

Keys Holidays A selection of seaside and country properties for self catering holidays in North Norfolk
Tel: 01263 823010
info@keysholidays.co.uk

"We look forward to welcoming you to this lovely part of North Norfolk"

www.keysholidays.co.uk

Nottinghamshire Focus

Coach Style

PROVIDING THE BEST BRITISH & EUROPEAN COACH ADVENTURES

SECURE YOUR PLACE NOW FROM JUST £30

CALL US ON 08456 665544*
OR VISIT WWW.SKILLS.CO.UK

*Lines open 9am - 5pm (Mon - Sat) 9am - 5pm (Sun)
*Calls cost 3p per minute plus your network's standard access charge.
Terms and conditions apply. Visit www.skills.co.uk/terms for more information.

Issue 240

f nottsinfocus

#nottsinfocus

www.nottsinfocus.co.uk

26 - 30 Sep 2017

20p
(Where Sold)



STORAGE 4U

Residential & Business Storage

HOUSEHOLD & BUSINESS STORAGE

Storage for:

- 📌 Moving Home
- 📌 Student Storage
- 📌 Bulk Storage
- 📌 Decluttering



Opening Hours: Monday - Friday 8am - 6pm | Saturday 9am - 5pm | Sunday By appointment

Email: info@st4u.co.uk www.storage4unottingham.co.uk

Robin Hood Marathon Runners Show Their Support



by our runners will make a real difference to the lives of local families."

To support the charity by fundraising or volunteering, please contact Elaine Hopkins, Community and Events Fundraiser, on fundraising@nottshospice.org or 0115 910 1008 ext 251.

On Sunday 24 September, more than 30 hospice heroes took part in the Ikano Robin Hood Marathon and Half Marathon for Nottinghamshire Hospice. The group of runners, including relatives of hospice patients and a team of colleagues from Capital One, have been training hard to do themselves proud and raise over £3,000 for the hospice. Hospice supporter Lisa Whistance, from

Carlton, ran the half marathon with her husband, Lyndon, to celebrate their wedding anniversary on 26th September.

Lisa said: "We thought this would be a great way to celebrate the support we've had for each other - we're a bit crazy! Having recently lost a close family member to a terminal illness, we appreciate the support and care that Nottinghamshire Hospice provides."

Local businesses came together to support the charity's runners with Up and Running, Sainsbury's and Boots all donating items for goodie bags. To celebrate the hard work and dedication the runners have put in to support the charity, a celebration will be

held at the hospice on Woodborough Road later this year.

Elaine Hopkins, Community and Events Fundraiser at Nottinghamshire Hospice said: "Thank you to everyone who supported Nottinghamshire Hospice by running in the marathon. It is really important to us to have the support of our local community, whose generosity enables us to carry on delivering our much needed services."

"We need to raise £2.7m a year to provide free-of-charge care and emotional support to patients and families who are facing terminal illnesses in the comfort of their own homes across Nottinghamshire, and in the day therapy centre on Woodborough Road. The money raised

Mr Amar Alwitary
Consultant Ophthalmologist
Mids-Eyecare.co.uk
Eye Surgeon of the Year - East Midlands

Keen to shorten the wait for your cataract surgery or have your eye condition treated without waits or cancellations?

Satisfied with a standard treatment and lens or keen to explore the options of premium vision with bespoke Intra-ocular lenses?

Seeing Private Patients at Circle Nottingham, Nottingham Woodthorpe Hospital, and the New Spire Nottingham.

All Ophthalmology conditions cared for in addition to Cataract and Premium Lens Surgery.

Mr Amar Alwitary
Proud Winner of
Eye Surgeon of the Year
East Midlands 2017

Private Healthcare+
Awards 2017
Mr Amar Alwitary
Consultant Ophthalmologist
Mids-Eyecare.co.uk
Eye Surgeon of the Year - East Midlands

As featured on East Midlands Today. Caring for patients with all eye conditions.
All eye surgical procedures carry a level of risk including not obtaining the desired outcome through to varying levels of visual loss. Your eye surgeon will discuss the risks and benefits including ones specific to your circumstances at the time of your preoperative consultation.

One stop, same day consultation and private surgery available at both Circle Nottingham and the Nottingham Woodthorpe Consulting for all Eye Conditions at Nottingham Circle, Nottingham Woodthorpe and Nottingham Spire Hospitals.
Call: 0115 7722058 / 0116 4422081 for information.
Or call Circle Private Patients on 0115 924 8446 Email: info@mids-eyecare.co.uk
For appointments call Woodthorpe on 0115 9932015 or Spire on 0115 9377801

Price 20p

ISSN 2052-2606



9 772052 260008

Information

Visit us Online
nottsinfocus.co.uk

Follow us on Instagram
/nottsinfocus

Like us on Facebook
/nottsinfocus

Follow us on Twitter
@nottsinfocus

69a Main Street,
Burton Joyce,
Nottingham,
Nottinghamshire,
NG14 5ED

Telephone:
01159313879

Email:
sales@nottsinfocus.co.uk



New Maggie's Book is a Best-Seller



More than 140 people attended the launch at Waterstones, Nottingham, of Missing Pieces – a collection of talented and diverse new writing produced by people affected by cancer.

The book, published by members of the Maggie's Nottingham Creative Writing group reached the number two spot among the launch week's best-sellers at the store. The group published the book to showcase their work and raise vital funds for the Maggie's Cancer Centre.

Missing Pieces features poetry, stories and memoir from 15 writers who have all been affected by cancer. From the hilarious to the heartfelt, there is something in the book to suit all readers. There are inspirational insights into the healing pow-

er of nature and moments of dark humour in this powerful and poignant collection. Contributor Bridget Swinden, who also designed the book's eye-catching cover, said: "I have really enjoyed being involved in the process of publishing and launching this book, and I'm very proud of what we have produced. It's wonderful to see our work in print and I hope people will enjoy reading it and also maybe gain some insight, comfort or inspiration."

Clare Stevens, Creative Writing Tutor at Maggie's says: "Everyone in the group has had cancer or supported someone close through it. There is growing evidence that creative writing is therapeutic. It helps process emotion, gives distance

and helps take the writer away from their situation. I would say healing definitely happens in the group.

"It has been wonderful to see everyone get involved in Missing Pieces, not just in the writing but in the whole publishing process. It was great to see so many people at the launch event to support Maggie's."

Maggie's Nottingham Centre Head Kate Martin said: "Reading the collection I am truly impressed by the eloquence, honesty and power of the writing. So many of the pieces will resonate with so many people."

Copies of the book are on sale at Waterstones, Nottingham and can also be purchased at through the Maggie's website.



FREE Pilates Taster
at Balance in
Newark

Inspiring people to lead Healthier,
Happier lives by Improving your
Core, Strength and Flexibility, and
Reducing your Aches & Pains.

**Feel fabulous
- do Pilates!**



01636 673 931



pilatesbyphilippa@btinternet.com



www.pilatesbyphilippa.com/focus.

The Sewing Room

Offering a reliable clothing
alterations service.

Ladies & Gents, Trousers,
Dresses, Jackets etc

Call in and speak with our
friendly alterations team

3rd floor, Armstrong mill,
Ilkeston DE7 5TT

0115 930 5290



ITA GROOMS
Dog Grooming in
your own home

• City and Guilds in
Dog/Cat Grooming

• City and Guilds
Animal Care
2 x Merit Qualified



01949 842306 | 07711 564441
07544 400535

www.itagrooms.com



A Hair-Raising Day for Residents

Sutton-in-Ashfield's newest care home, Kingfisher Court, know that their residents like a bit excitement with their afternoon tea.

Kingfisher Court resident and motorbike enthusiast Bob Lacey has a lifelong love of motorbikes and many of his local friends share his passion. Ralph Golds who owns the Masons Arms in Sutton-in-Ashfield has known Bob for over 20 years since their time working together at Kodak. Bob has been resident at Kingfisher Court since June of this year and moved in just 2 months after the home opened.

Bob still likes to keep in touch with as many of his old friends as possible and regularly visits the pub, often taking along new friends he has made since being at Kingfisher Court.

It was on one of these visits that the idea of introducing other residents to the joy and thrills of motorbikes was first mooted.

As ever, the staff at Kingfisher Court were keen to explore the possibility of creating an event that could be enjoyed by Bob and stir up some excitement within the home. With that in mind, they organised for a collection of vintage bikes to be brought to the home on Kingfisher Court's Annual Gala on Saturday 16th September, 2017.

Little did anyone realise that the lively residents would be so eager to join in and ride pillion around the car park. Bob and fellow resident Gwyneth Padgett looked at ease on the vintage Harley Davidson and neighbour and future resident Peggy Clark enjoyed a thrilling tandem ride also.

"It's wonderful to see dad so happy and to retain so many of his friends. We're delighted that everyone at Kingfisher Court make such an effort to try and make sure he keeps up his interests which seem to have proved popular with so many here today" Sam Tasker daughter.

Paul Quirk, Home Manager at Kingfisher Court, said: "I am immensely proud that we, as a team, take the time getting to know our residents, their history, what and who is important to them. This allows us to better understand their interests and develop activities we know they will enjoy."

The brand-new luxury home includes 66 en-suite rooms, a garden room, library, cinema, hair and beauty salon, landscaped gardens and English tea room complete with balcony areas. The home opened

in April and although filling up fast rooms are available. All residents stay on an all-inclusive basis which means there is one simple, transparent fee with no hidden or billable extras. The home was designed and built by LNT Care Developments and is run by Oakdale Care Group – a small, privately owned company providing exceptional care in outstanding surroundings, with the ethos of providing the best care, every day to everyone.



For more information call 01623 440 325 or visit www.oakdalecaregroup.com/kingfisher-court-sutton-Ashfield

Hedgehog homes in stock ready for hibernation!

HALL FARM

WILD BIRD FOOD SUPPLIES

The Grain Store, Wadnall Lane, Weston, Newark, NG23 6SY
www.seedtofeed.co.uk
01636 821232

OPEN
 Mon-Fri 7.30am - 5pm
 Saturday 8am - 1pm

OUTSTANDING BESPOKE KITCHENS & BEDROOMS IN MANSFIELD

Making and fitting quality kitchens and furniture since 1996
 All our kitchens & furniture are made from only the best materials and hard wood available which guarantees longevity, robustness, and a stunning look to create your dream kitchen.

WE OFFER A HIGHLY PERSONALISED SERVICE THAT PRIDES ITSELF ON PRODUCING ONLY THE BEST.

VISIT OUR SHOWROOM AT: Unit 66-68, Block 8, Old Mill Lane, Industrial Estate, Mansfield, Woodhouse NG19 9BG
CALL US ON: 01623 651 001
 or email us at tulipkitchens@outlook.com (located next door but 1 to Harley Blinds)

Brand new and used Stairlifts from £800 (fitted)

All stairlifts come with a parts & labour warranty

NEXT DAY FITTING Available

Latest models for peace of mind

- Established 1987
- Main Dealer
- Straight
- Curved
- New • Used

CARLTON BASED COMPANY

www.liftecld.co.uk

CALL ROGER AT LIFTEC
0115 987 5218

KENWICK PARK ESTATE - LOUTH - LINCOLNSHIRE WOLDS



BRITISH BUILT
4 BEDROOM
LODGES



NEW LODGES RELEASED

New to Kenwick Park Hotel
Close to Club Spa and Hotel
Our Guaranteed Return on
Investment available (est. 2001)

ONLY 4 PLOTS REMAINING

PLOTS: £80,000
LODGES: £160,000

For more information or
to make an appointment,
contact Stuart

T: 01507 353007/608806
E: sflynn@kenwick-park.co.uk

www.kenwick-park.co.uk/new-retreat-lodges

Kenwick Park Estate is a luxury resort complex set in 320 acres of woodlands, parks and manicured grounds. Encompassing a 34 bedroom hotel, lodge complex, golf course, ClubSpa and Evergreen spa, this location makes the perfect venue for all occasions and has something to keep every-one entertained.

