

Keys Holidays A selection of seaside and country properties for self catering holidays in North Norfolk
Tel: 01263 823010
info@keysholidays.co.uk

"We look forward to welcoming you to this lovely part of North Norfolk"

www.keysholidays.co.uk

Nottinghamshire in FOCUS

Coach Style

PROVIDING THE BEST BRITISH & EUROPEAN COACH ADVENTURES

SECURE YOUR PLACE NOW FROM JUST £30

CALL US ON 08456 665544*
OR VISIT WWW.SKILLS.CO.UK

*Lines open 9am - 5pm (Mon - Sat) 9am - 5pm (Sun)
*Call cost 3p per minute plus your network's standard access charge.
Terms and conditions apply. Visit www.skills.co.uk/terms for more information.

Issue 238

f nottsinfocus

#nottsinfocus

www.nottsinfocus.co.uk

12 - 18 Sep 2017

20p
(Where Sold)

Season Spas UK
Importers of Hot Tubs & Accessories

MAD SUMMER PRICE

Retail Price
incl VAT
£3699

£2299

15 HOT TUBS ON DISPLAY

*plus delivery - setup - training
SAVING £1400



Unit 3 Hallam Way, Old Mill Lane Ind Est, Mansfield Woodhouse, Notts. NG19 9BG UK

T: 01623 66 11 11

E: sales@seasonspas.uk

W: seasonspas.uk

Fantastic Fundraisers



Anyone wanting to find out more can look on the charity's events page at: www.nottinghamhospitalscharity.org.uk/events

As Nottingham goes 'back to school', children and their families are among those being celebrated for their "fantastic fundraising" over the summer by Nottingham Hospitals Charity as part of their Big Appeal for Nottingham Children's Hospital.

Taking a leaf from the Children's Hospital's Robin Hood mascot, children like nine year old Abbie Anderson have been lauded as one of 'Robin's Heroes'. Abbie donated all her ninth birthday money to

the hospital. Others have run marathons, climbed mountains and cycled the length and breadth of the country to say 'thank you' for the dedicated support the Children's Hospital offered them when they needed it most.

At a special Big Appeal's Big Thank You event at the Children's Hospital, Nottingham Hospitals Charity's Chief Executive, Barbara Cathcart, said: "We are so fortunate to have such an exceptional Children's Hospital in Nottingham whose staff are here day in day out helping children with everything from broken bones and kidney disease, to respiratory issues and cancer.

"From the bottom of my heart I would like to thank all the children, families, businesses and local groups who are

helping us raise funds. They are having a big impact on our small patients."

The Big Thank You event welcomed local family groups such as The Harley Jae Trust and the family of Caleb Cockram, both of whom have been bravely fundraising for Nottingham Children's Hospital in loving memory of children who died.

Also represented were charitable foundations such as The Toy Trust, as well as businesses and trade organisations including the British Edible Pulses Association and DC Training & Development Services whose Directors Sandra and Darren Calow were joined by their 10 year old son Daniel Calow who had been a transplant patient at the Children's Hospital. Tracey Devine from The Toy Trust, who

presented a cheque for £10,575 for the Big Appeal, said: "In our 25th Anniversary year the Toy Trust wanted to do something exceptional and we have raised over £170,000 which will be shared across nineteen children's hospitals nationally. We are so delighted to be supporting the Big Appeal for Nottingham Children's Hospital amongst this selected group."

Research from national charity body, the Charities Aid Foundation, found in 2016 that outside of London, Nottingham and the East Midlands are among the most generous re-

gions with 25 percent of people making average monthly donations of £20 compared to the national average of £18.

As part of recognising people's eagerness to fundraise for local charities, we will witness this month's launch of #SuperSeptember by Nottingham Hospitals Charity. During September, large numbers of Nottingham's most daring citizens will be taking part in a wide range of fundraising challenges including a daring 100ft Charity Abseil down QMC on the weekend of 16/17 September and the Robin Hood Marathon on 24 September.

Mr Amar Alwitary
Consultant Ophthalmologist
Mids-Eyecare.co.uk
www.mids-eyecare.co.uk

Keen to shorten the wait for your cataract surgery or have your eye condition treated without waits or cancellations?

Satisfied with a standard treatment and lens or keen to explore the options of premium vision with bespoke Intra-ocular lenses?

Seeing Private Patients at Circle Nottingham, Nottingham Woodthorpe Hospital, and the New Spire Nottingham.

All Ophthalmology conditions cared for in addition to Cataract and Premium Lens Surgery.

Mr Amar Alwitary
Proud Winner of
Eye Surgeon of the Year
East Midlands 2017

Private Healthcare+
Awards 2017
Mr Amar Alwitary
Consultant Ophthalmologist
Mids-Eyecare.co.uk
Eye Surgeon of the Year - East Midlands

As featured on East Midlands Today. Caring for patients with all eye conditions.
All eye surgical procedures carry a level of risk including not obtaining the desired outcome through to varying levels of visual loss. Your eye surgeon will discuss the risks and benefits including ones specific to your circumstances at the time of your preoperative consultation.

One stop, same day consultation and private surgery available at both Circle Nottingham and the Nottingham Woodthorpe Consulting for all Eye Conditions at Nottingham Circle, Nottingham Woodthorpe and Nottingham Spire Hospitals.
Call: 0115 7722058 / 0116 4422081 for information.
Or call Circle Private Patients on 0115 924 8446 Email: info@mids-eyecare.co.uk
For appointments call Woodthorpe on 0115 9932015 or Spire on 0115 9377801

Price 20p

ISSN 2052-2606



9 772052 260008

Information

Visit us Online
nottsinfocus.co.uk

Follow us on Instagram
/nottsinfocus

Like us on Facebook
/nottsinfocus

Follow us on Twitter
@nottsinfocus

69a Main Street,
Burton Joyce, Nottingham,
Nottinghamshire, NG14 5ED

Telephone:
01159313879

Email:
sales@nottsinfocus.co.uk



New Ward for Mental Health Patients



live happy! with Slimming World



ASPLEY
St Margarets Church Hall
Aspley Lane
Tuesday 6:30pm
Tel: Mary on 01159287316

BEESTON
Beeston Resource Centre
74 Middle Street
Beeston
Thursday 10:00am
Tel: Margaret on 07877 615284

CLIFTON
The Royal British Legion
(Next to Wilko's)
12 Donington Road
Monday 5:00 & 7:00pm
Tel: Sarah (NEW CONSULTANT)
on 07979 006707

Community Centre
South Church Drive
Wednesday 3:30, 6:30 & 7:30pm
Tel: Jackie on 07877055117

The Royal British Legion
(Next to Wilko's)
12 Donington Road
Wednesday 9:15 & 11:15am
Friday 8:00 & 10:00am
Tel: Sacha on 07515 172984

COTGRAVE
Candleby Lane School
Candleby Lane
Tuesday 5:15 & 7:00pm
Tel: Maria on 07718 999033

EAST LEAKE
East Leake Academy Cafeteria
Lantern Lane (use staff car park)
Tuesday 5:30 & 7:30pm
Tel: Meg on 07792 943873

East Leake Leisure Centre Dance
Studio Room (Opposite Reception)
Saturday 8:30am
Tel: Meg on 07792 943873

GOTHAM
Memorial Hall
Nottingham Road
Wednesday 5:00 & 7:00pm
Tel: Sarah on 07979 006707

HUCKNALL
St Peter's & St Paul's
Community Hall, Ruffs Drive
Wednesday 5:30 & 7:30pm
Tel: Kerry on 07804 493162

The John Godber Centre
Ogle Street
Saturday 9:00 & 11:00am
Tel: Kerry on 07804 493162

KEYWORTH
The Methodist Church Hall
Selby Lane
Monday 5:00 & 7:00pm
Tel: Naomi on 07734 791608

LONG EATON
United Reformed Church (Nr ASDA)
Tuesday 9:30 & 11:30am
Thursday 5:00 & 7:00pm
Tel: Sue on 07903378552

LONG EATON
United Reformed Church
(Near ASDA)
Tuesday 9:30 & 11:30am
Thursday 5:00 & 7:00pm
Tel: Sue on 07903378552

Moorlands Club
295 Curzon Street
Thursday 5:30 & 7:30pm
Tel: Judith on 07711 043213

Sawley All Saints Church
561 Tamworth Road
Tuesday 7:00pm
Tel: Judith on 07711 043213

RUDDINGTON
Jubilee Clubhouse
Loughborough Road
Monday 5pm & 7pm
Tel: Wendy 07870 830097

STAPLEFORD
The Haven
Wadsworth Road
Next to Wadsworth Fields
Primary School
Monday 9:15am
Tel: Dawn on 07872 648833

St. Helens Church Hall
Frederick Road
Monday 5:30 & 7:30pm
Tel: Dawn on 07872 648833

WEST BRIDGFORD
Gresham Sports Pavilion
Gresham Park Road
Off Wilford Lane
Monday 7:00pm
Tel: Gillian on 07463856253

Edwallon Golf Club
Wellin Lane
Tuesday 7:00pm
Tel: Sacha on 01159287316

Gresham Sports Pavilion
Gresham Park Road
Off Wilford Lane
Wednesday 7:00pm
Tel: Shirley on 07946727077

West Park Sports Pavilion
Loughborough Road
Thursday 5:00 & 7:00pm
Friday 8:00 & 9:30am
Tel: Athena on 07792 045221

The Rugby Club
Stamford Road
Saturday 8:00 & 10:00am
Tel: Naomi on 07734 791608

slimmingworld.co.uk

0344 897 8000



Slimming
WORLD
touching hearts, changing lives

Nottinghamshire Healthcare has officially opened a 16 bedded ward for adult mental health patients to ensure they can be treated closer to home.

The beds have been subcontracted to the Trust from Priory Healthcare and Partnerships in Care, in a two year-deal and will be used by adults requiring inpatient mental health treatment. This new partnership will ensure that more patients can receive inpatient care locally, supported by our community services. Having further acute beds in Nottinghamshire will also allow families, friends and carers to have easier access when visiting their loved ones, ensuring their participation in their care and recovery.

The Trust took control of Bestwood Ward at the Calverton Hill facility on 1 August and the official opening was held this week. Calverton Hill, in Arnold, is

a medium secure unit for adults with mental illness or personality disorders.

Bestwood Ward has been refurbished to create a normal acute ward suitable for our patients.

Ruth Hawkins, Chief Executive at Nottinghamshire Healthcare said: "The demand for adult mental health beds has been increasing and we wanted to be able to provide more care for people closer to home. This new ward provides an opportunity for us to do that, ultimately benefiting patients and their families.

Dr Sylvia Tang, CEO of Priory Healthcare and Partnerships in Care, said: "It makes absolute sense that patients are treated near to their homes and their loved ones, and, where we can work with forward-looking Trusts like Nottinghamshire Healthcare to achieve this, we are delighted to do so."

The Sewing Room

Offering a reliable clothing alterations service.

Ladies & Gents, Trousers, Dresses, Jackets etc
Call in and speak with our friendly alterations team

3rd floor, Armstrong mill,
Ilkeston DE7 5TT

0115 930 5290



Hedgehog homes in stock ready for hibernation!

NEW fun giftware products now in stock



HALL FARM

WILD BIRD FOOD SUPPLIES



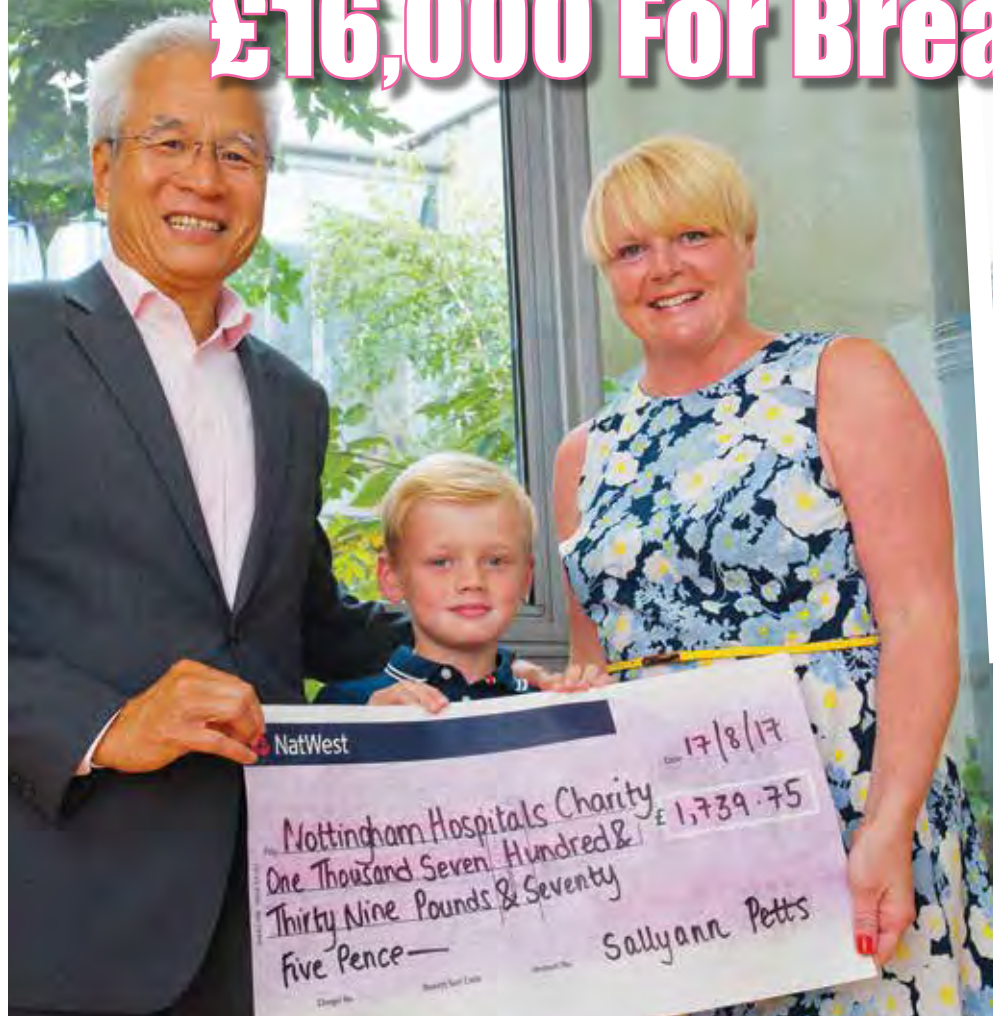
The Grain Store, Wadnall Lane,
Weston, Newark, NG23 6SY



www.seedtofeed.co.uk
01636 821232

OPEN
Mon-Fri 7.30am - 5pm
Saturday 8am - 1pm

Breast Cancer Survivor Has Raised Over £16,000 For Breast Cancer Research



Sallyann with her husband Andrew and son Isaac



Pamper treatments



the lovely grounds of Ringwood Hall Hotel, Brimington Chesterfield

A woman who has battled breast cancer twice has raised more than £16,000 to help other patients with the disease.

Sallyann Petts, from Newthorpe, Nottinghamshire, has supported Nottingham Hospitals Charity's Breast Cancer Research Appeal for several years, and her most recent donation of £1,739 brings her fundraising total to more than £16,000.

Each year Sallyann hosts a Strawberry Tea Ladies and Pamper afternoon, held at Ringwood Hall Hotel in Chesterfield. This year over 270 ladies attended in the glorious sunshine, receiving mini pamper treatments and purchasing clothes and accessories in support of the Nottingham Hospitals Charity's Breast Cancer Research Appeal, and the

national charity Breast Cancer Care.

Sallyann said: "I am truly grateful for everyone who supports my Strawberry Tea each year. This year we added in a fashion show along with some gorgeous stalls and of course the amazing array of mini treatments that were available."

"To raise this amount of money means so much to me and my family, I have battled and survived breast cancer twice and holding this yearly event is my way of giving something back to the charities that can help others."

Naomi Walters, Senior Community Fundraiser at Nottingham Hospitals Charity, said: "We are so lucky to have Sallyann's support. Each year she goes over and above to

organise a glamorous event which is also a fantastic fundraiser. Next years event is booked for Sunday 15th July.

"Her donations support the research of Professor Chan and his team who trial and deliver new drugs to breast cancer patients in Nottinghamshire and beyond."

For more information about Nottingham Hospitals Charity, to get fundraising ideas or to make a donation, please go to www.nottinghamhospitalscharity.org.uk.

OUTSTANDING BESPOKE KITCHENS & BEDROOMS IN MANSFIELD

Making and fitting quality kitchens and furniture since 1996

All our kitchens & furniture are made from only the best materials and hard wood available which guarantees longevity, robustness, and a stunning look to create your dream kitchen.

WE OFFER A HIGHLY PERSONALISED SERVICE THAT PRIDES ITSELF ON PRODUCING ONLY THE BEST.

VISIT OUR SHOWROOM AT: Unit 66-68, Block 8, Old Mill Lane, Industrial Estate, Mansfield, Woodhouse NG19 9BG

CALL US ON: 01623 651 001

or email us at tulipkitchens@outlook.com (located next door but 1 to Harley Blinds)

Brand new and used Stairlifts from £800 (fitted)

All stairlifts come with a parts & labour warranty

NEXT DAY FITTING Available

Latest models for peace of mind

- Established 1987
- Main Dealer
- Straight
- Curved
- New • Used

CARLTON BASED COMPANY

www.liftecld.co.uk

CALL ROGER AT LIFTEC
0115 987 5218



BBC Children in Need calls upon fundraisers to go Gung-Ho! as the inflatable obstacle course visits Donington Park.

The UK's wackiest obstacle course is back to tour the UK once again and daring folk are invited to take on the challenge in aid of BBC Children in Need when it stops in the East Midlands on 23rd September 2017.

