much more.

NO VAT TO PAY

Mansfield District Council is helping to bring forward plans to redevelop the old Mansfield Brewery site to provide much needed rented housing in the town.

The landmark site off Littleworth has been derelict for 15 years after the brewery went into liquidation in 2001.

The council is keen to facilitate development of the site as part of its wider strategy of regeneration and raising the image of Mansfield as a good place to live, work and visit, and has taken the decision to reduce the land charges associated with the former brewery and to remove further barriers to development.

Council Backs Housing Plan For Old Brewery

Wise Living Homes Ltd, has come forward with plans to acquire a large part of the site and build 75 private rented apartments of one to four bedrooms.

The council has agreed a reduced Land Charge fee in return for specific conditions to be met, including the site

progressing within six months and completing within 24 months of planning approval.

Cllr Roger Sutcliffe, Portfolio Holder for Finance, said: "We don't own this site and have been waiting for a long time for a third party to come along and do something with it. "It is really important that this key brownfield site is given a new lease of life and this housing plan is a serious regeneration scheme for this part of the town so we want to do everything we can to bring it forward."



CLIFTON
Community Centre
South Church Drive
Wednesday 3:30, 5:30 & 7:30pm
Tel: Jackie on 07877055117

The Royal British Legion
(Next to Wilko's)
12 Donington Road
Wednesday 9:15 & 11:15am
Friday 8:00 & 10:00am
Tel: Sacha on 07515 172984

COTGRAVE
Candleby Lane School
Candleby Lane
Tuesday 5:15 & 7:00pm
Tel: Maria on 07718 999033

EAST LEAKE
East Leake Academy Cafeteria
Lantern Lane (use staff car park)
Tuesday 5:30 & 7:30pm
Tel: Meg on 07792 943873

East Leake Leisure Centre Dance
Studio Room (Opposite Reception)
Saturday 8:30am
Tel: Meg on 07792 943873

HUCKNALL
St Peter's & St Pauls
Community Hall, Ruffs Drive
Wednesday 5:30 & 7:30pm
Tel: Kerry on 07804 493162

The John Godber Centre
Ogle Street
Saturday 9:00 & 11:00am
Tel: Kerry on 07804 493162

KEYWORTH
The Methodist Church Hall
Selby Lane
Monday 5:00 & 7:00pm
Tel: Naomi on 07734 791608

LONG EATON
Moorlands Club
295 Curzon Street
Thursday 5:30 & 7:30pm
Tel: Judith on 07711 043213

Sawley All Saints Church
561 Tamworth Road
Tuesday 7:00pm
Tel: Judith on 07711 043213

RUDDINGTON
Jubilee Clubhouse
Loughborough Road
Monday 5pm & 7pm
Tel: Wendy 07870 830097

WEST BRIDGFORD
Gresham Sports Pavillion
Gresham Park Road
Off Wilford Lane
Monday 7:00pm
Tel: Gillian on 07463856253

Edwallon Golf Club
Wellin Lane
Tuesday 7:00pm
Tel: Sacha on 01159287316

Gresham Sports Pavillion
Gresham Park Road
Off Wilford Lane
Wednesday 7:00pm
Tel: Shirley on 07946727077

West Park Sports Pavillion
Loughborough Road
Thursday 5:00 & 7:00pm
Friday 8:00 & 9:30am
Tel: Athena on 07792 045221

The Rugby Club
Stamford Road
Saturday 8:00 & 10:00am
Tel: Naomi on 07734 791608

slimmingworld.co.uk

0344 897 8000



Slimming
WORLD
touching hearts, changing lives



**Southwell
Minster
Veterinary
Centre**

**Our new
Burton Joyce Practice
is Now Open**



Small Animals



Equine



Farm Animals



Backyard Pets

- Small animal practices in Southwell & Newark with on site theatres and full range of diagnostic facilities with on-site parking.
- Small Animal Branches in Calverton, Fernwood, and NOW BURTON JOYCE.
- Dedicated Equine Vets with a full range of portable diagnostic and dental equipment.
- Our knowledgeable farm animal vets offer a full range of herd health and fertility services.

24 HOUR VETERINARY COVER

Seeing OUR Vets at OUR Practices

Please call us for a friendly, efficient service with knowledgeable & approachable staff

Southwell 01636 812133

Newark 01636 612906

Fernwood 01636 708892

Calverton 0115 9656341

Burton Joyce 0115 9312986

For all Out of Hours please call 01636 812133



Happy Memories

Southfields Childcare at Car Colston, Nottinghamshire, is a nursery in a location which is a dream for children and parents.

A visit is enough to realise that happy children playing and learning in inspiring surroundings add up to a great choice for any child. With so much space and fresh air the nursery has everything to help stimulate and educate young minds.

Established since 1999, and situated in a purpose built barn conversion at Old Hall Farm, the nursery has access to a fenced astro-turfed area to offer free play outdoors, together with a superb walled garden.

They have access to a safe spinney in the adjacent field where we offer 'WOODLAND SESSIONS' one session per week by rotation. They use the rural environment to enhance the children's learning: looking at the changes in the seasons, young animals, or wild-life and mini-beasts.

There is a vegetable garden for children to grow and tend their own produce. A big favourite of everyone is the outside mud kitchen! Permission to get grubby, busy and have fun!

During the growing season, crops of lettuce, radishes, potatoes and herbs, all child waist high in raised beds, are lovingly cultivated from seed. For the after school children, there is equally enough to entertain and keep them busy or relax after a hard school day.

It is easy to see why owner Mandy Beeby is so proud of her achievement in providing the pre-school / after school service.

She said: "We have this marvellous location surrounded by

woodland and fields. Our highly qualified staff (ratio of 1:4 for 2yr olds/1:6 for 3+), will offer your child a wonderful start in life."

Word of mouth is also an important part of being recommended as an establishment of quality and care. Mandy Beeby has received many messages of thanks from children and parents as they go on to further their education.

"Leo has amazing memories and it gave him the best start"

Mrs G (July '16)

"Thank you all for a wonderful few years at Southfields, we are so lucky to have had somewhere so caring, fun and stimulating to send our children. B and A will miss you, but see you over the holidays."

Mrs C (July '16)

"S and A have both loved their time at Southfields, it's a very special environment and our children have been lucky to experience it."

Mrs Sh (July '16)

Situated in the rural village of Car Colston off the A46 to Newark, Southfields serves the surrounding villages with childcare from 2-5years in the pre-school and up to 9years in the Before/After School or Holiday clubs 7.45am-6pm.

Using the exceptional rural setting, they offer a stimulating environment covering all aspects of the new EYFS – PLUS Woodland sessions and Yoga on Wednesdays with a qualified teacher.

All voucher schemes accepted

Go and see them! You'll LOVE it!

Telephone: 01949 20123 | Email: southfields@rbeeby.co.uk

www.southfieldschildcare.co.uk





FACTORY SHOP

**MENSWEAR & WOMENSWEAR
ARCHIVE STYLES**

OPEN FRIDAYS ONLY
1PM – 4.30PM

**Trent Business Centre
Canal Street, Long Eaton, Nottingham NG10 4HP
Tel: 0115 973 5292**

SUNSPEL.COM



Linda Lancashire

07764 466381

01773 762675

E: contact@lindalancashire.co.uk

www.lindalancashire.co.uk



Aries

Why struggle alone when there is help should you need it? You will be privy to some important information regarding a person you are closely associated with. Events at work could spiral out of control with emotions running over the top. An ex-partner still refuses to let go of the past putting you in a very difficult position. Proceed cautiously and be careful in whom you place your trust.



Taurus

A certain relationship is coming to the end of its cycle and whereas partings are never easy, you will make an important decision regarding your future. But the story does not end there and new romances beckon on the horizon with someone you find incredibly attractive but who is a past master at playing mind games.



Gemini

A certain relationship is coming to the end of its cycle and whereas partings are never easy, you will make an important decision regarding your future. But the story does not end there and new romances beckon on the horizon with someone you find incredibly attractive but who is a past master at playing mind games.



Cancer

The course of true love rarely runs smoothly and a long term friendship could hit the rocks. If you both refuse to communicate in a calm, civilised manner, the consequences could prove expensive in more ways than one. Pay attention to your health and a wonderful omen of success pointing towards your business and career life will put you on cloud nine.



Leo

Expect the best and you will get the best. A property sale or something similar will all go through smoothly, enabling you to sign on the dotted line and start making some exciting new plans. Work on transforming your lifestyle by cutting out all the unnecessary clutter both in your home and social life. Its time for a long, overdue change and there is no time like the present to start getting things done.



Virgo

Perhaps you have been going along with a situation that has not been making you happy. A new love interest could suddenly appear on the horizon that is far more in tune with your needs and desires than anyone you have previously been involved with. You may be tempted to neglect a task or chore that is really your responsibility because your mind is focused on other things.



Libra

Perhaps you have been going along with a situation that has not been making you happy. A new love interest could suddenly appear on the horizon that is far more in tune with your needs and desires than anyone you have previously been involved with. You may be tempted to neglect a task or chore that is really your responsibility because your mind is focused on other things.



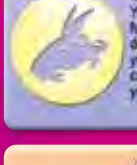
Scorpio

A bonus or refund may be more than you expected. Work may be a challenge, but you have never shied away from responsibilities and you are on course to reach a goal that others can only dream about. Refuse to get drawn into other people's dramas and think twice before replying to a text message or email.



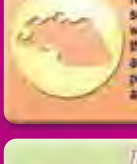
Sagittarius

A battle of wits between you and someone who enjoys confrontation could end up in a cat fight. A triangle of love may commence if you fail to take your power back and start making your own decisions. Someone could ask you for financial help but not in a position to repay you straight away. Important meetings at work will be long, drawn out and frustrating.



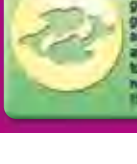
Capricorn

You may feel disappointed with someone who is not fulfilling their promises. Perhaps you are making a big deal out of something which is not that important, but you are putting more value on it than it deserves. Stay calm and you will get a far better opportunity that suits your requirements better. A romance is about to heat up.



Aquarius

Not everyone thinks the way you do nor do they have such high standards. Not everyone is particular in their work and quite happy to be slapdash in the hope that they are never found out. Big money making opportunities are on their way or a career move that indicates a more permanent position that will allow you to put down roots and feel more settled.



Pisces

Making excuses for someone's bad behaviour is not going to do you or anyone else any good. Why are you giving someone credit where it is not due? Perhaps you are protesting too much about your feelings for a lover in an effort to convince your self that you are both destined to be together when really the opposite is true. Good news regarding work and finance will give you an added lift.

THERE BE DRAGONS AT BURNTSTUMP SEELY C OF E ACADEMY

Children at Burntstump Seely Church of England Academy were in for big surprise when they arrived at school this week because their site manager Mr Winsor, reported there was a mysterious egg in the playground!

The whole exercise was created by Teachers to inspire creative thinking and writing, and one pupil showed just how much it had triggered their imaginations!

Enyaj Taylor age 9 said her classmates also found strange footprints next to the

egg. "The egg was purple with silver cracks in it and I think it could have been left by a dinosaur, -or it could be a chocolate egg. I would really like it to be a unicorn's egg! We are going to look for more clues later and write about our investigation."

Children searched the playground looking for ideas to help them build a story. Enyaj said, "We found some blue glitter in the sandpit and also what I think might be some dragon skin on the playing field!"



Leading Housebuilder Invests In the North Midlands



Leading housebuilder, Barratt and David Wilson Homes North Midlands, based in Nottingham, has built 825 homes in its operational area during the past year and contributed over £155.6m to the UK's economic output.

The achievements are highlighted in a new report which measures the housebuilder's social and economic contribution to the Midlands over the past financial year (1st July 2016 – 31st June 2017).

The five star

housebuilder covers Nottinghamshire, Lincolnshire, Leicestershire, Derbyshire and Warwickshire.

Included within the company's socio-economic footprint are key figures relating to the company's support for the housebuilding supply chain, local communities, environment, public services and employment. The figures revealed the housebuilder:

- Supported 2,600 jobs directly and through its contractors and suppliers
- Supported 520 subcontractor companies and 440 supplier companies
- 90% of components used in the construction process were manufactured in the UK.
- Planted or retained 21,880 trees or shrubs on its developments
- Recycled 96% of construction waste

• Spent £23.5m on local contributions including affordable housing sales and s106 contributions.

Chris Southgate, Barratt and David Wilson Homes' Managing Director, said: "As a five star housebuilder, we are very aware of the vital role we play in helping to boost the local economy. "We are committed to a strategy that includes leaving a positive and lasting legacy in the communities in which we build homes.

"This can be through anything including job creation, strengthening surrounding businesses or enhancing and protecting the local environment.

"We are very proud to be a major force in the growth and prosperity of the region, and look forward to continuing our work in 2018."

Management Changes at Ryley Wealth Management Ltd

Following another year of successful growth, Ryley Wealth Management Ltd has added to, and restructured its Management Team.

Ruth Harrison has been appointed as Managing Director replacing Phil Bloxham, who has moved to a Non-Executive Director role. As part of the restructure Stephanie Francis becomes Administration Director and Adam Langham; Technical Director.

Ruth joined Ryley Wealth Management Ltd in July 2016 as Operations Manager; responsible for successfully implementing fundamental changes to the company's processes during a period of significant development. Ruth has more than 30 years' experience in the wealth management industry; 24 of which were managing teams of Advisers and Paraplanners in a major high street bank.

Phil Bloxham will continue to bring his 40 years of experience from the financial services sector to advise the board as the business continues to expand.

Both Adam and Stephanie have been with Ryley Wealth Management Ltd for 10 years and have been instrumental in the development and evolution of the business.

David Ryley, CEO said "Every business needs to regularly look at its structures and processes, to ensure it can respond to, and exceed, its clients' expectations in an ever-changing world. Ryley Wealth Management Ltd is no different in this respect and following an extended period of strong growth, a relocation and significant investment in systems and processes, we have decided to reshape our management structure. With the strong possibility of more acquisitions in 2018 and beyond, I am confident we have the right people and the right structure in place to move the business further forward."

Omega | windows & doors™

Manufacturers & Installers of quality UPVC Windows & Doors



Call now for 20% off

Conservatories
Patios & Bi-Folds
Soffits & Fascias
Small Building Works
Orangeries

Specialising in flush facing sash windows



Unit 9, Alfred Street South,
Nottingham NG3 1GE

T: 07771 567812

T: 0115 7617982

E: tmfraser1966@hotmail.com





Career Ambitions Go Sky High

ness cases to the airport's managers for new business ideas which could be launched in the terminal building and will soon be creating their own challenging customer service role play scenarios. Clare Watson, deputy head at Farnborough, said: "The project has been transformational for our pupils. We have

seen the children grow in confidence before our eyes and importantly develop key employability skills such as leadership, teamwork and resilience. It's enabled our pupils to look at the wider world of work and interact with employees from different sectors of the airport. There has been significant impact on each individual child from improving attendance, reducing nega-

tive incidents in school and raising aspirations for the future."

At the start of their second year some of the pupils will do a full week of work experience at the airport. They will also all be given the opportunity to have a personal mentor from the airport's senior management team, who will meet with them at regular intervals throughout Year 11.

Students from The Farnborough Academy, Clifton, are being given a rare opportunity to get a close-up view of the world of aviation.

And it's all thanks to a two-year-long employability project launched by the school in partnership with East Midlands Airport, aimed at getting pupils excited about the world

of work and fired up to study harder.

Recently, a group of 14-year-olds from Farnborough were taken on a tour of the airfield, including a mini-bus drive down the runway and the chance to get hands on at the airport's fire station.

It was the fifth of six visits the Year 10 students are making to the airport over the course

of this academic year. During the visits they've been given a unique look behind the scenes at the airport, witnessing different sides of the business and learning about the jobs they could aspire to. They've been into the air control tower and quizzed air traffic controllers, done a retail challenge where they had to make busi-

Button-based project is a success

Tenants at Vale View, a supported housing scheme managed by housing provider, Newark and Sherwood Homes, have created a thrifty piece of art using old and unused buttons.