The New Retreat Lodges at Kenwick Park, Louth, Lincolnshire, are an exciting addition to the complex, offering a fantastic investment opportunity, second home or holiday retreat for buyers. Kenwick Retreat Lodge is hosting an Open Weekend on Friday 29 September – Sunday 1 October (Friday 11am – 7pm, Saturday and Sunday 10am – 6pm), which will give visitors the opportunity to explore the resort complex and beautiful lodges for themselves.

Set in the county of Lincolnshire, the resort gives visitors exposure to the surrounding unspoiled countryside, rolling hills and picturesque valleys which

inspired one of the nation's greatest poets, Alfred Lord Tennyson. Lincolnshire is a massive county of three parts; to the south agriculturally intensive Fenland areas reclaimed from the sea over the centuries, to the east the coastal plain running down to the sea, but to the centre of the Lincolnshire Wolds are typical of wold countryside throughout the United Kingdom.

A County steeped in history from John O'Gaunt and Bolingbroke Castle in the Wolds to the major Roman settlements including the county town of Lincoln with its majestic Cathedral and Castle, which houses an original copy of the Magna Carta, and Louth itself, the capital of the Wolds, and in the more recent past, Boston in the Pilgrim Fathers.

With its beautiful and historical setting in the Lincolnshire Wolds, the 500 acre Kenwick Park Estate was

established as a gracious 19 century sporting estate. It included 160 acres of mature mixed woodland, a period coachhouse and Kenwick Hall, since converted to Kenwick Park Hotel.

It is this idyllic 19 century setting that the current owners set out in early 1990 to create a modern sporting estate which today is called the Kenwick Park Estate. Join us on our open day to see what Lincolnshire has to offer and to find out more about the range of Retreat Lodges available.



Additional Information about the Retreat Lodges:

- 125 year leasehold tenure
- Second home/retirement base and/or....
- Investment opportunity with Guaranteed Return of 6% and own usage.
- Major on what is here and mature 20 year+ established resort complex.
- Based in the Lincolnshire Wold Area of Outstanding Natural Beauty.
- Family owned business.
- Location of units, within 200m of hotel, leisure and 1st tee.
- Views over 10th tees and 10th fairway.
- Design approved to fit with existing hotel and listed Golf Clubhouse.
- Fully fitted with bathrooms, kitchen from approved ranges.
- Reserved parking space.
- Exclusive driveway/entrance for 12 apartments.
- Membership rights to Club Spa at Kenwick.





Linda Lancashire

07764 466381

01773 762675

E: contact@lindalancashire.co.uk

www.lindalancashire.co.uk



Aries

Someone has not handled a situation particularly well and now you are left to pick up the pieces, so you may be forced to divide your time between two camps. Holiday or party plans may have to be shelved because you cannot justify spending all that hard earned cash on something you can do without. A romance starts hotting up once you start being yourself and stop being on the defensive.



Taurus

Someone is about to make a proposal that could ignite a major row and an unexpected confrontation. Let's hope you have a good memory so that you remember every story you have told recently because someone is on your case. A hobby or other interest could very easily develop into a money making venture, but keep ideas to yourself before you have decided which avenue to pursue next.



Gemini

Distractions can come in many forms and you may find it difficult to focus on projects because so many demands are being made upon your time. Keen to improve your home, you're determined to put plans into action, but juggling all the balls in the air will prove tricky if your finances are not all in order. You could gain a tremendous amount just by creating some 'you' time and give yourself some time to rest and recharge.



Cancer

Events are starting to point out who is genuine and who is not to be trusted. Start thinking about your own happiness and what changes you could make so as to improve the quality of both your working life and personal relationships. Create some time out to rest and chill. Book a holiday or at least take some time with the intention of putting some healthy distance between you and all the hassle surrounding you.



Leo

Tell those who seek your help that you do not have a magic wand to make things right for them. They need to take personal responsibility for their actions, but so do you. Someone has not been completely honest with you, so perhaps it's time you did a spot of detective work to discover the truth. In work and business, make sure you're first in line to everything you are entitled to. You cannot afford to take your eye off the ball for one minute if you are to achieve your goals.



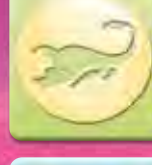
Virgo

Building up a new career and working on turning your life around will prove exciting and productive. You do your best thinking when you're alone and undisturbed. Despite how you may be feeling about the state of your personal life, a proposition made by someone you find intriguing will cause you to start asking a few penetrating questions. Never make the mistake of taking anyone at face value because people are rarely as they seem.



Libra

Pay close attention to your own personal relationships because someone close to you is not playing fair and probably expecting far too much of you. Professionally, you are on a roller and this is an excellent time to make a good first impression. Beware of get rich quick money schemes because there is always a catch, so do your homework thoroughly to avoid looking foolish and financially worse off for the experience.



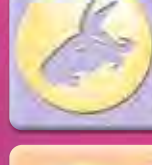
Scorpio

You are changing on a daily basis beyond recognition and there is a noticeable calmness about the way you talk and how you approach matters that is impressing quite a few people. Someone may try to pressure you into agreeing with them or forcing you to change your plans to suit them. They obviously have no idea of how strong willed you can be when you put your mind to it. You are starting to live in some very exciting new times.



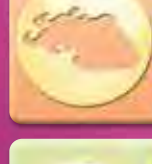
Sagittarius

Give some serious thought to both your career and finances because important changes are ahead. A romance becomes official, friends are teasing your happiness with champagne and you seem happier than you have been for years, or are you? Could there be an underlying problem that you are in denial about? Ignoring all the warning signs could cost you dear, so make sure that everything is done legally and that you have safeguarded yourself against all eventualities.



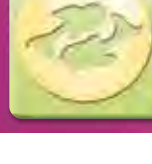
Capricorn

Deep down, underneath all the excitement and fringes, something is still bothering you about someone who you know is not telling the whole truth. Listen to your gut feelings and act accordingly. Remain secretive about your finances and refuse to discuss them with anyone if you are to avoid unpleasantness. Socialise only with those who are like-minded and always choose your friends wisely.



Aquarius

Why should it always be you to make the first move or who does all the giving? Perhaps you have been too kind, too generous and too obliging with the wrong people for far too long. An opportunity to begin a new business venture or take a much desired promotion will give you the confidence boost you have been seeking. Arrange to socialise with close and trusted friends and if single, you could soon be introduced.



Pisces

Recent events may have left you feeling rather jaded and you need perking up. The choices you make today will determine where you will find yourself tomorrow, so think carefully before making promises you will later regret. If single and looking for love, yet sceptical of the dating scene, take heart because miracles do happen and something wonderful is about to happen that will point you in a brand new direction and restore your faith in life once more.

School Cycling Challenge



Students at Magnus Church of England Academy joined in the celebrations at Sconce and Devon Park for the Tour of Britain, which inspired them

to kick off their own in-school cycling challenge. Students competed in House teams on exercise bikes, racing to become

the first to complete 165 km distance eventually being completed by the elite cyclists in Stage 4 of the Tour of Britain race.

Ally Shivas, Head of World Studies at Magnus Church of England, said that the students began their sports focus as the Tour of Britain came to Newark. "Along with Active4Today staff, our students led a speed cycling challenge in the park; tag rugby games and even dressed up as the Tour of Britain mascots at the finish line!

"They thoroughly enjoyed being able to serve many from our community in running these activities."

Mr Shivas says the enthusiasm continued at school as the competition began: "Following the Tour, our own inter-house competition kicked off with an epic challenge; working in house teams of eight students the challenge was to collectively cycle 165km as quickly as possible. With thanks again to Active4Today, four of the house teams went to Newark Sports Centre on two days running to cycle one hour per night to complete the challenge."

Over the two evenings at the Sports Centre, 25 students cycled a massive 993km collectively. Mr Shivas said, "The results ended with Cartwright House winning with 362.1km, then Warburton with 269.8km, Bromhead cycled 217.9km and Deanhole cycled 143.2km. The performance of Cartwright was particularly impressive as they actually completed the challenge on each evening with some excellent performances."

It's a Bug's Life 'Under the Microscope'!

For the first time in the UK, an exhibition of the extraordinary, vivid and detailed insect photographs of Göran Liljeberg has gone on display with 'Under the Microscope' running until 22 October 2017 at The Harley Gallery on the ducal Welbeck estate near the Nottinghamshire/Yorkshire border.

Using extreme close-up photography to produce a finished photograph many times greater than

greater than life size, Liljeberg has become known for the macro photography of small insects in large magnification. His luminous photography shows nature at a level of detail, sharpness and colour range beyond anything available to the naked human eye. "Behind my images is a great

passion for butterflies and

other insects and many years of dedication to photography. The insects that are used are mostly borrowed from the Swedish Museum of Natural History in Stockholm, from my entomology friends who are collectors and some of the insects are from my own collection."

Göran Liljeberg photographs everything at his own studio in Sweden and prints using high-end inkjet printers in Stockholm. The images are printed on a matte 200 gram quality paper with pigment inks of the highest quality with a very long life span, far exceeding traditional offset printing.



SEARLES
HOLIDAY HOMES
HUNSTANTON

Own Your Own Holiday Home

Do you dream of owning your own holiday home by the sea?

- > Five star, multi award-winning resort
- > Located in the Victorian seaside town of Hunstanton
- > Golf Courses with full-time PGA professional
- > Unrivalled leisure and sporting facilities
- > Heated indoor and outdoor pools
- > Restaurants
- > Full entertainment programme
- > Exclusive owner's events

With a wide choice of new and pre-owned caravans and lodges from £15,000 to £200,000, we have something to suit all budgets.

T: 01485 536026 E: lodges@searles.co.uk
www.searles.co.uk/ownership

Searles Leisure Resort South Beach, Hunstanton, Norfolk PE26 5BB

Quote "Notts in Focus"

Something Sweet From The Cornerhouse

Nottingham's leading leisure and entertainment complex, The Cornerhouse, is now selling honey from its beehive, with all proceeds going to help the Alzheimer's Society.

Around 70,000 bees, located on the roof of The Cornerhouse, have now had their honey extracted after a busy summer.

Suzanne Green, centre manager at The Cornerhouse, said: "We are so proud of our little bees, they're really amazing and we love having them on site. We often have people visit just to watch them, as they produce great award nominated honey which we can then sell to raise money for charity."

"We are very conscious of our carbon footprint and trying to ensure that we stay as green as we can. The hive and small rooftop garden on site is helpful as we join in with efforts to save the bees."

"We are happy to be supporting the Alzheimer's Society through the sales of honey, it's a cause close to a lot of our hearts here at The Cornerhouse and we hope to raise as much money as possible."

The Cornerhouse honey is now on sale for £5 in the ICON beauty salon located on the top floor of The Cornerhouse, with all proceeds going to the Alzheimer's Society. You can also donate to help The Cornerhouse's



fundraising efforts here via its JustGiving page and further details on The Cornerhouse, its venues, news and what's on can be found at www.cornerhousenottingham.co.uk.

King's Mill Hospital's Ward 44, which specialises in respiratory care, has received a very generous donation of six nebulisers from the Clapham family.

The nebulisers have been donated in memory of Dennis Clapham, who spent a few months on the ward.

Unfortunately Dennis passed away recently at the age of 83, and his wife, Sheila Clapham and son, Mark Clapham, both from Mansfield, wanted to do something to remember him by, so decided to purchase and donate the nebulisers. Mark said: "My father used a nebuliser every day and we could see what a difference it made to him, as it offered him some relief. The staff here are brilliant and we saw the excellent care that they provide, so we wanted to do something to both remember dad by and help patients and staff on the ward."