Gung-Ho!, a 5k inflatable obstacle course, will be pitching up in Donington Park. Those that pledge sponsorship and purchase a BBC Children in Need Gung-Ho! ticket before rising to the challenge will help change the lives of disadvantaged children and young people across the UK.

Contenders will come face-to-face with some mighty obstacles such as; the 'Thriller', an inflatable slide which stands nearly 200 foot long and five storeys tall, inflatable pot holes ready to trip up even the most nimble-footed, gigantic ball pits, and a 5,000 square foot inflatable 'Moon Walk'.

There are also two new additions to the inflatable hurdles this year with the introduction of the mysterious 'Rock n' Roll Star' and the unnerving 'Danger Zone'. Participants need not be skilled athletes to complete the challenge; they can walk or run the race at their own pace with the support of their friends, family and colleagues by way of sponsorship.

BBC Children in Need currently funds 52 projects working with disadvantaged children and young people in Nottinghamshire with £2.9million invested locally. BBC Children in Need is currently supporting 2,400 projects in communities across the UK that are helping children facing a range of dis-

advantages for example, poverty and deprivation; children who have been the victims of abuse or neglect or disabled young people.

Gung-Ho! features in BBC Children in Need's Team Pudsey Challenges, a selection of unique fundraising experienc-

es for supporters looking for adventure. Fundraisers who want to take on Gung-Ho! can pick up their BBC Children in Need Gung-Ho! ticket and pledge sponsorship via www.bbc.co.uk/pudsey where they can also find out more information about Team Pudsey Challenges.

Join Pudsey on the World's Biggest 5k Inflatable Obstacle Challenge



Omega windows & doors™

Manufacturers & installers of quality UPVC Windows & Doors



Unit 9, Alfred Street South,
Nottingham NG3 1GE

T: 07771 567812

E: tmfraser1966@hotmail.com



Conservatories
Patios & Bi-Folds
Soffits & Fascias
Small Building Works
Orangeries

Specialising in flush facing sash windows



Nottingham proudly remains in the top 150 of the THE World University Rankings 2018

The University of Nottingham features among the best in the world in the latest Times Higher Education World University Rankings — the definitive list of the top 1,000 universities from 77 countries.

The league table, published on 5 September 2017 — shows that Nottingham has maintained its position of 147th place, appearing among the world's elite institutions. Nottingham climbs one place to 21st in the UK, moving up a rank from 22nd last year.

Nottingham's consistent result is a reflection of the ground-breaking research, student and academic talent, and world-class teaching it continues to deliver. This achievement also comes amid a climate of uncertainty from the risk Brexit may pose to the global performance of the UK's leading universities and challenges European institutions are facing from Asia. Even though the US continues to dominate the rankings, Chinese universities are rapidly climbing year-on-year.

The University of Nottingham's Registrar Dr Paul Greatrix said: "Once again, the THE World University Rankings recognises Nottingham as one of the UK — and indeed the world's — top performing universities. During an uncertain and turbulent time for higher education, this is a terrific recognition for Britain's global university and a reflection of the University's truly international connections."

In this 14th annual edition of the Times Higher Education's World University Rankings, the UK is home to the world's top two universities for the first time in the 13-year history of the table, with the University of Oxford holding onto the number one spot while the University of Cambridge has jumped from fourth to second.

Despite signs that Asia is starting to threaten the position of some of Europe's leading institutions, Phil Baty, Editorial Director, Global Rankings, THE, said: "Europe is one of the leading regions in the THE World Rankings and is now home to more than half of the top-200 spots (101 compared to 99 last year). Europe will need to work hard to ensure it can sustain its performance in future years."



Linda Lancashire

07764 466381

01773 762675

E: contact@lindalancashire.co.uk

www.lindalancashire.co.uk



Arpis

Watch that you don't put too much faith into something or someone that is inevitably going to let you down. You may be driven by a desire to prove yourself, but there are hidden costs everywhere so look for an acceptable solution that pleases everyone if you are to restate harmony in the household. Social invitations will come flooding your way from the most unexpected places and people.



Taurus

Much is going on behind the scenes, so it's wise to keep a very low profile until the storm has passed over. Have you been overdoing things by getting over complacent about your current lifestyle? If you do not look after yourself, no one else will. A romantic encounter with someone incredibly glamorous and charming will appeal to your stylish personality, but at what cost?



Gemini

Find ways of combining business with pleasure and you will save yourself a lot of time in the long term. Romance and close relationships will feature high on your list of priorities as you begin to put a few plans into place. If you have been feeling jaded and somewhat irritable, then you need to address your self care regime and start thinking about how to make improvements to your health.



Cancer

It's never easy finding yourself stuck in-between a rock and a hard place and quite frankly, you won't know what to do for the best. A long standing worry is still causing you angst and someone who is not prepared to listen to good advice and common sense will continue doing things their way. But your luck is about to change for the better as you receive some excellent news that will lift your spirits and point you in a brand new direction.



Leo

Helping people and being a good friend is one of your most endearing strengths. You will make so much more progress in your working life after realising that you are more than capable of taking on board extra responsibilities and learning new skills. A romantic proposal causes you to question someone's motives and if you already have serious trust issues, you are right to listen to your gut instincts.



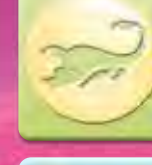
Pisces

Refused to be drawn into a battle with family or close partnership otherwise legal matters will end up costing you a lot of money if an agreement cannot be reached. Keep a few choice cards up your sleeve and remain discreet about your current financial situation. Friends in high places will boost your chances of reaching a much desired goal and a surprise gift from someone who cares deeply about you restores your faith in friendships once more.



Libra

Everyone expects you to be the life and soul of the party, and although you are good at smiling and putting on an excellent show of confidence, deep down you are probably struggling to come to terms with what has been going on behind the scenes recently. A make or break situation affecting your love life will cause you to feel stressed but you must do what is right for you at this critical point in time.



Scorpio

Other people do not always think before they speak or act, so it's little wonder you are feeling exhausted with all their dramas. By taking a step back and distancing yourself from the trials and tribulations that are surrounding you at this moment, you will conserve energy and make sound judgements that will serve you well later. It's all about self preservation and sending that very important message out that you are not prepared to play their games.



Sagittarius

This is an emotionally complicated spell where romance is high on the agenda and overshadowing everything else. You are ready to pour time, money and effort into making a relationship work, but is your partner prepared to make the same sacrifices as you? There is something special about you that is attracting a lot of attention. Even work colleagues notice there is something different about you.



Capricorn

You may encounter a few obstacles that slow you down and a jealous ex lover refuses to give up. A business venture offer could indicate that there is some serious money to be made if you are prepared to take a chance. Be confident enough to voice your opinions whilst encouraging others to come forward with new ideas. Arrange to take a holiday so as to restore your energy levels and give you time to do some deep thinking about the next chapter of your life.



Aquarius

The life you secretly dream about is within your reach if you are prepared to make a few lifestyle changes that involve addressing your health and putting your financial matters in order. Legal documents will need your attention and much thought must be given to an important matter that involves the making of a new Will. A complete change of heart is indicated regarding a romantic situation.



Pisces

So much is up in the air and you have some important decisions to make but firstly you want a few questions answered before you proceed to the next level. You will find yourself forming new friendships and associations over the coming months that could open a few interesting doors in your career and personal life. Someone may make you an offer you cannot afford to refuse and if the price is right, take it.

Murder

ON THE SIDE

Beauty & The Beast-ly Murder

MURDER MYSTERY NIGHT

Our Murder Mystery Night was so much fun last year we are doing it all again!

Be our guest, as we join Belle as she skips and innocently trots into the dark castle only to be met by a creature so horrific, she mistakes him for a maths teacher. But before she can escape — there's an ear-piercing scream and a body hits the ballroom floor!

Professional actors from 'Murder on the Side' will entertain you. Seating is on shared tables. The bar will be open throughout the evening.

Call 0115 9881900 to book.





'An Entertainment Phenomenon.'

Daily Telegraph



The acclaimed **National Theatre** production

WarHorse

Based on the beloved novel by Michael Morpurgo • Adapted by Nick Stafford
In association with the award-winning Handspring Puppet Company

Wed 14 Mar – Sat 7 Apr 2018

0115 989 5555 | trch.co.uk

warhorseonstage.com

 Supported using public funding by
**ARTS COUNCIL
ENGLAND**

**THEATRE
ROYAL** **ROYAL
CONCERT
HALL**

Comedy Club Passes £2,000 Mark to Support Homeless People

A Nottingham comedy club has raised more than £2,000 to support homeless people – and expects to more than double that total by the end of the year!

The Glee Club, located inside the iconic British Waterways building at Castle Wharf, has selected Framework as its charity partner for 2017.

More than £2,000 has already been raised by the No Laughing Matter partnership, with customers asked to add an optional £1 donation to their booking fee, or make a small donation on gig nights.

The club will also be hosting a benefit fundraising gig on World Homelessness Day, October 10. The line-up will include Bobby Mair, Bethany Black, Paul F Taylor, and other acts besides.

Chris Senior, Head of Fun-

LIVE STAND-UP COMEDY FUNDRAISER
Help raise money for Nottingham's homeless and vulnerable

In Aid of... **framework**
Supporting charity to homeless and vulnerable people

THE LINE-UP:
BOBBY MAIR
BETHANY BLACK
PAUL F TAYLOR
+ MORE TO BE ANNOUNCED

TUESDAY 10TH OCTOBER

BUY ADVANCE TICKETS FOR ALL SHOWS ANYWHERE ANYTIME
GLEE.CO.UK OR **0871 472 0400**

draising at Framework, said: "As the name of our partnership suggests, homelessness is not a fun and light-hearted issue. However, thanks to the extraordinary generosity of the Glee Club, the laughter of others will contribute directly to our efforts to help local homeless people off the streets. I think that is a punch line that we can all enjoy!"

Brad Seagrave, Glee Club Nottingham's General Manager, added: "Homelessness is a serious issue and one that is clear for all to see. At The Glee we have made a decision to choose one charity for each of our clubs across the country so we can try to make a real difference during 2017.

"By asking customers to donate just £1 when they book tickets we hope to raise thousands. Every week we have upwards to 500 people attending our comedy nights. We hope that they will choose to donate to Framework and help support the great work the charity does."

COSMO
NOTTINGHAM'S ULTIMATE WORLD BUFFET

Are you over 60?
SENIORS EXCLUSIVE
15% OFF
FOOD + A FREE HOT DRINK

BOOK NOW: 0115 950 7755
www.cosmo-restaurants.co.uk www.facebook.com/CosmoNottingham
Monday - Friday only (Please see our website for terms and conditions). 10% may be asked for.



Traynors MOTORSTORE

Top prices paid for scrap cars and motorcycles including many prestige and exotic vehicles. Over 150 vehicles dismantled a week, including over 2000 motorcycles and scooters.

Also importers of new body panels, bumpers, headlights, radiators, windscreens and towbars. Over 150 repairable salvage in stock.

Opening hours: Mon - Thurs 8am - 6pm
Fri 8am - 5.30pm • Sat 8am - 2pm

tel: 01476 563 756 email: parts@traynors.co.uk
www.traynors.co.uk



The Boundary, Gorse Lane, Grantham NG31 7UE



The Botanist Plants Itself in West Bridgford



Multi award-winning pub operator The New World Trading Company (NWT) has revealed that its hotly anticipated new venue The Botanist in West Bridgford will open its doors to the

public on Monday, 9 October. The stunning concept will transform the old Fire and Ice building on Bridgford Road, the most prominent among the main stretch of

bars and restaurants leading into the heart of West Bridgford. The premises will see the creation of 50 new jobs in the town. General Manager David Derney, who joins the

West Bridgford venue from The Botanist, Sheffield, is looking forward to revealing the pub's unique offer to residents and visitors. "We have always loved the vibrancy of Nottingham and

we really saw a home for The Botanist here in West Bridgford, not only to bring our own distinctive and unique flavour to the area but also to compliment a buzzing and cultural scene already thriving here.

"Our future customers will love being able to stop by for a daytime coffee, an after-work cocktail with a twist or an evening bite to eat from our carefully crafted and popular food menu, enjoyed against a backdrop of great live music."

The innovative pub brand draws inspiration from all things botanical, with a cocktail menu boasting over 45 creations, many with a plant-based twist. Sitting alongside its impressive offer of

world famous beers and ales, the extensive cocktail offer sees fresh fruit, herbs and spirits expertly mixed and muddled to deliver an array of unique infusions.

Customers can expect botanical twist on classic favourites, such as Rhubarb and Gin Old Fashioned or a Green Pepper and Grapefruit Daiquiri.

The atmospheric surroundings will be brought to life with regular live music, with the cosy, homely venue playing host to high energy evening gigs, as well as chilled out Sunday afternoon sessions.

To register your interest in a role with The Botanist, please send your CV to jennibell@nwtc.uk.com



WANTED

We pay the BEST prices for all COINS; British, European and World; gold, silver and copper; No fees, no commission, no waiting for cash: Payment by cash, bank transfer or paypal. Secure postage service available please call for details.

Call Paul 07999 869 897

paul.poucher@yahoo.co.uk



PROTECT YOUR
ASSETS FOR
LOVED ONES

Make a Will

for a free expert consultation
in the privacy of your own
home please telephone
David Dexter FCA
01522 789903
or log onto

www.lincolnwills.com



HOLDING A LOCAL EVENT?

CALL 01159 314380

Woodthorpe Is Making Giant Strides with Refurbishment Programme

Woodthorpe Hospital is making giant strides with its refurbishment project which will provide a huge boost for patients, staff and consultants.

The private hospital in Nottingham is being completely transformed to give a fresh look to the interior and exterior of the building.

Public areas of the hospital, including consulting and treatment rooms, are being refurbished as part of the development.

Upgrades are also being made to patient bedrooms on the ward which have been fitted with modern laminate flooring and plush en suite bathrooms.

Other stages of the renovation include a new reception space, a new lounge for private patients and a larger gym and physiotherapy department. Hospital corridors are also being rejuvenated and the appearance of the building outside is also being changed to create a lasting first impression on patients.

Woodthorpe Hospital General Manager Mark Lacey said: "This project will enhance the whole hospital internally and externally.

"As a private hospital we want to create a home-from-home environment for our patients, whether they are here for day surgery or require overnight stays following their operation. "Patients can look forward to staying in impressive surroundings and

the private rooms with en suite bathrooms on the hospital Ward look particularly impressive and will help to make a patient's stay with us as comfortable and convenient as possible." Woodthorpe Hospital provides a range of surgeries and services including hip and knee surgery, spine and neck care, eye surgery, foot and ankle surgery and cosmetic surgery.

It has been providing healthcare services for the people of Nottingham since 1897 and offers superb facilities including two operating theatres and 41 private en suite rooms for patients.



"This refurbishment project can only enhance the service we provide for all our patients. We are really excited about the completion date for the project which is now only just around the corner."



Are you considering Cosmetic Surgery?

Come along to our open event

Saturday 23rd September (11am) at Woodthorpe Hospital

Meet our highly experienced cosmetic surgeons on the day. Benefit from short, complimentary consultations with them.

Find out about surgeries including:

- Breast Augmentation, Breast Uplift, Breast Reduction
- Abdominoplasty (tummy tuck)
- Eyelid Surgery
- Facelifts
- Liposuction, Fat Transfer, Body Sculpturing
- Rhinoplasty (nose job)

Our consultants can help you make an informed decision about what course of action will suit you best.

Call us on 0115 6848 929 to book your place at the open event. Or visit www.woodthorpehospital.co.uk for more information about all our Cosmetic surgeries.

 **Woodthorpe Hospital**
Part of Ramsay Health Care



LEICESTER CONTINENTAL MARKET

GALLOWTREE GATE &
HUMBERSTONE GATE

WEDNESDAY 27TH SEPTEMBER
TO SUNDAY 1ST OCTOBER



WWW.MARKETPLACEEUROPE.CO.UK

Exciting Developments at the Motorpoint Arena

The East Midlands' biggest entertainment venue, the Motorpoint Arena Nottingham and National Ice Centre (NIC), has moved its catering and hospitality operation in-house for the first time.

Having previously outsourced its catering operation to Levy Restaurants UK, the venue is now fully responsible for running all of its concourse catering outlets, bars and restaurants.

As part of the change; and following consultation with customers on what catering improvements they would like to see at the venue; a number of exciting developments have been made to the Arena concourse to provide a better variety of food and drink options for customers attending shows and events.

The new catering outlets introduced on the Arena concourse include:

- Sweet Retreat – A tuck shop offering popcorn, candyfloss, doughnuts, chocolate, sweets, ice cream and snacks
- Fish & Chip Kitchen – Selling a range of fish, pies and other local chip shop favourites
- Ice Cream Shop – A range of delicious ice cream - locally sourced from Dolcino (based in Nottingham's City centre) - with all the toppings

- The Coffee House – Specialist coffees and syrups, plus teas and ultimate hot chocolates along with warm doughnuts, fresh cakes and cookies

- The Hideaway Bar – With an outdoor vibe, the Hideaway Bar offers a range of premium drinks, including Prosecco and Champagne

- introduced a new, discounted menu
- Introduction of a new £3 a pint Panthers Beer for customers attending ice hockey matches

Following customer feedback, new products have been added to the Sub Zero Café Bar menu in the National Ice Centre. Sub Zero's opening hours have also been extended with the bar now opening from 7am daily to service the needs of skaters and their families.

Concession hawkers have been employed to take food and drink directly to customers in the Arena bowl during events.