Tenancy assistant at Newark and Sherwood Homes, Vanessa Travers was inspired to create a button-based project alongside tenants, after seeing the number of old and historic buttons tenants had collected.

Vanessa said: "After seeing similar art projects using buttons, I put a poster up requesting buttons at Vale View and was amazed at how many were donated! Some were in really old button tins and were clearly antique; all of these buttons are tiny bits of history."

The group of tenants came together to create the 'button tree' which is now pride of place at Vale View. Lorraine Harley, a tenant at Vale View who helped create the 'button tree' said: "The tree is fantas-

tic! We all enjoyed making it a lot and we can't wait to do something else with the buttons that we have left." Rebecca Rance chief executive at Newark and Sherwood Homes, said: "A shared art project such as this is a great way to bring people together and tackle social isolation and loneliness while having fun. The button tree is a beautiful addition to Vale View."



All hail Nottingham's new taxi service

A taxi revolution is underway in Nottingham - with new-look eco-friendly hackney cab vehicles and a new user-friendly app set to be unveiled in the city from 1 March.

Nottingham City Council is taking steps to make the city's hackney cab fleet one of the best and most modern in the country. Having already introduced a Driver Improvement Penalty Point Scheme to drive up standards for passengers, the council will be placing orders for a small number of stylish new Ultra Low Emission Vehicle (ULEV) models and investing in supporting charging infrastructure.

A smart new black-and-white livery will replace the existing green cabs, as well as for the first time allowing full wrap advertising and new digital media on the cabs. The aim is for all 411 hackney cabs in the city to be ULEV or Euro VI by 2020 to help the city achieve air quality standards and support any potential Clean Air Zone. Some of the cabs will have free Wi-Fi, mobile phone and laptop charge points. Accompanying the introduction of new vehicles is the roll-out of a new hiring app for Nottingham's hackneys. The City Council has teamed up with MyTaxi which allows passengers to book a hackney from their smart phone, use cashless payment and have their journey and driver logged - making it easier and safer for everyone. They also have some very vivid and fun graphics to put on the cabs that are sure to make them stand out from the crowd.

MyTaxi are the leading taxi app provider in Europe and operate in over 70 cities. London currently has almost 18,000 drivers signed up to the app and Nottingham will be the first city outside London to get the new service. The company intend to roll-out to other cities this year making it easier for passengers to move about more freely.

Hackneys will still be able to be hailed in the street or caught at one of the city's taxi ranks, while minicabs will continue to need booking in advance.

Nottinghamshire Army Cadet Force Is Recruiting

Nottinghamshire Army Cadet Force (ACF) has launched a recruiting campaign to find new young people and adult volunteers to join the youth organisation.

The campaign, which includes radio, Facebook and Instagram advertising, started on 28 February and will run for four weeks.

With detachments across the county, Senior Adult Volunteer Colonel Alan Burt, Commandant of Nottinghamshire ACF, explained what individuals can gain by volunteering in their spare time: "There is so much on offer for both cadets and adults in the county. Individuals can gain new skills, improve their confidence, meet new friends and in some cases gain qualifications such as a BTEC. We have had great success with the Duke of Edinburgh Award Scheme in recent years too, which is a fantastic addition to add onto your CV or university application.

"Our adult volunteers come from all walks of life but the one thing we all have in common is the desire to see young people achieving." The ACF has 40,000 cadets in more than 1,600 detachments all over the country and is one of the largest youth organisations in the UK.

Cadet Regimental Sergeant Major Matthew Frost, aged 17, from Worksop Detachment said: "If you want to do something different outside of school joining the ACF could be for you."



"There are loads of opportunities to take part in camps and adventurous activities like mountain biking, rock climbing, archery, fieldcraft and generally learning life-skills. Plus if you are in to sports the ACF has different competitions for both boys and girls at county, regional and national levels. I'd definitely recommend giving it a go." Nottinghamshire ACF has detachments throughout the county including Bilborough, Bulwell, Mansfield, Newark, Nottingham, Retford, Worksop and Southwell.



To find out more contact 01159 837 645
em-not-ao1@rfca.org.uk or visit www.armycadets.com/fun



Top prices paid for scrap cars and motorcycles including many prestige and exotic vehicles. Over 150 vehicles dismantled a week, including over 2000 motorcycles and scooters.

Also importers of new body panels, bumpers, headlights, radiators, windscreens and towbars. Over 150 repairable salvage in stock.

Opening hours: Mon - Thurs 8am - 6pm
Fri 8am - 5.30pm • Sat 8am - 2pm

tel: 01476 563 756 email: parts@traynors.co.uk
www.traynors.co.uk    

The Boundary, Gorse Lane, Grantham NG31 7UE

DISCOVER YOURSELF

- > Gym, Swim, Classes, Nutrition
- > Personalised gym programmes
- > Access to 4 leisure facilities
- > Virtual classes (Carlton & Redhill)
- > Sauna & steam rooms (Carlton only)
- > New gym equipment coming soon (Calverton & Carlton)

Find out more and get your **FREE PASS** www.gedling.gov.uk/DNA

Arnold
901 3690

Calverton
901 3800

Carlton
987 2333

Redhill
901 3630

DNA
MEMBERSHIP

Gedling
Borough Council 





'Be sure not to miss this stunning show.'

The Times



The acclaimed **National Theatre** production

WarHorse

Based on the beloved novel by Michael Morpurgo • Adapted by Nick Stafford
In association with the award-winning Handspring Puppet Company

SEE IT THIS MONTH! PLAYING 14 MAR – 7 APR

Best availability Mon – Thu

0115 989 5555 | trch.co.uk



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

**THEATRE
ROYAL** **ROYAL
CONCERT
HALL**

Making the Historic Timeless At Cockliffe Country House Hotel



Set among the tall pines of Sherwood Forest, the 17th century Cockliffe Country House was once a hunting lodge for distinguished guests. The Provençal-style building, now a boutique hotel, recently underwent a refurbishment to transform the bedrooms, restaurant and wedding facilities. Blending period features with a timeless colour palette,

design director Jamie Hempsall, from Nottinghamshire-based Jamie Hempsall Interior Design Ltd, explains how the stunning interior took shape. It's always exciting when we're asked to re-imagine the interiors of a building like the Grade II-listed Cockliffe Country House. Having completed projects for the National Trust, as well as numer-

ous residential period properties, we are no strangers to heritage design. It is undoubtedly a challenge – you want to preserve original features and stay true to its history, yet create a contemporary and versatile space geared up for the rigours of commercial use. Independent hotel group Heritage Estates had bought Cockliffe Country House back in 2014 and

was striking in its simplicity and serenity. An elegant building made from Ancaster stone, it resembled a home more than a hotel though it was certainly ready for a little love and attention. This is when Jon-Paul and Charlotte Davies, directors of Heritage Estates, approached us to help bring their vision for Cockliffe to life. As a designer, I'm very hand-on and, as we began

to share ideas, I found an immediate connection with Jon-Paul and Charlotte. This is important, since a renovation project like this requires a great deal of trust. The building we see today is largely Georgian, however parts of Cockliffe Country House date back to the late 1600s. While it has been added to many times over the centuries, it has stood steadfast as the world around it changed.

Transformed from a hunting lodge, to a family home and finally a hotel, it has moved with the times while retaining an air of solidity and security. Today, Cockliffe Country House Hotel has many guises – it's an elegant wedding venue, a weekend bolthole, a foodie destination and a modern conference facility. These distinct identities and uses are all, I hope, reflected in the interior design.



For more details, visit www.cch-hotel.co.uk

Grants Aim To Give Teenagers a Pathway into Work or Training



Schools, colleges and other educational institutions across Derbyshire and Nottinghamshire are being urged to take advantage of the latest round of D2N2 Careers Local Enterprise grants to put young people on the pathway to work, training or further education. Applications are open until the end of March for grants of up to £10,000 available to support schemes for 15 to 19 year-olds at risk of becoming not in education, employment or training (NEET). Further information is available from www.nottinghamshire.gov.uk/careerslocal. The scheme is being managed by Nottinghamshire County Council on behalf of the D2N2 Local Enterprise Partnership – the private-sector led partnership promoting economic and jobs growth in its area - with funding available for schemes across Derby, Derbyshire, Nottingham and Nottinghamshire. The grants are funded through the European Social Fund and the Education and Skills Funding Agency.

So far, more than 5,000 young people have benefited from 115 Careers Local Enterprise grant funded projects, supported by grants totalling more than £1.1m. The grants can be used in a variety of ways, including careers guidance for young people establishing closer links with local businesses, improving enterprise and entrepreneurial behaviour and delivering local competitions and events. Matthew Wheatley, D2N2 Chief Executive, said: "To someone who has never entered the world of work, doing so can seem a daunting task. At D2N2, we're trying to close the divide between school and work through a number of initiatives, including Careers Local. "This is to ensure that the next generation of the Nottinghamshire and Derbyshire workforce are as ready for the world of work as they can be; inspired by the numerous and varied opportunities open to them, and equipped with the skills needed and wanted by local businesses."

£50K Children's Play Area Opened in Colwick

A newly refurbished children's play area has opened at Valeside Gardens in Colwick thanks to a £49,999 investment. A funding bid was jointly made by Gedling Borough Council and Colwick Parish Council to WREN, a not-for-profit business that awards grants for community, conservation and heritage projects, from funds donated by waste and resource management company FCC Environment through the Landfill Communities Fund. The new play area features a timber trail, swings, slides and toddler multi-unit climbing apparatus. The Deputy Mayor of Gedling, Councillor Barbara Miller, Portfolio Holder for Environment, Councillor Peter Barnes attended the opening along with local children. Councillor Peter Barnes, Portfolio Holder for Environment said: "We're very pleased to be able to open the refurbished play area at Valeside Gardens and I'm sure the children will be delighted with all the new equipment. I'd like to thank Colwick Parish Council for all their hard work and to WREN for funding the project." Alison Nunn, Chair of Colwick Parish Council said: "The Parish Council would like to thank firstly WREN for the grant money that made this possible, Gedling Borough Council Parks Team for their support in every aspect of the funding application and their work on the park and especially the residents of Colwick Village who came together to turn a neglected space into an up-to-date area for people to meet and where children can play safely on new equipment."

Using your health insurance at Woodthorpe Hospital

If you have private health insurance through work or have taken out your own policy, we are here to help.

Use your policy and take control of your health care

- ✓ Fast and flexible appointment times
- ✓ Choice of consultant who will see you throughout your treatment
- ✓ Single en suite room
- ✓ Individual pre assessment and priority discharge

Woodthorpe wants to make your experience as easy and stress free as possible. Please call us on **0115 9209 209**

www.woodthorpehospital.co.uk
748 Mansfield Road, Woodthorpe, Nottingham NG5 3FZ

Woodthorpe Hospital
Part of Ramsay Health Care

PRATT & GELSTHORPE



2018 67 2008 SUV ALLURE

1.2 Puretech 82

Ultimate Red with 5 miles

Multifunction Touchscreen with DAB Radio

Mirror Screen with Android Auto & AirPlay

Automatic Lights & Wipers

Rear Parking Sensors

£13,995

PLUS £1,000

DEPOSIT CONTRIBUTION

PEUGEOT APPROVED CARS

NEW 3008 SUV UPTO £400 DEPOSIT CONTRIBUTION*

18 67	3008 SUV GT Line 1.6 Puretech THP165 EAT6 Auto, i-Cockpit, Roof Bars, Sunset Copper, 5 Miles, Petrol, Automatic,	£26,995	
18 67	New 3008 SUV 1.2 Puretech 130 Nav, Glass Roof, Delivery Mileage 5 Miles, Sunset Copper, Petrol, Manual,	£26,695	
17 66	New 3008 SUV GT 2.0 BlueHDI 180 EAT 6 Nav, Camera System, Leather, Sunset Copper, 6,267 Miles, Diesel, Automatic,	£28,995	
18 67	New 3008 SUV 1.6 THP 165 EAT6 Auto Nav, Glass Roof, 360 Camera, Delivery Mileage, 5 Miles, Ultimate Red, Petrol, Automatic,	£29,995	

DELIVERY MILES UPTO £1,000 DEPOSIT CONTRIBUTION*

17 67	108 Collection 1.2 Puretech 82 5 Door Delivery Mileage! 5 Miles, Diamond White, Petrol, Manual,	£11,495	£500
17 67	108 Top! Roland Garros 1.2 Puretech 82 5 Door Sat Nav, Rear Camera, Convertible, Raven Black, Delivery Mileage! 5 Miles, Petrol, Manual,	£12,495	£500
18 67	2008 SUV Active 1.2 Puretech 82 Panoramic Glass Roof, Alloys, Cumulus Grey, Delivery Mileage, 5 Miles, Petrol, Manual,	£13,295	
18 67	2008 SUV Allure 1.2 Puretech 82 Rear Sensors, Alloys, Climate, Ultimate Red, Delivery Mileage, 5 Miles, Petrol, Manual,	£13,995	
17 67	208 GT Line 1.2 Puretech 110 EAT6 Auto, 5 Door, Glass Roof, Satin White, Delivery Mileage! 5 Miles, Petrol, Automatic,	£16,995	£1000
17 67	New 308SW Allure 1.2 Puretech 130 EAT6 Auto Nav, Glass Roof, Black Alloys, Cumulus Grey, Delivery Mileage! 5 Miles, Petrol, Automatic,	£20,495	£1000

PEUGEOT 107/108/C1 UPTO £250 DEPOSIT CONTRIBUTION*

10 10	107 Urban 1.0 5 Door Blue, 55,068 Miles, Petrol, Manual,	£2,995	
15 64	108 Active 1.0 68 5 Door Aircon, Bluetooth, Raven Black, 14,332 Miles, Petrol, Manual, FREE TO TAX!	£6,295	
15 64	Citroen C1 Flair 1.2 VTI 82 5 Door Rear Camera, Sunrise Red, 28,802 Miles, Petrol, Manual, FREE TO TAX!	£6,495	
16 16	108 Active 1.0 5 Door Aircon, Diamond White, 9,450 Miles, Petrol, Manual, FREE TO TAX!	£6,795	£700
14 64	108 Top! Active 1.0 68 5 Door Convertible, Black Electric Roof, Purple Berry, 11,310 Miles, Petrol, Manual, FREE TO TAX!	£6,495	
16 65	108 Top! Active 1.0 68 3 Door, Convertible Black Electric Roof, Diamond White, 12,513 Miles, Petrol, Manual, FREE TO TAX!	£7,495	
17 66	108 Active 1.0 PureTech 68, 5 Door, Tahoe Blue, 5,083 Miles Petrol, Manual, FREE TO TAX!	£7,495	£800
16 66	108 Allure 1.2 Puretech 82, 5 Door Rear Camera, Laser Red, 9,365 Miles, Petrol Manual, FREE TO TAX!	£7,795	£500
16 66	108 Top! Active 1.0, 5 Door Convertible Black Electric Roof, Tahoe Blue, 2,601 Miles, Petrol, Manual, FREE TO TAX!	£8,495	£200
17 66	108 Allure 1.2 PureTech 82, 5 Door, Tahoe Blue, 4,260 Miles, Petrol, Manual, FREE TO TAX!		SOLD
17 66	Citroen C1 Flair 1.0 68 ETG Auto Reversing Camera, Red, 1,096 Miles, Petrol, Automatic, FREE TO TAX!	£8,995	

PEUGEOT 207/208 UPTO £400 DEPOSIT CONTRIBUTION*

11 11	207 Envy 1.4 VTI 95 3 Door, Onyx Black, 39,966 Miles, Petrol, Manual,	£3,995	
12 12	208 Active 1.4 HDI 70 5 Door, Nero Black, 50,746 Miles, Diesel, Manual, FREE TO TAX!	£5,495	
12 62	208 Active 1.4 VTI 95 5 Door, Nero Black, 34,505 Miles, Petrol, Manual,	£5,995	
15 64	208 Access+ 1.2 VTI Puretech 82, 5 Door, Shark Grey, 13,129 Miles, Petrol, Manual,	£6,995	£300
14 64	208 Allure 1.6 EHD 92 5 Door, Bianca White, 33,481 Miles, Diesel, Manual, FREE TO TAX!	£7,695	£500
16 66	208 Active 1.2 Puretech 82 5 Door Aircon, Alloys, Bianca White, 12,792 Miles, Petrol, Manual,	£8,995	
16 66	208 Active Design 1.2 Puretech 82 5 Door, Virtual Blue, 12,581 Miles, Petrol, Manual,	£8,995	
15 15	208 GT Line 1.6 BlueHDI 100 5 Door, Bianca White, 26,000 Miles, Diesel, Manual, FREE TO TAX!	£9,995	
16 66	208 Allure 1.6 BlueHDI 100 5 Door Alloys, Rear Sensors, Aluminium, 7,271 Miles, Diesel, Manual, FREE TO TAX!	£10,495	
16 66	208 Allure 1.6 BlueHDI 100 5 Door Alloys, Rear Sensors, Shark Grey, 4,315 Miles, Diesel, Manual, FREE TO TAX!	£10,495	
17 17	208 Allure 1.2 Puretech 82 5 Door, Rear Sensors, Alloys, DAB Radio, Shark Grey, 13,247 Miles, Petrol, Manual,	£10,695	
17 17	208 GT Line 1.6 BlueHDI 100 5 Door, Rioja Red, 16,270 Miles, Diesel, Manual, FREE TO TAX!	£12,495	

*UPTO £1,000 FINANCE DEPOSIT CONTRIBUTION AVAILABLE ON SELECTED PEUGEOT APPROVED USED CARS, ASK FOR DETAILS.