Sheila added: "The ward was like a second home to Dennis and I would like to thank all the staff for their kindness and professional care. I hope the nebulisers will make life a little easier for everyone on ward 44."

Ward Sister Helen Barker said: "This generous donation will mean that patients on the ward will always have a nebuliser close by, which often helps make patients calmer. We would like to thank Sheila and Mark for their generosity and offer our sincere condolences for the loss of Dennis, he was a lovely man, who will be very much remembered by all the staff here."



Generous Donation Helps Improve Patient Care






Bingham Town Market

Every Thursday

Saturday Farmers' Market

Every 3rd Saturday of the month 9am-1pm







For further information please contact
East Midlands Markets and Events on 07956631683



175 years of Excellence & Care.

Come and see for yourself.



Open Morning

For admission to the Senior School & Sixth Form in September 2018

10am Saturday 7th October 2017

To register call 01246 433388
or email admissions@msmcollege.com

msmcollege.com

A leading independent day and boarding school for boys and girls aged 11 – 18 in Spinkhill near Sheffield.
A daily service of private minibuses bring pupils from across Sheffield, Chesterfield, Doncaster, Rotherham, Bakewell, Matlock and beyond.



Gedling Granted £1 Million to Help Disabled

Gedling Borough Council has been awarded nearly £1 million by Central Government to help improve the homes of disabled people in the borough.

Eligible residents can apply for up to £30,000 for improvements to help make their homes easier to live in. The grants can be awarded for a number of different improvements to properties from stair lifts for the elderly to sensory rooms for young children with learning difficulties.

The money was granted to Gedling Borough Council and Nottinghamshire County Council who are working together in partnership to identify needs and design adaptations for disabled people in the borough. Nottinghamshire County Council will be carrying out the assessments on behalf of Gedling to see if residents are eligible.

Some of the money has already begun to be used by residents in need of improvements.

Typical works include improving access to properties, installing suitable lighting, heating and ventilation or improving access and facilities within the property for cooking, sleeping and bathing. People can also apply for help improving the safety of the property.

Portfolio Holder for Public Protection, Cllr David Ellis said: "This grant will help people who cannot afford adaptations to their homes but desperately need them. We are urging residents on a low income to apply and see what help they can get. It could help with anything, from a ramp to a sensory room for a child with learning difficulties."

To be eligible the service user must live in the borough, be an owner occupier, private tenant, a tenant in social housing or a landlord with a disabled tenant. The property owner's permission is also required. Eligibility is based on financial circumstances and an assessment made by Nottinghamshire County Council.

To apply for this scheme, people should contact Nottinghamshire County Council on 0300 500 8080 and request an assessment for a Disabled Facilities Grant.

A Reliable Parts Provider



Established in 1975 by John Traynor, Traynors Motorstore has grown to become the largest vehicle dismantler and motor factor in Ireland and one of the largest in the UK.

Since its establishment Traynors have gone from strength to strength thanks to its loyal workforce across three locations: Dungannon, Belfast and Grantham. Specialising in breaking, parts, bikes, salvage, and scrap, you can call one of our experts to help you find parts for your car using world-wide shipping, local delivery and click and collect services.

Traynors have been at the forefront of vehicle recycling for over 40 years, and all of our Vehicles are recycled in a compliant and environmentally friendly way.

We can dismantle anything from a Ferrari 458 Super Car to a Vespa scooter and everything in between. All parts are dis-

mantled, checked for quality assurance, computerised and shelved. We also have a call centre with over fifteen part experts on hand to handle over 3,500 calls received per day.

The average discount for one of our used parts is normally 75% off a new retail price, and if Traynors cannot provide a used replacement part we will try to import it for you.

Over the last 40 years we have worked hard to gain a reputation as one of the most reliable parts providers in the UK and will continue to do so in order to provide the high quality service our customers are used to.

Find out more by visiting www.traynors.co.uk or call 01476563756.



Find out more by visiting www.traynors.co.uk or call 01476563756



Top prices paid for scrap cars and motorcycles including many prestige and exotic vehicles. Over 150 vehicles dismantled a week, including over 2000 motorcycles and scooters.

Also importers of new body panels, bumpers, headlights, radiators, windscreens and towbars. Over 150 repairable salvage in stock.

Opening hours: Mon - Thurs 8am - 6pm
Fri 8am - 5.30pm • Sat 8am - 2pm

tel: 01476 563 756 email: parts@traynors.co.uk
www.traynors.co.uk



The Boundary, Gorse Lane, Grantham NG31 7UE



Building a Sustainable Future

A Nottingham MP has visited Severn Trent's Stoke Bardolph site to find out more about the innovative work taking place to generate renewable energy.

Alex Norris, MP for Nottingham North, was given a tour of the site on Wednesday 20 September to find out how the company uses anaerobic digestion to turn both waste and crops into biogas that is then used to generate electricity or to go into the national gas grid for homes and businesses to use. He also had an opportunity to take a closer look at the company's wind turbine that generates clean energy every day. Mr Norris said: "It was fascinating to see the scale of the work that Severn Trent is doing to turn both sewage and crops into renewable energy."

"Building a sustainable future is really important and sewage treatment is something that most people take for granted – it's excellent to see these innovative techniques turning waste into clean energy that can be used by local people



and businesses here in Nottingham."

Sewage and crops are turned into clean power through anaerobic digestion, where the waste is put into huge vats that digest it, like in a human stomach, to produce biogas which then goes through another process to be converted into gas suitable for use in homes and businesses.

Upgrades are currently being made to some equipment at Stoke Bardolph and when that's complete the site will generate enough energy to power 13,000 homes for a year.

Neil Liddell-Young, from Severn Trent's renewable energy team, explained: "We're committed to generating green power across our whole region and we're experts in anaerobic digestion, with more than 60 years' experience of using it to create biogas that can be injected into the gas network."

"We've invested heavily in renewable energy in recent years and we're constantly developing our expertise to generate even more clean power."

"Right now we generate the equivalent of a third of our energy needs through renewables sources and we're aiming to increase that to 50% by 2020." By generating renewable energy the Severn Trent is also able to reduce costs, which helps to keep customer bills down – the company currently has the lowest combined average bill in the country.

live happy!

with
Slimming World



ASPLEY

St Margaret's Church Hall
Aspley Lane
Tuesday 6:30pm
Tel: Mary on 01159287316

BEESTON

Beeston Resource Centre
74 Middle Street
Beeston
Thursday 10:00am
Tel: Margaret on 07877 615284

CLIFTON

The Royal British Legion
(Next to Wilko's)
12 Dorington Road
Monday 5:00 & 7:00pm
Tel: Sarah (NEW CONSULTANT)
on 07799 006707

Community Centre
South Church Drive
Wednesday 3:30, 5:30 & 7:30pm
Tel: Jackie on 07877055117

The Royal British Legion
(Next to Wilko's)
12 Dorington Road
Wednesday 9:15 & 11:15am
Friday 8:00 & 10:00am
Tel: Sacha on 07515 172984

COITGRAVE

Candleby Lane School
Candleby Lane
Tuesday 5:15 & 7:00pm
Tel: Maria on 07718 999033

EAST LEAKE

East Leake Academy Cafeteria
Lantern Lane (use staff car park)
Tuesday 5:30 & 7:30pm
Tel: Meg on 07792 943873

East Leake Leisure Centre Dance
Studio Room (Opposite Reception)
Saturday 8:30am
Tel: Meg on 07792 943873

GOTHAM

Memorial Hall
Nottingham Road
Wednesday 5:00 & 7:00pm
Tel: Sarah on 07799 006707

HUCKNALL

St Peter's & St Paul's
Community Hall, Ruffs Drive
Wednesday 5:30 & 7:30pm
Tel: Kerry on 07804 493162

The John Godber Centre
Ogle Street
Saturday 9:00 & 11:00am
Tel: Kerry on 07804 493162

KEYWORTH

The Methodist Church Hall
Selby Lane
Monday 5:00 & 7:00pm
Tel: Naomi on 07734 791608

LONG EATON

United Reformed Church (Nr ASDA)
Tuesday 9:30 & 11:30am
Thursday 5:00 & 7:00pm
Tel: Sue on 07903378552

LONG EATON

United Reformed Church
(Near ASDA)
Tuesday 9:30 & 11:30am
Thursday 5:00 & 7:00pm
Tel: Sue on 07903378552

Moorlands Club
295 Curzon Street
Thursday 5:30 & 7:30pm
Tel: Judith on 07711 043213

Sawley All Saints Church
561 Tamworth Road
Tuesday 7:00pm
Tel: Judith on 07711 043213

RUDDINGTON

Jubilee Clubhouse
Loughborough Road
Monday 5pm & 7pm
Tel: Wendy 07870 830097

STAPLEFORD

The Haven
Wadsworth Road
Next to Wadsworth Fields
Primary School
Monday 9:15am
Tel: Dawn on 07872 648833

St. Helens Church Hall
Frederick Road
Monday 5:30 & 7:30pm
Tel: Dawn on 07872 648833

WEST BRIDGFORD

Gresham Sports Pavilion
Gresham Park Road
Off Wilford Lane
Monday 7:00pm
Tel: Gillian on 07463856253

Edwalton Golf Club
Wellin Lane
Tuesday 7:00pm
Tel: Sacha on 01159287316

Gresham Sports Pavilion
Gresham Park Road
Off Wilford Lane
Wednesday 7:00pm
Tel: Shirley on 07946727077

West Park Sports Pavilion
Loughborough Road
Thursday 5:00 & 7:00pm
Friday 8:00 & 9:30am
Tel: Athena on 07792 045221

The Rugby Club
Stamford Road
Saturday 8:00 & 10:00am
Tel: Naomi on 07734 791608

slimmingworld.co.uk

0344 897 8000



Slimming
WORLD
touching hearts, changing lives



ROYAL AIR FORCE
2503 (County of Lincoln) Squadron
Based at RAF Waddington
ROYAL AIR FORCE
REGIMENT RESERVES
RECRUITING NOW

You can serve with the RAF Reserves along side your full time civilian career

- Join age 18 to 54
- Minimum 27 days annually
- Many companies give an extra 10 days leave for Reserve Service
- Daily rates of pay for work and training
- Annual Tax Free Bounty (incremental)
- Work alongside the Regular RAF
- Opportunity to travel
- Lifelong learning opportunities
- Sport and Adventure Training opportunities

Apply now at
raf.mod.uk/recruitment
0345 606 9069

[f/rafrecruitment](https://www.facebook.com/rafrecruitment) [@RAF_Recruitment](https://www.instagram.com/RAF_Recruitment)



Omega | windows & doors™

**Manufacturers & installers of
quality UPVC Windows & Doors**



Unit 9, Alfred Street South,
Nottingham NG3 1GE

T: **07771 567812**

E: **tmfraser1966@hotmail.com**



Conservatories
Patios & Bi-Folds
Soffits & Fascias
Small Building Works
Orangeries

**Specialising in flush
facing sash windows**



University Lecturers Embrace Volunteering



Two university lecturers and one final year student from Nottingham Trent University have joined forces to lead a youth group. Adult volunteers Second Lieutenant Dr Maria Kontogianni, a Principal Lecturer in Psychology, Potential Instructor Dr Sally Andrews, a Senior Lecturer in Psychology, and Sergeant Courtney Edwards, a final year Psychol-

ogy student are all members of Nottingham Army Cadet Force's (ACF) Nottingham Academy detachment in Sneinton, and decided to use their spare time to make a positive difference to young people in their community. Maria originally joined Nottinghamshire ACF four years ago initially volunteering in Carlton before moving over to the unit in

people reach their potential. She said: "At the University we are keen to provide opportunities to succeed for students who come from all different backgrounds. However, there is an imbalance in attainment and subsequent prospects for some young people that begins long before they get to university or join the world of work, so when I heard about the ACF and its aims and

Sneinton, where she is now Detachment Commander. Maria explained: "Although I am in a university role now, I was previously an unruly child so decided that by volunteering in my community I could help to mentor local young people and encourage them to achieve their goals both in and out of the Cadet Force."