The transition from working with a contractor to bringing the catering function in-house took eight months and included a recruitment drive which saw over 500 applications processed. Sam Oldham, Operations Director at the Motorpoint Arena Nottingham and National Ice Centre said: "Bringing our catering operation in-house is giving us the opportunity to maximise revenue in this area and deliver what our customers want." Further information on the new catering options and menus can be found on the Motorpoint Arena Nottingham's website.

- Quickserve

Bar – Set back from the concourse and offering a speedier service for those just wanting a drink

- Other improvements made to the venue's catering offer since the switch include:

- Encore Bar & Grill (located in the foyer) is now open daily and has



WELBECK HALL SUNDAY CARVERY

Now Open for Sunday Lunches
12noon - 4pm

1 Course £8.95
2 Course £11.95
3 Course £14.95

BOOK NOW TO AVOID DISAPPOINTMENT 0115 9455626
GLEN@WELBECKHALL.COM

WELBECK HALL, WELBECK ROAD, WEST BRIDGFORD, NOTTINGHAM, NG2 7QW

CoachStyle

part of the Skills Group

CHESTER & SNOWDONIA - 3 DAYS

INCLUDES: 2 nts DBB in Hotel + Free time in Chester & Rhyl + Visit to Snowdonia National Park

FROM **£139.95**
S/SUP CALL

NORTH WALES EXPLORER - 5 DAYS

INCLUDES: 4 nts DBB in Hotel + Hotel entertainment + Trips to Snowdonia, Rhyl & Chester

FROM **£259.95**
S/SUP CALL

BLACKPOOL ILLUMINATIONS - 2 DAYS

INCLUDES: 1 nt DBB in Hotel + Entertainment + Evening drive through the lights + Free time in Blackpool

FROM **£69.95**
S/SUP CALL

A WEEKEND AT THE ADELPHI - 3 DAYS

INCLUDES: 2 nts DBB in 3* Hotel + Drink offers at bar + Free time in Liverpool & Chester

FROM **£144.95**
S/SUP CALL

FAWLTY TOWERS - 2 DAYS

INCLUDES: 1 nt DBB in 3* Hotel + Evening themed entertainment + Free time in Scarborough & Bridlington

FROM **£89.95**
S/SUP CALL

MYSTERY EXPLORER TOURS - 2 DAYS

INCLUDES: 1 nt DBB in Hotel + 99p bar offers at hotel + Excursions to two different destinations

FROM **£59.95**
S/SUP £15

PARTY NIGHT - NEWCASTLE & DURHAM - 2 DAYS

INCLUDES: 1 nt DBB in 3* Hotel + Disco & Party Night + Free time in Newcastle & Durham

FROM **£69.95**
S/SUP CALL

LONDON THEATRE BREAK - 2 DAYS

INCLUDES: 1 nt DBB in Hotel + Matinee performance of chosen show + Free time in London + Optional extras

FROM **£150**
S/SUP £15

RHINE VALLEY - 5 DAYS

INCLUDES: 4 nts DBB in Hotel + 1 hour free bar + Entertainment + Visits to Rudesheim, Cochem & Boppard

FROM **£219**
S/SUP CALL

LEGOLAND & WINDSOR - 2 DAYS

INCLUDES: 1 nt DBB in Hotel + Admission into Legoland + Free time in Windsor

FROM **£99.95**
S/SUP £17.50

EASTBOURNE - 5 DAYS

INCLUDES: 4 nts DBB in Hotel + Excursions to Brighton, Worthing & Lewes + Free time in Eastbourne

FROM **£219.95**
S/SUP CALL

LEEDS & YORK - 2 DAYS

INCLUDES: 1 nt DBB in Hotel + Welcome drink + Drinks offers at hotel bar + Free time in Leeds & York

FROM **£75.95**
S/SUP CALL

MURDER MYSTERY - 2 DAYS

INCLUDES: 1 nt DBB in Hotel + Themed entertainment at hotel + Excursions to Cardiff & Gloucester

FROM **£84.95**
S/SUP £5

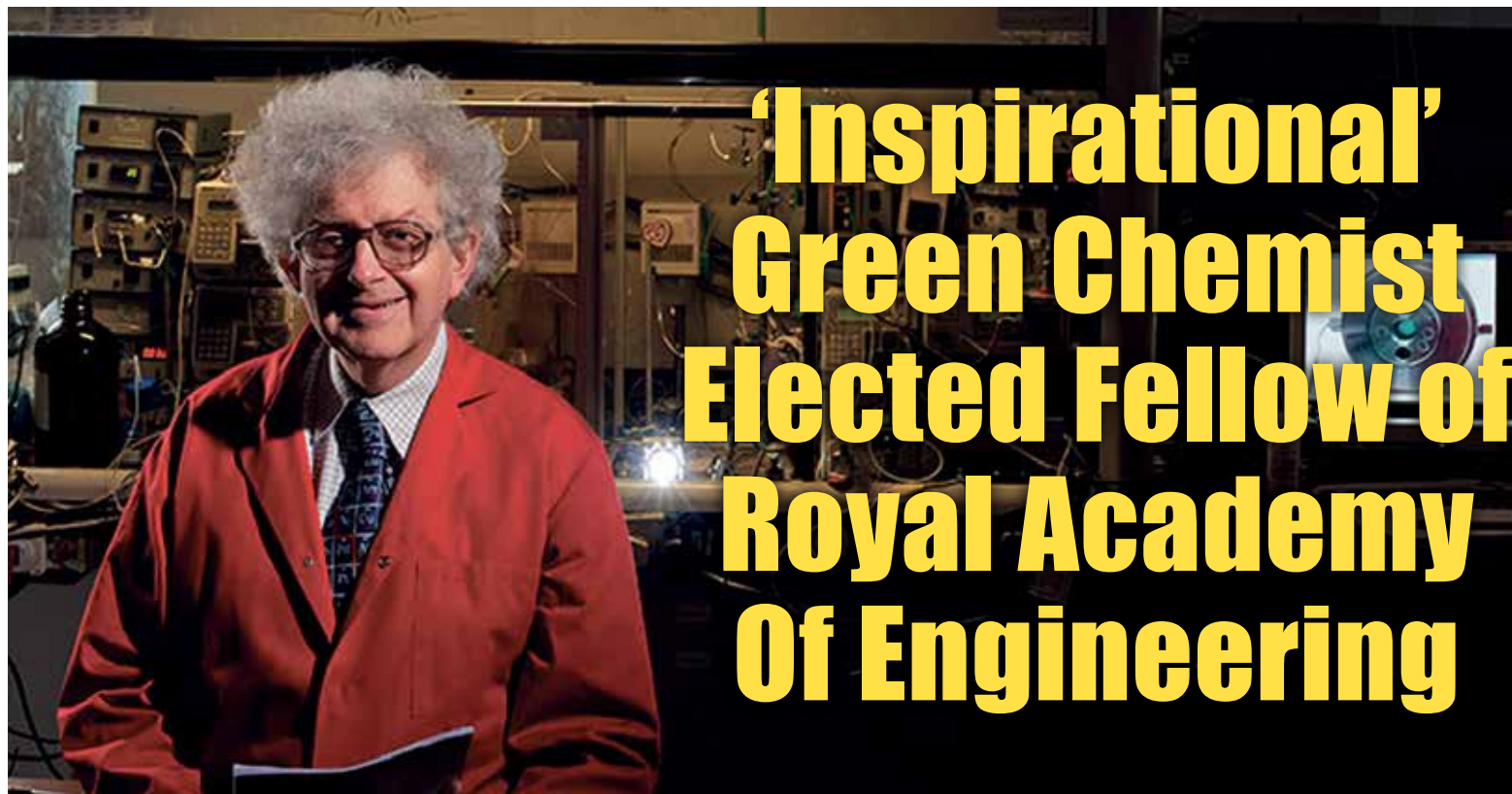
EMMERDALE, BRONTE COUNTRY & SKIPTON - 2 DAYS

INCLUDES: 1 nt DBB in Hotel + Excursion to Skipton on Market Day + Free time in Otley & Haworth

FROM **£75.95**
S/SUP CALL

CALL US ON 08456 66 55 44* VISIT US AT WWW.COACHSTYLE.CO.UK

* (Calls cost 3p per minute plus your network provider's standard access charge)
Subject to availability and selected coach holiday only and terms & conditions apply. For tours operated by Skills Holidays, CoachStyle, Skills Days Out visit www.skills.co.uk for full Terms & Conditions. For tours operated by Laver Holidays visit www.laverholidays.co.uk for full Terms & Conditions. Prices are per person based on 2 people sharing a twin room and are subject to availability. Nil single room supplements are limited. All credit card transactions are subject to a 2.75% charge.



'Inspirational' Green Chemist Elected Fellow of Royal Academy Of Engineering

University of Nottingham's Professor Sir Martyn Poliakoff CBE FRS, has been elected a Fellow of the Royal Academy of Engineering for his pioneering work in supercritical fluids which was judged "to combine engineering and chemistry in a highly imaginative way." Election to the Royal Academy of Engineering is one of the highest honours for an engineer in the UK, and there are now 10 Fellows at Nottingham including emeritus professors, underlining the quality of engineering research at the University.

Sir Martyn has been a Fellow of the Institution of Chemical Engineers since 2004 and was a member of the IChemE Council from 2009 to 2013. He has dedicated much of his long and distinguished scientific career to developing environmentally more acceptable processes for the manufacture of the chemicals and materials which underpin modern society.

Responding to this latest in a string of scientific accolades, Sir Martyn, Research Professor of Chemistry in the School of Chemistry at the University of Nottingham, said: "I am delighted.

"My research spans the boundary between chemistry and engineering and it is really pleasing that the Academy has recognised the contribution that our research team and our technical staff have made to engineering. I feel very strongly that scientists and engineers need to work in partnership. Together we can achieve so much more than we can separately."

New Job Club Launches in Eastwood...

A new job club, where jobseekers can get advice and support on finding work, has been launched in Eastwood.

The Job Club gives people the chance to meet others looking for work, build new contacts, share job hunting experiences and get advice on interview techniques, CVs and volunteering opportunities. Attendees will gain employment related skills

and find out about opportunities with local employers

All sessions will take place at Eastwood Volunteer Bureau, Wellington Place, Eastwood, NG16 3GB.

The first session launched on Tuesday 5th September, and further sessions in 2017 will take place on Tuesday's between 10:00am – 12:00pm on the following dates:

- 19th September
- 3rd, 17th and 31st October
- 14th and 28th November
- 12th December

To find out more about the Eastwood Job Club, please call 0115 9300 199

THE THREE DEGREES

WITH SUPPORT FROM ANN & SONIA
KEMET FM 10TH YEAR & THE THREE DEGREES 50TH YEAR CELEBRATION

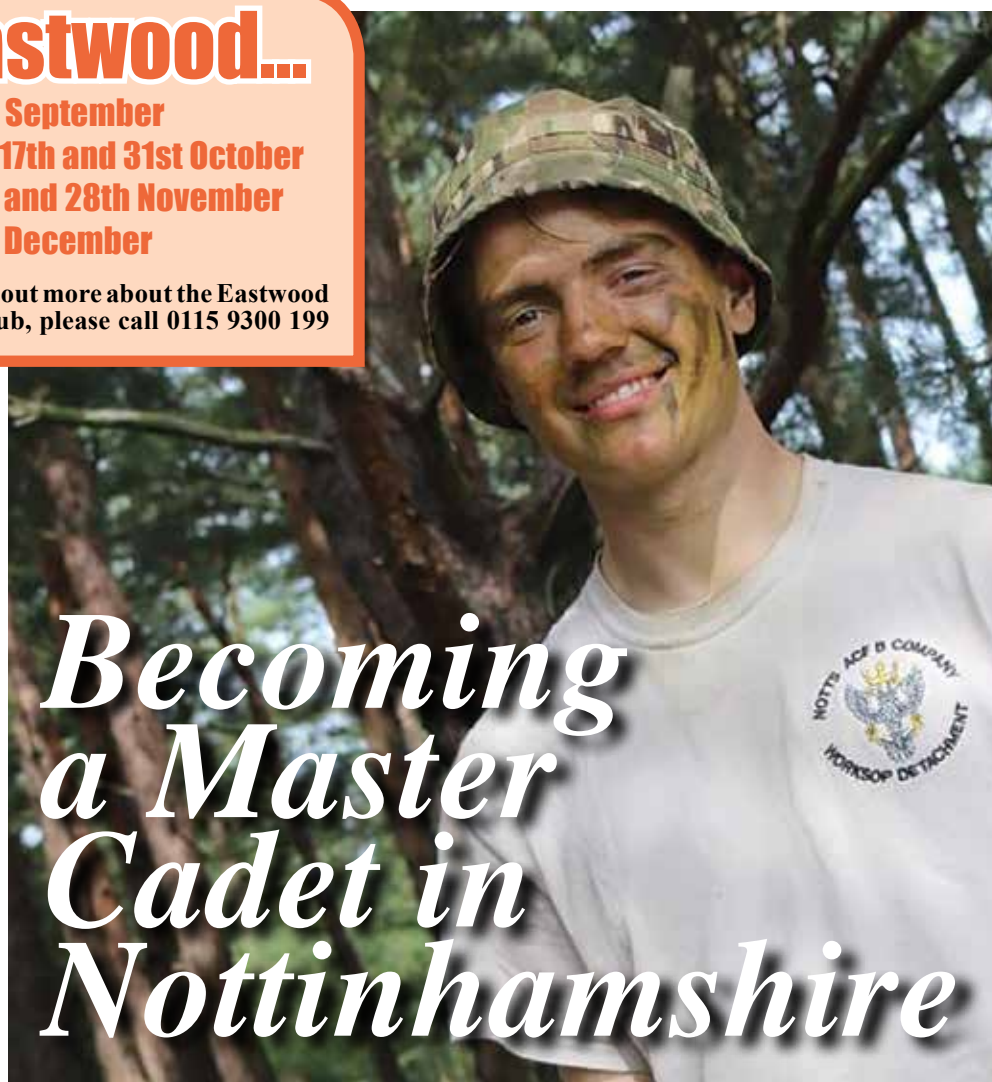
24.09.17 DOORS OPEN FROM 7:00 PM

HOSTED BY
SUNDAY SERENADE
97.5 KEMET FM

@ **SALT BOX**
ROLEO SQUARE NOTTINGHAM NG1 1LY

TICKETS AVAILABLE AT
975KEMETFM.COM &
GIGANTIC.COM OR
CALL 0115 970 1461

IF
YOU
WOULD
LIKE
TO
FEATURE
ON
THIS
PAGE
PLEASE
CALL
US
01159
313879



Becoming a Master Cadet in Nottinhamshire

A student from Worksop has become a Master Cadet, the highest accolade possible in his youth organisation.

Cadet Regimental Sergeant Major Matthew Frost, aged 17, is a member of Nottinghamshire Army Cadet Force's (ACF) Worksop Detachment and was awarded his new title in August after completing a training course at Frimley Park Cadet Training Centre in Camberley.

In order to become a Master Cadet, youngsters have to complete a series of Army Proficiency Certificates and become a One, Two, Three and Four Star Cadet before undertaking another week-long course to be considered for the position.

Originally joining the ACF five years ago when he was in year eight at school, Matthew has worked his way through the rank structure to be Cadet Regimental

Sergeant Major where he is now.

Matthew said: "My cadet role is really fulfilling, I now get to help the younger cadet's work towards their targets and seeing them achieve is brilliant, I love it."

Speaking about why he would encourage other young people to join the ACF in their area, Matthew continued: "There are so many reasons to get involved. It teaches you lots of things you don't get taught in school such as the importance of values and standards, how to be a nice person, how to show respect and have manners, its loads of fun and I can't fault the organisation at all so I would tell anyone interested to come along and give it a try."

Matthew recently returned from Nottinghamshire ACF's annual camp in Hampshire where he got to take part in a variety of activities such as sailing, raft building and laser tag.

Dawn Cragg MBE

MAKE-UP ARTIST, INTERNATIONAL TRAINER AND EXPERT WITNESS



TRAIN WITH DAWN

At last! A custom designed course offering intensive practical instruction, structured to the personal needs of the individual students is offered by Dawn.

IN PERMANENT MAKE-UP

- Unlock your creative talents!
- Gives an interesting & challenging dimension to your business
- Excellent income

Train with a professional make-up artist, and the most experienced and respected tutor of Micropigmentation.

- Foundation and advanced courses
- All classes are taken personally by Dawn
- One-to-one training
- Ongoing advice and support
- Equipment and products supply service

Private treatments available, with Dawn

BEFORE

AFTER



Office: 01777 860500

Mobile: 07875 498145

dawn@dawncragg.net
www.dawncragg.net



KENWICK PARK ESTATE - LOUTH - LINCOLNSHIRE WOLDS



BRITISH BUILT
4 BEDROOM
LODGES



NEW LODGES RELEASED

New to Kenwick Park Hotel
Close to Club Spa and Hotel
Our Guaranteed Return on
Investment available (est. 2001)

ONLY 4 PLOTS REMAINING

PLOTS: £80,000
LODGES: £160,000

For more information or
to make an appointment,
contact Stuart

T: 01507 353007/608806
E: sflynn@kenwick-park.co.uk

www.kenwick-park.co.uk/new-retreat-lodges

Kenwick Park Estate is a luxury resort complex set in 320 acres of woodlands, parks and manicured grounds. Encompassing a 34 bedroom hotel, lodge complex, golf course, ClubSpa and Evergreen spa, this location makes the perfect venue for all occasions and has something to keep everyone entertained.

The New Retreat Lodges at Kenwick Park, Louth, Lincolnshire, are an exciting addition to the complex, offering a fantastic investment opportunity, second home or holiday retreat for buyers. Kenwick Retreat Lodge is hosting an Open Weekend on Friday 29 September – Sunday 1 October (Friday 11am – 7pm, Saturday and Sunday 10am – 6pm), which will give visitors the opportunity to explore the resort complex and beautiful lodges for themselves.