SAVE

PEUGEOT 207/208 Cont'd

15 15	208 GTI 1.6 THP 200, 3 Door, Bianca White, 11,487 Miles, Petrol, Manual,	£10,995	£1000
17 17	208 Allure 1.2 Puretech 82 5 Door Rear Sensors, DAB Radio, Rioja Red, 14,818 Miles Manual,	£10,995	
17 17	208 Allure 1.2 Puretech 82 5 Door DAB Radio, Rear Sensors, Shark Grey, 10,170 Miles, Petrol, Manual,	£10,695	
16 16	208 GT Line 1.2 Puretech 110 EAT6 5 Door Auto, Aluminium, 3,874 Miles, Petrol, Automatic, FREE TO TAX!	£12,995	
17 17	208 GTI by Peugeot Sport 1.6 THP 208 Special Edition, Satin White, 3,773 Miles, Petrol, Manual,	£17,295	

CONVERTIBLES

14 64	207CC Roland Garros 1.6 VTI 120 Convertible Rare Carl Bianca White, 25, 538 Miles, Petrol, Manual, Luxury Grey Leather, Sat Nav, Rear Sensor,		SOLD
-------	---	--	------

PEUGEOT RCZ UPTO £400 DEPOSIT CONTRIBUTION*

15 64	RCZ R 1.6 THP 270 BHP! Sat Nav, Xenons, 19" R Alloys, Bucket Seats, Nero Black, 15,099 Miles, Petrol, Manual, VERY RARE CAR!	£18,995	£1000
-------	--	---------	-------

PEUGEOT 308 UPTO £400 DEPOSIT CONTRIBUTION*

15 65	308 Allure 1.2 Puretech 130 EAT6 Auto, Sat Nav, Front/Rear Sensors, Tornado Grey, 24,203 Miles, Petrol, Automatic,		SOLD
16 66	308 Allure 1.6 BlueHDI 120 5 Door Nav, Sensors, LED Lights, Nimbus Grey, 9,668 Miles, Diesel, Manual, FREE TO TAX!	£11,495	
17 17	308SW Active 1.2 Puretech 110 Estate Sat Nav, Rear Sensors, Nimbus Grey, 17,977 Miles, Petrol, Manual,	£12,495	
17 17	308 Allure 1.2 Puretech 130 EAT6 Auto 5 Door Sat Nav, F&R Sensors, Nimbus Grey, 9,837 Miles, Petrol, Automatic,	£13,995	

PEUGEOT 2008 UPTO £500 DEPOSIT CONTRIBUTION*

14 64	2008 Crossover Access Plus 1.2 VTI 82, Virtual Blue, 13,399 Miles, Petrol, Manual,	£8,495	
16 16	2008 SUV Active 1.6 BlueHDI 75, Nimbus Grey, 20,413 Miles, Diesel, Manual, FREE TO TAX!	£9,495	
14 14	2008 Crossover Allure 1.2 VTI 82 ETG Auto, Spirit Grey, 20,540 Miles, Petrol, Automatic,	£9,995	
14 64	2008 Crossover Allure 1.6 EHD 115 Rear Sensors, Alloys, Nimbus Grey, 7,660 Miles, Diesel, Manual,	£9,995	
16 16	2008 SUV Allure 1.6 BlueHDI 100, Rear Sensors, Alloys Bianca White, 14,104 Miles, Diesel, Manual, FREE TO TAX!		SOLD
16 65	2008 Crossover Active 1.2 VTI 82 ETG Auto, Nimbus Grey, 18,181 Miles, Petrol, Automatic,	£10,995	
15 15	2008 Crossover Feline 1.6 EHD 92 Nav, Glass Roof, Leather, Amber Red, 17,239 Miles, Diesel, Manual,	£11,295	
17 17	2008 SUV Active 1.2 Puretech 82 DAB Radio, Alloys, Nimbus Grey, 12,682 Miles, Petrol, Manual,	£11,295	
16 66	2008 SUV Active 1.6 BlueHDI 100 FREE TO TAX! Cumulus Grey, 8,144 Miles, Diesel, Manual,	£11,495	
16 66	2008 SUV Allure 1.6 BlueHDI 100, Cumulus Grey, 5,541 Miles, Diesel, Manual, FREE TO TAX!		SOLD
17 17	2008 SUV 1.2 Puretech 110 Rear Sensors, Alloys, DAB Radio, Nimbus Grey, 17,573 Miles, Petrol, Manual,		SOLD
16 66	2008 SUV Allure 1.6 BlueHDI 100 Rear Sensors, Nimbus Grey, 7,876 Miles, Diesel, Manual, FREE TO TAX!	£12,295	
17 67	2008 SUV Active 1.2 Puretech 110 EAT6 Auto Rare Carl, Cumulus Grey, 1,426 Miles, Petrol, Automatic,	£15,495	
17 66	2008 SUV GT Line 1.2 Puretech 110 EAT6 Auto Rear Camera, Nav, Glass Roof, Cumulus Grey, 2,984 Miles, Petrol, Automatic,	£16,995	
17 17	2008 SUV GT Line 1.2 Puretech 110 EAT6 Auto Sat Nav, Rear Camera, Glass Roof, Ultimate Red, 11,192 Miles, Petrol, Automatic,	£17,495	

PEUGEOT 3008/5008 UPTO £400 DEPOSIT CONTRIBUTION*

16 66	3008 Crossover Allure 1.6 BlueHDI 120 EAT6 Auto Nav, Glass Roof, Rear Camera, Vapour Grey, 3,456 Miles, Diesel, Automatic, £30 TAX!		SOLD
16 66	3008 Crossover Allure 1.6 BlueHDI 120 EAT6 Auto Glass Roof, Sat Nav, Bianca White, 6,338 Miles, Diesel, Automatic,	£16,495	
17 17	5008 Allure 1.6 BlueHDI 120 EAT6 Auto Glass Roof, Rear Camera, Shark Grey, 12,638 Miles, Diesel, Automatic,	£16,995	

PEUGEOT 508 UPTO £400 DEPOSIT CONTRIBUTION*

17 17	508SW GT 2.0 BlueHDI 180 EAT6 Auto Estate, Nav, Leather, Bianca White, 10,953 Miles, Diesel, Automatic,	£18,995	£3000
-------	---	---------	-------

TEPEE/TRAVELLER

12 61	Partner Tepee Horizon 5 1.6 HDI 92 Wheel Chair Adapted SUV, Kyonos Blue 10,879 Miles, Diesel, Manual,	£8,995	
-------	---	--------	--

OTHER MAKES

14 14	Chrysler Ypsilon SE 1.2 (s/s) 5 Door, White, 22,670 Miles, Petrol, Manual,	£4,995	
14 64	Citroen C3 Picasso Selection 1.6 HDI, White, 29,496 Miles, Diesel, Manual, FREE TO TAX!	£6,995	
15 15	Suzuki SX4 SUV S-Cross SZ3 1.6 DD15, Red, 6,028 Miles, Diesel, Manual,	£9,495	
16 65	Skoda Fabia SE 1.2 TSI 90 (s/s) Estate, Corrida Red, 22,232 Miles, Petrol, Manual,	£9,995	
15 65	Mini Cooper D Convertible 1.6 D Chili & TLC Pack, Black Alloys, Midnight Black, 34,765 Miles, Diesel, Manual,	£9,995	£1000

PRATT & GELSTHORPE

Baldertongate, Newark, NG241UF

01636 673888 www.newarkpeugeot.co.uk



Find us on Facebook



Thrumpton Hall

Make yours an unforgettable occasion

Situated within 300 acres of stunning parkland, Thrumpton Hall is a picturesque venue for any occasion.

Whether it be a business meeting, conference or birthday celebration, the 18th century hall combines history, grandeur and top quality service for an unforgettable event. It's an extremely popular choice for weddings, with its picturesque features and Lakeside Pavilion making for a breath-taking backdrop for your big day.

From corporate days to family gatherings, the team of trained and dedicated professionals are all on hand to ensure your day runs smoothly too. Whether it's start to finish planning or the all-important finishing touches, it's a service you can really tailor to your occasion.

Located with convenient links to East Midlands Parkway train station, East Midlands Airport and the M1 as well as Nottingham and Derby city centres, it's also perfect for bringing people together, whatever the celebration. The hall hosts events throughout the year too from yoga workshops to wedding fairs. Visit www.thrumptonhall.com or call Events Manager Paula Straw on 07796 956556 for more information.



**SPRING
WEDDING
FAIR**

Sunday 18th
March
10am - 2pm
free entry!

Thrumpton Hall, Nottinghamshire, NG11 OAX tel: 07796 956556 or 07702 015845
www.thrumptonhall.com or email: enquiries@thrumptonhall.com

TIME FOR AN ENCORE!



From the group that brought you 'Fawlty Towers', 'One Man, Two Guv'nors' and 'Avenue Q', Encore! Performing Arts are proud to present the witty and hilarious sitcom, 'Blackadder Goes Forth'. Presenting this show is particularly fitting, as it coincides with the 100 year anniversary of the end of WWI.

It's 1917, and deep inside the Allied trenches, Captain Edmund Blackadder is an intelligent, self-centred officer whose aim is to survive until the war is over. He is assisted by the eager but stupid Lt. George Colthurst and

the moronic, grungy Private Baldrick. Blackadder's commander is the insane General Melchett, who is assisted by Blackadder's rival Captain Darling...and Edmund will stop at nothing to avoid going 'over the top'.

We present four episodes from the hit BBC sitcom:

'CAPTAIN COOK'

Blackadder learns of a secret mission in search of a talented artist within the Trenchers;

'CORPORAL PUNISHMENT'

Edmund is put on court martial for the 'murder' of General Melchett's beloved pigeon 'Speckled Jim';

'MAJOR STAR'

When the Russians pull out of the war, the way to increase morale is a music hall type concert for the men, but George finds himself in a sticky situation;

'GOODBYEEE'

The day arrives when the men are ordered to advance into No-Man's-Land, but can Blackadder make one last ditch attempt to avoid the inevitable push?

The show will be performed at

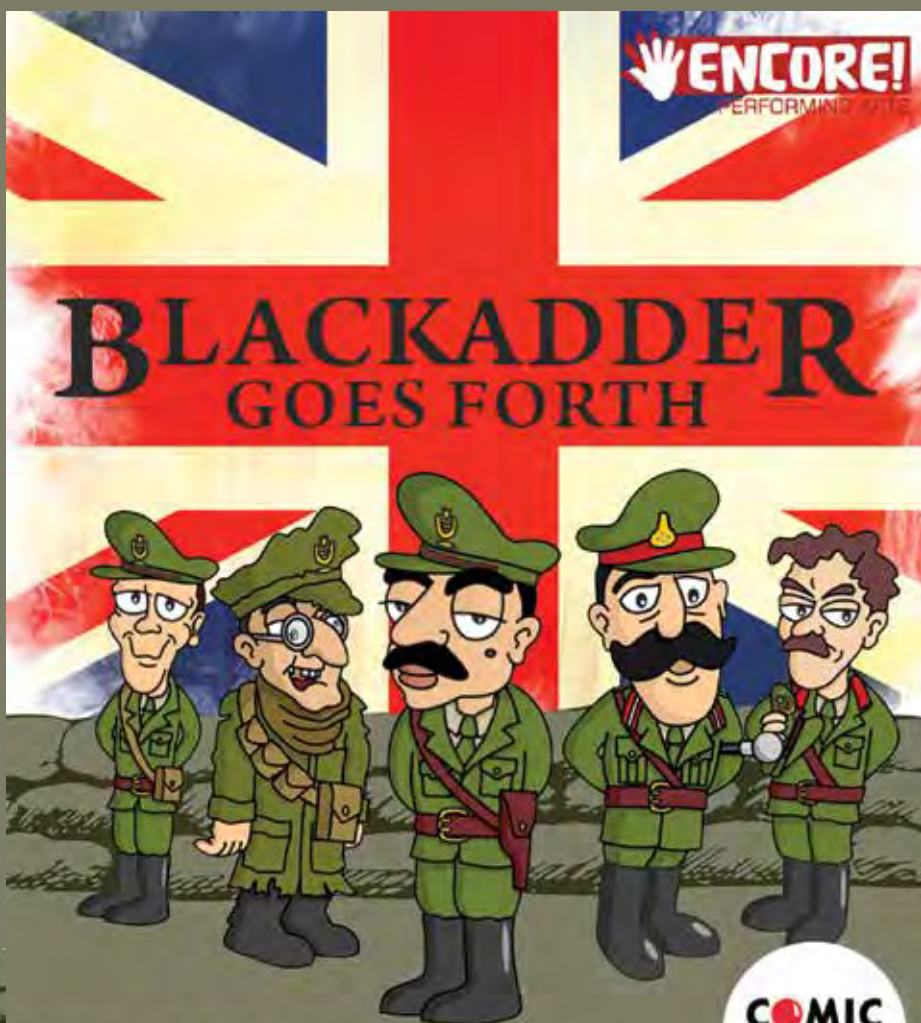
'the space', Nottingham Girls High School, 9 Arboretum St, Nottingham, NG1 4JB, from Monday 9th - Saturday 14th April 2018. Tickets are available now at www.ticketsource.co.uk/encoreperformingarts and are priced at £12 concessions (Under 18, Over 65, and Students), and £15 adults with an opening night offer of all tickets £10 on Monday 9th April. Alternatively, you can ring the box office at 0333 666 3366(online and telephone

welcoming licensed bar, new comfortable auditorium seating and disabled access. For more information, you can check out our website at www.encoreperformingarts.co.uk or like us on Facebook @ [encorenotttingham](https://www.facebook.com/encorenotttingham). Throughout the show week, we will be collecting buckets at the end of each show for the Royal British Legion who help members of the Royal Navy, British Army, Royal Air Force, veterans and their families all



booking fees apply). the space is the brand new theatre of the Nottingham Girls High School, having only opened in March 2017, this brand new state-of-the art building boasts facilities such as free on-site parking,

year round. They also campaign to improve their lives, organise the Poppy Appeal and remember the fallen. You can find out more information at www.britishlegion.org.uk.



9th - 14th April 2018

Evening performances at 7:30pm, 2:30pm Saturday matinee

the space, Nottingham Girls High School, 9 Arboretum St, Nottingham, NG1 4JB

www.encoreperformingarts.co.uk

0333 666 3366*

*Online and telephone fees apply

COMIC RELIEF

A non-professional production written by Richard Curtis and Ben Elton in arrangement with Tiger Aspect Productions with performances fees donated to Comic Relief.