"Joining the youth organisation has changed my life for the better as it is immensely rewarding and has given the other adult volunteers and I the chance to gain valuable leadership skills and achieve First Aid qualifications we can also use in our civilian lives." Sally joined the ACF a few months ago because she wanted to help young

impacts on young people's lives, I was sold. It's not all about the military; it's about giving young

people skills, qualifications, and the opportunities to succeed." To find out more about joining

Nottinghamshire ACF as a cadet or adult volunteer visit www.army-cadets.com or call 0115 983 7645.

Selston Timber Nottingham 01773 861158

OFFERS on Cladding, Tongue and Groove in whole 2.4m **£2.50** each
MDF Skirtboards in whole 3.6m **£5.00** each

Decking

3 metre decking - **£5.00** each

3.6 metre decking - **£6.00** each

4.2 metre decking - **£7.00** each

4.8 metre decking - **£8.00** each

4x2 3.6 metre **£6.00** spars

4x2 4.8 metre **£8.00** spars

Dealers in new timber, a big variety in stock, fence panels, sleepers, concrete post, gravel boards, patio slabs, plywood and much more.

Reclaimed Chipboard approximately 2ft x 8ft dry and cleaned special offer **£2.00** each

NO VAT TO PAY

World's Biggest Coffee Morning

Friday 29th September

FROM 10.30AM | ACER COURT CARE HOME

Come and catch up over a cuppa and enjoy some gorgeous treats!
Help make sure no one has to face cancer alone!

In aid of
Macmillan
Cancer Support

**WE ARE
MACMILLAN.**
CANCER SUPPORT

f For full event details please visit facebook.com/AcerCourtCareHome



Acer Court Care Home
172 Nottingham Road | Nuthall
Nottingham | NG8 6AX
Call 0115 8956046 or Search 'Acer Court Care'



A Fabulous Five-Day Event

Market Place brings the Continental Market back to Leicester City Centre this September for a fabulous five-day event. Gallowtree and Humberstone will once again become a bustling market place this September as almost 50 traders from around the world set up stall for 5 days offering city centre visitors the opportunity to enjoy the fabulous flavours of the continent and to shop the unique arts and crafts of the

world. The market will run from Wednesday 27 September to Sunday 01 October, opening 9am until 6pm Wednesday to Saturday and 10am until 5pm on Sunday. As the cold autumn weather creeps in come warm yourself with the fabulous fresh hot street foods that will be on offer. You will be spoilt for choice as you walk through the market and the aromas of the world will tempt you to try. Take your pick from

French, Spanish, German, Italian, Greek, Moroccan, and from a little further afield Indian, Jamaican and Thai foods...good luck choosing! Don't forget to leave a little room though for all the sweet treats, we guarantee you will not be able to resist. If you're looking for a special gift or just want to treat yourself spend time looking around the arts, crafts and jewellery stalls. See what you can discover and enjoy talk-

ing to the friendly traders who are more than happy to talk about their products and interest you with their stories. Green fingered shoppers will not be disappointed either as the market will include the popular Dutch plant seller with his wonderful array of shrubs, plants, trees and bulbs. With all this coming to your city why not come join us for a fantastic shopping experience. See you there.



News in Brief

Council Dog Service Wins RSPCA Award Hat-Trick

Mansfield District Council's Dog Control Service has achieved a 2017 Gold Stray Dog Footprint Award from animal welfare charity, the RSPCA, for the third year in a row.

This prestigious award ensures that all stray dogs are treated humanely and safely while under the care of the council.

Since micro-chipping was made a legal requirement for all dogs last year, the number of stray dogs picked up in the district has decreased from 547 in 2015/16 to 460 in 2016/17.

The percentage of identifiable stray dogs picked up has improved since micro-chipping was made a legal requirement, from 61% in 2015/16 to 64.5% in 2016/17.

And the number of dogs reunited with their owners after being picked up by the council has also improved. In 2015/16, 74% of dogs picked up by the council were reunited with their owners and in 2016/17, this had risen to 78.75%.

The majority of those dogs were pets who were picked up by the Dog Control Officer, scanned for a micro-chip, identified and returned directly to the owners without having to enter kennels. Where this happens, there is no fee for returning a stray to their owners - providing their pets are not recorded by the council as being regularly picked up as a stray. Efforts by the council to reunite stray dogs with their owners and find homes for unclaimed dogs has included an increasingly popular Facebook campaign. The council's Facebook page publishes photographs of missing and abandoned dogs which have achieved a staggering 950,852 views over the past year - up from 778,629 the previous year. Cllr Bill Drewett, Portfolio Holder for Safer Communities at Mansfield District Council, said: "Well done to the Dog Control Service for their 'hat-trick' in offering a golden service to our four-legged customers who have gone walkabout rather than walkies.

"And what an amazing response from the public in trying to help reunite these lost pets on Facebook! It is proving a really popular tool and, along with micro-chipping, is helping both to bring down the number of strays and increase the number of lost dogs reunited with their owners."

If you find a stray dog, try to secure it and contact the Dog Control Service on 01623 463189 (01623 463050 out of hours) or email dogcontrol@mansfield.gov.uk.

News in Brief



STAPLEFORD PARK



LATE
AVAILABILITY
AND
OUTSIDE
CATERING
PACKAGES
AVAILABLE

Weddings at Stapleford Park 2017/18

PACKAGES FROM £7,997.00*

* BASED ON 80 GUESTS

FOR FURTHER INFORMATION:
call 01572 787 016 or email weddings@stapleford.co.uk

Stapleford Park, Stapleford, Nr. Melton Mowbray, Leicestershire, LE14 2EF
Telephone: +44 (0) 1572 787000 | Fax: +44 (0) 1572 787001
Email: sales@stapleford.co.uk | www.staplefordpark.com

HOLDING A LOCAL EVENT?

CALL 01159 314380

RED CARPET GLITZ COMES TO NOTTINGHAM

Enjoy the glitz and glam of the red carpet as the opening night of the 61st BFI London Film Festival in partnership with American Express® comes to Nottingham

For one night only on Wednesday 4 October, the London Film Festival will be coming to Nottingham with a live stream of the red carpet followed by the European premiere of Andy Serkis' directorial debut, BREATHE.

Based on the true story of Rob-

in Cavendish, BREATHE is a heart-warming and highly emotional celebration of bravery and human possibility which at its heart, it is a love story about living every breath as though it's your last. The film stars Andrew Garfield (Hacksaw Ridge) as Cavendish and Claire Foy (The Crown) as his wife Diana.

BREATHE will receive its European premiere on Wednesday 4 October at the Odeon Leicester Square, but thanks to headline

sponsor American Express®, it will be simultaneously streamed live into cinemas in 28 participating regional cinemas.

The screening will take place on 4 October at Cineworld, The Cornerhouse, 29 Forman St, Nottingham NG1 4AA at 7.30pm and is free of charge. To get closer to the action and be one of the first to see this truly inspirational film then head to www.seeitfirst.com/Amex2017 now to register for tickets.



Chesterfield Auctions

Chattels and Fine Art Auctioneers and Valuers

ITEMS NOW BEING ACCEPTED FOR OUR AUTUMN/WINTER 2017 SALES

Full or part House & Estate Clearances

Probate valuations on request

Whether you are downsizing, moving, clearing the loft or clearing a deceased estate we can help.

Coins, Stamps, Watches, Gold & Silver Jewellery, Pottery, Porcelain, Oil Paintings, Watercolours, Small Furniture pieces, Vintage toys, Teddies, War medals, Sporting memorabilia, Musical instruments, Music boxes, Oriental items, costume jewellery, Bronzes, Taxidermy, silver wares, etc.

If you think you have any items of interest please give us a ring



We can provide full/part house clearances services at reasonable rates. Valuations on items for probate or insurance purposes on request. For a full comprehensive quotation on any of the above please give us a call. Our friendly staff will be happy to help.

Free valuation days in Chesterfield last Friday of every month at Chesterfield Antique Centre 7 Park rd S402LL. For any further information please ring or visit our website for details.

Tel :01246236155 / Mob 07792666469

www.chesterfield-auctions.co.uk

OPENING TIMES
Tues - Fri
10am - 5pm
Sat 10am - 4pm
Sun - Mon closed



T: 0115 849 9909

A: 121 Queens Road, Beeston, NG9 2FE (opposite Subway and KFC)

E: info@fireplaceandstoveshop.co.uk

W: www.fireplaceandstoveshop.co.uk

Find for us on Facebook

the
fireplace & stove
shop

We've hand pick the finest range of fireplaces, stoves and accessories from the best suppliers in the country. In our warm, inviting showroom you can come and have a chat in a relaxed environment and we will make sure you find the perfect fireplace whatever your style is.

**Free fuel starter pack worth £100.00
with any Chesney's or Contura full
stove installation**

Visit our showroom today • 4 live stove displays
Over 50 products on display • Friendly advice and service
Ask about our professional and reliable full installation
service - what we quote is what you pay!

Contura



Nordpeis

CHESNEYS
FIRESIDE

eco-ideal





'An Entertainment Phenomenon.'

Daily Telegraph



The acclaimed **National Theatre** production

WarHorse

Based on the beloved novel by Michael Morpurgo • Adapted by Nick Stafford
In association with the award-winning Handspring Puppet Company

Wed 14 Mar – Sat 7 Apr 2018

0115 989 5555 | trch.co.uk

warhorseonstage.com

 Supported using public funding by
**ARTS COUNCIL
ENGLAND**

**THEATRE
ROYAL** **ROYAL
CONCERT
HALL**



Ahead of War Horse's first trip to Nottingham, author Michael Morpurgo reflects on the play's phenomenal success.

In September 2013, Joey the War Horse came back to where he was born, the tiny village of Idlesleigh in Devonshire. The town band played for him, the bunting was out, and people from all over Devon came to welcome him home. Joey loved every minute of it, tossing his head, rearing up and neighing, relishing the adoration. But I could see he was longing to break free to gallop over the fields where he grew up, before he was trained as a farm horse, before he was sold away to the army in 1914.

War Horse was first conceived in a pub in Idlesleigh in 1980, after a conversation with an old soldier from the First World War, Wilf Ellis, who told me how it was to find himself as a young man in the trenches of Flanders. He spoke as

if he was seeing it all again, as if he recalled the faces of friend and foe alike. Other old men in the village, Captain Budgett, a cavalryman, and Albert Weeks, told me more. The more I heard, the more I felt that any story I wrote about this war had to be written not from a British perspective, or a French, German or Belgian one. It had to be the story of the suffering and grieving on all sides, military and civilian too.

Then 25 years later Tom Morris, an Associate Director at The National Theatre rings me saying he'd like to make a play of War Horse, with puppets! Absurd, I thought, but it's the National Theatre, for goodness sake. Maybe they know what they're doing. Then they showed me the work of Handspring Puppet Company. I heard the music of John Tams and Adrian Sutton, saw the set design of Rae Smith, read the scripts, saw the rehearsals. Yes, they did

know what they were doing.

The play garnered awards by the dozen – unlike the book! And it's now going on tour to places from which young men left to go to war, so many of them never to return. Their descendants will see a play that has been called 'the greatest anthem to peace' ever performed.

The last of the old soldiers are now gone. There are fewer every year who knew and loved them. The hurt and anger, the grieving and the guilt is passing. In their place is a growing respect between the nations, and a determination to forge reconciliation and understanding. If War Horse can play a part in this new beginning, then I shall be a happy man.