Set in the county of Lincolnshire, the resort gives visitors exposure to the surrounding unspoiled countryside, rolling hills and picturesque valleys which

inspired one of the nation's greatest poets, Alfred Lord Tennyson. Lincolnshire is a massive county of three parts; to the south agriculturally intensive Fenland areas reclaimed from the sea over the centuries, to the east the coastal plain running down to the sea, but to the centre of the Lincolnshire Wolds are typical of wold countryside throughout the United Kingdom.

A County steeped in history from John O'Gaunt and Bolingbroke Castle in the Wolds to the major Roman settlements including the county town of Lincoln with its majestic Cathedral and Castle, which houses an original copy of the Magna Carta, and Louth itself, the capital of the Wolds, and in the more recent past, Boston in the Pilgrim Fathers.

With its beautiful and historical setting in the Lincolnshire Wolds, the 500 acre Kenwick Park Estate was

established as a gracious 19 century sporting estate. It included 160 acres of mature mixed woodland, a period coachhouse and Kenwick Hall, since converted to Kenwick Park Hotel.

It is this idyllic 19 century setting that the current owners set out in early 1990 to create a modern sporting estate which today is called the Kenwick Park Estate. Join us on our open day to see what Lincolnshire has to offer and to find out more about the range of Retreat Lodges available.



Additional Information about the Retreat Lodges:

- 125 year leasehold tenure
- Second home/retirement base and/or....
- Investment opportunity with Guaranteed Return of 6% and own usage.
- Major on what is here and mature 20 year+ established resort complex.
- Based in the Lincolnshire Wold Area of Outstanding Natural Beauty.
- Family owned business.
- Location of units, within 200m of hotel, leisure and 1st tee.
- Views over 10th tees and 10th fairway.
- Design approved to fit with existing hotel and listed Golf Clubhouse.
- Fully fitted with bathrooms, kitchen from approved ranges.
- Reserved parking space.
- Exclusive driveway/entrance for 12 apartments.
- Membership rights to Club Spa at Kenwick.



Brewery Housing Development Gets Go Ahead.....



L-R Martin Jinks, Partner at Nelsons, Ruby Ashby Plot Sales Executive at Nelsons, Vanessa Gregory, Sales and Marketing manager at Fairgrove, Mary Gharmount, Associate at Nelsons

A historic brewery is being given a new lease of life as works start on a major housing development at the old Hardy and Hansons site in the heart of Kimberley. Acting on behalf of house builder Fairgrove Homes, Nelsons Solicitors has completed the purchase of Phase One of the site, which has planning permission for 25 new build homes and five conversions off the Hardy Street access. Contracts on the purchase of the balance of the site have also been exchanged, which will lead to the refurbishment and conver-

sion of the old tower and maltings buildings, and the construction of many more new homes for Kimberley. Originally built in the 1800s, the Kimberley brewery was a major employer in Nottingham, but was sold in 2006, and since abandoned in 2011. Mary Gharmount, associate and commercial property solicitor at Nelsons, said: "We have been working on this project since October 2016, and have arranged the site purchase, assisted with funding, infrastructure and site set up. We will also be managing the sales of

the planned properties. "This significant development has been particularly challenging, due to the historic nature of the site and complexities surrounding applications for converting buildings in conservation areas. But a suitable agreement for Fairgrove Homes and the local authority has been reached and we think the planned properties will make excellent use of the derelict site." The 30 planned properties in the initial phase will feature a mix of houses and cottage conversions.

Elizabeth House
Residential Care Home

THE FOLLOWING SERVICES ARE PROVIDED AT NO EXTRA COST

LAUNDRY - ON-SITE LAUNDRY WHICH INCLUDES BASIC REPAIRS

INCONTINENCE REQUISITES - INCONTINENCE REQUISITES ARE PROVIDED BY THE HOME

DOCTORS - CLIENTS CAN REMAIN THEIR OWN G.P. OTHERWISE A LOCAL G.P. CAN BE CONTRACTED & CLIENTS CAN BE REGISTERED WITH HIM/HER

DENTISTS - THE HOME IS REGISTERED WITH A LOCAL DENTAL PRACTICE WHO ARE HAPPY TO VISIT WITHIN THE HOME

PHYSICAL FITNESS - A QUALIFIED PHYSICAL FITNESS INSTRUCTOR VISITS THE HOME WEEKLY

OPTICIAN - A REGISTERED OPTOMETRIST VISITS REGULARLY TO TEST THE CLIENTS EYES TO VISIT WITHIN THE HOME

THE FOLLOWING SERVICES ARE PROVIDED AT AN ADDITIONAL COST

HAIRDRESSING - A QUALIFIED HAIRDRESSER VISITS THE HOME WEEKLY

CHIROPODIST - A REGISTERED CHIROPODIST VISITS EVERY MONTH

MAGAZINES - MAGAZINES & SWEETS ETC CAN BE PURCHASED FROM THE VISITING NEWSAGENT

WHETHER YOU ARE CHOOSING A CARE HOME FOR YOURSELF OR ADVISING A FRIEND OR RELATIVE ON THIS VERY IMPORTANT DECISION ON. WE WOULD BE DELIGHTED IF YOU CAME TO VISIT US, OR EVEN ARRANGE A TRIAL STAY. D.S.S & PRIVATE GUESTS ARE EQUALLY WELCOME. OUR MANAGER WOULD BE MORE THAN PLEASED TO MEET YOU AND TO PROVIDE YOU WITH INFORMATION ON OUR FEES AND FACILITIES.

2 CHURCH HILL AVENUE MANSFIELD WOODHOUSE, NOTTS
TEL: 01623 657 368

Cycling & Walking, Wildlife & Bugtopia, BBQ's & Picnics, Watersports & Cruises, Cafes & Restaurants.

All part of a great day full of...

FAMILY FUN & ADVENTURE



Grafham Water Park

Huntingdon PE280BH

info_Grafham@anglianwater.co.uk

Rutland Water Park

Rutland LE15 8QL

rutlandwaterinfo@anglianwater.co.uk

Pitsford Water Park

Northampton NN6 9SJ

info_Pitsford@anglianwater.co.uk

Please check individual parks for activities available



anglianwater.co.uk/leisure



IF YOU'VE GOT A STORY

editorial@nottsinfocus.co.uk

Education & Training



The Robert Carre Trust

The Robert Carre Trust is a partnership of two schools - Carre's Grammar School and Kesteven and Sleaford High School - with a common ethos: genuine commitment to collaborative working.



Established as a Multi Academy Trust on 1 September 2015 by Carre's Grammar School, the Trust aims to improve and impact positively upon the lives and educational experiences for a greater number of young people in the local community, and to provide an improved educational experience for its own students in a diverse number of areas for better teaching and learning, an enhanced and engaging curriculum, staff development, finance and human resources, legal services, school improvement structures and governance arrangements. Our rationale for developing a network of schools is that the Robert Carre Trust (RCT) wishes to cultivate a range of high quality provision which supports learners to achieve

their full potential through clear progression pathways from primary to secondary school and into further and higher education, apprenticeships and employment with training. This will meet local and regional demands for a qualified workforce with the skills and self-confidence to meet their career aspirations, whilst supporting learners to exceed expectations and to maximise their life chances. By working together, we will strive to create a genuine partnership of schools and academies of which students, parents, staff, governors and the local community are proud to be a part. This will build upon existing partnerships, traditions, academic achievement, and enrichment of the schools within the Trust for the benefit of its young people.

The next Robert Carre Trust Open Day is Wednesday 18 October 2017, when the schools will be open for visits from 9.15am - 1pm. To find out more, please visit www.robertcarretrust.uk or call 1529 302181

PRACTICAL LEARNING

The truth is, after school, no one knows what they want to do for the rest of their lives. With so many different choices of what you can study or which field of work you can pursue, it's difficult to select something that's right for you. Why not throw yourself into the world of work whilst still studying by doing an apprenticeship?

LEARN NEW SKILLS

As you are immersed into the working world you will appreciate all the benefits of a real life working environment, which will cause you to adapt new skills such as punctuality, responsibility and financial budgeting. Also, the working environment will then provide you with opportunities to excel and advance within the com-

pany and even gain a full time job once your apprenticeship has concluded.

YOU'RE STILL STUDYING

Doing an apprenticeship means you still acquire the same level of qualification that you would if you went to university or college since a certain amount of time is usually dedicated to completing assignments, in order to track your progress with the company. Different places of work will provide individual amounts of work dependent upon the course you choose to study, unveiling a more practical way to master your new skills.

DO WHAT YOU LOVE

Turn your favourite subject or childhood dream into your career by practising your skills to enjoy your job even more. You will be greeted with every aspect of working life whilst completing your degree, transforming your interests into a career. There are so many benefits of choosing an apprenticeship to be your next step so what are you waiting for?



The Robert Carre Trust

OPEN DAY Wednesday 18th October 2017

The schools will be open for visits from 9.15am until 1pm (appointments are not required)

Carre's Grammar School

- Top performing boys' grammar school in Lincolnshire
- Excellent pastoral care and support for children with SEND
- Academic success combined with sport, music, art and much more
- Links to local community via sport, outreach and partner primary schools

Kesteven & Sleaford High School

- Students made more progress at GCSE in 2016 than in any other grammar school in Lincolnshire
- Outstanding academic success year after year at KS3, GCSE and A Level
- Students learn as members of a friendly, welcoming and creative community
- Excellent pastoral care and support for students with SEND
- Wide range of extra-curricular groups for all year groups



To see more about our exciting schools please visit our websites



Carre's Grammar School
Part of the Robert Carre Trust
Executive Headteacher:
Mr N Law, Northgate, Sleaford
NG34 7DD
t: 01529 302181
e: enquiries@carres.uk
w: www.carres.uk



Kesteven & Sleaford High School
Part of the Robert Carre Trust
Head of School: Mrs J Smith
Jermyn Street, Sleaford
NG34 7RS
t: 01529 414044
e: enquiries@kshs.uk
w: www.kshs.uk

Education & Training

WHAT DO YOU WANT FOR CHRISTMAS?

Profit? Customer Satisfaction? Flexibility? Time?

Don't just toy with the idea.

Let us help you recruit your Christmas staff today.

Our free-of-charge recruitment service has been developed in partnership with local agents to supply employers with qualified, work-ready candidates.

Training we deliver:

Customer Service

Health and Social Care

Warehousing

Construction



Developing careers and companies
Skills Development | Recruitment | Apprenticeships | Levy Management

Contact us:

0115 959 9544
info@ctskills.co.uk
www.ctskills.co.uk

CHANGE YOUR FUTURE



Is your teenager 16 or 17 years-old? NCS is a once-in-a-lifetime opportunity for them to take part in exciting adventure activities, brush up on important teamwork, leadership and communication skills and meet new people this October half term. Help them get the confidence and skills they need to succeed in work and life. Costs a maximum of £50; support available.

Book now at [NCSINGEUS.CO.UK](https://www.ncsingeus.co.uk) or call 0121 386 6910

Education & Training



**NO
ORDINARY
JOB**

APPRENTICESHIP OPPORTUNITIES

We have more than 20 roles to choose from with RAF delivered apprenticeships rated outstanding by Ofsted, please see details below and on our website.

TECHNICAL AND ENGINEERING

Aircraft Technician (Mechanical)
Aircraft Technician (Electrical)
Weapons Technician
Squadron Equipment Specialist
Electrician
Vehicle & Mech Equipment
Technician
General Technician (Mechanical)
General Technician (Electrical)
Cyberpace Communication Specialist

AIR OPERATIONS SUPPORT

Air Support Systems Operator
Flight Operations Assistant

LOGISTICS

Chief
Catering & Hospitality Specialist
Driver
Supply, Storage & Distribution
Specialist
Mover

PERSONNEL SUPPORT

Nutrition Assistant

FORCE PROTECTION

RAF Police
Kingdom
RAF Regiment Gunner

COMMUNICATIONS AND INTELLIGENCE

Intelligence Analyst (Support)
Intelligence Analyst

Search RAF Recruitment

0345 605 5555

f/rafrecruitment

@AFCONottingham



**Armed Forces Careers Office
Nottingham
NG21 2ND**

01159 343 477



NEW COURSES STARTING OCTOBER 2017

**Spanish & English courses
Private tuition
Spanish for kids**

Guarantee your place and book now!

WWW.LANGUAGETUITIONNOTTINGHAM.CO.UK
INFO@LANGUAGETUITIONNOTTINGHAM.CO.UK

YOUR COMPLETE TRAINING SOLUTION.

CONSTRUCTION TRAINING ACADEMY

JUST A FEW OF THE CONSTRUCTION
OCCUPATIONAL SECTORS IN WHICH WE EXCEL...

- PLANT OPERATIONS
- SPECIALIST LIFTING & INSTALLATION
- PILING
- PASSIVE FIRE PROTECTION
- TUNNELING & MINING
- SUPERVISORY & MANAGEMENT
- WASTE & RECYCLING
- BITUMINOUS PAVING
- FORMWORK & STEEL FIXING

*Delivering innovative
programmes designed
to nurture, enhance
and develop all learners
alike...*

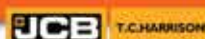


Construction Training Academy deliver training and assessments to a wide range of established construction and civil engineering companies, as well as individual construction operatives.



UNIT 14 • WEST STOCKWITH BUSINESS PARK • STOCKWITH ROAD • DONCASTER • DN10 4ES

RECEIVE TRAINING ON NEW, UP TO DATE PLANT
MACHINERY - SUPPLIED DIRECTLY FROM T.C HARRISON JCB



WWW.CTA.CONSTRUCTION

0333 2027170

Education & Training

Inspire Learning can help!



Inspire has launched its first ever short course guide bringing hundreds of short courses to libraries and community venues across Nottinghamshire.

The new short course guide is available from local libraries, children's centres, some leisure centres and supermarkets, community centres and council offices. It can also be viewed online and downloaded at www.inspireculture.org.uk/learning.

Inspire community courses are for anyone aged 19+ who may not have done any learning since school, or who want to try something new without a huge commitment both in terms of time and cost. No previous experience, skills or qualifications are needed to enrol, and Inspire's commu-

nity courses are free to those in receipt of certain benefits. Introduction to Health and Social Care, First Aid, Alternative Therapies, Confidence for Work, Mindfulness, Pilates, Crochet, Family Arts and Crafts and Story Fun are just some of the courses on offer.

Inspire family learning courses are designed to bring families together, to learn something whilst spending quality time together, and all family learning courses are free regardless of benefits received. As well as family and community courses, Inspire offer

study programmes for 16-18 year olds, apprenticeships, courses for employers and new for September, Access to Higher Education in Health and Social Care with a pathway to Nottingham Trent University for successful students.

More information about all Inspire courses can be found in the new Autumn Short Course Guide available in local libraries or downloadable at www.inspireculture.org.uk/learning. Further information can be found at www.inspireculture.org.uk/learning

Thirty Hours Funded Childcare Available At Two Outstanding Newark Nurseries

Children 1st Day Nurseries is advising parents in Newark to check their eligibility for the 30 hours of funded childcare being provided as part of the government's latest childcare initiative.

This follows the decision by Children 1st to offer the full 30 hours of funded childcare to three and four-year olds promised by the government. The company's two Newark nurseries are rated as 'Outstanding' by Ofsted, which means children across the town can access some of the best early years education available in the U.K.

Margaret Mason OBE, Children 1st Founder and Chief Executive, comments: "Offering 30 hours funded childcare further enables us to support families across Newark and help children make the best start in life. If you have any questions, I encourage you to contact us or visit us online."

Children 1st @ Newark, located on Muskham provides outstanding teaching in a calm, happy and well resourced environment. The expansive garden area provides a wonderful outdoor space where the

children can grow and learn, enjoying the sense of freedom that comes from exploring the great outdoors. Over on Appletongate, Children 1st @ Newark Town is a hidden gem. Behind the Georgian exterior is a treasure trove of outstanding provision, offering high quality, challenging and interesting activities. With a dedicated baby room for the tiniest tots which benefits from having its own outdoor area, and stimulating, free flowing learning areas for older children to explore.

Parents who would like further information can contact Children 1st Day nurseries on 0800 652 1052.



INSPIRE LEARNING

SHORT COURSES

IN YOUR LOCAL COMMUNITY

NEW
Autumn 2017 short
course guide available
now at your local
library!



Our courses are informal, fun and sociable. Choose from:

- Introduction to Health and Social Care
- Confidence for Work
- Creative Crafts
- Mindfulness
- Family Arts and Crafts

Plus many, many more...

Courses are FREE if you're in receipt of certain benefit.

IT'S NOT TOO LATE to find out more and book your place at www.inspireculture.org.uk/community

Email: learning@inspireculture.org.uk or Call: 0115 804 4363



working with



**Nottinghamshire
County Council**



**Education & Skills
Funding Agency**



Come And See Our Outstanding Nurseries!

Children 1st Day Nurseries provide the highest quality of care and exciting new learning opportunities for babies and young children, helping them to make the best start in life.

We offer **30 HOURS FUNDED CHILDCARE** for 3 and 4 year olds and **FREE REGISTRATION** at our two Ofsted Outstanding Newark day nurseries* and our flexible sessions are designed to help you make the most of your precious family time."

If you would like to book your nursery visit please call **0800 652 1052** or visit our website for further information.

Children 1st at Newark 'Outstanding in All Areas' - Ofsted
Muskham Road, Newark, Nottingham NG24 1DP
Children 1st at Newark Town 'Outstanding in All Areas' - Ofsted
Martin Foster House, Appletongate, Newark NG24 1JY

www.children1stdaynurseries.com

*Free places subject to availability and eligibility

Education & Training

Trent Vale Nursery



We have places for a minimum of 15 hours up to a maximum of 30 hours from September 2017

WHAT IS AVAILABLE?