EDUCATION, TRAINING & APPRENTICESHIPS**National Apprenticeship Week 2018**

Now in its eleventh year, March 5 – 9 will see training providers, employers and apprentices come together to celebrate National Apprenticeship Week 2018.

Nottingham Trent University will be marking the occasion with a number of apprenticeship specific events scheduled throughout the week. Focusing on key areas and sectors, these events will provide tailored, up to date, practical advice on the apprenticeships on offer and in development at NTU, plus the apprenticeship levy, funding and the application / recruitment process. Meet our academic staff and expert apprenticeship team who will be on hand to answer any questions you may have about making appren-

ticeships work for your organisation.

NTU's portfolio of apprenticeships cover a variety of industries including:

- management and leadership
- education
- construction
- health
- digital
- food

Visit www.ntu.ac.uk/apprenticeships for more information about our apprenticeships.

Partnering with a university, such as NTU, allows employers to draw upon their extensive experience of working with students from all backgrounds. Renowned for our data-rich approach that aims to transform the lives of

young people, universities can help attract a diverse range of talented individuals to meet employer needs.

National Apprenticeships Week is a fantastic opportunity to explore how apprenticeships can help organisations to meet business needs, whilst viewing our cutting-edge facilities and meeting our expert academic staff and apprenticeships team. We're hosting events throughout the week aimed at giving you practical and insightful information and advice about all things apprenticeships at NTU.

Visit www.ntu.ac.uk/apprenticeshipweek to see a full list of our weeks event and book your place today.

The Road to Success

Will you be taking part in National Apprenticeship Week?

National Apprenticeship Week 2018 takes place from 5 – 9 March and will be a celebration of apprenticeships in England. The theme for National Apprenticeship Week 2018 is 'Apprenticeships Work', designed to showcase how apprenticeships work and offer benefits for individuals, businesses, communities and the wider economy.

During National Apprenticeship Week employers and apprentices from across England will come together to celebrate the success of apprenticeships, whilst encouraging even more people to choose an apprenticeship as the pathway to a great career. The National Apprenticeship Week events map, found on the gov.uk website, will highlight the array of events scheduled to take place during this celebratory period. From practical trades such as construction and hairdressing to office jobs and computer work – there is an apprenticeship designed for everyone!

The events map from National Apprenticeship Week 2017 held information on over 500 events, including the launch event hosted by Barclays with Secretary of State Justine Greening, an 'apprentice take over' event at the House of Commons with over 150 apprentices, the Skills Minister visiting Cross-rail and meeting apprentices as well as many careers events and business breakfasts across the country.

**How can I get involved?**

From individual participation and attendance at the events to involving your business and gaining recognition for your business' support for apprenticeships – we can all play our part this NAW!

The primary objective is to educate the community on the positive impact apprenticeships can have on individual apprentices and

their employers too, as well as the benefits they generate for the wider economy.

There are so many different ways to get involved, find something which is right for you.

Host an open day at your business or suggest the idea to your boss, to publicise the fantastic work and learning that takes place on an apprenticeship course.

Spread awareness of the event with the official hashtag on social media – #NAW2018. You can do your part by making a simple post and helping to change the future for apprenticeships.

Download the graphic from the NAW2018 official website and share it with your friends to raise awareness for the week.

Give teachers and older school pupils the chance to explore your business and look into the apprenticeship courses you or your company offers for a chance to shape their future.

For schools and colleges, maybe you could make a presentation explaining the benefits of an apprenticeship and look at some of the different trades which offer this qualification.



ROYAL AIR FORCE
REGULAR & RESERVE
2503 (County of Lincoln) Squadron
Based at RAF Waddington
ROYAL AIR FORCE
REGIMENT RESERVES
RECRUITING NOW

You can serve with the RAF Reserves along side your full time civilian career

- Join age 18 to 54
- Minimum 27 days annually
- Many companies give an extra 10 days leave for Reserve Service
- Daily rates of pay for work and training
- Annual Tax Free Bounty (incremental)
- Work alongside the Regular RAF
- Opportunity to travel
- Lifelong learning opportunities
- Sport and Adventure Training opportunities

Apply now at
raf.mod.uk/recruitment
0345 606 9069

[/rafrecruitment](https://www.facebook.com/rafrecruitment) @RAF_Recruitment





**Nottingham
Jobs**

“It’s working for me”

Is your business taking on an apprentice?

**You could be eligible for a lump sum payment of
£1,000* with Nottingham Apprenticeship Grant.
Applications can be made up to 30 April for
apprentices taken on before 31 March 2018.**

We can support you to recruit unemployed City residents aged 16-24 in apprenticeships.
We can also help you to select and screen the right person for the job.

For more information contact us on 0115 876 2811

 /MyNottinghamJobs  @NottmJobs
#nottinghamworks #nottinghamjobs

*Eligibility criteria apply.



This activity is part-financed
by Nottingham City Council
and the European Union
through the European
Social Fund (ESF) and the
Youth Employment Initiative
(YEI).

**Nottingham
Jobs**



Apprenticeships

Nottingham City Council
ambitious
for the people of Nottingham



**Nottingham
City Council**



National Apprenticeship Week 2018

Nottingham Trent University will be celebrating National Apprenticeship Week 2018 with a schedule of events aimed at providing support to employers. Our expert apprenticeship team will be on hand to provide guidance and advice on everything from finance, funding, recruitment and individual course queries.

NTU has created a schedule of events, focused on key industries and sectors. Employers can gain in-depth advice regarding apprenticeship funding and application, as well as details of the courses and facilities on offer to their apprentices. You'll get a chance to put your questions to our expert apprenticeship team, see the world-class facilities apprentices will be taught in, and meet the academics who will teach them the skills and knowledge to drive innovation in your business.

We are committed to the continued development of our apprenticeship portfolio, covering a variety of industries and sectors. To keep up-to-date with our developments, visit

www.ntu.ac.uk/apprenticeships

To discover how we can help your company to grow, visit our website or get in touch.

Email: apprenticeship@ntu.ac.uk

www.ntu.ac.uk/business

Food: Apprenticeships Work at NTU

Tuesday 6 March

Public Sector: Apprenticeships Work at NTU

Wednesday 7 March

Technology: Apprenticeships Work at NTU

Wednesday 7 March

Construction: Apprenticeships Work at NTU

Thursday 8 March

Accounting and Finance: Apprenticeships Work at NTU

Thursday 8 March

Law: Apprenticeships Work at NTU

Friday 9 March

Visit **www.ntu.ac.uk/apprenticeshipweek** for more information on the weeks events and to book your place.



The Rushcliffe Golf Club

May Open Day
Sunday 27th May 12pm-4pm

Visit us on **Sunday 27th May**
& experience everything our unique
Golf Club has to offer!



Call us: 01509 852959

Visit our website: www.rushcliffegolfclub.co.uk

Find us on Facebook & Twitter



**IF
YOU
WOULD
LIKE
TO
FEATURE
ON
THIS
PAGE
PLEASE
CALL
US
01159
313879**

Student follows in the footsteps of stars of the stage and screen

A teenage student from Retford will be taking part in a Festival of Contemporary Theatre at one of the UK's most prestigious performing arts schools.

Bethany White will be performing in the Six on Six Contemporary Theatre Festival, which is taking place from 27 February - 8 March. Bethany is a student on the Sixth Form Acting Course at Tring Park, whose alumni include Lily James (Disney's Cinderella and Juliet in Kenneth Branagh's Romeo and Juliet at the Garrick) and Daisy Ridley (Star Wars: The Force Awakens, the Last Jedi and Murder on the Orient Express).

The Six on Six Festival will see Tring Park acting students perform six plays in six days at Tring Park's very own Markova Theatre in the grounds of the school, which is housed in a former Rothschild mansion built to a design of Sir Christopher Wren in 1685.

Bethany will be starring in Two by English dramatist Jim Cartwright.

Two presents a microcosm of

working-class life in a northern pub in the '80s; the main characters are the landlord and landlady and the characters they interact with in the pub, including the father who leaves his young son behind in the pub, and a fragile reconciliation occurs as their own dark tragedy is revealed. The performance will take place at 7.30pm on 8 March. Tickets are £10 and are available from tringpark.com

The five other plays include: Cressida by Nicholas Wright; Plague by Albert Camus; Blue Remembered Hills by Dennis Potter; Amy's View by David Hare; and Way Upstream by Jim Cartwright.

Director of drama Ed Applewhite: "The Six on Six Festival is a hugely ambitious undertaking by our students, and the plays we have chosen really push them to explore the depths of their acting skills."



DR BIKE

01636 918209

WE WANT YOUR SECOND HAND BIKES!

**COMPETITIVE
PRICES PAID
IN CASH**

07897 331554



Corner House Farm, Farndon, Newark, Nottinghamshire



WORLD OF MOWERS



**GET BIG
CASHBACK DEALS
FOR YOUR OLD MOWER.**

**CASHBACK
AMOUNT
UP TO £2700**

**WHEN YOU PURCHASE ANY STIGA OR MOUNTFIELD
RIDE ON OR PETROL LAWN MOWER.**

FREE LOCAL DELIVERY
www.worldofmowers.co.uk

0115 920 0099

World of Mowers • Crifin Enterprise Centre • Unit 8 • Oxtown Road • Epperstone • Nottingham • NG14 6AT



Kubota

Indespension
TRAILERS

Masport

SCH

Simplicity

HOLDING A LOCAL EVENT?

CALL 01159 314380

Discover RUTLAND

A Rural

Escape



Even Bigger
for 2018
season

AQUA
PARK
RUTLAND.CO.UK

with more obstacles
and new challenges

Freefall

Opens 26th May 2018

Great for
individuals and
Groups of all sizes.
Exclusive use
sessions available.

For tickets, vouchers and to check availability go to www.aquaparkrutland.co.uk

R

utland is one of the best kept secrets of the English countryside and is absolutely brimming with things to see and do. In fact, the county motto is 'Multum in Parvo' which means 'Much in Little'.

Market Towns

A visit to Rutland would not be complete without enjoying some time in the pretty county towns of Oakham and Uppingham. If you like to shop, you will love the boutiques, art galleries, antique shops and the choice of places to eat in Oakham. Follow the Oakham Heritage Trail and discover the hidden gems around the town, starting at the excellent Rutland County Museum, it takes you to many historical buildings including Oakham Castle.

Uppingham is a quintessentially English market town. The majority of shops are

family run with unique retailers hidden away along ancient alleyways. The town is renowned for its excellent range of antique stores, fine art galleries, book shops and tearooms.

Rutland Water

Rutland Water is the largest man-made reservoir in Europe. Set in 4200 acres of open countryside, it lies at the very heart of the county and is as spectacular in beauty as it is in size. Widely regarded as a leading centre for water and land based leisure activities it has a year round appeal for fishermen, cyclists, sailors and bird watchers.

Cycling and Walking

Beautiful scenic routes crisscross the county, excellent for both cyclists and walkers. The 65 mile Rutland Round may sound a bit daunting but there are plenty of shorter walking or cycling routes.

Gardens

Barnsdale

Gardens features 38 gardens and there's also a fabulous tea room full of homemade delights. Hambleton Bakery just down the road, bake scrumptious bread and cakes using 200-year-old methods and have been named ITV's Britain's Best Bakery.

Location

All the different attractions that are available in Rutland, from things to do and places to see, are what make this location so appealing. A great place to visit, Rutland is also an ideal relocation destination for potential homeowners who want to stay and enjoy everything that Rutland has to offer.



Discover **RUTLAND****The National Watersport Festival
back at Rutland Water**

The National Watersports Festival (NWF) is back this year and bringing with it the return of the Rutland Festival that will run alongside this prestigious sporting event, which sees around 500 competitors and 10,000 spectators taking advantage of everything Rutland Water has to offer.

Taking place across the weekend of the 8-10 June, the National Watersports Festival is a three-day extravaganza of windsurfing and stand up paddle boarding (SUP), attracting all ages and levels, from complete beginners to Olympic level riders. Racing, demos, talks, trade show, clinics and product launches are all part and parcel of the packed festival of events.

For visitors who may never have tried

windsurfing or stand up paddle boarding, they can dip their toe in the water, with taster sessions for beginners taking place across the whole three days. Last year PADI also provided taster sessions and for the first time ever, recreational divers were allowed in Rutland Water. This year, joining PADI will be the RYA (Royal Yachting Association) who will be coordinating all the above water taster sessions and, alongside windsurfing and SUP, will be offering dinghy sailing and kayaking, to complete a full complement of water based activities for everyone to enjoy.

Now in its 12th year – the second at Rutland Water – NWF organisers, supported by Anglian Water are looking to

grow the event further and, in so doing, have re-introduced a much-loved event – the Rutland Festival – to coincide with the weekend.

Some of the best local food producers and suppliers are being lined up to join all the weekend's festivities, including The Grainstore Brewery. They will again be sponsoring the festival and, as well as providing a full bar, which includes their exceptional local beers and ales, will also be staging all the live music across the weekend.

Further information at www.national-watersportsfestival.com.



**RUTLAND
CYCLING**

**the
rock
blok**

**Great family days out
at Rutland Water!**

**Family bike hire
from just £39.99***

12 stores at: Rutland | Fineshade | Peterborough
Grafham | Cambridge | Pitsford | Nottingham

*Advance booking only. Excludes Bank Holidays.

**Cycle Hire
& Sales**
Open every day

**Electric
Bikes**
Hire & Sales

**Climbing
& High Ropes**
Rutland Water
only

Go to www.rutlandcycling.com/hire or
call our friendly team on **0330 555 0080**





Barnsdale
Hall Hotel
Afternoon Tea

Barnsdale Cream Tea
Home-made raisin or plain scone,
served with Cornish clotted cream, strawberry jam
and a pot of loose leaf tea from our speciality tea menu.
£6.50

Barnsdale High Tea
Selection of traditional sandwiches
Severn and Wye smoked salmon, on rye bread
Grasmere ham, smoked tomato chutney on malt bread
Cucumber and cream cheese on white bread
Cheddar with pear and apple chutney on malt bread

Home-made raisin and plain scone
served with cornish clotted cream, strawberry jam

Selection of home-made pastries
Blackberry and lemon frangipane tart
Chestnut and vanilla éclair
Victoria sponge cake
Berries and vanilla cream

Pot of speciality loose leaf tea from our speciality
tea menu or Nairobi freshly brewed coffee
£16.95

01572 725174
www.barnsdalehotel.co.uk

f t i

Discover RUTLAND

Larkfleet starts work on Oakham Retirement Homes and Dementia Care Unit

Larkfleet Homes (www.larkfleethomes.co.uk) has started construction work on a 'continuing care retirement community' (CCRC) in Oakham, Rutland. It will provide 62 one and two-bedroom homes for 'independent living', 54 properties for 'assisted living' for people with particular care needs and a 60-bed specialist care home for people with dementia.

The CCRC is part of Larkfleet's Oakham Heights development – a major urban expansion of Oakham being built on land between the Oakham bypass and Barleythorpe Road.

In total, more than 800 high quality homes – including 'affordable' homes for local people – will eventually be constructed in several phases at Oakham Heights as part of a development programme running until around 2027.

In addition to new housing, the plans include offices, parks and open spaces, children's play areas, allotments and a new local centre. There are also plans for a new hotel with an adjoining pub/restaurant, enhancements to the ecology of Barleythorpe Brook which runs through the site and improved transport links with new



cycle, footpath and bus routes. Integral parts of the development will be a new permanent enhanced and enlarged home for the Rutland County Show and new improved facilities for the town's football, rugby and other clubs.

Larkfleet is already well advanced with Butterscross Park – a development of new homes within Oakham Heights. It offers a range of traditionally-styled energy-efficient

2, 3, 4 and 5-bedroom houses to suit buyers looking for a quality new home in rural surroundings. Prices start at less than £150,000.