Michael Morpurgo, August 2017. War Horse comes to the Royal Concert Hall, Nottingham from Wednesday 14 March – Saturday 7 April 2018. Visit trch.co.uk for more information.

Erewash Musical Society presents

The worldwide copyrights in the music of George and Ira Gershwin for this presentation are licensed by the Gershwin Family. GERSHWIN is a registered trademark and service mark of Gershwin Enterprises. CRAZY FOR YOU is a registered trademark and service mark of CRAZY FOR YOU Enterprises.

CRAZY FOR YOU

The GERSHWIN Musical Comedy

Music & Lyrics by George Gershwin and Ira Gershwin
Book by Ken Ludwig
Co-Conception by Ken Ludwig and Mike Ockrent
Inspired by Material by Guy Bolton and John McGowan
Original Production on Broadway by Roger Horchow and Elizabeth Williams

Tuesday 3rd - Saturday 7th October 2017
7:30pm and Sat Matinee 2:30pm
Duchess Theatre, Long Eaton

Tickets available from www.erewashmusicalsociety.co.uk
or call the box office **0115 882 3884**

IF
YOU
WOULD
LIKE
TO
FEATURE
ON THIS
PAGE
PLEASE
CALL
US
01159
313879

CoachStyle

part of the Skills Group

OUT NOW 2018 SUMMER BROCHURE
CALL 08456 66 55 44* OR VISIT WWW.SKILLS.CO.UK



MYSTERY EXPLORER TOURS - 2 DAYS

INCLUDES: 1 nt DBB in Hotel + 99p bar offers at hotel + Excursions to two different destinations
FROM S/SUP £15 **£59.95**

LONDON & GREENWICH - 2 DAYS

INCLUDES: 1 nt DBB in 3* Hotel + Free time in London & Greenwich
FROM S/SUP £15 **£74.95**

PARTY NIGHT - NEWCASTLE & DURHAM - 2 DAYS

INCLUDES: 1 nt DBB in 3* Hotel + Disco & Party Night + Free time in Newcastle & Durham
FROM S/SUP CALL **£69.95**

LONDON THEATRE BREAK - 2 DAYS

INCLUDES: 1 nt DBB in Hotel + Matinee performance of chosen show + Free time in London + Optional extras
FROM S/SUP £15 **£119**

LEGOLAND & WINDSOR - 2 DAYS

INCLUDES: 1 nt DBB in 3* Hotel + Admission into Legoland + Free time in Windsor
FROM S/SUP £17.50 **£99.95**

EASTBOURNE - 5 DAYS

INCLUDES: 4 nts DBB in 3* Hotel + Excursions to Brighton, Worthing, Lewes + Free time in Eastbourne
FROM S/SUP CALL **£219.95**

MURDER MYSTERY - 2 DAYS

INCLUDES: 1 nt DBB in 3* Hotel + Themed entertainment at hotel + Excursions to Cardiff & Gloucester
FROM S/SUP £5 **£84.95**

EMMERDALE, BRONTE COUNTRY & SKIPTON - 2 DAYS

INCLUDES: 1 nt DBB in 3* Hotel + Excursion to Skipton on Market Day + Free time in Otley & Haworth
FROM S/SUP CALL **£75.95**

SCARBOROUGH: TURKEY & TINSEL - 5 DAYS

INCLUDES: 4 nts DBB in Hotel + Welcome drinks + Entertainment + Visits to Whitby, Goathland & Robin Hood's Bay
FROM S/SUP CALL **£229**

LONDON & BLUEWATER SHOPPING CENTRE - 2 DAYS

INCLUDES: 1 nt DBB in 3* Hotel + Excursions to London & Bluewater shopping centre
FROM S/SUP £20 **£69**

PARTY NIGHT: DURHAM & YORK - 2 DAYS

INCLUDES: 1 nt DBB in 3* Hotel + Disco & entertainment at hotel + Excursion to Durham & York
FROM S/SUP CALL **£75**

3-DAY FESTIVE BARGAIN BREAK: NORTH WALES - 3 DAYS

INCLUDES: 2 nts DBB in Hotel + Xmas party night in hotel + Visits to Shrewsbury + Scenic drive
FROM S/SUP CALL **£129**

DEALS ON WHEELS: DUTY FREE SHOPPER - 2 DAYS

INCLUDES: Return ferry sailing + 1 nt DBB in Hotel + Excursion to a French hypermarket
FROM S/SUP £20 **£89**

CALL US ON 08456 66 55 44* VISIT US AT WWW.COACHSTYLE.CO.UK

* (Calls cost 3p per minute plus your network provider's standard access charge)
Subject to availability and selected coach holiday only and terms & conditions apply. For tours operated by Skills Holidays, CoachStyle, Skills Days Out visit www.skills.co.uk for full Terms & Conditions. For tours operated by Laver Holidays visit www.laverholidays.co.uk for full Terms & conditions. Prices are per person based on 2 people sharing a twin room and are subject to availability. NIL single room supplements are limited. All credit card transactions are subject to a 2.75% charge.

Learn H.O.W. To At Hall Om Wong

COSMO NOTTINGHAM'S ULTIMATE WORLD BUFFET

Are you over 60?
SENIORS EXCLUSIVE
15% OFF
FOOD + A FREE HOT DRINK*

BOOK NOW: 0115 950 7755

www.cosmo-restaurants.co.uk www.facebook.com/CosmoNottingham

*Monday - Friday only (Please see our website for terms and conditions). 10% may be asked for.



Bats, Hedgehogs and more were out at Hall Om Wong on 14th September when around 150 local people came to join their nocturnal friends for a special free 'How To' family event at Hall Om Wong, Eastwood Road, Kimberley.

Mayor of Broxtowe, Councillor Halimah Khaled MBE, opened the event alongside experts who were on hand to shed some light on the habits of these nocturnal creatures. She said, "I am very proud that we are committed to improving biodiversity and making nature more accessible for everyone. The event was a great success and I hope everyone had fun."

As well as learning how to make a bird box and spotting any bats that were around, visitors to the event were also able to watch professional sculptor Peter Leadbeater as he worked on a tree sculpture which he carved into an oak trunk at the entrance to the park.

Children were able to make a pine cone hedgehog to take home as well as see Sparkle, the friendly rescued hedgehog. Clay creatures, bird feeders and a woodland trail also featured.

The carving work was funded by Broxtowe Borough Council's construction partner United Living.

The event was organised by Broxtowe Borough Council in partnership with the Greenwood Community Forest Team and follows visits to the site by Giltbrook Primary School earlier in the year to plant bulbs, hang bird feeders and help site bird boxes made at school.

For more information, please contact Broxtowe Borough Council on 0115 917 3507, email chris.riley@broxtowe.gov.uk or visit www.broxtowe.gov.uk.



RECEIVE £300 WINTER DISCOUNT ON A NEW BOILER**

- Your local company
- Over 25 years' experience
- Worcester Accredited Diamond Installer
- Which? Trusted Trader Winners
- 10 Year guarantee*
- Finance options† available

The local boiler company you can trust...

Call 0303 031 0001 or visit our website at 2red.co.uk



* T&Cs apply. †Subject to status - please contact 2 RED for more details.

** To qualify for discount, order to be placed by 31st October 2017 and boilers fitted by 2 RED Ltd.

Education & Training

Time to Learn Something New

Starting at a new school is a daunting and exciting time, which is why the school selection process so important. The learning, fun and social opportunities that school provides give us the basic skills we need for the world of work and beyond – so picking a place where your child can thrive is crucial.

There is a saying that the days spent in school are the best days of your life, so choosing somewhere that will suit your child will help them to create many happy memories at school. When selecting a school, whether at the nursery, primary or secondary school stage, it is important to consider a range of things before making your final decision.

It's important to remember that when choosing your first school you are not only selecting it for your oldest child, but the whole family (unless you plan to do separate drop-offs on the school run). Because of this, it is important to think about what kind of learning environment your children would thrive in to make the best decision for everyone. Consider how each of your children learn and select a school that will use this to their advantage. Would they prefer to participate in an interactive environment or benefit more from orderly classrooms with a regimented routine?

Be realistic with your choices. What is your catchment area? Is the school within a practical commute? What are the lunch options and how much do school meals cost? What are the rules regarding uniform? How much time

is expected to be spent on homework? Are there many opportunities to participate in activities outside of school?

These are all questions to ask and costs to consider before making any final decisions.

The important thing to remember is that school is a place where your child will spend some of their best years. If you have any questions about the application process, open days or school policies, you can find more information and contact details throughout our education and training section.

LEADING THE WAY, SHAPING THE FUTURE

Children 1st

Come And See Our Outstanding Nurseries!

Children 1st Day Nurseries provide the highest quality of care and exciting new learning opportunities for babies and young children, helping them to make the best start in life.

We offer **30 HOURS FUNDED CHILDCARE** for 3 and 4 year olds and **FREE REGISTRATION** at our two Ofsted Outstanding Newark day nurseries* and our flexible sessions are designed to help you make the most of your precious family time."

If you would like to book your nursery visit please call **0800 452 1052** or visit our website for further information.

Children 1st at Newark 'Outstanding in All Areas' - Ofsted
Muskham Road, Newark, Nottingham NG24 1DP

Children 1st at Newark Town 'Outstanding in All Areas' - Ofsted
Martin Foster House, Applefongate, Newark NG24 1JY

www.children1stdaynurseries.com

*Free places subject to availability and eligibility

Education & Training

YOUR COMPLETE TRAINING SOLUTION.

CONSTRUCTION TRAINING ACADEMY

JUST A FEW OF THE CONSTRUCTION OCCUPATIONAL SECTORS IN WHICH WE EXCEL...

- PLANT OPERATIONS
- SPECIALIST LIFTING & INSTALLATION
- PILING
- PASSIVE FIRE PROTECTION
- TUNNELING & MINING
- SUPERVISORY & MANAGEMENT
- WASTE & RECYCLING
- BITUMINOUS PAVING
- FORMWORK & STEEL FIXING

Delivering innovative programmes designed to nurture, enhance and develop all learners alike...

CTA
CONSTRUCTION
TRAINING ACADEMY

Construction Training Academy deliver training and assessments to a wide range of established construction and civil engineering companies, as well as individual construction operatives.



UNIT 14 • WEST STOCKWITH BUSINESS PARK • STOCKWITH ROAD • DONCASTER • DN10 4ES

RECEIVE TRAINING ON NEW, UP TO DATE PLANT MACHINERY - SUPPLIED DIRECTLY FROM T.C HARRISON JCB



WWW.CTA.CONSTRUCTION

0333 2027170

CHANGE YOUR FUTURE



Is your teenager 16 or 17 years-old? NCS is a once-in-a-lifetime opportunity for them to take part in exciting adventure activities, brush up on important teamwork, leadership and communication skills and meet new people this October half term. Help them get the confidence and skills they need to succeed in work and life. Costs a maximum of £50; support available.

Book now at NCSINGEUS.CO.UK or call 0121 386 6910

Education & Training

A PRACTICAL WAY TO LEARN

Leaving school is a very stressful stage. The truth is, you have so many important decisions to make in such a short space of time. You still want to study and expand your learning, yet the temptation to start working and become independent is overwhelming, so why not do both?

With the amount of different careers to choose from, it can be difficult to select something that's right for you straight after finishing school. Why not throw yourself into the world of work whilst still studying by doing an apprenticeship? Doing an apprenticeship means you still acquire an advanced level of qualification like you do at university or college since

you're still learning, just in a more practical environment. Usually on apprenticeship courses, certain amounts of time are dedicated to completing assignments, in order to track your progress with the company; however each company differs in how they like to assess their apprentices.

As you are immersed into the working world you will appreciate all the benefits of a real life working environment, including the relationships with your colleagues, sense of responsibility and of course, the satisfaction of earning money.