Morning Nursery Session:

8.45am - 11.45am

Supervised Lunch Club:

11.45am - 12.30p

Afternoon Session Mon - Fri

12.30 - 3.30pm

(at a cost of £3.00 or £5.50 inc. hot dinner)

These sessions are term time only and we can provide information for wrap around care.

Our Nursery is run by a highly skilled and fully qualified teacher who has worked in the EYFS for many years

By attending our school based nursery your child will have the opportunity to play and develop social skills within a safe and exciting environment. The staff are very warm and friendly and encourage children to love learning. They provide them with skills to have a positive start to school life with a smooth transition into our school if you wish.

If you are interested please feel free to contact us to arrange a visit
Trent Rd, Beeston Rylands, Beeston, Nottingham NG9 1LP
tel: 0115 9179 224 or email: office@trentvale.notts.sch.uk



TUTORS WANTED

We are a company specialising in quality educational provision

Due to increasing demand, we are looking to recruit excellent tutors, teachers, teaching assistants, youth workers and learning mentors who are willing to work on a sessional basis. Applications are welcome from practitioners across all Key Stage, curriculum areas and those who have worked successfully with young people in a range of settings. An ability to work flexibly is essential and a willingness to travel reasonable distances is expected. We offer generous rates of pay and the opportunity to work within a friendly and supportive team who really make a difference to the educational outcomes of young people out of school.

Please complete an application which can be downloaded from our website: www.first-class.org.uk or contact us on 01623 429484 or 01636 626171 for further details

Abbotsholme School

www.abbotsholme.co.uk

**OPEN DAY
SATURDAY
30th SEPTEMBER**

**10.00-14.00
Book now and join
us for tours,
activities and lunch**



Because happy children succeed...

01889 594265
enquiries@abbotsholme.co.uk
Rocester, Uttoxeter ST14 5BS

Education & Training

An Education for Life



At Abbotsholme, we know that choosing a school for your child is an extremely difficult and incredibly important decision, and we understand the need for you to get this right. We know that you want your child to enjoy school, to achieve and be happy. Happy children succeed, and the right school lays the foundations for your child's future.

Abbotsholme is a day and boarding school for girls and boys aged 2-18, providing a progressive education for today's world. We develop enquiring minds and independent thinkers through respect, honesty, humility, integrity and courage.

Abbotsholme School has a wonderful history dating back to 1889. Its aim is to prepare its pupils for the whole of life by giving them a balanced education through a strong academic curriculum and an extensive range of co-curriculum activities; and where everyone – pupils and staff – are encouraged to do their best.

Abbotsholme School looks for many things beyond academic credentials. We seek young people with enthusiasm, integrity, commitment and a concern for others as well as for their environment – in essence, those who will contribute positively to our community.

Although we are committed to helping all Abbotsholmians fulfil their academic potential, the measure of our success cannot be judged by scholarly achievements alone. Indeed, it is their development as people that must be seen as the ultimate test. An education at Abbotsholme provides not only the starting blocks, but it also propels each individual through the start of life outside Abbotsholme.

Join us at our next Open Day on Saturday 30 September 2017 to find out more about the revolutionary education we provide.

For more information visit www.abbotsholme.co.uk or call 01889 590217

Road to Success

Children grow up fast, so it's important to start thinking about the future. Whether they're moving on from primary education, in their last year of school or are wondering what to do after college, it's never too soon to start considering your options. Here are a few tips on how to get started:

Attend an open day

Open days are a great way to see if something is right for you or your child. They offer an opportunity to meet the teachers at a new school, visit a potential university campus or get some more information about an apprenticeship. Educational institutions often hold open days with stalls and information on various dates throughout the year, but if yours doesn't, picking up the phone and arranging a visit is the next best alternative.

Get informed

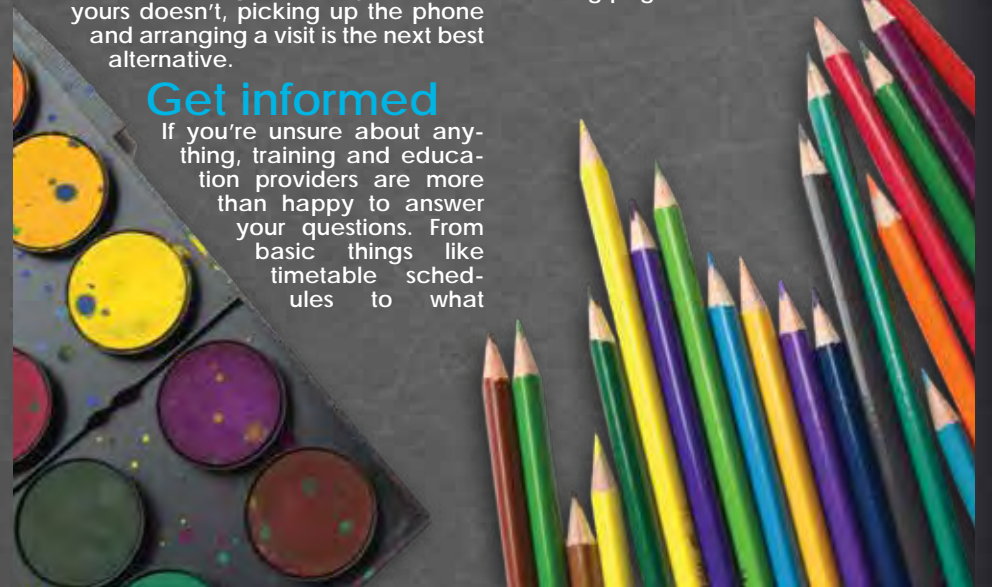
If you're unsure about anything, training and education providers are more than happy to answer your questions. From basic things like timetable schedules to what

course to take, they have experts who will be able to offer advice and guidance on what course is best for you or your child.

Apply

After attending open days, gathering all the information you need and making your final choices, it's time to apply. Get help with your application from friends, family members or current tutors/role models to get the best chance of success. This is your time to shine, so make the most of it!

There are many courses that start in September and January from a range of training providers. Find out more about the various choices available by reading the rest of our Education and Training pages.



The Association of Master Upholsterers and Soft Furnishers Level 1 Certificate

A 35 week course starting on **Wednesday 13th September 2017 (9.30am-4.00pm)**

Learn a variety of upholstery techniques including traditional and modern skills:

- Drop-in seat (modern)
- Drop-in seat (traditional)
- Stitched and stuffed footstool or chair (traditional)
- Sprung dining chair (traditional)
- Sprung arm exercise for an inset facing (traditional)
- Box cushion with piping and zip
- Bolster end with piping
- Upholstered and lined box with decorative detail and deep-buttoned lid (modern)
- Portfolio (containing notes and details of work in progress)
- A research project

Association of Master Upholsterers and Soft Furnishers qualifications are in three stages and can lead to employment or with additional practice to starting a small business. **Stage 1 Course Cost: £2800.**

For further information contact the Ashbourne Adult Education Centre on **01629 533696** or e-mail ashbourne.ace@derbyshire.gov.uk

LINCOLNSHIRE & COUNTIES TRAINING SOLUTIONS

Training courses for businesses & individuals

At Lincolnshire & Counties Training Solutions (LACTS) we provide training courses for organisations both large and small across a wide range of sectors, including Health Trusts, Local Authorities, Education, Business and Industry.



ON-SITE TUTOR-LED LEARNING

We provide tutor-led training courses that are usually delivered at your business premises. This can ensure the most cost-effective use of your personnel's time.

BESPOKE TRAINING SOLUTIONS

LACTS can deliver bespoke training solutions tailored to meet your organisation's specific needs. LACTS will work with you to develop custom health and safety training courses.

BUSINESS TRAINING COURSES

Our training courses are tutor-led with each tutor having a wealth of knowledge within the course subject. We understand that each company is different as a result we offer bespoke services.

We are happy to help you with any enquires regarding training. Please email or call **07775877057** to discuss training course requirements. www.lacts.co.uk | admin@lacts.co.uk





Happy Memories

Southfields Childcare at Car Colston, Nottinghamshire, is a nursery in a location which is a dream for children and parents.

A visit is enough to realise that happy children playing and learning in inspiring surroundings add up to a great choice for any child. With so much space and fresh air the nursery has everything to help stimulate and educate young minds.

Established since 1999, and situated in a purpose built barn conversion at Old Hall Farm, the nursery has access to a fenced astro-turfed area to offer free play outdoors, together with a superb walled garden.

They have access to a safe spinney in the adjacent field where we offer 'WOODLAND SESSIONS' one session per week by rotation. They use the rural environment to enhance the children's learning: looking at the changes in the seasons, young animals, or wild-life and mini-beasts.

There is a vegetable garden for children to grow and tend their own produce. A big favourite of everyone is the outside mud kitchen! Permission to get grubby, busy and have fun!

During the growing season, crops of lettuce, radishes, potatoes and herbs, all child waist high in raised beds, are lovingly cultivated from seed.

For the after school children, there is equally enough to entertain and keep them busy or relax after a hard school day.

It is easy to see why owner Mandy Beeby is so proud of her achievement in providing the pre-school / after school service.



She said: "We have this marvellous location surrounded by woodland and fields. Our highly qualified staff (ratio of 1:4 for 2yr olds/1:6 for 3+), will offer your child a wonderful start in life."

Word of mouth is also an important part of being recommended as an establishment of quality and care. Mandy Beeby has received many messages of thanks from children and parents as they go on to further their education.

"Leo has amazing memories and it gave him the best start"

Mrs G (July '16)

"Thank you all for a wonderful few years at Southfields, we are so lucky to have had somewhere so caring, fun and stimulating to send our children. B and A will miss you, but see you over the holidays."

Mrs C (July '16)

"S and A have both loved their time at Southfields, it's a very special environment and our children have been lucky to experience it."

Mrs Sh (July '16)

Situated in the rural village of Car Colston off the A46 to Newark, Southfields serves the surrounding villages with childcare from 2-5years in the pre-school and up to 9years in the Before/After School or Holiday clubs 7.45am-6pm.

Using the exceptional rural setting, they offer a stimulating environment covering all aspects of the new EYFS - PLUS Woodland sessions and Yoga on Wednesdays with a qualified teacher.

All voucher schemes accepted

Go and see them! You'll LOVE it!

Telephone: 01949 20123 | Email: southfields@rbeeby.co.uk

www.southfieldschildcare.co.uk

Education & Training

What Is Your Next Step?

After receiving your GCSEs, A Level results, or even just deciding to take your career in a new direction, your next step can seem unclear.

To progress towards your future career goal, there are usually three main approaches: applying to higher education (college, university, HND/HNC etc.), apprenticeships (intermediate to advanced), or employment with training.

The most important thing to do is to really think about what you want to become, research your options and discuss your thoughts with your friends and family. Once you've established your chosen career, you can then start to think about how you're going to get there.

Making sure that your next step will provide you with the relevant skills needed to help you get closer to your overall career goal is crucial, so it can be

a good idea to get in touch with any training and education providers that you're considering to discuss your options and ask any questions you may have.

Funding is also another thing to consider – apprenticeships and paid training placements will provide you with some income as you learn, but other options like university may not. This may require you to get a part time job to support your-

self whilst studying, so think about what is the

most feasible option for you in regards to your spare time and other commitments.

The skills and qualifications that further education and training provide will help you to gain the knowledge and experience you need to become an expert in your field. Whether you choose something hands-on or office-based, there are a range of opportunities available to suit your needs.

Hollygirt SCHOOL

A small independent school for girls and boys aged 3 - 16

OPEN DAY Saturday 11th November

Tours at 9.30am and 10.30am
Please contact us to book your place



0115 958 0596
info@hollygirt.co.uk
www.hollygirt.co.uk
Elm Avenue, Nottingham NG3 4GF



NOTTINGHAM
ACADEMY

'Be Inspired'

YEAR 7 OPEN DAY & EVENING

Thursday 28th September

Open Day by appointment 9.30am - 2.45pm, Open evening 6pm - 8pm

Nottingham Academy is a vibrant, 3-19 academy serving Nottingham and Nottinghamshire communities, with designated Year 7 bases on both our Ransom Road and Greenwood Campuses.

Introduced in 2016 our innovative, thematic Key Stage 3 curriculum supports pupils through transition and develops aspiration and ambition as pupils begin their secondary school life. To find out more visit www.nottinghamacademy.org or call to arrange a visit on our open day and open evening in September.



Greenwood Campus
Greenwood Road
Nottingham NG3 7EB
T: 0115 748 3380

Ransom Road Campus
Ransom Drive
Nottingham NG3 5LR
T: 0115 748 3390

www.nottinghamacademy.org

Follow us @NottinghamAcad



MOUNT
ST MARY'S | BARLBOROUGH HALL

175

175 years of Excellence & Care. Come and see for yourself.



Open Morning

For admission to the Senior School & Sixth Form in September 2018

10am Saturday 7th October 2017

To register call 01246 433388

or email admissions@msmcollege.com

msmcollege.com

A leading independent day and boarding school for boys and girls aged 11 – 18 in Spinkhill near Sheffield.

A daily service of private minibuses bring pupils from across Sheffield, Chesterfield, Doncaster, Rotherham, Bakewell, Matlock and beyond.





**Vacancies
available
NOW!**



Employers - everyone needs the opportunity of that first step on the career ladder.

Give a young person a chance, find out how we can help you find the right apprentice for your company.

Webs Training Ltd has a proud history of meeting the employment and training needs of all sizes of employers, from the very large to the very small. We take pride in offering quality with flexibility; providing training services tailored to meet the requirements of your business, whilst causing minimum disruption to the working day.

We have helped hundreds of young people move into apprenticeships over the years, many of whom have gone on to be valued senior managers within their organisations. We have a very high volume of repeat business from current employers year on year because they know that we will work with them to deliver what they need.

We will advertise your vacancy, interview and assess applicants for suitability, before you take a shortlist for interview and selection yourself. This saves you time, money and gives you the assurance that those put forward to you have every possibility of achieving the apprenticeship and becoming a valued member of your team. There are many young people looking for that first step and that opportunity you could offer them.

Employers we work with find that taking on an apprentice is an investment in the business and has real long term benefits!

If your wage bill is over 3 million you will now be paying an annual Apprenticeship levy which you can draw upon to use to train your staff using accredited training. If you are not paying the levy there is a Government 'co-investment' scheme to support you with new recruits and existing staff training costs.

- ◆ For none levy paying employers with **more than 50 employees** the Government will pay 90% of the Apprenticeship training costs 'to a maximum funding cap' Depending on the age of the apprentice and their circumstances, you could be eligible for a £1000 bonus.
- ◆ For none levy paying employers with **less than 50 employees** the Government will pay 100% of the Apprenticeship training costs 'to a maximum funding cap' Depending on the age of the apprentice and their circumstances, you could be eligible for a £1000 bonus.

In any of the above situations apply to you then you can access funding to train new recruits and existing staff, where there is a defined need for apprenticeship training.

Please get in touch and we will answer questions, explain the above in more detail and discuss your requirements to start the process. We can advertise to find the right apprentice for you, or help to decide on the right programme to upskill existing staff.

Learners - want a rewarding career, earning good money, with real prospects for the future.....YES?

We are recruiting all year round for our employers and have vacancies **right now** in a range of programme areas -see the list below. We have a GOOD grade from Ofsted, awarded in March 2017, so you know that the programmes we offer will be taught to a high standard, by well qualified Training Officers with a wealth of industry experience to pass on to you.

If you have the skills that we and employers we work with are looking for, then get in touch and start the ball rolling today!

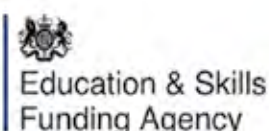
Contact the recruitment team at Webs on 0115 967 7771, email info@webstraining.com or visit our website www.webstraining.com to enquire on linewe will be happy to help!

Our Programmes

- ◆ Modern Upholstery, cutter, sewing machinist, upholsterer
- ◆ General Furniture Manufacture, cabinet making, frame making and component manufacturing
- ◆ Wood Machinist
- ◆ Fitted Furniture Installer
- ◆ Furniture Finishing, polishing - French and spray
- ◆ Modern Furniture Service Repair
- ◆ Furniture CNC Specialist
- ◆ Bed maker
- ◆ Customer Service
- ◆ Warehousing
- ◆ Business Administration
- ◆ Business Improvement Techniques
- ◆ Team Leading

The skills you need to succeed -

- ◆ Practical skills
- ◆ Self motivation
- ◆ Good timekeeping
- ◆ Patience and perseverance
- ◆ Attention to detail
- ◆ Understanding customers
- ◆ Safety awareness
- ◆ Ability to work out quantities and measurements
- ◆ Able to follow instructions



MARKET 29 PLACE
GROOMER & SHOP

Celebrating 6 years at 29 Market Place!

Luxury wet shave £25
Gift vouchers available
The perfect gift solution.

A wide range of quality grooming products available.
Beard trims from £5
Expert advice on grooming, taming and using products on your beard.

OFFER for September
Consultation and Luxury beard grooming with Albert £10.

download our new APP
Booking on your smart phone is easy & convenient
download yours now for **FREE**

www.29marketplace.co.uk
29 Market Place • Bingham NG13 6AP • 01454 837768

Royale Mobility Ltd
BECAUSE WE CARE

Your local specialists in sales and servicing of mobility products including power chairs, scooters, stairlifts, beds and R&R chairs

We pride ourselves on selling quality products with a service that is second to none

We service all of your mobility products, at your own home by our fully experienced engineers

FREEPHONE 0800 0286619
royalemobility.co.uk

Forest Road New Ollerton, NG22 9PL Tel: 01623 862839
1a Debbie Lane, Keyworth, NG12 5HT 08159 375280
26 Patchwork Row, Shirebrook, NG20 8AL Tel: 01623 742720

South Notts Computers
The heart of computers

If you have damaged your computer or iPhone in anyway we can get it fixed for you in super quick time! We are guaranteed to beat quotes from Apple on our repairs and you're getting the same great quality fix by a qualified and experienced engineer.