The Oakham Heights CCRC will provide a much-needed facility for the aging population of Rutland. It will also create around 90 jobs for local people.



The Oakham Heights continuing care retirement community will provide a much-needed facility for Rutland.



The Exeter Arms Barrowden

Mother's Day - Sunday 11th March
Free Glass of Bubbly for every Mother when a main meal is ordered.

Easter Weekend Special Events
Check out our website for more information.

WE OFFER
A Warm Welcome | Selection of Real Ales
Premium Lagers & Quality Wines
Seasonal & Varied Menu
Roaring Log Fire | Large Garden | Parties & Functions
Accommodation | Children & Dogs Welcome

OPENING HOURS
Tue: 6pm - 10.30pm
Wed & Thur: 12 noon - 3pm, 6pm - 10.30pm
Fri & Sat: 12 noon - 3pm, 6pm - 11pm
Sun: 12 noon - 6pm
Mon: closed.

LUNCH SPECIAL OFFER
Wednesday to Friday
Two Courses for £13.50

TAKE OUT TUESDAY
Fish & Chips £5.95 per portion

WICKED WEDNESDAY
Two Steaks (Ribeye, Fish or Gammon) & two glasses of house wine £30

THIRSTY THURSDAY HAPPY HOUR
£3 a pint or 175ml glass of house wine between 6pm and 7pm

FAMILY FRIDAY
Children's meals half price whilst you enjoy a drink between 6pm and 7pm

QUIZ NIGHT
1st Thursday of the month
£5 per team of four. Prize for the winning team. All funds from ticket sales go to the Rutland Air Ambulance.

OPEN MIC NIGHT
3rd Thursday of the month
Talented local musicians playing Live Music from 8pm

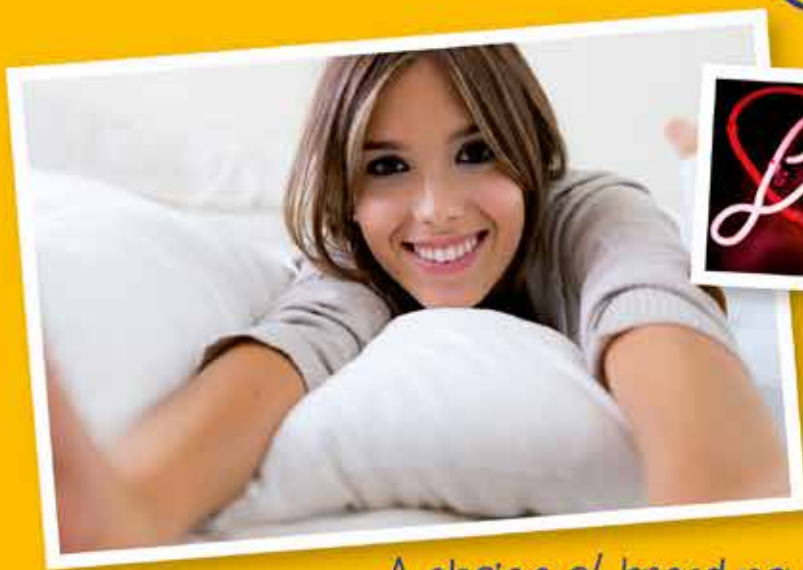
More information and our current menu on our website
www.exeterarmsbarrowden.co.uk E: info@exeterarmsbarrowden.co.uk

T: 01572 747365

Home

It's where
your heart is! x

Solar panels
as standard*



A choice of brand new, energy efficient homes
in the following locations



Bourne
Corby
Doddington
Oakham
Peterborough
Thorney
Whittlesey



2, 3, 4 and 5 bedroom homes
Prices from £147,500



Visit: www.larkfleethomes.co.uk ☎ 0845 450 7872

Sales offices open daily 10am – 5pm

Head Office: Larkfleet House, Falcon Way, Bourne, Lincolnshire PE10 0RZ

Prices and information correct at time of going to print. *Excluding apartments...

LarkfleetHomes

...better, because we care



Traders, Motorhomes & Caravans to Descend on Newark

The UK Spring Motorhome & Caravan Show is back for 2018, so kick off the season in style as fantastic traders descend on Newark in March.

The show, which has been firmly established at Newark Showground as a fantastic event for motorhome and caravan enthusiasts, returns for its 12th year on Saturday March 17 to Sunday March 18 at Newark Showground.

The spring show is one of the most exciting weekends for motorhome and caravan owners as we attract traders and visitors throughout the whole of the UK and beyond. 2017's show was a success and produced a great range of motorhomes, caravans, accessories and consumables for many club members and visitors to see. Newark showground welcomes a diverse variety of experienced visitors and newcomers ready to enjoy the trade stalls, as well as offering activities and entertainment for day visitors and those with weekend camper tickets.

Campers staying over the weekend can save £10 by booking before March 12, securing their ticket at £49 in advance. On the gate, a weekend camping ticket is £59. Activities will include line dancing, a dog show, a bake off, a general knowledge quiz and bingo with cash prizes, along with special bus trips to Lincoln and Newark.

Event planner, Vicky Bean, is

looking forward to the fantastic weekend, and said: "We are encouraging visitors to bring their dogs along to the show and take part in our first ever relaxed and fun dog show, where we will be giving out awards for the Waggiest Tail and many more. We're also looking forward to an all new bake off, which again is a first for the show so come along and try it out."

For more information on booking pitches, exhibiting or visiting for the day, head over to www.motorhomeandcaravanshows.co.uk.

UK Spring motorhome & caravan show
Outdoor | Leisure | Camping



Special 3 Night Offer Bed and Breakfast

Bed Breakfast and 3 course Evening Meal from £105

From Only

£75

Per person



www.palmcourtskegness.com

Telephone 01754 767711

Easter Antique Fair Friday March 30th & Saturday March 31st 2018



PETERBOROUGH
— FESTIVAL OF ANTIQUES —

30 March 2018
07:00 - 10:00 Early Trading £15.00

30 March 2018
10.00 - 16:30 £ 7.50

31 March 2018
9.00 - 16:30 £ 5.00

Children under 16 are free

www.festivalofantiques.co.uk



The East of England Showground
Peterborough • Cambridgeshire • PE2 6XE

Over **70** Exhibits

Off-season mid-week tickets **£4**

Full indoor zoo

New Exhibits coming 30th March

A family owned small zoo with an emphasis on interactivity and affordable fun for the entire family.

Bugtopia The Zoo, Sykes lane, Empingham, Oakham, Rutland, LE15 8QL
Tel: 01780 460518

WWW.BUGTOPIA.CO.UK

Also visit Bugtopia Kettering and Bugtopia Hornsea



nottingham
harmonic
choir

2017 - 2018
162nd Concert Season
www.NottinghamHarmonic.org
Founded 1856

ST MATTHEW PASSION
J.S. BACH

SATURDAY 17 MARCH 2018 7:00PM

SOUTHWELL MINSTER

Charles Daniels Evangelist
Grant Doyle Christus
Katie Trethewey Soprano
Cathy Bell Mezzo-soprano
Christopher Turner Tenor
Henry Neill Bass
Richard Laing Conductor
The Musical and Amicable Society

Tickets
£15 - £18 concessions available
Children FREE (accompanied by a fee paying adult)

Available from
www.NottinghamHarmonic.org

Tourist Information Centre, Smithy Row, Nottingham
0844 477 5678

Cathedral Shop, Church St. Southwell
01636 812 933

Windblowers, 75-77 Derby Road, Nottingham
0115 941 0543 (cheque or cash payments only)

Twitter: @notts_Harmonic
Facebook: Nottingham Harmonic Choir

Cranny No. 231548

IF
YOU
WOULD
LIKE
TO
FEATURE
ON THIS
PAGE
PLEASE
CALL
US
01159
313879

COSMO AUTHENTIC WORLD KITCHEN
EAT ALL YOU LIKE... FOR ONE SET PRICE

NOTTINGHAM'S ULTIMATE WORLD BUFFET

TAKE YOUR TASTE BUDS AROUND THE WORLD AND ENJOY OVER 150 DISHES FRESHLY PREPARED AT OUR LIVE COOKING STATIONS... COOK FRESH • EAT FRESH

BOTTOMLESS SOFT DRINKS
UNLIMITED REFILLS **£2.99**

LUNCH FROM **£8.99*** **FAMILY FRIENDLY VENUE** **KIDS HALF PRICE*** DINNER FROM **£14.99***

SEE FACEBOOK FOR OUR LATEST OFFERS AND PROMOTIONS

BOOK NOW: 0115 950 7755
www.cosmo-restaurants.co.uk www.facebook.com/CosmoNottingham

FRESH INGREDIENTS • FRESH IDEAS

*PRICES SHOWN ARE FOR SPECIFIC DAYS. SEE CHARTER FOR FULL LIST OF PRICES.

BINGHAM MARKET
Every Thursday

FARMERS' MARKET
Every 3rd Saturday of the month
9am - 1pm

For more information please contact East Midlands Markets and Events
on 07956 631683 or email info@emme.uk.com
www.emme.uk.com

Tresillian House
GUEST HOUSE AND GARDEN
51 DALBY ROAD MELTON MOWBRAY

Inspiring Courses & Workshops
DATES FOR YOUR DIARY

A Talk On Roses
with Rosarian Michael Marriott of David Austin Roses
Wednesday 21st March
2pm - 4pm
£30pp includes materials

Tea & Crochet
with @ForJosephineCrochet
Thursdays from 1st March at 7pm
£15pp includes materials & tea/coffee

Needlefelting with Furzie
Create a needlefelted Hare with Michelle Hickman
Sunday 18th March, 10am - 4.40pm
£70pp includes materials, light lunch & refreshments

Willow Sculpture
Workshop with artist Kate Morrell
Saturday 2nd June, 10am - 4pm
£70pp includes materials

FOLLOW US AND KEEP UP TO DATE

call now on 01664 481997 or visit us online at
www.tresillianhouse.com
find out more and book online



Hook, Line and Sinker



Barlow Trout and Coarse and carp Fishery is set amongst 50 acres of beautiful secluded valley on the edge of the Derbyshire Peak District, located closely to the South Yorkshire border. Boasting three scenic trout lakes, four coarse lakes, a specialist carp

lake (advanced booking required) and a fresh water brook, there's something for every avid angler to enjoy! Day tickets for the site are available and overnight carp fishing is permitted too for anyone who struggles to make time during the day. Facilities

also include a café, ample car parking, toilets and disabled access. Hard standing paths and roads ensure the fishery remains practically mud free, even after heavy rain, making fishing a practical activity no matter the weather.

Why not treat yourself to a weekend retreat? With lovely holiday cottages, a farm shop and a camping club site, you can relax in the tranquil Peak District at your leisure. Perhaps head to the nearby Peak District, Bakewell or Chatsworth House to explore picturesque surroundings and rural attractions. For more information or to book your active break call on 0114 289 0543.

BACH ST MATTHEW PASSION

Universally accepted as a masterwork by Christians and non-Christians alike, and described as the musical equivalent of Michelangelo's Sistine Chapel, Bach's St Matthew Passion dramatically tells the story of the Last Supper and Good Friday. The narrative is carried by the

Evangelist, whilst the Chorus takes on different roles, from bewildered disciples to a crowd calling for Jesus' death; soloists play the parts of other characters such as Judas and Pilate. Reflection on the unfolding events is provided by arias and some of Bach's best-known chorales.

The music is as powerful now as when it was first performed in 1727 - where better to hear it than in the magnificent Southwell Minster? Tickets: £15 - £18 (accompanied children FREE) available through Choir's website www.nottingham-harmonic.org.

Nottingham Harmonic
Choir, Saturday 17
March 2018, 7:00pm,
Southwell Minster



MIDLANDS WOODWORKING SHOW
NEWARK SHOWGROUND NG24 2NY
23RD & 24TH MARCH 2018

A great day out full of Demonstrations, Personalities, Trade Stands, Advice & Fun

Advance tickets can be purchased by calling the ticket hotline:
01474 536535
or securely through PayPal at www.nelton.co.uk

Free parking, Showguide and Raffle.
Open Hours: 10:00am - 4:00pm Both Days.
Entry:
One day £10 / In advance £7
Two days £15 / In advance £11
Under 16's Free

Follow us on Facebook Follow us on Twitter

Names of exhibitors: Annie Starbuck, Andrew Hall, Mick Hinchey, Wayne Mack, Michael Foster, Nick Debbey, Peter Sehn, Maria Pidgeon, Nick Westmore.

The Newark Antique Arms, Medal & Militaria Fair



Now in its 12th year, the Newark Antique Arms, Medal & Militaria Fair - organised by N. A. Fairs - brings together historical artefacts which span worldwide military history from the English Civil War to more recent conflicts.

It attracts both collectors and students of history together with whole families, owing to its unique attraction of resembling a museum where you can actually handle and buy the exhibits!

It also presents an opportunity for members of the public to bring in items which have laid in attics and drawers for years for free valuation. This could then lead onto possible sale after realising the items true worth!

The next fair which will be attended by approximately 70 national exhibitor dealers will be on Sunday 11th March at the Cedric Ford Pavilion, Newark Showground NG24 2NY and opens from 9am until 3pm with ample free car parking, easy access and all day refreshments.

Entry to the fair is £4 for adults, £3.50 for concessions and all accompanied under 18's go free. Future dates for 2018 are Sundays 3rd June, 5th August, 21st October & 2nd December.

East Midlands Orchid Society Annual Orchid Show

Lowdham Village Hall
Main Street,
Lowdham
NG14 7BD

Located in the centre of Lowdham village near the junction of the A612 and the A6097. Opposite the Old Ship Inn

Sunday 11th March 2018
10.00am to 16.00pm

Displays by visiting Orchid Societies
Plants for sale from top UK Orchid Nurseries
Admission £3.00

Accompanied Children **FREE**
Refreshments available

Further information from
Melvyn Stephen: 01159198124
Email: melv_and_hil@hotmail.com

PROFESSIONAL, GRAMMY NOMINATED ORCHESTRA

Sinfonia Viva

PRESENTS
MASTERS & MAESTROS
WED 14 MARCH 2018, 7.30PM
DERBY CATHEDRAL
FEATURING MOZART, BRITTEN & HAYDN
TICKETS AVAILABLE AT
WWW.DERBYLIVE.CO.UK & 01332 255800

Mother's Day

Make Her Feel Special

The celebration of mothers dates all the way back to the ancient Greeks and

Romans, who held festivals in honour of the mother goddesses.

Now a-days, as an early Christian celebration, Mother's

Day is used as a day to praise the ladies in our family, showering them with gifts, treats and most importantly, love.

On Sunday 11 March, show the women close to your heart just how much you care this Mother's

Day and take a little inspiration from brands, boutiques and restaurants all within a short commute of Nottinghamshire, bound to provide you with ideas for that special someone.

If you want to keep things simple, flowers and chocolates are a safe go-to and are guaranteed to make your recipient smile. Also, a picture speaks a thousand

words, so getting something personalised with a bespoke etching or photograph can make a wonderfully simple yet sentimental gift.

Why not try

something different this Mother's Day with homemade cards, funky gifts or by booking an experience for someone special to enjoy?

A little thought goes a long way, so don't forget to remember the basics. Simply reminding your mum how much you love them with words and simple gestures can mean the world, so make sure to make time for the special women in your life this Mother's Day.

Make Today Amazing

Whether you want to splash the cash or you're counting the pennies...it's the thought that counts!



MOTHER'S DAY AT STAPLEFORD PARK

Sunday 11th March 2018

Treat your mother to a Mothering Sunday she won't forget at Stapleford Park.

Lunch – Enjoy a sumptuous three-course meal in our 22 AA rosette Grinling Gibbons restaurant for £38 per person.

Champagne Afternoon Tea – Indulge in traditional afternoon tea with a glass of Champagne for £36 per person.