You will then adapt new skills such as punctuality, responsibility and financial

budgeting, meaning you gain experience and improve your chances at obtaining different jobs in the future. The working environment will also provide you with opportunities to excel and advance within the company, and even gain a full time job once your apprenticeship has concluded.

Turn your favourite subject or childhood dream into your career by practising your newly developed skills to enjoy your job even more. Select your course based on something you love and you know will continue to interest and drive you throughout the process. The last thing you want to do is be bored of your course a couple of months in, leaving you in an unhappy and stressful position. During an apprenticeship, you will be greeted with every aspect of working life whilst being able to complete your qualification, transforming your interests into a career.

There are so many benefits of choosing an apprenticeship, so what are you waiting for? Research the courses on offer through a range of training providers, who will help you to take the next step on your educational journey. Don't fret if your apprenticeship seems demanding, as the skills you gain in reward will be a huge advantage for both university and job placements, making you a more skilled and desirable employee.

LINCOLNSHIRE & COUNTIES TRAINING SOLUTIONS

Training courses for businesses & individuals

At Lincolnshire & Counties Training Solutions (LACTS) we provide training courses for organisations both large and small across a wide range of sectors, including Health Trusts, Local Authorities, Education, Business and Industry.

ON-SITE TUTOR-LED LEARNING

We provide tutor-led training courses that are usually delivered at your business premises. This can ensure the most cost-effective use of your personnel's time.

BESPOKE TRAINING SOLUTIONS

LACTS can deliver bespoke training solutions tailored to meet your organisation's specific needs. LACTS will work with you to develop custom health and safety training courses.

BUSINESS TRAINING COURSES

Our training courses are tutor-led with each tutor having a wealth of knowledge within the course subject. We understand that each company is different as a result we offer bespoke services.

We are happy to help you with any enquires regarding training. Please email or call **07775877057** to discuss training course requirements.

www.lacts.co.uk | admin@lacts.co.uk



Friesland^{SCHOOL} Sixth Form OPEN EVENING

Thursday 12th October 2017
6.00pm - 8.00pm
 Nursery Avenue, Sandiacre,
 Nottingham NG10 5AF
 Telephone: 0115 939 7326
www.frieslandschool.com

Abbotsholme School

www.abbotsholme.co.uk

OPEN DAY
SATURDAY
30th SEPTEMBER

10.00-14.00
Book now and join
us for tours,
activities and lunch



Because happy children succeed...

01889 594265
enquiries@abbotsholme.co.uk
 Rocester, Uttoxeter ST14 5BS

WORLD'S BIGGEST COFFEE MORNING?

Macmillan Cancer Support's much-loved World's Biggest Coffee Morning will be returning to homes, workplaces, communities and schools across the country - for its 27th year - this Friday 29 September 2017.

Nottinghamshire In Focus is teaming up with The Bluebird Café, located on 69 Main St, Burton Joyce, Nottingham, to combine money raised from the Bluebird Coffee Morning and contributions from advertisements on this page to raise a combined donation for Macmillan.

This Friday 29 September, The Bluebird Café is inviting you to come along for a nibble and a natter as part of the World's Biggest Coffee Morning, because every cup of tea and slice of cake helps to make a huge difference to people facing cancer.

Macmillan raised a total of £29.5 million in 2016, and this year's event aims to raise even more vital money for people affected by cancer, so put the kettle on and listen up! This year the total raised by Coffee Morning aims to pass the £200 mil-

Dawn Cragg MBE
MAKE-UP ARTIST, INTERNATIONAL TRAINER AND EXPERT WITNESS

TRAIN WITH DAWN
At last! A custom designed course offering intensive practical instruction structured to the personal needs of the individual students is offered by Dawn. Train with a professional make-up artist, and the most experienced and respected tutor of Micropigmentation.

IN PERMANENT MAKE-UP
BEFORE AFTER

Office: 01777 860500
Mobile: 07875 498145
dawn@dawncragg.net
www.dawncragg.net

Dawn specialises in post mastectomy & breast surgery

UPCOMING EVENTS IN 2017

at **Woodys Bar & Lakeview Restaurant**

NORTHERN SOUL
KEEP THE FAITH

Northern Soul Nights
Sat 30th Sept • Fri 27th Oct
ALL FREE ENTRY

BIKE NIGHT EVERY MONDAY

STEAK NIGHT EVERY WEDNESDAY

Woodys Bar & Lakeview Restaurant
Willoughby Rd, Ancaster, Grantham NG32 3RT
01400 230552 • www.woodysbar.co.uk

KEY BUILDING SUPPLIES LTD
Tel: 01623 861735
keybuildingsupplies@hotmail.co.uk
www.keybuildingsuppliesltd.com

Brick cutting service, also brick slips & arches: www.keybrickcutting.com

WINTER IS COMING BE PREPARED
We stock HEATER GAS, BUTANE, HOUSE COAL, SMOKELESS FUEL GAS, LOGS - DRY SPILT LOGS, BULK BAGS & NETS, KINDLING, ROCK SALT, PARAFFIN, SNOW SHOVELS & FIRE ACCESSORIES. CRANE & TIPPER LORRIES AVAILABLE FOR DELIVERIES

Come and have a look around our on-site shop, it's now fully stocked with everything you could need. Our ranges are plumbing and electrical fittings, building additives and adhesives such as silicone, no nails and sealants. Screws, nails and fixings, tools, paints, stains and varnish, PPE and work wear. We are very competitively priced & offer advice and estimates free of charge...

ROAD C, BOUGHTON INDUSTRIAL ESTATE, BOUGHTON, NEWARK, NOTTS, NG22 9LD.

Mr Amar Alwetry
Keen to shorten the wait for your cataract surgery or have your eye condition treated without waits or cancellations?

Satisfied with a standard treatment and lens or keen to explore the options of premium vision with bespoke intra-ocular lenses?

Seeing Private Patients at Circle Nottingham, Nottingham Woodthorpe Hospital, and the New Spire Nottingham.

All Ophthalmology conditions cared for in addition to Cataract and Premium Lens Surgery.

Call: 0115 7722058 / 0116 4422081 for information. Or call Circle Private Patients on 0115 924 8446. Email: info@mids-eyecare.co.uk For appointments call Woodthorpe

Speed Things Up By Paying For Your Own Treatment At Woodthorpe Hospital

Fast access to first class care

Pay for treatments including:

- Hip and Knee Surgery
- Eye Surgery
- Hernia Surgery
- Spine and Neck Surgery
- Cosmetic Surgery
- Hand and Wrist Surgery
- Physiotherapy
- Vascular Surgery

Call us on: **0115 6848 929**

To book an appointment or find out more about our self pay treatments and prices or visit www.woodthorpehospital.co.uk

Woodthorpe Hospital

EVERY SLICE FILLS ME UP

WORLD'S BIGGEST COFFEE MORNING
LET'S MAKE IT THE BIGGEST EVER
WE ARE MACMILLAN. CANCER SUPPORT

NEW COURSES
STARTING OCTOBER 2017

Spanish & English courses
Private tuition
Spanish for kids

Guarantee your place and book now!
WWW.LANGUAGE TUITION NOTTINGHAM.CO.UK
INFO@LANGUAGE TUITION NOTTINGHAM.CO.UK

SMYTHSON'S
DELI | COFFEE | CAFE BAR

Smythson's is an independent coffee shop located near Nottingham's Wollaton Hall Park

Picnic Baskets/Hampers
Afternoon Teas
Cherry Tree Jams
Kandula Teas
Coffee with a difference
Homemade and Indulgent Cakes

361 Derby Road, Nottingham NG7 2DZ
Phone: 07470376107 | www.smythsonscfe.co.uk

BENCHMARX
Kitchens and Joinery

DIG BANG!
DEALS FOR THE TRADE

NOW ON

We are holding a coffee morning for Macmillan on 29th september.

Join us for coffee, cakes and raffle!

CALL US ON 0115 986 9725
GATESIDE ROAD • QUEEN'S DRIVE
INDUSTRIAL EST • NOTTINGHAM • NG2 1LT
www.benchmarkkitchens.co.uk

Silverdale
OF NOTTINGHAM

Silverdale cater for all types of coach hire ranging from Day Trips, Club Outings, Airport Transfers, Conference/Corporate Travel to School Hire and UK/European Coach Hire. Please call for a no obligation competitive quote.

CALL 0115 9121000

Newark Plumbing & Heating Supplies Ltd.

EVERYTHING FOR YOUR DREAM BATHROOM

NEW BATHROOM SHOWROOM AND TRADE COUNTER

Vast ranges to suit every budget. Sanitaryware, wetrooms, showers, bathroom furniture, taps. Everything you need for your beautiful bathroom, ensuite or shower room. Underfloor heating, unvented hot water cylinders, renewable energy, boilers, radiators.

01636 611968

Coming lines: Mon to Fri 7.30am - 5.30pm, Sat 9.00am - 12.00pm

TRADE AND PUBLIC WELCOME
Unit 25, Newark Business Park, Brunel Drive, Newark NG24 2EQ
Find us on Facebook and www.newarkplumbingsupplies.co.uk

WE ARE MACMILLAN. CANCER SUPPORT

LET'S MAKE IT THE BIGGEST EVER

WORLD'S BIGGEST COFFEE MORNING

FIFTEENTH NEWARK VINTAGE TRACTOR & HERITAGE SHOW

On 11 and 12 November, the largest UK show of its kind will be held at Newark Showground.

This family-friendly event attracts crowds not just for the hundreds of lovingly restored vintage machines on show but also for the wide variety of trade stands, entertaining demonstrations and educational displays of all things agricultural. In addition to the rare and vintage tractors and horticultural equipment, there is entertainment for the whole family, with 'war horse' enactment displays and rides around the show on the tractor driven barrel-train, always a big hit with the children.

Entries are coming in at a steady rate and the show is aiming to feature a tractor from every year of the 100 years of Fordson and Ford manufacture, which will include more recent models under the flag of New Holland.

Collections of vintage machines will be on display inside and outdoors on Newark Showground and visitors are encouraged to bring their questions to the expert enthusiasts, located on the various tractor club stands. As well as the nostalgic sight of the vintage machinery, there will be a collection of Rare and Native Breeds on display to both educate and inform the visitor. Located in the John Eastwood Buildings, ponies, sheep, goats and cattle will provide a unique glimpse into

There's
something
for everyone!

Explore over 200 trade
stands, Rare & Native
Breeds, Heritage displays,
craft stalls and gifts



If you are interested in sponsoring any aspect of this year's show, please contact the show team, tractor@newarkshowground.com or see the website for further details.

the UK's farming heritage that has shaped our island. We are delighted to welcome the return of members of the Rare Breeds Survival Trust: children will be able to try their hand at 'showing a sheep' – with prize rosettes on offer, and there will be demonstrations of hand spinning, wood carving and wood turning with items for sale, stick-making, and photography alongside displays of dairy equipment, a Shepherd's Hut, and horse drawn ploughs from bygone days. The show attracts a wide variety of indoor and outdoor trade stands offering opportunities to shop for products from country wear clothing, crafts and gifts, footwear, original paintings and prints, to sweet and savoury snacks, as well as items that will appeal to agricultural machinery enthusiasts. The website, www.newarkvintagetractorshow.com is regularly updated as is the list of trade stands attending. The Sunday morning Remembrance Service, will again be led by Revd. Dr Alison Milbank of Southwell Minster and the organisers are extremely grateful for this support. The service is held amongst the vintage tractors displayed in the George Stephenson Exhibition Hall and is always well attended. The poignant sound of the lone bugler, John Baigent, signalling the two minutes' silence to remember those lost at war is particularly evocative. Come early to be sure of a seat. There is the usual Brown & Co auction on Saturday and the popular Sort Out returns on Sunday. Everyone is welcome to attend the Saturday Night Do held at 6.30pm in The Cedric Ford. Dinner tickets must be bought in advance and are great value at just £15 each for a two-course dinner with a glass of wine. This year's speaker is the highly entertaining and informative Mark Spencer, local farmer and MP for Sherwood.