Virus removal
Got a virus? No problem, we offer a complete solution. We will clean up the virus for you and help you secure your computer to keep it safe from future attacks.

Laptop repairs
We offer a full laptop repair service. We have an in house laptop expert that can get your laptop back up and running in no time, no matter what the damage is!

New PC?
If you're thinking about getting a new PC we offer a new selection of new and used laptops and PCs to choose from. Give us a call and we can see what we can do for you with your budget.

10% off with this ad quote NF0615

Phone repairs
Dropped your phone? Cracked screen? No problem, we have one of the top rated iMend phone repair technicians in the whole country. He can come to you or you can pop your phone in and we guarantee it will be cheaper than going direct to the manufacturer and 9

South Notts Computers
The Heart of Computers

Microsoft REGISTERED Refurbisher
Microsoft Technology Associate
iMend

If you need a quote or to book a repair, please give us a call on: **0115 9147086**.

CROSSWORD

ACROSS

- 1 Very lowest level (4-6)
- 6 Oppressively hot (10)
- 11 Movements to music (5)
- 12 Pleasurable and amusing (12)
- 14 Small dam on a river (4)
- 16 Transmit (4)
- 17 Rowing blade (3)
- 18 Supple (5)
- 20 Suppress initiative (6)
- 21 State of rest (4)
- 22 Stocking fabric (5)
- 23 State of intoxication (7)
- 25 Jamaican spirit (3)
- 26 Argue about (7)
- 28 Impervious earth (4)
- 29 Writing for the blind (7)
- 33 Betrothal (10)
- 35 Depository or bin (10)
- 38 Rough cider (7)
- 41 Pistol or young horse (4)
- 42 Be available, ready (5,2)
- 45 Clay planter (3)
- 46 Backache (7)
- 48 Juicy gourd (5)
- 49 Very small (4)
- 50 Changeable of mind (6)
- 52 Scanty (5)
- 54 Drink delicately (3)
- 55 Pull along the ground (4)
- 57 A sound of yearning (4)
- 59 Mail female! (12)
- 60 Sweet smell (5)
- 61 Old-fashioned tangy drink (6,4)
- 62 High-throated sweater (6-4)

DOWN

- 1 BBC wireless station (5,3)
- 2 Commanding (11)
- 3 Make beer (4)
- 4 Consequently (9)
- 5 Blotchy (7)
- 6 A young herring (5)
- 7 Avoid and escape (5)
- 8 Can cutter (3-6)
- 9 Jogs (4)
- 10 Sweet-natured (4-8)
- 13 Common or usual (7)
- 15 Swallow (3)
- 19 Hive insect (5-3)
- 20 Photograph (4)
- 24 Reign (4)
- 27 British soldier (5)
- 29 Sheep's cry (5)
- 30 Suitable (3)
- 31 Traditional pea dish (5-7)
- 32 Cafeteria (5-3)
- 34 Sports room (3)
- 36 Rounded paving rock of Victorian streets (11)
- 37 Wooden shoe (4)
- 39 Snare for a rodent (3-4)
- 40 Synthetic clothing material (9)
- 42 Follower in line (9)
- 43 Title or monicker (4)
- 44 Back pack (8)
- 47 Eccentric, quirky (7)
- 51 Standing limb (3)
- 52 Groom's partner (5)
- 53 Between or to bury (5)
- 56 Slang for medal (4)
- 58 Chip-shop fish (4)

ISSUE 237 CROSSWORD ANSWERS

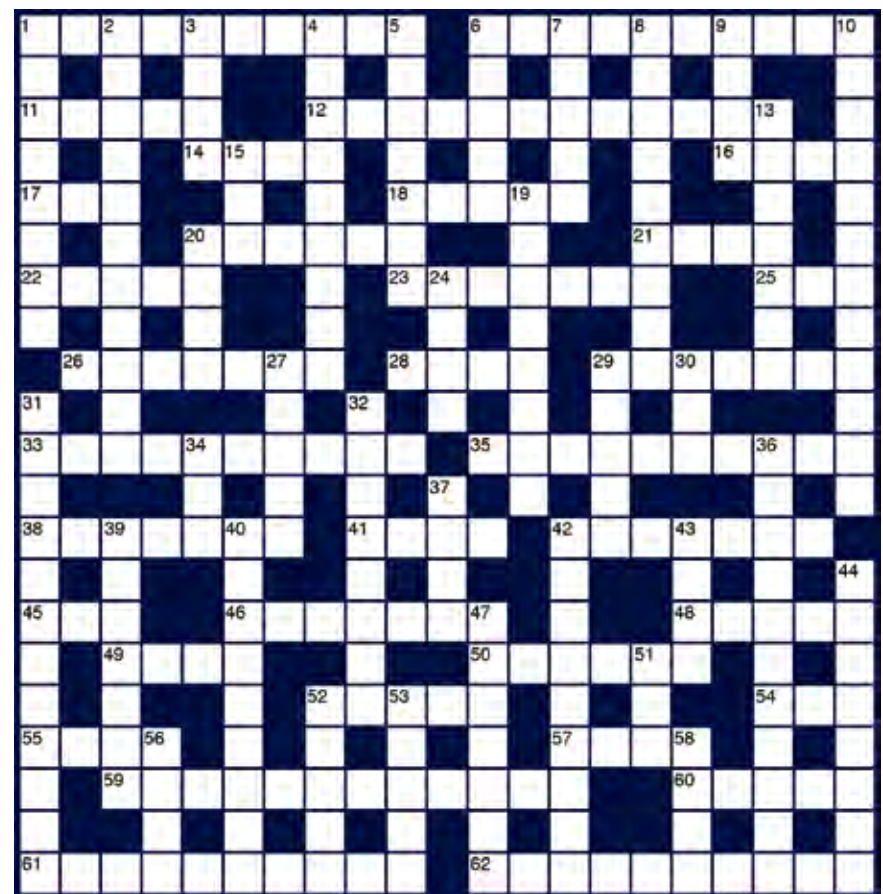
ANSWERS ACROSS

1 Erase 4 Buckets 9 Visa 10 Radio 11 Crease 12 Vogue 14 Elect 15 Shed 16 Twiddler 17 Saddle 19 Yarn 22 Slipper 24 Yap 26 Lithe 27 Steel 29 Aborigine 32 Tension 35 Steamer 37 Abundance 39 Needs 41 Lurid 43 Wed 44 Pageant 47 Bone 48 Jewels 51 Dreamers 52 Wimp 54 Aries 55 Comma 56 Noodle 57 Nerve 58 Saws 59 Sea legs 60 Enter

ANSWERS DOWN

1 Earth 2 Abandon 3 Eventful 4 Backdrop 5 Cavalier 6 Shears 7 Friend 8 Circle 13 Gargoyle 18 Let 20 Apt 21 Jeans 22 Slammed 23 Par 25 Pit 26 Lenient 28 Edge 30 Gab 31 Nun 33 Isle 34 Psalm 36 Raw 37 Addendum 38 Ace 40 Den 42 Roe 44 Paleface 45 Gormless 46 Nonsense 47 Bawl out 48 Jersey 49 Easter 50 Sticks 53 Molar

(Answers in Issue 239)



Nottingham Specialised Timber Bldgs Ltd

Manufacturers of made to measure

Log Cabins

Garden Rooms

Summer Houses

Garden Sheds

NSTB Toytown

Show Site: Unit 1
Hawksworth St, Carlton
Nottingham NG3 2ET
Tel: 0115 9473749
www.nstb.co.uk

**IF YOU
WOULD
LIKE TO
FEATURE
ON THIS
PAGE
PLEASE
CALL
US ON
01159
313879**

Looking for local social events and activities?



Everyone Welcome!

From meals out to coffee mornings, outings and talks, you can be sure of a warm welcome. Upcoming Oddfellows events include:

Wednesday 20th Sept 2.30pm Price As Per Menu
The Gatehouse Tea Rooms Beauvale Abbey Farm, New Road, Moorgreen, Notts NG16 2AA

Tuesday 26th September 7.00pm £7.00 per person Cheese & Wine Hogs Head Hotel, Awsworth Lane, Main Street Awsworth, Notts NG16 2RN

www.oddfellows.co.uk for membership enquiries 0800 028 1810

The Oddfellows is the trading name of The Independent Order of Oddfellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F. Registered Office Oddfellows House, 184-186 Deansgate, Manchester M3 3WB

To book for any of these upcoming events, or to find out what else is coming up call Melanie on 0115 963 8766



From Stray to Superstar Student!

A stray dog who was found close to death has become one of the first to graduate from a new dog training class.

The nine-year-old Labrador Cross, now named Annie, has proven you can certainly teach older dogs new tricks after attending a six-week course with Dogs Trust Dog School Nottinghamshire.

Val Brown was working as a temporary dog warden for Newark and Sherwood District Council when she took a phone call from a distraught family who had found the homeless hound whilst on a day out cycling in local woods.

Val, who lives near Retford, remembers: "It was heart breaking. She was filthy and just skin and bone. She was so weak she couldn't stand but despite the horrendous state she was in and the trauma she'd been through, as I knelt down beside her she still managed to wag her tail. From that moment, I was smitten.

"I carried her to the van and with a heavy heart headed to the vets, fearing the worst."

But Annie, who weighed just 12kg - under half her ideal weight - started to recover from her ordeal after spending several days on a drip at the vets. Keeping track of her progress every day, Val and her husband, Stuart, with their daughter Suzanne, decided that as nobody came forward to claim her, they would adopt her.

All was going well with Annie enjoying short walks whilst she built up her strength, until one day a barking dog approached her. From then on Annie started to become

anxious on walks and Val began to lose her confidence, which is when she turned to Dogs Trust Dog School Nottinghamshire for help.

Annie and Val enrolled on Dogs Trust Dog School's six week course learning the basics including how to sit, settle and walk calmly on the lead.

Val says: "It was wonderful. There were only a few dogs in the class and each dog is separated into its own learning space so she relaxed immediately which felt like immediate progress.

"I learnt so much, as did Annie! We were like study partners, doing our homework and learning more and more each week!"

Val says going to Dog School has made a world of difference to their daily life with Annie, and as a family they now love getting out and about together.

Head Coach at Dogs Trust Dog School Nottinghamshire, Chelsea Martin, says: "It's wonderful to know that Val and Annie can enjoy their walks again. Heading out for the day with your dog should be stress-free for dogs and owners and now Val has all the techniques to make sure Annie stays relaxed if the unexpected happens when other dogs are around.



"The bond between Annie and Val is wonderful and it was a very proud moment for us all when we presented her with her graduation certificate."



JCSYSTEMS

Fire and Security Solutions

Protecting you and your property is our priority

-  Fire Alarms
-  Fire Extinguishers
-  Emergency Lighting
-  Intruder Alarms
-  CCTV Systems
-  Door Entry Systems
-  Access Control
-  Installation & Servicing



To contact us about any of services, call us on 01623 980088 or email us at info@jcsystems.co.uk



ROYAL AIR FORCE REGULAR & RESERVE 2503 (County of Lincoln) Squadron
Based at RAF Waddington

ROYAL AIR FORCE REGIMENT RESERVES RECRUITING NOW

You can serve with the RAF Reserves along side your full time civilian career

- Join age 18 to 54
- Minimum 27 days annually
- Many companies give an extra 10 days leave for Reserve Service
- Daily rates of pay for work and training
- Annual Tax Free Bounty (incremental)
- Work alongside the Regular RAF
- Opportunity to travel
- Lifelong learning opportunities
- Sport and Adventure Training opportunities

Apply now at
raf.mod.uk/recruitment
0345 606 9069
[/rafreruitment](https://www.facebook.com/rafreruitment) [@RAF_Recruitment](https://www.instagram.com/RAF_Recruitment)




IF YOU'VE GOT A STORY

 editorial@nottsinfocus.co.uk

Weddings



Located amidst some of England's most beautiful countryside, Stapleford Park's prestigious and picturesque venue is the perfect setting for the wedding of your dreams. Surrounded by 500 acres of Capability Brown landscape, the Grade I listed mansion, set in the heart of rural Leicestershire, will allow you to evoke the style and grandeur of weddings from a bygone age. Blessings are conducted in an ex-

quisitely sheltered church on the estate, which is just a short walk from the main house. The 18th century Church of St Mary Magdalene is a wondrous place for a blessing; As it is strikingly beautiful with its enchanting estate setting. The venue itself can cater for all tastes, from the beautifully appointed private rooms for intimate weddings, to the elegant Grand Hall or Orangery for larger wed-

ding parties. With original features, bespoke decor and all the 21st century accoutrements you would expect, you will be able to match your guests to the individually designed bedroom that will suit them best. Stapleford Park has all the ingredients for your perfect wedding and will allow you to enjoy luxury country house life, whilst the comfortable surroundings and history that is in the very fabric of the house weave their magic on your special day. Contact Stapleford Park on 01572 787000 or visit our website at www.staplefordpark.com to make your dream wedding a reality.



STAPLEFORD PARK

LATE AVAILABILITY AND OUTSIDE CATERING PACKAGES AVAILABLE

Weddings at Stapleford Park 2017/18

PACKAGES FROM £7,997.00*

* BASED ON 80 GUESTS

FOR FURTHER INFORMATION:
call 01572 787 016 or email weddings@stapleford.co.uk
Stapleford Park, Stapleford, Nr. Melton Mowbray, Leicestershire, LE14 2EF
Telephone: +44 (0) 1572 787000 | Fax: +44 (0) 1572 787001
Email: sales@stapleford.co.uk | www.staplefordpark.com

PORTLAND FUNCTIONS

...making any occasion truly memorable

Whether you're looking for a special venue to celebrate a wedding, private or corporate event - or simply want to enjoy a relaxing coffee with friends, Portland College has everything you could need on one beautiful campus.

Just some of the facilities available include:

- Tastefully decorated function rooms for hire
- Professionally trained catering staff
- Locally sourced produce
- On site bed and breakfast
- Coffee shop open 7 days
- Garden centre and gift shop
- Free and extensive parking

Why not come and see for yourself next time you're passing. We'd love to show you around.

Portland College ENTERPRISES LTD

To find out more visit www.portlandfunctions.com or contact Rachael Hensleigh on 01623 499105
Portland College, Nottingham Road, Mansfield, Nottinghamshire NG18 4TJ

BWP PREMIER BEST WESTERN Yew Lodge Hotel

The Best Western Premier Yew Lodge Hotel has had the pleasure of hosting Wedding Receptions since 1957 and has always prided itself on offering the very best in facilities, service and attention to detail.

Situated at the heart of the East Midlands, located on the borders of Derbyshire, Nottinghamshire and Leicestershire and just six miles from Loughborough, we offer everything to make your wedding day truly memorable. From the civil ceremony to the wedding breakfast and evening party, our Wedding Team will ensure that you can relax and enjoy your special day, confident that everything is in the hands of a caring and professional team. Civil Wedding Ceremonies/Civil Partnerships can be accommodated in either the Forest, Mulberry or Ash suites.

LATE AVAILABILITY DATES FOR 2017

WEDDING FAYRE
Sunday 17th September 2017
10am until 3pm
Free entry
Free goodie bag
Free canapés & wine tasting

Free room hire is available when both the wedding breakfast and evening party are taken at the hotel.
Do please ask about our all-inclusive packages.

For more information call 01509 672 518 or visit www.yewlodgehotel.co.uk
Packington Hill, Kegworth, Derbyshire DE74 2DE

Weddings



It can't be easy trying to perfectly plan what is supposed to be the best day of your life, a day you will remember forever and cherish amongst your family. Planning your wedding day all starts with a stylish and stunning venue which immediately mesmerises you and your partner, ticking all the boxes for the expectations you had planned in your head. First of all, talk to a planner, you'll need to establish your desired theme and colours before you decide what kind of venue to seek. Whilst more modern

locations include fancy restaurants and spacious art galleries, a more traditional approach might mean your wedding is outside or in a church, creating a more natural theme. You need to know your guest list, this is very important for knowing what impression you want to give your guests on the big day. You need to ensure you will have enough space for all the people whom you wish to invite at your chosen venue and that the location meets all the needs of your friends and family who

plan to attend. Finally, make sure to keep your budget in mind. I can only imagine how easy it is to dream up far-fetched fantasies about the perfect wedding, but keep your feet on the ground and make realistic decisions to ensure you're getting the best for your money. You need to know exactly what's included in the packages you select and most important of all, do not let anyone change your mind or sway your choices. Stick to what you want.



BE

FURNITURE HIRE

Follow us on:

Call us on 01664 812627 or email: info@beeventhire.co.uk

BE Furniture started out as event organisers ourselves we soon learnt how much pressure organisers are under and the importance of reliable and professional suppliers. Our team are hardworking and experienced, mostly having been with us for many years and fully understand the industry.

So, if you are thinking of buying one patio set or wish to hire 30,000 chairs give us a call or email us with your requirements because you will find our quality of service and furniture, coupled with our low prices pretty much unbeatable.

Wedding Fayre

Sunday 8th October 2017
10:30am-3:30pm | Free Admission

We have a variety of wedding suppliers with great advice on how to make your special day one to remember! Come along and meet our wedding co-ordinators and view our wedding suites.