Call 01572787000 or email reception@staplefordpark.com



STAPLEFORD PARK

Stapleford Park, Stapleford, Nr. Melton Mowbray, Leicestershire, LE14 2EF
Tel: +44(0)1572787000 | Email: reception@staplefordpark.com | www.staplefordpark.com

Celebrate Mother's Day
Sunday 11th March | Delicious Sunday Carvery

Treat your Mum to a very special Mother's Day lunch at Welbeck Hall
Book early to avoid disappointment | Complementary gift for every Mum | Specially selected Menu
1 Course £9.95 | 2 Courses £12.95 | 3 Courses £15.95

Online booking available

Relax and enjoy our Special Sunday Lunch Menu and extensive Wine list.

Welbeck Road, West Bridgford
0115 9455626 www.welbeckhall.com

Welbeck Hall

VISIT LINCOLNSHIRE

Explore, Discover and Experience the Heart of Lincolnshire

This year's Discover Lincolnshire weekend will be offering visitors the chance to get a great deal this spring by opening many of its top tourist attractions for free! Attractions across the county will be offering free admission or special discounts as part of the Discover Lincolnshire A Weekend from 24-25 March. North Kesteven – just one of the many places to visit in Lincolnshire – is home to a vast variety of tourist attractions from arts and heritage to aviation and countryside walks. This year, eleven attractions will be taking part with special events and offers throughout the weekend for everyone to enjoy.

Discover the history of Cogglesford Watermill, Sleaford and see the mill in operation for the first time this year*.



Visitors will also have the chance to see Lincolnshire Long Wool Sheep, a rare 'at risk' breed and will at the mill across the whole weekend.

You can also take a stroll down the Sleaford riverside and discover the history of life and trade on the River Lea at Navigation House. Across Navigation Wharf, stop by the National Centre for Craft and Design where you can see their latest exhibition – 'Upholstery: Evolution to Revolution' including a free activity relating to the exhibition called 'The Memory Chair'.

continued on pg 29

21 YEARS
SAVING LIVES
1994 - 2015

FEELING GENEROUS & LUCKY? OUR LOTTERY'S JUST THE TICKET!

Our Charity Lottery is a fun way to raise money for our life-saving Air Ambulance service as well as giving you a chance to win £1000 every week! It costs just £1 for two chances to win. 70p of this £1 goes directly to our Air Ambulance.



CALL: 01522 531 308

VISIT: AMBUCOPTER.ORG.UK/LOTTERY

45 prizes to be won every week | Top prize £1000

Follow us @LNAACT Like us /AmbuCopter

LINCS & NOTTS
AIR AMBULANCE
SAVING LIVES EVERYDAY

IF
YOU
WOULD
LIKE
TO
FEATURE
ON
THIS
PAGE
PLEASE
CALL
US
01159
313879



Tattershall Lakes Country Park




CARAVAN FOR SALE WITH DECKING

RELUCTANT SALE OF OUR WEEKEND GETAWAY
LOCATED ON TATTERSHALL LAKES COUNTRY PARK
3 BEDROOM AND 12 FT WIDE
FIRST TO SEE WILL BUY
£18,000 ONO

PLEASE CALL ROB KNIGHT 07738 241 859 TO
ARRANGE A VIEWING



Celebration of Farming

Sunday, March 18, 2018
10am to 3pm
in Boston Market Place

- Fun for all ages
- Vintage tractors
- Family activities
- The Sheep Roadshow
- Cabbage bowling
- Learn more about food and farming in Boston

www.visitbostonuk.com | events@boston.gov.uk | 01205 314200

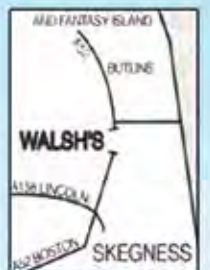
Photographs and video may be taken at this event for promotional purposes

WALSH'S HOLIDAY PARK

Roman Bank, Skegness PE25 1QP
Telephone: Skegness (01754) 764485

Ideally situated between Skegness & Ingoldmells, close to the beach.

- New and pre-owned caravans for sale from £5,000
- Caravans for hire from £280 per week
- Amusements, Takeaway, Laundry
- Five minutes to the beach
- Family Entertainment and supermarket nearby



Successfully run by three generations of the Froggatt family for over 58 years.

4* Graded Holiday Park



VISIT LINCOLNSHIRE

SPRINGS HOLIDAY ESTATES

Looking for a holiday park with that country feel but near the seaside?

This could be the location for you!

Trusthorpe Springs - set in the grounds of 19th century Trusthorpe Hall and ideally located from the beaches of the East Lincolnshire coastline. Facilities include a heated swimming pool and a fully licensed restaurant with regular entertainment.

Lakeside Springs - is situated just one mile from the coastal Town of Sutton-on-Sea and has it's own seven acre fishing lake!

Cherry Tree Springs - our newest and exclusively adult only park catering for touring caravans, motorhomes and trailer tents situated on the edge of Sutton-on Sea.

Our parks offer great facilities for rental holiday homes, touring & camping

For enquires and bookings tel: 01507 441333
(please quote NIF17Ho)



Main office: Sutton Springs | Sutton Road | Mablethorpe | Lincs | LN12 2PZ
www.springsholidayestates.co.uk | email: info@springsholidayestates.co.uk

Choosing a Holiday Home

With the thrill and excitement of Butlins combined with the peace and tranquillity of our Caravan Village, Skegness is the perfect place for Holiday Home Ownership.

Butlins offers you and your family a unique experience that you won't find anywhere else, with the magic of Butlins right at your front door. With a diverse range of entertainment to suit all ages, and enough visitor passes for the whole family to visit, the value of your caravan with us is priceless.

You also have restaurants right on your doorstep serving delicious meals from Italian to BBQ, a variety of shops for all your holiday essentials and even speciality outlets. As a caravan owner you also get large discounts off food, drink and restaurants here at Butlins ranging from 15 - 25%.

Butlins is situated between Ingoldmells and Skegness with

easy access to Lincoln, Tattershall, Louth and Boston.

We are right next to the sea giving you direct access from our park to an award winning blue flag beach!

Some of our free facilities for caravan owners include:

- 15 million pound Splash Water World with flumes, paddling pools and lazy river
- Health and beauty spa
- Three screen cinema
- Skyline Pavilion with daily entertainment
- Free daily entertainment for children including Mister Tumble, the Teletubbies, Danger Mouse, Mr Men, Diversity

and so many more! Traditional fun fair

- 5D cinema experience
- Family arcade

The Caravan Village is perfect for a relaxing break by the sea or an action packed break with the family, we really do have the best of both worlds.

Thousands of people visit us for holidays every week at Butlins which means when you aren't using your holiday home you can let out and cover all of your running costs, it's so simple and after all Butlins Skegness has been entertaining families here since 1936!

Contact us today on 01754 614 499 and quote "Nottinghamshire in Focus" to arrange free day passes to view the park, have a VIP tour of our amazing facilities and to find out about any caravans available

Buying a Holiday Home is easy at Butlins

Holiday Homes from
£18,995



We have a range of both new caravan holiday homes and used caravan holiday homes on display at our showground ready for your to view in a relaxed and friendly environment. Our Caravan Sales team have your best interests at heart.

We know you won't feel more at home anywhere else!

Butlin's
CARAVAN VILLAGE SKEGNESS

www.butlinskegnesscaravans.com

Caravan Sales
01754 614499



VISIT LINCOLNSHIRE

continued from
pg 27



For further information about any of these events or for the latest Discover Lincolnshire Weekend attractions and events, visit www.visitlincoln.com/discover

The Manor House Stables in Martin also have a free cooking demonstration on Sunday 25 March with the theme 'Victory in the Kitchen' from 10am to 4pm. Heading towards Lincoln, the Lincolnshire



Road Transport Museum will be open all week-end with free admission! The museum houses a collection of over 65 vintage cars, buses and commercial vehicles spanning over 80 years of road transport history.

If you're feeling more energetic, Total Fitness will be offering free use of their gym, pool (including family pool and hydrotherapy), heat treatments and 1-1 gym sessions. For more information call 01522 508200. If you're looking for somewhere the stay, traditional village pub, the Joiners Arms in Welbourn will be offering a 15% discount including continental breakfast. For more information call 01400 279356.

THE MOSCOW STATE CIRCUS

www.moscowstatecircus.com

BUY 2 FULL PRICE ADULT TICKETS FOR THE PRICE OF 1

To redeem call the box-office on 020 3375 3970 and quote the promotional code UNICYCLE or Produce this voucher at the onsite box-office when purchasing the tickets. Offer not valid in conjunction with any other discount or against tickets already purchased.

LINCOLN LINCOLNSHIRE SHOWGROUND

TUES 10 APRIL to SUN 15 APRIL

BIG TOP BOX OFFICE 020 3375 3970

Advance Ticket Sales & Information ONLINE www.ticketmaster.co.uk

BOOK NOW! ticketmaster 0844 856 5555



17th January – 1st April
Open Wednesday to Sunday
10.00am – 5.00pm
Bistro 11.00am – 3.00pm
Tours 12.00 noon and 3.00pm

2nd April – 30th September
Open 7 days a week
Sunday to Wednesday 10.00am – 5.00pm
Bistro 11.00am – 3.00pm
Thursday to Saturday 10.00am – 9.00pm
Bistro 11.00am – 7.00pm
Tours 12.00 noon and 3.00pm

3rd October – 23rd December
Open Wednesday to Sunday
10.00am – 5.00pm
Bistro 11.00am – 3.00pm
Tours 12.00 noon and 3.00pm



Sunseeker Mobility

New **FreeRider**
working together

SALES • HIRE • SERVICING • BATTERIES • REPAIRS • WHEELCHAIRS

New

Stair Lifts - Bath Lifts
Reclining Chairs
Reclining Beds
Workshop for all
spares & repairs
Free Customer Parking
Disabled Toilets

New & Used Mobility Scooters

Servicing £35

Pick Up & Delivery Service

Free Battery Test

Free Advice

FREE INSURANCE

with every mobility scooter purchase

We also sell batteries for Motorcycle, Quad Bike,
Scooter, Jetski & Golf Trolley

Fantasy Island, Ingoldmells

01754 872898

harry@sunseekermobility.co.uk

Education



NOTTINGHAM: 19-20 MAY
Park Inn, Mansfield Road, NG5 2BT

LEICESTER: 3-4 JULY
Holiday Inn, Leicester Road, LE19 1AW

Geopace Training

Learn how to take blood

TRAIN AS A PHLEBOTOMIST

awarding a Nationally Recognised Certificate in Phlebotomy

- TWO DAY COURSE
- First step onto Allied Healthcare Career Path
- Accredited (Advanced)
- No previous experience needed
- Recognised qualification

For more info. or to book online:
www.geopace.com

OCN Approved & Accredited

HIGH DEMAND IN: Hospitals • GP Surgeries • Clinics • Private Sector • Community

Children and staff at Edwalton Primary School dressed up for World Book Day - in the snow!



University of Nottingham
UK | CHINA | MALAYSIA

Apprenticeships

Apprenticeship Programme

Ignite Your Career with the University of Nottingham

nottingham.ac.uk



Are you 15 to 17 years-old?*

NCS is a once-in-a-lifetime experience! You'll do exciting activities, live away from home and meet new people. Take a mate and have one amazing summer!

BOOK NOW NCSYES.CO.UK/SUMMER

or call 0121 386 6910



*Age 16-17 is 18-19 for age verification only



Property

Home is Where the Heart Is

Home is where we spend the most of our time, so creating the perfect home should be at the top of our priorities. However, busy work lives and other expenses often mean that those all-important home improvements often get pushed back. Make your home more welcoming by taking a few simple steps to improving your property.

A home health check is an essential start – assessing essentials such as your heating, facilities and home security are all important steps to this process.

A splash of colour could revive an old space and brighten your home. A lick of paint is one of the easiest and most budget-friendly ways

to freshen up your home and garden. Whether it's touching up a few walls or up-cycling an outdoor furniture set, it's an easy way to breathe fresh air into your surroundings. A simple splash of colour can rejuvenate a space and create a whole new ambience.

One of the first things to think about are any structural changes to the building you might desire – extensions, conservatories and adjustments to the foundations of your home are all big jobs, and therefore will require more forethought and planning than redecorating your spare bedroom. Now is the perfect time to start calling professionals to arrange quotes and put plans in place for later in the year.

Take note of other factors that could be improved such as your heating, loft

insulation and double glazing – these home improvements may not be the most exciting or decorative, but they can help to save you money in the long run.

However you decide to improve your home in 2018, don't forget to talk to a professional to get the best advice and inspiration.

Why not switch up your theme colour by swapping your cushions and introducing a few new ornaments?



Landa Grove Park, Tuxford.

LAST FEW PLOTS REMAINING



Part Exchange Example
100% Part Exchange
 House Price £160,000
 Park Home Price £99,950
 Balance to you £60,050
Prices start from £99,950

Contact details:

Website: www.flanniganestates.com

Email: mosswayspark@aol.com

Landa Grove Park, Welbeck Place,
 Tuxford, NG22 0JF
 (Newly allocated postcode NG22 0DX)

Exciting New Development

A gorgeous new development for eleven residential park homes. This development is far removed from your usual park home site as each home is situated on a very generous, much larger than average plot.

- Part exchange available and flexible finance arrangements.
- Homes range in price from £99,950 upwards. Show homes are all two bedroomed, some with ensembles and available to view now.
- Refurbished show homes available to view now.
- 5 minutes walk to the local grocery store, 10 minutes walk to the historic village of Tuxford.
- Excellent local amenities in a perfect setting.

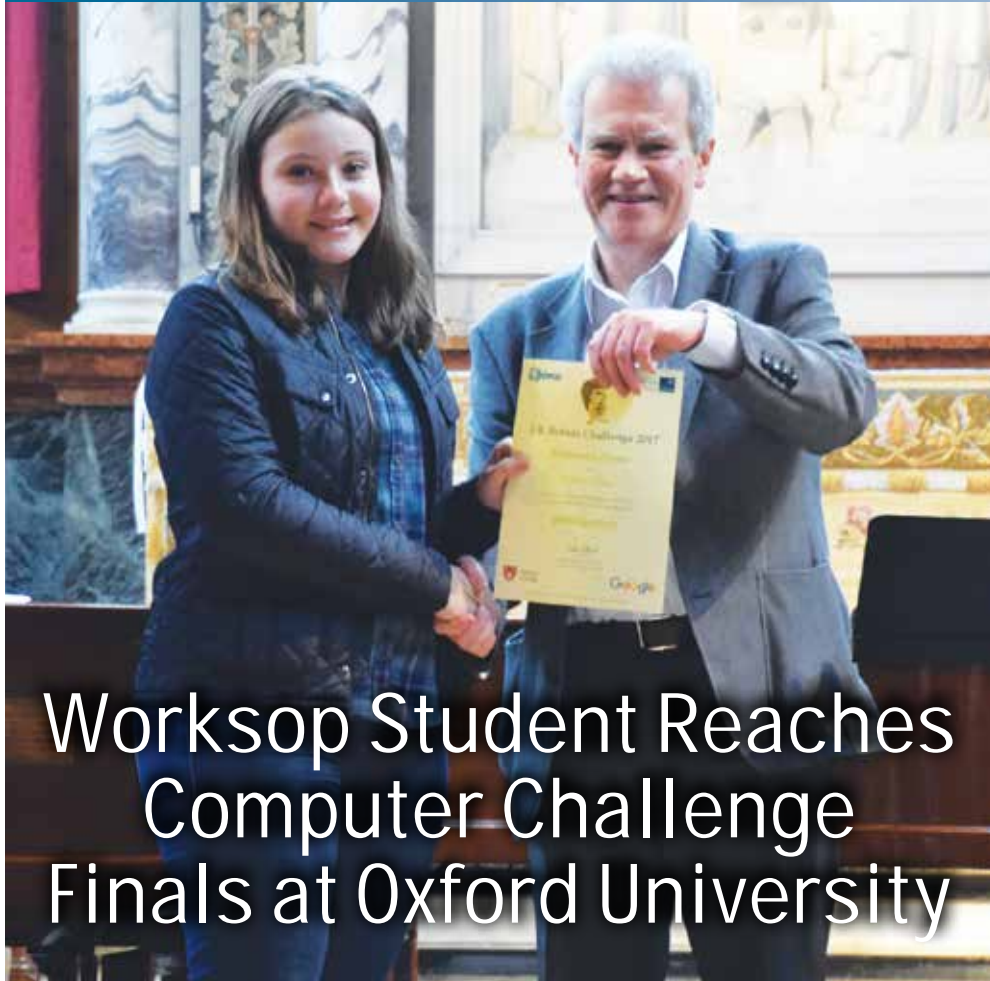
All enquiries to the office on: ☎: **01625 524021**

Monday to Friday 9.30a.m. to 4.00p.m.

or alternatively call Mr Flannigan on:

☎: **07765 531 718**

(Mr Flannigan is available all weekend).