BROUGHT TO YOU BY THE .
NOTTINGHAMSHIRE
COUNTY SHOW TEAM
SATURDAY 11 – SUNDAY 12
— NOVEMBER 2017 —

TICKETS
£10 IN ADVANCE
£12 ON THE GATE
CHILDREN
GO FREE



Original condition and vintage machines lovingly restored.
Commercial vehicles, Land Rovers, stationary engines
and horticultural equipment on show.

RURAL CRAFTS

RARE AND NATIVE ANIMAL BREEDS

**TRADE STANDS INCLUDING SPECIALIST PARTS,
HERITAGE CRAFTS, CLOTHING AND GIFTS**

Prize Giving follows our regular Sunday Remembrance Service, held in the George Stephenson Exhibition Hall amongst the vintage tractors, which starts at 10.45am. All welcome.

We are grateful to Southwell Minster for their kind support.



[@TRACTORSHOW](https://twitter.com/TRACTORSHOW) • WWW.NEWARKVINTAGETRACTORSHOW.COM

out and
About

Erewash Musical Society: Crazy for You



The members of Erewash Musical Society are delighted to be performing 'Crazy for You' as their autumn show

This is a truly delightful homage to the optimistic musicals of the 1930's – a world of showgirls and cowboys, in which a city boy and a country girl reconcile their differences, fall in love and save a theatre the old-fashioned way. This musical comedy tells the story of stage-struck Bobby Child who works as a banker for his overbearing

mother, Lottie, but spends his spare time practicing dance routines and sneaking into audition for Zangler's Follies, the most popular show in New York. Unfortunately, Bobby's showbiz career is going nowhere and his fiancée is insisting that he names the date. So when Lottie demands that he investigates a far-away customer who has defaulted on a mortgage, he jumps at the chance to get out of town. Arriving in Deadrock, Nevada, Bobby falls for Polly Baker, the sweet postmistress, whose father happens to own the Gaiety Theatre, which he has been sent to seize. Now love-struck, Bobby comes up with a plan – call in his friends, the Follies Girls, from New York, cast the local men, a bunch of rundown cowboys with latent musical talent, and put on a show to save the old building. Will Bobby's mother find out what he has really been up to? You'll have to wait and see – you'd be Crazy to miss it!

**October
3rd - 7th 2017
Duchess
Theatre, Long
Eaton**

Tickets are available online from www.erewashmusicalsociety.co.uk or call the box office on 0115 8823884. You could also pop down to the theatre on a Saturday morning to buy them in person and have a cup of coffee at the same time (open 10am – noon)

Quick Sale Wanted on 5' Holiday Park Skegness

£7,995

2 bedrooms, sleeps 6
amazing facilities for all ages.
Swimming pools, golf course,
fishing lake, restaurant &
showbar. Great investment
with low site fees.
Payment option available
deposit from 10%

CALL SUSIE

07711 078452

moth-er, Lottie, but spends his spare time practicing dance routines and sneaking into audition for Zangler's Follies, the most popular show in New York. Unfortunately, Bobby's showbiz career is going nowhere and his fiancée is insisting that he names the date. So when Lottie demands that he investigates a far-away customer who has defaulted on a mortgage, he jumps at the chance to get

ROCK gem 'n' bead SHOW



Newark Showground
Cedric Ford Pavilion, Winthorpe,
Notts. (Off A46) NG24 2NY

Sat 30th Sept & Sun 1st Oct

Entrance Fees
Adult £4.50, Seniors £2, Children
(8-16) £1, Under 8's Free
*One Entrance fee covers both
days*

This is a retail event selling
crystals, gemstones, minerals,
fossils, jewellery, beads and
jewellery making equipment.
10am – 5pm Sat & Sun 10am-4pm

Rock and Gem Ltd 07540133627
www.rockngem.co.uk



Annual Open & Rug Sale
Saturday 7th October
Offers across the store

0115 926 8703

Dorket Head Farm

Calverton Road | Arnold | Nottingham | NG5 8PU



Holiday
Homes from
£19,995



Holiday Home Ownership
Right by the waters edge

Super
finance
packages
available!

Enjoy some treasured
family time and
create fantastic
memories in a place
of your own at
Tattershall Lakes.

★ 10 month season

★ 4 fishing lakes

★ Heated indoor pool
with gym & hot tub

★ 9-hole golf course

★ Outdoor adventure
playground

★ Multi-use sports court

★ The Spitfire Bar and Diner

★ The Propeller Bar

★ Park Convenience Store

★ Aqua Park

★ Adventure Golf

★ Midsummer Night
Screen outdoor cinema
experience

★ Exclusive owners events
throughout the year

★ £12 Million of investment
over the last 12 months

Call 01526 348 801 Or visit holidayhomes.awayresorts.co.uk
To arrange your visit 57 Sleaford Road Tattershall, Lincolnshire LN4 4LR

*Finance subject to status written details available on request. Away Resorts Ltd is a licensed credit broker authorised by the Financial Conduct Authority. For more information please ask.

out and
About

From Smoke Filled Bags to High-Tech Hybrids

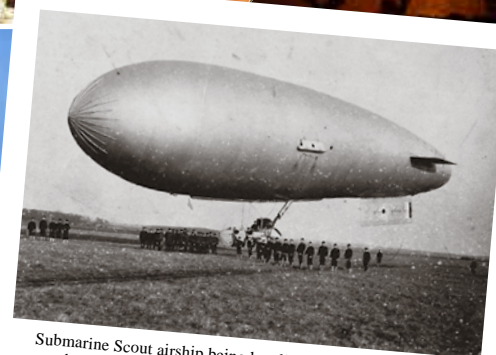
Discover the history of military and civilian balloons and airships in Cranwell Aviation Heritage Museum's latest exhibition due to open at the end of this month

Airlander take off over ground support.
First flight of 2017.
Copyright: Hybrid Air Vehicles



For more information about this exhibition please contact Cranwell Aviation Heritage Museum on 01529 488490 or email cranwellaviation@n-kesteven.gov.uk. For more information about Cranwell Aviation Heritage Museum please visit www.cranwellaviation.co.uk.

For more information about this exhibition please contact Cranwell Aviation Heritage Museum on 01529 488490 or email cranwellaviation@n-kesteven.gov.uk. For more information about Cranwell Aviation Heritage Museum please visit www.cranwellaviation.co.uk.



Submarine Scout airship being handled by US Naval ratings based at Cranwell's Lighter than Air Section, 1918. Supplied by Cranwell Aviation Heritage Museum Archive

Airships over Lincolnshire...Lighter than Air will open to the public on Saturday 30 September giving visitors the chance to explore the various types of airships, both military and commercial, and their contribution to the continuing story of this most serene mode of lighter than air transport. The Royal Naval Air Service Central Training Establishment at Cranwell's early operations included training in ballooning and airships at its Lighter than Air Section. The exhibition includes detail of a selection of those airships. The Central Training Establishment was originally home to naval aviators and subsequently personnel of the newly formed Royal Air Force, at which point the base was renamed RAF Cranwell. "It is hard to imagine the conditions

the early airship crews endured when flying an airship" says Heritage Assistant, Angela Riley. "Their control car would have been exposed to the elements, and the consequences of getting things wrong could be disastrous" The exhibition will also include the history of one of the early airship pioneers, Lieutenant Colonel CM Waterlow and the horrific and fatal accident that befell him in the skies over Cranwell. To bring the story right up to date, the exhibition will also feature 'Airlander', a hybrid airship which today is being developed by Hybrid Air Vehicles, taking to the skies over Bedfordshire. This exhibition is open to the public from Saturday 30 September 2017 to Sunday 25 March 2018. Admission is free.



East Midlands Food Festival 7-8 October

In its 14th year, one of the UK's largest regional food festivals. Around 200 stalls from the East Midlands and beyond including Food Theatre with professional chefs, Entertainment, Kids Food Zone, Street Food with hot dishes from around the world.

A great day out in a rural market town.

www.meltonmowbrayfoodfestival.co.uk

£6

Events are held open at Exhibition Halls, Livestock Market, Melton Mowbray, LE13 1TF Free entry for children under 10. All under-16s, parking for coaches. For Group Discounts and more information call Matthew on 01704 229496 or email matthew@meltonmowbray.co.uk



Situated in 25 acres of rural Leicestershire, Kibworth

Opening Times: Closed Monday Tuesday to Saturday – 9am to 5pm
Sunday 9am – 3pm
Open until 8pm on Thursdays - May to October
Prices: £5.00 for a Member, £10.00 for a non member (stay for an hour, stay for the day)
Airgun Membership starts from £25.00 per year

KIBWORTH Shooting Ground & Gunshop

With a dedicated coaching, 4 airgun ranges and a long 85 yard range with 3 additional under cover ranges we've got all your airgun needs covered.

Open to corporate days, Scout & Young Shot days, stag parties for our air rifle, archery and clay shooting facilities.

New to the sport? Take our introduction into air rifle shooting - a one hour course, including a safety brief and all the equipment you will need.

Only £25 per adult and £20 for juniors.

FXairguns

WALTHER

Daystate

UMAREX

AIR ARMS

ASG

ASG

K.S.O.

COX

RAIKAL

WEIHRACH

BROCK

GAMO

RAIKAL



Kibworth Shooting Ground & Gunshop
Main A6 Harborough Road, Kibworth Beauchamp, Leicestershire, LE8 ORD
Tel: 0116 2796001 Email: info@kibworthshootingground.co.uk
www.kibworthshootingground.co.uk

Yummies Café
offers meals, snacks and
drinks, and our Reception
has a comfortable
seating area.

IF YOU'VE GOT A STORY



editorial@nottsinfocus.co.uk

APPLE FEST

CHILDREN'S ENTERTAINMENT

LIVE MUSIC

PLANT
SALE

ARTS &
CRAFTS
MARKET

APPLE DEMONSTRATIONS
...AND MUCH MORE!

30 SEP & 1 OCT

THE GREEN BRITAIN CENTRE

— £3 ADULT, £1.50 CHILD, £8 FAMILY —

greenbritaincentre.co.uk | 01760 726 100

Turbine Way, Swaffham, Norfolk, PE37 7HT



GreenBritainCentre



@greenbritcentre



TOP EVENTS

 **ageUK**
HORTICULTURAL SHOW
 In association with Boston Allotment Associations
on SATURDAY 30th SEPTEMBER at Johnsons GARDEN CENTRE



FIND US: Johnsons of Boston
 A52, Wainfleet Rd, Boston PE21 9RZ - 01205 363408

£1 per entry LOTS OF CATEGORIES:
 Cakes, Jams, Vegetables, Flowers, Painting & more
 Get entry forms from Johnsons or visit www.ageukbsh.co.uk

BE PART OF IT!
 Get your entry forms in Today!

 **Johnsons**
 GARDEN CENTRE RESTAURANT FINE FOODS STORE

Top Events

Coming up with new ways to keep the family entertained isn't always easy, especially now that the kids are back at school and spare time is limited. But, with the most wonderful time of the year fast approaching, the country is bursting with attractions and events that children of all ages are sure to enjoy if you look hard enough.

Make the most of the season. Whether it's a live show, pantomime or festive market, all the popular venues, public places and historic homes will be hosting a number of activities to get you on your feet and out the door.

There are a number of local museums as well as a few further afield, and they're a great way to combine a fun day out with learning. With museums dedicated to everything from famous writers to crime and punishment, there's sure to be something for every age and interest.

If you prefer something more active, leisure centres, indoor trampoline parks and go-kart tracks are just a few examples of the many ways you can get your heart racing with a new local activity.