Our Fairytale Wedding Packages include:

- Free room hire
- Four course meal for 40 or 60 guests
- Drinks package for 40 or 60 guests
 - One glass flute for arrival / after ceremony
 - One glass house wine during the meal
 - One glass sparkling wine toast
- Evening food - hot roast pork & smiling rolls for 80 or 100 guests
- Chocolate box favours
 - included two wrapped (belgian chocolate hearts)
- Top table floral arrangement

- Silver cake knife & stand
- Wedding cake
- Master of ceremonies
- Chair covers with sash (colour of your choice)
- Linen tablecloths & napkins
- Red carpet welcome
- Personalised printed table plan & place cards
- Complimentary leisure room for the Bride & Groom for the night of their wedding
- Brides make up on the wedding day & pre trial

GROVE PACKAGE
from only
£2250

WEST RETFORD
HOTEL & RESTAURANT

t: 01777 706 333 e: meetingsandevents@westretfordhotel.co.uk
24 NORTH ROAD | RETFORD | NOTTS | DN21 7XG
www.westretfordhotel.co.uk

Shelley Package is available any day of the week throughout the months of November, January, February to March. Also available 11-15th December. Grove Package is available any day of the week throughout the months of November, December, January, February to March. Subject to availability. Prices include suggested fees.

Wedding fair

Thoresby Courtyard

Sunday 22nd October 10-4pm

Free entry & free car parking

Visit our beautiful Grade II listed building and meet multiple wedding suppliers, caterers plus our amazing events team to help guide you through your exciting wedding options and create your perfect day!

t: 01623 822009 • e: weddings@thoresbycourtyard.com
w: www.thoresbycourtyard.com • @Thoresby Weddings

IF YOU'VE GOT A STORY

✉ editorial@nottsinfocus.co.uk

Weddings



Spend Your Special Day With Us
Creswell Social Centre

Wedding Room Available for:
 Civil Weddings, Civil Partnerships
 Naming Ceremonies
 Main Hall Available for Wedding Receptions and Private Hire

Range of Catering Options Available
 Buffets from £4.00 per head.
 Three Course Meals from £12.00 per head.

Tel: 01909 721558
 for more details or e-mail: clmton@btconnect.com

Wedding Day Wisdom

The dress, the venue, the rings - It can be tricky to remember everything you have to do before you say the big 'I do'. Planning your big day can be extremely exciting, but there is also a long list of things to remember.

Here are some things to think about when planning your big day:

The Venue

Do you dream of a traditional wedding or something more contemporary? The venue is the backdrop to your big day, so think about where you want to create that picture perfect moment.

Have Your Cake and Eat It Too

The wedding cake is a wedding tradition where the happy couple share their first slice of married life as husband and wife. Therefore, having a bespoke cake made to fit your theme, personal taste and favourite flavours can be the icing on the cake to your big day.

Dress to Impress

Everyone likes to look their best on their wedding day - that goes for both the bride and groom. The final fittings are an essential part of the wedding preparations and help both partners to look and feel their best.

Say Thank You

With a team of bridesmaids, a best man and your close friends and family all there to support you, it can be easy to forget to say thank you to everyone who has helped you along the way. Small favours or a heartfelt thank you letter can go a long way to showing your appreciation.



HOWELL MANOR
 BESPOKE EVENTS

Howell Manor has been home to the Sardeson family for generations and enjoys an idyllic rural English setting, combining ancient pastures, lakes, parkland and a picturesque Saxon church.

The venue to exceed all of your event requirements, suiting a variety of budgets. Use the space as a blank canvas for your dream wedding or enlist our help across a variety of services:

MARQUEES | AMENITIES | AMPLE PARKING & SECURITY | TIPSIS
 CATERING CONTACTS | ACCOMMODATION CONTACTS | FLOWERS

Call Elaine Sardeson on 01529 460267 or 07761 406 914 for more information

Celebration China Hire

We hire plates, cutlery, glassware and afternoon tea service. Full catering equipment and furniture for larger events, table linen and party decor.

Complete wash-up plus delivery & collection service available.

Leading the way to your memorable day for over 23 years!



01949 844568 / 07979 803803

info@celebrationchinahire.co.uk | www.celebrationchinahire.co.uk

IF YOU WOULD LIKE TO ADVERTISE WITH US CALL 01159 313879

out and
About



Simon Fielder
Presents

BUDDY HOLLY & THE CRICKETERS

THE
SILVER
ANNIVERSARY
TOUR

Buxton Opera House
Wed 27th September
7.30pm
01298 72190
buxtonoperahouse.org.uk

Lincoln New Theatre Royal
Sat 28th October
7.30pm
01522 519 999
newtheatroyallincoln.co.uk

Loughborough Town Hall
Sun 29th October
7.30pm
01509 231 914
loughboroughtownhall.co.uk

**Holly at
Christmas**

Mansfield Palace Theatre
Thu 23rd November
7.30pm
01623 633 133
mansfield.gov.uk/palacetheatre

Derby Guildhall Auditorium
Friday 24th November
7.30pm
01332 255 800
newtheatroyallincoln.co.uk

25 YEARS
of Rock 'n' Rolling the world!



www.simonfielder.com

ENDORSED BY THE BRITISH BUDDY HOLLY SOCIETY AND THE OFFICIAL BUDDY HOLLY AND THE CRICKETS FAN CLUB

Matlock Bath Illuminations

Every Saturday & Sunday
9 September - 28 October

Firework display
every
weekend



Illuminations hotline: 01629 761 110

Free for under 16s. All tickets available to book online at:

www.derbyshiredales.gov.uk/illuminations

www.facebook.com/matlockbathilluminations



IF
YOU
WOULD
LIKE
TO
FEATURE
ON
THIS
PAGE
PLEASE
CALL
US

01159

313879

Sundown
ADVENTURELAND

The Theme Park
uniquely designed
for the under 10's

YOUR ADVENTURE
BEGINS THE MOMENT
YOU ENTER THE PARK...

£1.50 OFF EACH TICKET

This voucher entitles the bearer to £1.50 OFF every ADULT/CHILD (over 90cm) DAY TICKET to Sundown Adventureland when purchased at the attraction entrance until 5th November 2017. This voucher cannot be used with any other promotion, concession, advanced booking or ticket bought online or by phone. Please bring this voucher along with you to qualify for the discount.

IF YOU'VE GOT A STORY



editorial@nottsinfoocus.co.uk



Barnsdale

Hall Hotel

Festive Celebrations

2017

Christmas Party Nights

£31.50

Christmas Residential Package

From £270 per person

Festive Lunch

Monday-Saturday (1st-23rd December)

2 course £14.95. 3 courses £17.50

Christmas Day Lunch

£79.00 (Included in residential package)

Children 6-11 years £39.50, under 6 £17.95

(Gift from Father Christmas for all children)

New Year's Eve Black & White Ball

Champagne canape reception

5 course dinner, Table magician, Resident D.J.

£85.00

Nr Oakham | Rutland LE15 8AB
www.barnsdalehotel.co.uk

Tel: 01572 757901

Out and About



SEARLES
HUNSTANTON

Own Your Own Holiday Home

Do you dream of owning your own holiday home by the sea?

- > Five star, multi award-winning resort
- > Located in the Victorian seaside town of Hunstanton
- > Golf Courses with full-time PGA professional
- > Unrivalled leisure and sporting facilities
- > Heated indoor and outdoor pools
- > Restaurants
- > Full entertainment programme
- > Exclusive owner's events

With a wide choice of new and pre-owned caravans and lodges from **£15,000** to **£200,000**, we have something to suit all budgets.

T: 01485 536026 E: lodges@searles.co.uk
www.searles.co.uk/ownership



Searles Leisure Resort South Beach, Hunstanton, Norfolk PE35 5BB

SEARLES LEISURE RESORTS

IF
YOU
WOULD
LIKE
TO
FEATURE
ON
THIS
PAGE
PLEASE
CALL
US

01159

313879

Antiques on the Meadows



Stamford Meadows, Stamford, PE9 2WE

FRI 15TH, SAT 16TH & SUN 17TH

SEPTEMBER

9.30AM - 4.00PM

£4.50 Adults/£3.50 Cons
Early Bird Day 1 only:
8.30am £5.00

Up to 150 stalls in Giant Marquee & Outdoor Market
Hot & Cold Food and Drink
Local Parking
Dogs on leads welcome

PLUS.....Bring your own
items for appraisal
with these guys!!

ORGANISED BY THE FABULOUS FIELD DOG FAIRS LTD
07772 349431 / www.FIELDDOGFAIRS.COM
info@fielddogfairs.com

**GOLDING
YOUNG
& MAWER**
CERTIFIED AUCTIONEERS & ESTATE
AGENTS & ANTIQUE EXPERTS

TO ADVERTISE CALL 01159 313879

out and
About

Apple Fest at The Green Britain Centre

Join us at The Green Britain Centre to celebrate our heritage orchard at Apple Fest!

We've got an exciting line-up of activities, challenges and entertainment for all the family on Saturday 30 September and Sunday 1 October.

Explore the orchard, where you'll find over 50 varieties of apple, pear, plum, quince and medlar trees growing – some of them are over 200 years old! Then taste a selection of apples, and see if you can work out which variety they are.

Meet with local producers of apple-based food and drink, browse the plant and produce stalls, and take part in workshops and demonstrations.

For children, we've got plenty of hands-on activities and crafts, including storytelling, Forest School

workshops, circus skills and face painting.

Our licensed vegan café will be serving delicious meals, snacks and drinks, and we'll have live music from noon on both days. Saturday, 10am – 5pm Sunday, 10am – 4pm Tickets are £3 for adults, £1.50 for children, and family tickets are £8 (for two adults and up to three children).

And on Saturday night you're invited to a Ceilidh with local band Hodmedod, who are guaranteed to get you dancing. The evening will start from 6.30pm, and tickets are £10 which includes soup, rolls and, of course, apple pie. To round the evening off, we have the fabulous Mobius Loop plus a support act from 10 p.m. Tickets £5 or £2.50 if you are coming to the Ceilidh too.



Papplewick Pumping Station Steam Event

Sept 16th & 17th
11am – 5pm



James Watt beam engines in steam, also the Linby Winding engine and miniature railway. Plus, tours of the underground reservoir, working blacksmith, model boats on the pond, café and gift shop.

FREE parking available

Rigg Lane, Ravenshead NG15 9AJ
www.papplewickpumpingstation.org.uk

Out With a Bang

Over four thousand enthusiasts turned out for the 19th edition of the Festival of Fireworks, which took place at Catton Hall on 2nd September.

Enthralled spectators witnessed four spectacular displays of cutting-edge pyrotechnics presented by Fuse Fireworks, First Galaxy, FTF Worldwide – culminating in a breathtaking closing show by Jubilee Fireworks. All displays were choreographed to music, featuring tracks from well-known stage shows, classical pieces, and modern pop tunes.

Fuse and First Galaxy both operate in the Nottingham area and are well known in the locality for their superb public displays. Jubilee, who are the organisers of The Festival, are a multi award-winning company.

In both 2015 and 2017, Jubilee were awarded the 'Gold Jupiter' at Montreal, the most

well-established and prestigious fireworks competition in the world and part of their Catton Hall display featured parts of their recent Montreal performance, including 'Time Warp' from The Rocky Horror Show. Jubilee's main seasonal display is the November multi-media spectacular at Alton Towers. Over two tons of explosives were launched on the night, making the Festival one of the largest fireworks events in the UK. A special 'warm up' display featuring choreographed dancing flame effects were staged by Lancashire based Classic SFX.

In addition to spectacular fireworks, festival-goers also enjoyed a steam fayre – an exhibition of old-time traction engines and steam powered devices from days gone by.

Preparations are already underway for a special

20th anniversary edition of this unique event, which is scheduled for Saturday 2nd September 2018.



**Quick Sale Wanted
on 5* Holiday Park Skegness
£7,995**



2 bedrooms, sleeps 6
amazing facilities for all ages.
Swimming pools, golf course,
fishing lake, restaurant &
showbar. Great investment
with low site fees.
Payment option available
deposit from 10%

**CALL SUSIE
07711 078452**

Holiday Homes from £19,995

★ Super finance packages available

Holiday Home Ownership
Right by the water's edge

Enjoy some treasured family time and create fantastic memories in a place of your own at Tattershall Lakes.

- ★ 10 month season
- ★ 4 fishing lakes
- ★ Heated indoor pool with gym & hot tub
- ★ 9-hole golf course
- ★ Outdoor adventure playground
- ★ Multi-use sports court
- ★ The Spitfire Bar and Diner
- ★ The Propeller Bar

- ★ Park Convenience Store
- ★ Aqua Park
- ★ Adventure Golf
- ★ Midsummer Night Screen outdoor cinema experience
- ★ Exclusive owners events throughout the year
- ★ £12 Million of investment over the last 12 months

Call 01526 348 801 Or visit holidayhomes.awayresorts.co.uk
To arrange your visit 57 Sleaford Road Tattershall, Lincolnshire LN4 4LR

*Finance subject to status written details available on request. Away Resorts Ltd is a licensed credit broker authorised by the Financial Conduct Authority. For more information please ask.



Do you have a phobia?

Big or small, our fears can affect our everyday life and even impede on our aspirations.

A phobia is an extreme or irrational fear of or aversion to something, and can come in many different forms. From a fear of spiders, flying and storms to public speaking, a phobia can be triggered by many different circumstances and until you know how to deal with it, they can be difficult to manage.

Treena Maun is a phobia buster, who has over eight years of experience in treating fears and phobias. Using a mixture of specialist techniques including tapping, colour and healing, Treena helps clients to overcome their biggest fears in just one-three sessions.

Tapping is an Emotional Freedom Technique that is often referred to as 'psychological acupressure', as it is a type of therapy that works on the same body system of energy channels that acupuncturists use. The technique works by releasing blockages within the energy system which are the source of emotional intensity and discomfort and uses the tapping of your fingers, not needles, to clear energy blockages and restore balance, making it a non-invasive treatment.

Based near Lincoln and helping people all across the Midlands, Treena enables people to overcome phobias of varying levels, allowing them to live in harmony.

A phobia can be debilitating due to its ability to stop us doing other things, for example, someone who is afraid of flying might want to visit some holiday destinations that are just not achievable due to their fears.

Treena said: "I've dealt with many kinds of phobias, one of the most common being public speaking. This phobia is a good example of how fear can impact on all areas of your life, including relationships and progression at work, as someone with a fear of public speaking might be too afraid to ask for a promotion."

"People find that they can't

do the things that they really want to."

Many people struggle with phobias because they don't realise that they can get help, and in return can become frustrated, upset and emotionally strained.

Treena said: "Working through the sessions is so rewarding. I see people grow and become more animated, happy and positive; it changes their whole attitude towards life. It's like a weight has been lifted."

Treena holds sessions for typically 40 minutes to an hour, and many people are treated in as little as one session. After meeting at a place convenient to you, Treena will talk to you about your fears and help you to work through them using various exercised and therapeutic techniques. Costing just £75 a session, meeting with a phobia expert will give you the opportunity to overcome your fears and change your attitude towards life for the better.



Start taking control of your Fears!



Get help today from phobia buster Trina Maun
01526 398365 • 07554 667005
 email treena@treenamaun.com

PHOBIAS

What is a phobia?

A phobia is a type of anxiety disorder. It is an extreme form of fear or anxiety triggered by a particular situation (such as going outside) or object (such as spiders), even when there is no danger.

For example, you may know that it is safe to be out on a balcony in a high-rise block, but feel terrified to go out on it or even enjoy the view from behind the windows inside the building. Likewise, you may know that a spider isn't poisonous or that it won't bite you, but this still doesn't reduce your anxiety.

Someone with a phobia may even feel this extreme anxiety just by thinking or talking about the particular situation or object.

Phobias can develop around any object or situation, and some people may have multiple phobias. They can be roughly categorised into two groups:

Specific phobias

These are phobias about a specific object or situation, such as spiders or flying. They often develop in childhood or adolescence and for some people they will lessen as they get older.

Complex phobias

Complex phobias tend to have a more disruptive or disabling impact on your life than specific phobias. They tend to develop when you are an adult. Two of the most common complex phobias are social phobia and agoraphobia.

Is a phobia a mental health problem?

Many of us have fears about particular objects or situations, and this is perfectly normal. A fear becomes a phobia if:

- The fear is out of proportion to the danger
- It lasts for more than six months
- It has a significant impact on how you live your day-to-day life
- To live in a world full of fear is not living, it is survival.

When should I get help?

It can be difficult to know when to seek treatment for a phobia. If avoidance of the object, activity or situation that triggers your phobia does interfere with your everyday life, or keeps you from doing things you would otherwise enjoy, it may be time to seek help.

Consider getting treatment for your phobia if:

- It causes intense and disabling fear, anxiety or panic
- You recognise that your fear is out of proportion to the danger
- You avoid certain situations and places because of your phobia
- Your avoidance interferes with your normal routine or causes significant distress
- It stops you getting support for other health problems – for example, it stops you using the phone or seeing the doctor
- You've had the phobia for at least six months

A phobia is only as big as we make it and only as small as we make it. It is what we choose to make it and it can be beaten.



Hypnotherapy works on a deeper part of your brain, in a very gentle and natural way. You'll find you don't have that same overwhelming 'panic' reaction to your phobia any more. There is a very simple and powerful brain mechanism that creates your irrational fear, so we use a very simple and powerful method to diffuse it. You'll be pleasantly surprised at how easy it is!"

GHR
General Hypnotherapy Register
Registered Practitioner

The Park Hypnotherapy Centre
170 Derby Road • Nottingham • NG7 1LR
0115 978 1006
info@thehypnocentre.co.uk

help u cope

changing behaviour for good

Having worked with all aspects of behaviour modification for over thirty years, Help U Cope offers tailor made programmes to meet your individual requirements.

Do you feel like you're sinking?

We will help you swim again!