Worksop Student Reaches Computer Challenge Finals at Oxford University

Elizabeth Porter receiving her final round certificate from Peter Millican, Professor of Philosophy at Hertford College, University of Oxford

Talented student Ella Porter, age 13 was invited to the Department of Computer Science at the University of Oxford on Saturday 10 February as a finalist in a UK-wide computing competition – The UK BEBRAS Computational Thinking Challenge. Reaching the final of the Inter-

mediate age group is an impressive achievement, as 71,146 students entered the first round for the age group (12–14). Elizabeth was among the top 60 highest achieving students invited to the final round in her age group, and was presented with her finalist's certificate at a prizegiving ceremony at Hertford College.

The UK BEBRAS Computational Thinking Challenge, supported by Google, is designed to get students excited about computing and computational thinking. It is a problem-solving contest with questions inspired by topics in computer science.

In the first round, held in their own schools, students have to try and solve as many problems as possible in the allotted time. There are six age categories. The highest scoring students from the four oldest age groups

(Elite, Senior, Intermediate, and Junior) were then invited to the Department of Computer Science at Oxford for the finals over two weekends in January and February. Caroline White, Director of ICT

at Worksop College, said: "This is testament to Ella's hard work and significant talent. To be in the top 60 of over 70,000 pupils is no mean feat. We are very proud of her and look forward to seeing what she achieves next."

TOM REILLY

Lorry and Digger Hire

JCBs, 360 Mini Diggers & Dumpers,
1 – 20 Tonnes Top Soil , Groundwork,
Extensions, Drainage, Site Clearance,
Demolition.

FREE Estimates

No Call Out Charge

Call Tom on: 07912 030 957

tomreillygroundworks@yahoo.co.uk

www.tomreilly.co.uk



FHP Student Living Helps Aegis Trust Save Lives



Nottingham student lettings agent FHP Student Living has added a number of clothing banks to its student developments continuing a successful seven-year partnership with Newark-based charity, the Aegis Trust. In 2017, the Aegis Trust which works to prevent crimes against humanity and mass atrocities worldwide, raised £30,000 through its White Rose cloth-

ing stores, using donations from clothes banks across the city. To help meet its target of raising £100k for 2018, FHP Student Living has increased the amount of donation points across the city. FHP Living has hosted a clothing bank at The Arena on Standard Hill for more than six years, and is set to continue with added help from its student arm.

Commenting on the plans, Jonty Green head of FHP Student Living, said: "We wanted to provide the students with a way to recycle unwanted clothing, while supporting a good cause. The clothing banks installed at the developments have been a great way to make a start with this - the clothes donated are often on trend and stylish, so are very good sellers in the stores."

Elizabeth House

Residential Care Home

THE FOLLOWING SERVICES ARE PROVIDED AT NO EXTRA COST

LAUNDRY - ON-SITE LAUNDRY WHICH INCLUDES BASIC REPAIRS

INCONTINENCE REQUISITES - INCONTINENCE REQUISITES ARE PROVIDED BY THE HOME

DOCTORS - CLIENTS CAN REMAIN THEIR OWN G.P. OTHERWISE A LOCAL G.P. CAN BE CONTRACTED & CLIENTS CAN BE REGISTERED WITH HIM/HER

DENTISTS - THE HOME IS REGISTERED WITH A LOCAL DENTAL PRACTICE WHO ARE HAPPY TO VISIT WITHIN THE HOME

PHYSICAL FITNESS - A QUALIFIED PHYSICAL FITNESS INSTRUCTOR VISITS THE HOME WEEKLY

OPTICIAN - A REGISTERED OPTOMETRIST VISITS REGULARLY TO TEST THE CLIENTS EYES TO VISIT WITHIN THE HOME

THE FOLLOWING SERVICES ARE PROVIDED AT AN ADDITIONAL COST

HAIRDRESSING - A QUALIFIED HAIRDRESSER VISITS THE HOME WEEKLY

CHIROPODIST - A REGISTERED CHIROPODIST VISITS EVERY MONTH

MAGAZINES - MAGAZINES & SWEETS ETC CAN BE PURCHASED FROM THE VISITING NEWSAGENT

WHETHER YOU ARE CHOOSING A CARE HOME FOR YOURSELF OR ADVISING A FRIEND OR RELATIVE ON THIS VERY IMPORTANT DECISION ON. WE WOULD BE DELIGHTED IF YOU CAME TO VISIT US, OR EVEN ARRANGE A TRIAL STAY. D.S.S & PRIVATE GUESTS ARE EQUALLY WELCOME. OUR MANAGER WOULD BE MORE THAN PLEASED TO MEET YOU AND TO PROVIDE YOU WITH INFORMATION ON OUR FEES AND FACILITIES.

2 CHURCH HILL AVENUE MANSFIELD WOODHOUSE, NOTTS

TEL: 01623 657 368

PRIVATE HEALTHCARE

ARE YOU WAITING FOR TREATMENT?

You don't have to wait, speak to your local private hospital, BMI The Park Hospital to find out how you can pay for your own private treatment.

Fast & flexible access to:

- Specialist Consultants in a wide variety of Specialties
- Fast access to diagnosis and treatment
- Fixed price packages so there are no worries about unexpected bills

Call 0808 101 0376

bmihealthcare.co.uk/paying-for-yourself

DON'T WAIT,
PAY FOR YOUR
OWN PRIVATE
TREATMENT.

BMI The Park
Hospital

Serious about health.
Passionate about care.

BMI CARD

*BMI Card is a credit facility offered by BMI Healthcare Limited. BMI Healthcare House, 3 Park Garden, London, SE1. BND: 0% interest for 12 months then 0.79% per month, representative 9.9% APR variable. Up to £20,000 available (subject to status). Monthly repayment 5% of balance or £25, whichever is greater, or balance if lower than £25.



Benefits of going private:



We work with all the major private medical insurers:



Care



For Peace of Mind

You can't help but feel more energised when the days start getting lighter and you can see spring bulbs beginning to emerge. Take advantage of that extra pep in your step and get your house in order - in more ways than one.

A good spring clean always lifts the spirits, at least when you're surveying the results afterwards, but a spring clean of your personal affairs is also highly recommended.

Clear out drawers and files and have a look through all your documents and statements. Are you paying for services you aren't using? Is everything up-to-date with the right details? Are you hoarding paperwork that's years and years old?

If you've struggled to make sense of it all, it might be time to think about what would happen when you're gone. Create an 'In case of emergency' folder and collate details of anything your nearest and dearest will need to manage your affairs in it.

You could also invest in a Lincolnshire Co-op funeral plan for your family's ultimate peace of mind. When your funeral arrangements are entrusted to us, we make sure relatives have no more to worry about than

necessary.

We offer a personal and professional service from modern facilities in your area. Our caring funeral colleagues can take you through all your requirements and the variety of personal touches available; from eco-burial options to a motorcycle hearse.

Funeral Director Mike Bryant has almost 28 years of experience in the Grimsby area and now works at our Grimsby Funeral Home in Corporation Road. He's seen firsthand the difference a funeral plan can make.

"There are lots of deci-

sions to be made when someone passes away," he said. "A funeral plan often gives the family great comfort as they know their loved one has arranged their funeral exactly as they want it."

A funeral plan also means the arrangements will be carried out at today's prices, whenever the time to use it comes.

We're offering 10% dividend on funerals plans throughout March so it's the perfect time to pop in to your local Lincolnshire Co-op funeral branch, have a cuppa and speak to our knowledgeable team.

Find your nearest branch on our website: www.lincolnshire.coop/funeralhomes



We have 21 funeral homes across our area so there's sure to be one near you!

Mikes Mobility

DISCOUNT MOBILITY CENTER

For all your Mobility needs

WE ARE LOCATED INSIDE WILKINSONS MALL

MAIN STREET - BULWELL

WE SELL MOBILITY SCOOTERS, POWERCHAIRS,

WHEELCHAIRS, WALKERS AND

ALL OTHER DAY TO DAY AIDS

• SCOOTER SERVICING FROM £35

• STAIR LIFT SERVICING FROM £60

Tyres fitted from £15 & tubes from £10

Batteries Fitted Free from £30

If you can't get to us, We'll come to you!

Call us on

0115 9752562 or 07899 871331

Bring this advert for £50 off any scooter over £500 valid until April 2018

Funeral Services

A professional service from people who care

5% dividend*: we provide a funeral dividend to help members during the difficult time of bereavement.

Our Funeral Plan: offers unrivalled peace of mind and protection against the rising cost of funerals.

Roseleigh House, Beacon Hill Road,
Newark, NG24 1NT

T: 01636 703 808

*Applies to our funeral director charges.



care

Private
Healthcare

Gemma Gets Her Life Back Thanks To Amazing Spinal Surgery

A patient says she has her life back again after undergoing surgery at Woodthorpe Hospital

Gemma Lessells has been boosted massively by a lumbar discectomy procedure which was delivered by consultant Mr Vivek Pannikar.

The 34-year-old was in agony with lower back and leg pain which was brought on following a car accident in Scotland.

An MRI scan revealed the true extent of the problem and she was referred to see Mr Pannikar at Woodthorpe. The spinal specialist outlined a number of treatment options and Gemma was keen to press ahead with surgery and put an end to the torment she was experiencing on a daily basis.

Patients can either pay privately or use their health insurance to fund spinal surgery at the Nottingham-based private hospital or be referred for treatment through the NHS.

Mother-of-two Gemma said: "I suffered whiplash following a car crash up in Scotland where I used to live. At first I thought it was the whiplash that was causing the pain but when that wore

off I was still having problems and it was extremely uncomfortable.

"I was experiencing muscle spasms in my lower back and at the top of my legs and I couldn't even put my shoes and socks on or get dressed easily. My children had to help me."

Gemma met Mr Pannikar for an initial consultation who revealed she would need a lumbar discectomy – a procedure to remove a prolapsed (slipped) portion of the disc away from the spinal nerve.

She said: "Woodthorpe Hospital was put forward to me and even though it's an hour or so from where I live, I couldn't stand the pain any longer and I just wanted to get something done about it."

Gemma, who is a teacher training postgraduate, says she could feel the difference almost straight away after surgery. Now she can't wait to get back to doing things she took for granted before her car accident like bike rides with her children.



Take Your Health Off Hold

Our health and wellbeing is one of the most important elements of our everyday lives, so making sure that you get the correct medical care quickly and effectively should be a priority. Not all treatments are available on the NHS, and the ones that are normally have a waiting list, meaning that treatment can't always be delivered quickly. When going private you, also get a choice of consultant, which is not always the case with NHS appointments. With this in mind, have you considered going private?

What is private healthcare?

Private healthcare is available for those who would rather pay to receive faster

care can often outweigh the price tag. Quick access to treatment means that you can get on the road to recovery sooner, letting you get back to the things you enjoy.

How do I access private treatment?

Private healthcare can be accessed using four main methods: by private health insurance bought by yourself, private health insurance provided by your employer, paying for the treatment directly, or by taking out a medical loan. As you're paying for your treatment, you also have a choice of where and when you want to be treated, giving you the opportunity to pick a hospital or clinic closer to where you want to be as part of a personal-

FREE
Georgia toilet & basin with every bathroom order ONLY WITH THIS ADVERT

AHM Installations
SPECIALISTS IN BATHROOM ADAPTATIONS



Bathing a problem – try a walk in shower

- Wet rooms • Walk in showers • Walk in baths
 - Waterproof wall panelling • Product & installation guarantee
 - Slip resistant safety flooring • Grab rails, shower seats & raised toilets • Established family business • Zero VAT on disabled bathrooms • Discounts for over 60's SSAFA and Ex-Service personnel
- we design • we supply • we fit • we care**

Call now to arrange a FREE survey and quote Nottingham on 0115 9361804
info@ahminstallations.co.uk | www.ahminstallations.co.uk

Visit our showrooms at Unit 26, Flexspace Lincoln, Roman Way, South Hykeham, Lincoln, LN6 9UH or Unit 4, The Workshops, Old Great North Rd, Sutton-on-Trent, Newark, Notts, NG23 6QS.
Open Mon - Fri 10am - 4pm



**IF YOU
WOULD
LIKE TO
FEATURE
ON THIS
PAGE
PLEASE
CALL US**

**01159
313879**



treatment than experience the discomfort of waiting to be treated on the NHS. The private healthcare sector is made up of hospitals and clinics which operate independently and not as part of the NHS. This means that you, as the patient, are responsible for all the fees payable since the NHS does not cover the cost of private healthcare. The benefits of deciding to pay for your own health-

used treatment plan. With no long waiting lists for diagnosis and treatment, going private gives you the opportunity to take control and stop putting your health on hold.




Exceptional healthcare is closer than you think

Your local Spire hospital gives you fast and flexible access to everything from routine operations to complex treatment through to professional recovery and rehabilitation.

We're here to help you make the right choices for your health, so you can get back to enjoying more of the things that matter.

Book your private consultation today

 **Search 'Spire Nottingham Hospital'**

 **Call 0115 937 7801**

Interest free finance
0% representative APR available



Spire

Nottingham Hospital

Tollerton Lane, Tollerton, Nottingham, NG12 4GA



Looking after you.

MARKET 29 PLACE
GROOMER & SHOP

Celebrating 6 years at 29 Market Place!

Luxury wet shave £28
Gift vouchers available
The perfect gift solution.
A wide range of quality grooming products available.
Beard trims from £8
Expert advice on grooming, tanning and using products on your beard.

Consultation and Luxury beard grooming with Albert £15.

download our new APP
Booking on your smart phone is easy & convenient
download yours now for **FREE**

www.29marketplace.co.uk
29 Market Place • Bridgman NG13 8AT • 01159 313879

NOTTINGHAM LIGHTING CENTRE

Largest independent lighting showroom in Nottinghamshire

DAVID HUNT BRAND PARTNER
For further details please call **01159 537088**

Visit us at 45 - 51 Maid Marian Way, Nottingham NG1 6GE
Open 9.30am - 5.30pm Monday - Saturday
Now open Sundays until Sunday January 15th 11am-4pm
www.nottinghamlightingcentre.co.uk

Looking for local social events and activities?

From meals out to coffee mornings, outings and talks, you can be sure of a warm welcome. Upcoming Oddfellows events include:

Friday 16 March 10.30am Price Free - Speakers Corner, Guest Speaker Sandy Leong - Eastwood Conservative Club, NG16 3BP
Tuesday 20 March 10.00am Price As Per Menu - Breakfast Club - Hole in the Wall - Main Road, Underwood, NG16 5GG
Friday 23 March 7pm Price As Per Menu - Dine Around the World - Arunothal - Unit 2, Farleys Lane, Hucknall, NG15 6DY
Tuesday 27 March 10.30am Price Free - Walk Kings Mill Reservoir - Sutton-in-Ashfield NG17 4PA
Tuesday 27 March 12.00am Price As Per Menu - Kings Mill Farm Restaurant Kings Mill Road East, Sutton-in-Ashfield NG17 4PA

www.oddfellows.co.uk for membership enquiries 0800 628 1915
Oddfellows is the leading force in the Independent Order of Oddfellows in Nottinghamshire.
Unity, Fraternity, Society, Loyalty, Hospitality and Regard for the Poor and the Sick.
Registered Office: Oddfellows House, 101-103 Chatterbox, Mile Lane, NG1 5DQ

SCOTT TRAILERS LTD
of Walcott Lincoln

Your Ifor Williams Trailer Distributor
Trailers from Camping to 3500kg gross
Sales • Repairs • Servicing • Spares

Sole Distributors in Lincolnshire & Nottinghamshire
Spares available by post and carrier • You are welcome to view our stock of Trailers
Tel: 01526 860317 • Fax: 01526 861357
website: www.scott-trailers.co.uk
e-mail: office@scott-trailers.co.uk
Opening hours Mon to Fri 8am-5pm • Sat 9am-12 noon
Other times by appointment

The TURQUOISE Teapots

We are a comfortable, local, family-friendly coffee shop where you can relax with friends and enjoy good quality refreshments and let us take care of the washing up!

All of our delicious cakes and sandwiches are freshly made on the premises, using locally sourced produce wherever possible.

Our coffee is roasted in Bradford and mixed to our own unique blend.

Please don't hesitate to ask if you have any concerns regarding allergies or personal preferences - we can accommodate most things, such as Gluten Free.

DAILY OFFERS
FILLED ROLL AND CROISSANT
£3.50
IF ORDERED BEFORE 11.30AM

108 Bowbridge Road, Newark NG24 4BZ
Tel: 01636 613888

CROSSWORD

ACROSS

- 1 Points awarded (5)
- 4 Protective spectacles (7)
- 9 Minute in size (4)
- 10 Story book (5)
- 11 Dessert or hair gel (6)
- 12 Coat collar flap (5)
- 14 Out of condition (5)
- 15 Stumbled down (4)
- 16 Indecisive person (8)
- 17 Puts off to another time (6)
- 19 Above (4)
- 22 Codswallop (3-4)
- 24 Food fish (3)
- 26 In the wake of (5)
- 27 Do well in life (3,2)
- 29 Astrologer's chart (9)
- 32 Discomforting current of air in a room (7)
- 35 Scoop the pool (5,2)
- 37 What was that you said? (4,5)
- 39 Magic formula (5)
- 41 Variety concert (5)
- 43 Baked pastry dish (3)
- 44 Obsolete, finished (7)
- 47 Let fall (4)
- 48 Good losers (6)
- 51 Extraordinary (8)
- 52 Trodden route (4)
- 54 Hold on closely (5)
- 55 Untrue (5)
- 56 Within (6)
- 57 Terraced or detached (5)
- 58 Bible garden (4)
- 59 Table and balls game (7)
- 60 Having nerve, plucky (5)

DOWN

- 1 American elk (5)
- 2 Cattle thief (7)
- 3 Slowly but surely (8)
- 4 Horse and rider fete (8)
- 5 Treasure scramble (4,4)
- 6 Seasoned peanuts (6)
- 7 Surround and swallow up (6)
- 8 Deserves (6)
- 13 Minute bit (8)
- 18 Furrow (3)
- 20 Contend in rivalry (3)
- 21 Communicate by mail (5)
- 22 Improve even more (7)
- 23 Seek the romantic affection of (3)
- 25 Defective firework (3)
- 26 Opposed to (7)
- 28 Toothpaste applicator (4)
- 30 Sound of a dove (3)
- 31 Prefix meaning before (3)
- 33 Donate (4)
- 34 Winter neck-cloth (5)
- 36 Seed (3)
- 37 In good spirits (8)
- 38 Kind of antelope (3)
- 40 Star sign (3)
- 42 Dignitary (1,1,1)
- 44 Dawn (8)
- 45 Disciple (8)
- 46 Road-rail intersection (8)
- 47 Initial part-payment on a purchase (7)
- 48 Leaping river fish (6)
- 49 Craggy and manly (6)
- 50 Sets of working hours (6)
- 53 Toy bear (5)

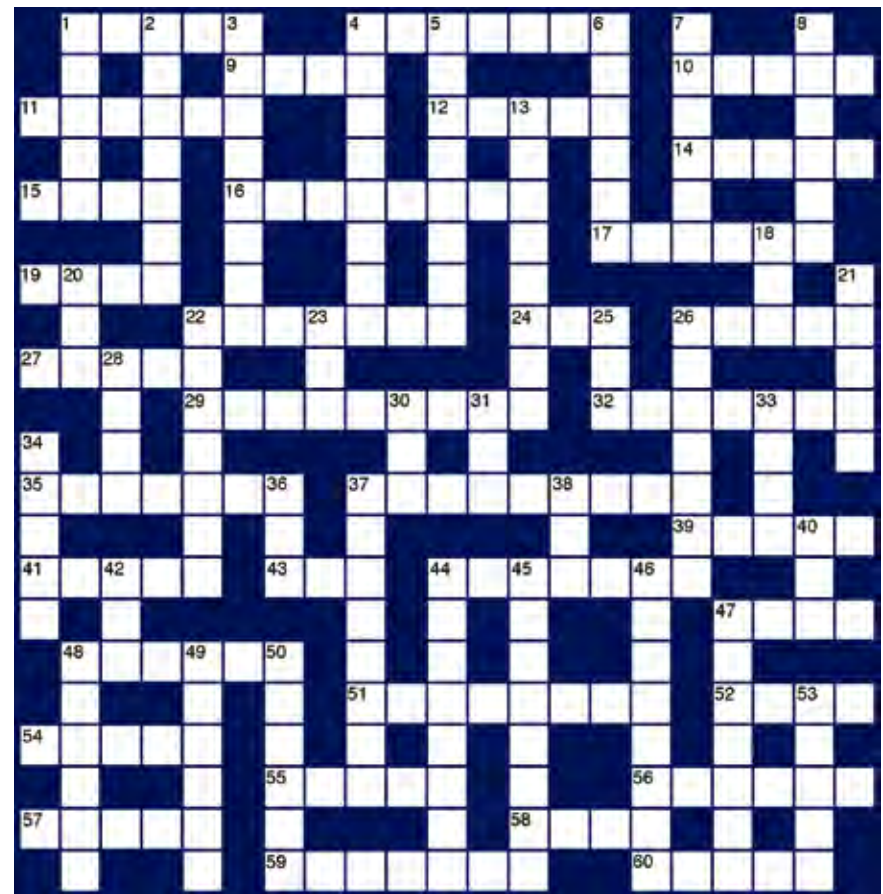
ISSUE 261 CROSSWORD ANSWERS

ANSWERS ACROSS

1 Vast 3 Scent 10 Waste 12 Echo 13 Lather 14 Idiot 15 Flannel 16 Snoop 17 Open 19 Limp 21 Enterprise 24 Skin 27 Rumpus 28 Distant 30 Picnic 31 Zany 33 Mute 34 Veal 35 Week 38 Sandal 39 Dentist 40 Priest 42 Tune 44 Congregate 47 Dump 48 Cost 52 Wrong 54 Bonanza 55 Write 57 Avidly 58 Soil 59 Clear 60 Kitty 61 Neon

ANSWERS DOWN

1 Vile 2 Satan 3 Strip 4 Exhibit 5 Truth 6 Swift 7 Jeans 8 Wedlock 9 Robin 11 Spades 18 Stur 20 Poppy 21 Ensemble 22 Rush 23 Rear 25 Noise 26 Apple pie 28 Dated 29 Theft 32 Adapt 35 Weird 36 Snag 37 Wise 41 Tape 43 Netball 45 Orange 46 Ancient 48 Close 49 Knack 50 Dairy 51 Swank 52 Weary 53 Nudge 56 Hymn



(Answers in Issue 263)

Coles
Plumbing and Heating Services

- Boiler Service • Breakdowns
- Fire Cookers Installations
- Plumbing and much more.

Located in Arnold Nottingham

T: 07411 532005
E: colesphs@yahoo.com
W: colesphs.com

IF YOU WOULD LIKE TO FEATURE ON THIS PAGE PLEASE CALL US

01159 313879

Framin' 'Ell
WICKEDLY GOOD FRAMES

Newark's Premier Framing Specialist
For all your framing needs.

Balderton Hall, Fernwood village, Newark
Nottinghamshire, NG24 3JR
Tel 01636 679603.
(Just follow the signs for Fernwood Day Nursery)

Deacons Nursery (LL)
Mail order fruit trees and soft fruit specialists
Call now for your **FREE BROCHURE**

Phone: 01983 840750 or 01983 522243 Fax: 01983 523575
Email: info@deaconsnurseryfruits.co.uk
Website: www.deaconsnurseryfruits.co.uk

50% OFF ALL FRUIT (i.e. apples etc)

South Notts Computers
The heart of computers

New PC?
If you're thinking about getting a new PC we offer a selection of new and used laptops and PCs to choose from. Give us a call and we can see what we can do for you with your budget.

Is your Laptop in need of repair?
We offer a full laptop repair service. We have an in-house laptop expert who can get your laptop back up and running in no time, no matter what the damage is!

Virus Removal
Got a virus? No problem, we offer a complete solution. We will clean up the virus for you and help you secure your computer to keep it safe from future attacks.

Microsoft REGISTERED Refurbisher
Microsoft Technology Associate

If you need a quote or to book a repair please give us a call on: **0115 9147066**

Call the Professionals for Your Home Improvements

GETTING HANDS ON

According to a new study from Bosch Home and Garden, six out of ten Nottingham residents struggle with DIY and have given up hope of ever being able to do it. As a result, Bosch Home and Garden have launched a 'Pass It On' campaign to encourage the next generation to become amateur 'DIY'ers in their homes.

Researchers polled 1,500 Brits and discovered that 43% of Nottingham residents have resigned them-

selves to being hopeless around the house, with a further 29% admitting they have never put up a shelf and 25% insist they can't even change a plug. The next generation not only find themselves at a loose end when it comes to small homely fix-ups, but 28% also admit to still asking their parents for practical and decorative help after having left home.

DIY jobs that Brits today won't tackle include re-tiling the bathroom, cleaning out the guttering, hanging wallpaper and fixing a dripping tap as well as much smaller and simpler jobs such as fitting a new light, putting on a new toilet seat or putting up a shelf – some won't even tackle assembling flat pack furniture!

The launch of the 'Pass It On' campaign aims to inspire Brits to master basic home main-

tenance with the help of a new inspiration hub, allaboutdiy.com. This easy to use website carries essential DIY and gardening knowledge to consumers whilst providing expert step-by-step guides, DIY advice and detailed projects to help people to make items for themselves, giving the confidence they need to get hands on.

To help dive into some new essential DIY and gardening skills, take a look at the website allaboutdiy.com and get inspired. This DIY hub will help you to find step-by-step guides, DIY hints and tips and seasonal projects. Once you have the skills, share your knowledge, get to a department store and get hands on!

COSYREST FURNISHINGS LTD

If you want the best, come to Cosyrest

Re-upholstery in Nottingham, UK

Cosyrest Furnishings Ltd is a well established soft furnishings and reupholstery business based in Stapleford, Nottingham.

We offer a range of high quality soft furnishings. We are makers of fine suites and reupholstery specialists and will take on most jobs.

At Cosyrest Furnishings Ltd we pride ourselves on our high quality products, from car seats and headboards to the reupholstery of sofas; no job is too big or too small. We have been in business for almost 40 years; we have plenty of experience and have built up a strong client base.

Some of the services we offer are:

• Reupholstery • Fine suites • Contract work

Why should you choose Cosyrest Furnishings Ltd?

• High quality products • Friendly and professional service
• Tailor made soft furnishings • Competitive prices
• Excellent quality product for the price • Willing to take on any job

Here at Cosyrest Furnishings Ltd we are proud members of the Association of Master Upholsterers.



For reupholstery services, call us now on
0115 939 0099
www.cosyrest.co.uk

Bubbles Bathrooms

NOW WITH OVER 75 BATHROOMS ON DISPLAY

Monday - Saturday
9.30 - 5pm
Sunday 10 - 4pm
Closed Tuesdays



Chrome & White
Towel Warmer
22mm
from

£19.99

All Sizes Available upto 1800mm High

Luxury Double Ended Baths
1700mm Round or Square

from **£119**

We Supply Fit & Design



Bubbles Bathrooms Unit 3 Hallam Way Old Mill Lane Mansfield NG19 9BG 01623 66 1111



Roofing & Roofline Solutions Ltd

07795 978 054

0115 928 9370

Quality Roofing Services in Nottingham

CRS Roofing & Roofline Solutions Ltd has been your go-to roofing expert in Nottingham for the past 30 years. We also cover Nottinghamshire, Derby, Derbyshire & East Midlands. You can rely on our highly experienced, specialist fitters for all roof construction jobs. Be it roof repairs and maintenance for your office space, new roof installations for your home, flat roofs for your shed, chimney repairs, leadwork, and fascias or soffits, we have it all covered. Trust the experts when it comes to efficient roofing services, call us today to find out more!



All full
installations
carry a 10 year
Insurance
Backed
Guarantee



Unit 2, Balloon Woods Industrial Estate, Coventry Lane, Nottingham, NG9 3GJ
crsroofingandrooflinesolutions.co.uk • crsroofingandrooflinesolutions@gmail.com

Season Spas UK

Importers of Hot Tubs & Accessories

NEW 2018 MoonShine

PLUG & PLAY (3AMP)

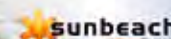


Model: MoonShine
Size: 2250 x 1800 x 785mm

£3999
£3135

SAVING £1400

BOTH TUBS INCLUDING DELIVERY & SETUP
COVER - STEPS - CHEMICALS



SunStorm

PLUG & PLAY (3AMP)



Model: SunStorm
Size: 2150 x 1800 x 800mm

£3699
£2795

SAVING £1400

SeasonSpas.uk Unit 3A Hallam Way Old Mill Lane Mansfield NG19 9BG 01623 66 1111

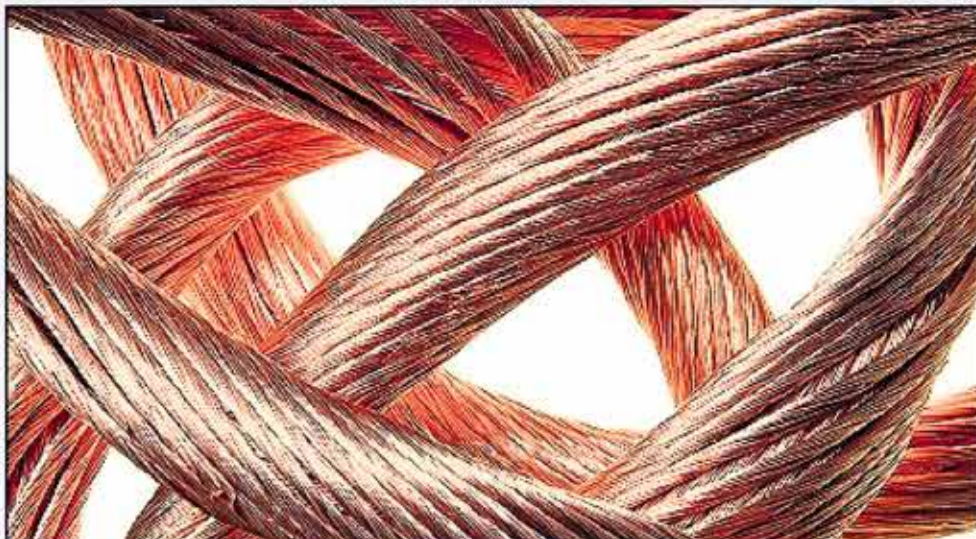
East Midlands Metals

TAKE ADVANTAGE OF INCREASED COPPER PRICES TODAY

Call now for our updated prices

2 Valid Forms of ID Required * For Cash £2 Admin Fee Applies * No Commission

FREE COLLECTION FOR LARGE QUANTITIES



WANTED NON FERROUS SCRAP METALS

Brass / Copper / Aluminium etc. Cable, Swarf - Cutting - Section etc.

01509 235919 or 07850 127234

WWW.EASTMIDLANDSMETALS.COM

Bishop Meadow Road, Loughborough, LE11 5RE