"Talking to you has helped me a lot.
I feel like a new person" Mr J.C



Families
Here for You



Individuals
A Happier,
Healthier You



Corporate
Great Success

Contact us today for an initial consultation
07958 737 252 • info@helpucope.com

Grantham's Newest Mobility Aid Centre

Prime Comfort has opened a new showroom in Grantham, which aims to improve people's lives in the area.

The mobility aid centre, which was officially opened by the Mayor of Grantham Coun Mike Cook, specialises in all the latest mobility aids and comfort products. As Grantham's newest mobility aid centre, Prime Comfort offers all the latest mobility aids and comfort products at sensible prices you'll love.

The new showroom, located at No.1 Market Place in Grantham, has a large range available including adjustable beds, recliner chairs, stairlifts and mobility aids and is also the biggest supplier of Sandpiper men's and ladies wide fitting and comfortable shoes in the area.

Rupert Stanton, owner, said: "This is the first showroom in this area of the country. We want to offer mobility aids to the public and supply a wide enough range that everyone can find something for them whether it be shoes, stair lifts, scooters and more.

"We are here to improve people's lives in Grantham."

Rupert has been in the mobility industry for over 20 years. He said: "My dad owns a mobility shop in Rushden and my uncle owns two in Northampton, I've worked alongside my dad for many years so it's an industry both me and my

family have a lot of experience in.

"We work closely with our customers and the NHS to identify areas of need and try to stock items that will make people's lives that little bit easier. The showroom is a fantastic opportunity for people to come and try out products, as everyone is different and it can be hard to find what you need online.

"Our range and service is very bespoke and personal. People have the opportunity to try products before they buy them, and we also offer home visits where we can carry out a free assessment and bring products for customers to try in the comfort of their own home."

The shop officially had an opening launch last month, where the Mayor of Grantham Coun Mike Cook cut the ribbon and received a tour of the showroom.

The shop also has a new website which lists its products, as well as an online tour of the shop which can be viewed on the website www.primecomfort.co.uk or on the companies YouTube channel.

To find out more about the products, or to view the showroom, visit Prime Comfort, Mobility Aid Centre, 1 Market Place, Grantham NG31 6LQ, call 01476 560044, email info@primecomfort.co.uk or visit the website: www.primecomfort.co.uk.

Customer Mr Rands try's out the Drive 3 Wheel 8mph Scooter



Monday-Friday
9am - 4.30pm
Saturday
10-4pm



sandpiper
WIDE FITTING SHOE STOCKIST

Mobility Scooters · Wheelchairs · Power Chairs · Riser Recliners · Comfy Footwear · Stairlifts · Profiling Beds · Mattresses
Rollators · Shopping Trolleys · Sanitary Wear · Walking Sticks and lots more!

You'll just love Prime Comfort ...Grantham's newest Mobility Aid Centre

1 Market Place | Grantham | NG31 6LQ | Telephone 01476 560044 | www.primecomfort.co.uk

OPEN: MONDAY - FRIDAY: 9am - 4.30pm. SATURDAY: 10am - 4pm.



care

a helping hand...

Deciding on a care home is a big decision whether you're doing it yourself or for a loved one. So where do you start? First you need to establish exactly what care is required, some people need more help than the others that are more independent, but need that extra helping hand.

There are two different types of care homes. Some offer accommodation and help with personal care, things like washing and dressing. Others offer nursing care on top of the basic

help. Which home you would need to go to is dependent on your personal circumstances. There are also other care homes that offer specific support, often due to dementia.

Think of choosing a home like buying a house. You need to get a feel for what's out there before you make a decision. Personal recommendations are important, so talk to friends or relatives, as they may be able to point you towards a home with a good reputation.

If you aren't at the stage of needing to move but need a little more help than you normally would, there are places out there where you will find an aid for near enough everything, from a gadget for helping you put your socks on to a speaking microwave for the visually impaired.

Our care pages are designed to help you, whether you need professional advice or mobility aids to give you that little helping hand, here at the Notts in Focus we've got it covered.



AHM Installations

BATHING, STAIRLIFTS, MOBILITY

New & Reconditioned Stairlifts
New from £1095:

Reconditioned from £495

Breakdown call outs & servicing from £80
Stairlift removals

Call or email for a free no obligation
quote 01636 821443 or 0800 7316495

www.ahminstallations.co.uk
info@ahminstallations.co.uk

Unit 4 The Workshops, Old Great North Rd,
Sutton-On-Trent, Notts. NG23 6QS



FREE Pilates Taster
at Balance in
Newark

Inspiring people to lead Healthier,
Happier lives by Improving your
Core, Strength and Flexibility, and
Reducing your Aches & Pains.

Feel fabulous
-do Pilates!



01636 673 931



pilatesbyphilippa@btinternet.com



www.pilatesbyphilippa.com/focus



Taking care to know you,
so everyone feels at home.
Come and meet the team
that care.

Be sure to discover how our unique technology is setting a new standard in consistently delivering special experiences for the residents of our care homes here in Nottinghamshire.

Find out more about our **Home to Home Promise** – our commitment to new residents to help them quickly feel at home.

To find out more please feel free to pop in any time or call us on the number below or visit www.fshc.co.uk

Charnwood
Carlton 0115 8284243

Churchfield
Rainworth 01623 549830

Lawn Park
Sutton In Ashfield 01623 549831

Old Vicarage
Worksop 01909 521508

The Oaks
Balderton 01636 880304

The Sycamore and Poplars
Warsop 01623 549832

Tudor Grange
Radcliffe-on-Trent 0115 8283698

Nursing care | Residential care
Respite care | Dementia care



UK CUSTOMER
EXPERIENCE AWARDS
WINNER



Four Seasons
HEALTH CARE

IF YOU'VE GOT A STORY



editorial@nottsinfocus.co.uk

care



Mobile Foot Health Practitioner DipCFHP, MPSPract



Call Tanya on 07714 876006 or email www.tanyacomfyfeet.co.uk

- * Routine Nails Trimming
- * Thick Nails & Ingrown Toe Nails
- * Fungal Skin & Nails
- * Hard Skin, Callous & Corns
- * Diabetic Foot Treatment
- * Cracked Heals
- * Verrucae

Safe and effective treatment in the comfort of your own home



A Ray of Hope for People with AMD

Age-related macular degeneration (AMD) is a painless eye condition that causes you to lose central vision, usually in both eyes. AMD currently affects more than 600,000 people in the UK and is the leading cause of vision loss. By 2020, it's predicted almost 700,000 people will have late-stage AMD in the UK, leaving them legally blind.

The condition is most common in people over the age of 50. It's estimated 1 in every 10 people over 65 have some degree of AMD. It is almost an inevitable part of the ageing process.

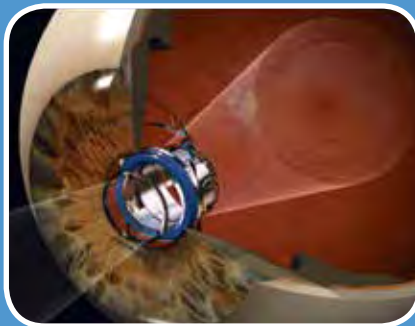
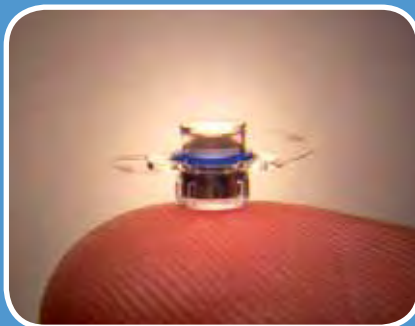
Central vision is what you see when you focus straight ahead. In AMD, this vision becomes increasingly blurred, which means:

- reading becomes difficult
 - colours appear less vibrant
 - people's faces are difficult to recognise
- This sight loss usually happens gradually over time, although it can sometimes be rapid.

Sadly there is little that can be done to arrest the progression of the AMD and the vision goes steadily downhill.

Eventually some people are left with a scar at the back of the eye which detects no light and therefore the central vision is simply non-existent, resulting in a significant reduction in quality of life. People with AMD often have a co-existent cataract and they often undergo cataract surgery in the hope of improving their vision.

In normal cataract surgery we put a lens (an intraocular lens or IOL) into the eye that is designed to focus light accurately onto the centre of the macula. If this area of retina is already



damaged then we are simply focussing all the light energy on an area of retina which will never detect it. Vision is often no better and could actually worsen.

New developments have given some hope for patients with AMD who are desperate for some restoration of sight. There is hope now in the form of newly developed lenses which can be implanted at the time of cataract surgery or even if previous cataract surgery has been undertaken.

The new lenses improve vision by causing a magnification effect. Rather than focussing the light on the scar at the back of the eye they magnify the image up to bridge over the scar and use areas of retina that still work. Another form of lens uses wavefront technology to spread the incoming image over the whole macula rather than a small portion, therefore bridging over areas of affected macula. The latter lens can also future proof vision as if a small portion of the macula worsens the rest can compensate and preserve functional vision.

Sadly a cure is not possible but with modern surgery and cutting edge lenses some degree of functional vision, and therefore quality of life restoration, can be achieved.

Specialised multivitamins, stopping smoking and a healthy diet will all help reduce the progression of AMD. Regular eye checks will detect signs early and if the worst happens and central vision is lost then there is a hope that future technology will hold the answer to restoring vision.



the amwell CARE HOME

YOUR LIFESTYLE
YOUR WAY OF LIFE



A LUXURY CARE HOME IN A STUNNING RIVERSIDE LOCATION OFFERING RESIDENTIAL, RESPITE AND DEMENTIA CARE.

www.theamwellcare.com
BOOK YOUR TOUR TODAY
01664 88 25 25



LUXURY EN-SUITE ROOMS • RIVERSIDE BISTRO
FINE DINING • BEAUTY SPA • GYM • CINEMA ROOM
SECURE, PRIVATE GARDENS • CHAUFFEUR DRIVEN CAR

55 Asfordby Road, Melton Mowbray, LE13 0HR | T: 01664 88 25 25 | E: info@theamwellcare.com

IF YOU'VE GOT A STORY



editorial@nottsinfocus.co.uk

Call The Professionals

HOT TUB & ACCESSORIES

Season's Spas UK
- SALES - HIRE - SERVICE - RELOCATE -

sunbeach sunstorm
Size: 2150 x 1800 x 800mm
Balboa Controls: 2kw heater
Shell: USA acrylic

15 HOT TUBS ON DISPLAY
PLUG & PLAY

Wow this amazing hot tub comes with (5 seats) 13 amp plug & play family fun spa just the right size for any garden.

American Balboa GS100 Controls
USA Aristech acrylic with Bio-Lok
Pumps: x1 3HP jet pump
Circulation: x1 0.35HP
Ozonator: x1 50MA
Water jets: Total 24 Chrome & Gray
2" Rotary jets: x4
4" Rotary therapy jets: x5
4" Directional hydro jets: x5
5" Rotary therapy jets: x5
5" Directional hydro therapy jets: x4
5" Ozonator Jet: x1
Top spa cover: Yes with key locking
LED top rail lights x13 (Seven changing colours)
New filter cover with filter tray

Air control valve: x2
Big under water LED light: x1 (changing colours)
Filters: x2 for safety
Cup/Glass Holders: x4
Insulation: Yes all 4 sides Super R10
Base: solid PVC and insulation R10

Season Spas Special Offer

£2299
Retail price £3699
SAVING £1400

Unit 3 Hallam Way, Old Mill Lane Ind Est, Mansfield Woodhouse, Notts, NG19 9BG UK
T: 01623 66 11 11 E: sales@seasonspas.uk W: seasonspas.uk

CONTAINER SERVICES

Freight Container Services
Located central Newark

Secure self storage shipping containers
20ft/40ft to rent from only
£25 + VAT per week

USED, REFURBISHED OR NEW CONTAINERS FOR SALE & HIRE

10ft, 30ft & 40ft Shipping containers available from 15 key UK locations including London, Liverpool, Leeds, Birmingham & Glasgow

www.freightcontainerservices.com
Telephone 07860 570136 or 07831 142401
norman947@btinternet.com
howard.clack@btinternet.com

BATHROOMS

We Supply Fit & Design Bathrooms

Bubbles Bathrooms
NOW WITH OVER 75 BATHROOMS ON DISPLAY

FREE PARKING OPEN 6 DAYS A WEEK
Unit 3 Hallam Way, Old Mill Lane, Mansfield Woodhouse NG19 9BG

Mansfields Biggest Bathroom Showroom

EX-DISPLAY SALE NOW ON

Open Mon-Sat 9.30-5pm Sunday 10-4pm Tel: 01623 661111

FURNISHINGS

COSYREST FURNISHINGS LTD
If you want the best, come to Cosyrest

Re-upholstery in Nottingham, UK

Cosyrest Furnishings Ltd is a well established soft furnishings and reupholstery business based in Stapleford, Nottingham.

We offer a range of high quality soft furnishings. We are makers of fine suites and reupholstery specialists and will take on most jobs.

At Cosyrest Furnishings Ltd we pride ourselves on our high quality products, from car seats and headboards to the reupholstery of sofas; no job is too big or too small. We have been in business for almost 40 years; we have plenty of experience and have built up a strong client base.

Some of the services we offer are:

- Reupholstery • Fine suites • Contract work

Why should you choose Cosyrest Furnishings Ltd?

- High quality products • Friendly and professional service
- Tailor made soft furnishings • Competitive prices
- Excellent quality product for the price • Willing to take on any job

Here at Cosyrest Furnishings Ltd we are proud members of the Association of Master Upholsters.

For reupholstery services, call us now on
0115 939 0099
www.cosyrest.co.uk

FRAMING

Framin' 'Eil
WICKEDLY GOOD FRAMES
Newark's Premier Framing Specialist
For all your framing needs

Balderton Hall, Fernwood village, Newark
Nottinghamshire, NG24 3JR
Tel 01636 679603
(Just follow the signs for Fernwood Day Nursery)

TRAILERS

SCOTT TRAILERS LTD
of Walcott Lincoln

Your Ifor Williams Trailer Distributor
Trailers from Camping to 3500kg gross
Sales • Repairs • Servicing • Spares

Sole Distributors in Lincolnshire & Nottinghamshire
Spares available by post and carrier • You are welcome to view our stock of Trailers
Tel: 01526 860317 • Fax: 01526 861357
e-mail: office@scott-trailers.co.uk
Opening hours Mon to Fri 8am-5pm • Sat 9am-12 noon
Other times by appointment

GARDENING

Allan the Gardner

All tree & fencing Work
Gates supplied & fitted
Grass & hedges cut
Full garden tidy
Borders dug

DISCOUNT FOR OAP's

Tel: Allan
0115 822 9489
or 07976 160045

TIMBER

Selston Timber Nottingham
01773 861158

Decking

3 metre decking - £5.00 each
3.6 metre decking - £6.00 each
4.2 metre decking - £7.00 each
4.8 metre decking - £8.00 each
4x2 3.6 metre £6.00 spars
4x2 4.8 metre £8.00 spars

Dealers in new timber, a big variety in stock, fence panels, sleepers, concrete post, gravel boards, patio slabs, plywood and much more.

NO VAT TO PAY

TOWBARS

DERBYSHIRE TOWBARS
Call us for a Fast FREE Quote

Trailer & Towbar specialists since 1997. Local High Quality Service.

Find us at Unit 60,
M1 Commerce Park,
Markham Lane, Chesterfield

Accessories Shop now doing legal number plates

Tel: 01246 768894

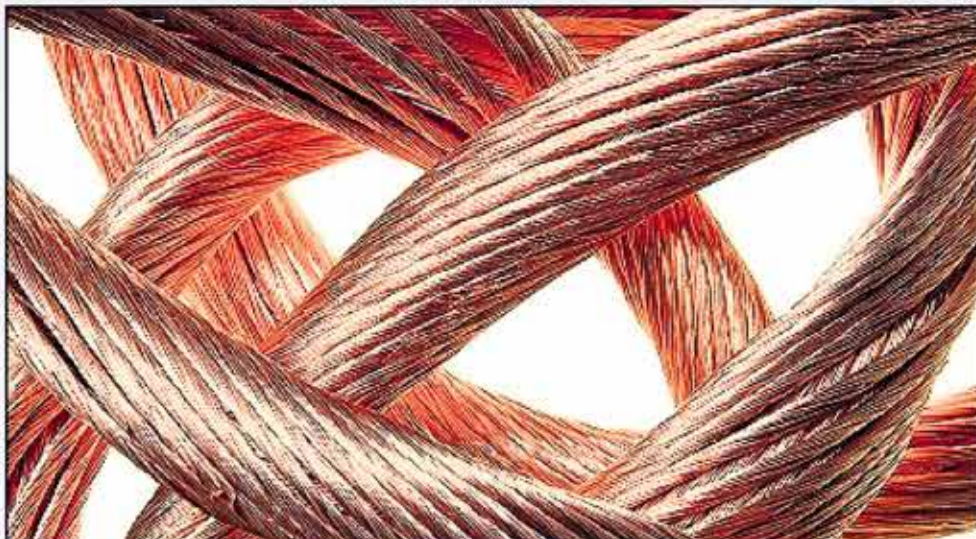
East Midlands Metals

TAKE ADVANTAGE OF INCREASED COPPER PRICES TODAY

**Call now for our
updated prices**

2 Valid Forms of ID Required * For Cash £2 Admin Fee Applies * No Commission

FREE COLLECTION FOR LARGE QUANTITIES



WANTED NON FERROUS SCRAP METALS

Brass / Copper / Aluminium etc. Cable, Swarf - Cutting - Section etc.

01509 235919 or 07850 127234

WWW.EASTMIDLANDSMETALS.COM

Bishop Meadow Road, Loughborough, LE11 5RE