Theme parks are another great choice for an unforgettable family day out. At places like Drayton Manor and Alton Towers, you'll find rides to satisfy the biggest of adrenalin junkies, ones designed to cater for the younger family members and everything in-between.

So whether it's a thrilling day testing out some of the country's most extreme rollercoasters, a relaxing family walk in the afternoon sunshine or an educational experience that'll stay with you for years to come, you'll find plenty to keep kids and adults entertained now the colder months are upon us.

But most importantly, you'll get to experience it all together.



Simon Fielder
 Presents
BUDDY HOLLY & THE CRICKETERS

THE SILVER ANNIVERSARY TOUR

Lincoln New Theatre Royal
 Sat 28th October
 7.30pm
 01522 519 999
newtheatreroyal.lincoln.co.uk

Loughborough Town Hall
 Sun 29th October
 7.30pm
 01509 231 914
loughboroughtownhall.co.uk

Buxton Opera House
 Wed 27th September
 7.30pm
 01298 72190
buxtonoperahouse.org.uk

Holly at Christmas

Mansfield Palace Theatre
 Thu 23rd November
 7.30pm
 01623 633 133
mansfield.gov.uk/palacetheatre

Derby Guildhall Auditorium
 Friday 24th November
 7.30pm
 01332 255 800
newtheatreroyal.lincoln.co.uk

25 YEARS of Rock 'n' Rolling the world!

www.simonfielder.com

ENDORSED BY THE BRITISH BUDDY HOLLY SOCIETY AND THE OFFICIAL BUDDY HOLLY AND THE CRICKETS FAN CLUB



OUR NUMBER 1 EVENT

MARKET 29 PLACE
GROOMER & SHOP

Celebrating 6 years at 29 Market Place!

Luxury wet shave £25
Gift vouchers available
The perfect gift solution.

A wide range of quality grooming products available.
Beard trims from £5
Expert advice on grooming, taming and using products on your beard.

OFFER for September
Consultation and Luxury beard grooming with Albert £10.

download our new APP
Booking on your smart phone is easy & convenient
download yours now for **FREE**

www.29marketplace.co.uk
29 Market Place • Bingham NG13 6AP • 01454 837768

Royale Mobility Ltd
BECAUSE WE CARE

Your local specialists in sales and servicing of mobility products including power chairs, scooters, stairlifts, beds and R&R chairs

We pride ourselves on selling quality products with a service that is second to none

We service all of your mobility products, at your own home by our fully experienced engineers

FREEPHONE 0800 0286619
royalemobility.co.uk

Forest Road New Ollerton, NG22 9PL Tel: 01623 862839
1a Debbie Lane, Keyworth, NG12 5HT 08159 375280
26 Patchwork Row, Shirebrook, NG20 8AL Tel: 01623 742720

Looking for local social events and activities?

Everyone welcome!

From meals out to coffee mornings, outings and talks, you can be sure of a warm welcome.

Tuesday 26 September 2017 7pm
Price As Per Menu Cheese and Wine
Hogs Head Hotel, Awsworth Lane, Main Street, Awsworth, Notts NG16 2RN

To book onto one of our events, or to find out about the latest events please call Melanie on 0115 963 8766

www.oddfellows.co.uk for membership enquiries 0800 028 1810

The Oddfellows is the trading name of The Independent Order of Oddfellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F. Registered Office Oddfellows House, 184-186 Deansgate, Manchester M3 3YW.

CROSSWORD

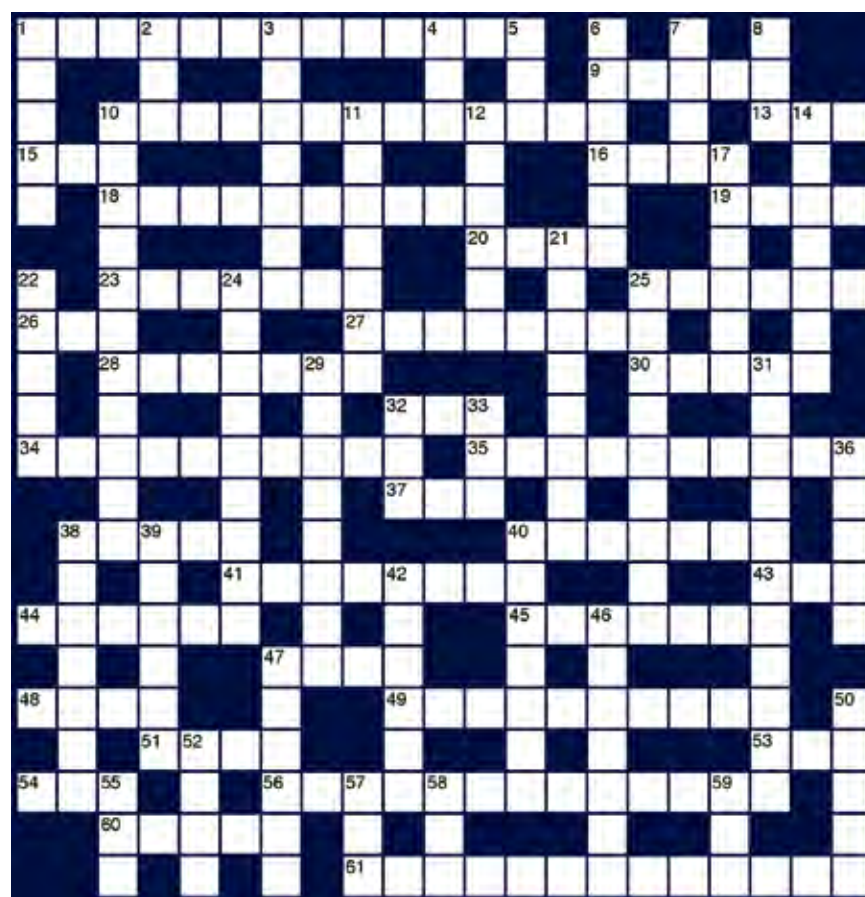
(Answers in Issue 241)

ACROSS

- 1 A close estimate (13)
- 9 Overly fat (5)
- 10 Showbiz fare (13)
- 13 Tidal flow (3)
- 15 Friend (3)
- 16 Lazy (4)
- 18 Superior spouse? (6,4)
- 19 Beating rod (4)
- 20 Whole front of head (4)
- 23 Anxious person (7)
- 25 Cold pack (3,3)
- 26 Fall behind (3)
- 27 Plentiful (8)
- 28 Correct a wrong (7)
- 30 Furious (5)
- 32 Espy (3)
- 34 Group enthusiasm (4,6)
- 35 Bathroom accessories and lotions (10)
- 37 Old affirmative (3)
- 38 Disreputable, sordid (5)
- 40 Still wild (7)
- 41 A streaming out or an emission (8)
- 43 Pat with moist pad (3)
- 44 Stocking support (6)
- 45 Christmassy (7)
- 47 Detailed map (4)
- 48 You (4)
- 49 Overflowing of rain (10)
- 51 Loud growl (4)
- 53 Self-confidence (3)
- 54 Count (3)
- 56 Scottish headland and song (4,2,7)
- 60 No longer asleep (5)
- 61 Paid experts (13)

DOWN

- 1 Modify to suit (5)
- 2 Compete in a race (3)
- 3 Jewish national (7)
- 4 Pub (3)
- 5 Maiden name (3)
- 6 Observe to occur (6)
- 7 Dinner or supper (4)
- 8 Tiny (3) (5)
- 10 Hard work is needed, so give it some of this! (5-6)
- 11 Smoker's dish (7)
- 12 Flat cake of bread (6)
- 14 Wound dressing (7)
- 17 Skin disease (6)
- 21 The overall winner (8)
- 22 Not sharp (5)
- 24 Community Charge householder (9)
- 25 Wanderer or tramp (9)
- 29 Very pushy (8)
- 31 Tough interrogation (5,6)
- 32 Pen for swine (3)
- 33 Estimated time of arrival (1,1,1)
- 36 Brazilian dance (5)
- 38 Broken like glass (7)
- 39 Stag horn (6)
- 40 Demote a priest (7)
- 42 Evil (6)
- 46 Plantings of seed (7)
- 47 Waved hair-do (6)
- 50 Not mine but ... (5)
- 52 Egg-shaped (4)
- 55 Father (3)
- 57 Lick up (3)
- 58 Or nearest offer (1,1,1)
- 59 Fled (3)



ISSUE 239 CROSSWORD ANSWERS

ANSWERS ACROSS
1 Warrant 5 Border 8 Radiant 10 Rude 11 Decent 12 Snipe 14 Log 15 Endurance 16 Eats 17 Seep 19 Engaged 22 Bloom 24 Episode 26 Fork 28 Satan 29 Spirit 31 Prompt 33 Appear 35 Canyon 38 Creep 39 Chip 40 Flutter 43 Alter 45 Enlarge 47 Work 49 Scan 50 Nocturnal 53 Wad 54 Prove 55 Nature 56 Real 57 Nervous 58 Lentil 59 Example

ANSWERS DOWN
1 Whinge 2 Rare 3 Trend 4 Stiletto 5 Budget 6 Recital 7 Retirement 9 Anon 13 Prudent 15 Edgy 17 Staff 18 Peck 20 Gear 21 Wisp 23 Ostrich 25 Dummy 27 Retreat 28 Stun 29 Snap 30 Impel 32 Occasional 34 Rate 35 Careful 36 Nail 37 Spank 39 Chew 41 Unending 42 Oral 44 Encrust 46 Unwell 48 Revise 51 Char 52 Nurse 54 Plum

Nottingham Specialised Timber Bldgs Ltd
Manufacturers of made to measure

Log Cabins

Garden Rooms

Summer Houses

Garden Sheds

NSTB Toytown

Show Site: Unit 1 Hawksworth St, Carlton Nottingham NG3 2ET Tel: 0115 9473749 www.nstb.co.uk

NOTTINGHAM LIGHTING CENTRE

Largest independent lighting showroom in Nottinghamshire

For further details please call **01159 537088**
Visit us at 45 - 51 Maid Marian Way, Nottingham NG1 6GE
Open 9.30am - 5.30pm Monday - Saturday
www.nottinghamlightingcentre.co.uk

COSYREST FURNISHINGS LTD
If you want the best, come to Cosyrest

Re-upholstery in Nottingham, UK

Cosyrest Furnishings Ltd is a well established soft furnishings and reupholstery business based in Stapleford, Nottingham.

We offer a range of high quality soft furnishings. We are makers of fine suites and reupholstery specialists and will take on most jobs.

At Cosyrest Furnishings Ltd we pride ourselves on our high quality products, from car seats and headboards to the reupholstery of sofas; no job is too big or too small. We have been in business for almost 40 years; we have plenty of experience and have built up a strong client base.

Some of the services we offer are:

- Reupholstery • Fine suites • Contract work

Why should you choose Cosyrest Furnishings Ltd?

- High quality products • Friendly and professional service
- Tailor made soft furnishings • Competitive prices
- Excellent quality product for the price • Willing to take on any job

Here at Cosyrest Furnishings Ltd we are proud members of the Association of Master Upholsters.

For reupholstery services, call us now on **0115 939 0099**
www.cosyrest.co.uk

Weddings

Wedding evening

Friday
13th October
6pm - 8pm

Enjoy complimentary
sparkling wine & nibbles
whilst we showcase our
lovely wedding venue

Free entry ♦ everyone welcome!

Greetham Valley
Wood Lane, Greetham, Oakham, Rutland LE15 7SN
t: 01780 460444 www.greethamvalley.co.uk



by special invitation

Your invitations will set the tone for your wedding, says Tilly Wilkinson of www.ukbride.co.uk. Here, the wedding planning expert offers advice for getting the best out of your stationery.

"Your 'save the date' cards or wedding invitations give the first impression of what your wedding will look and feel like," says Tilly.

"We receive a huge number of questions from our members about how they should be worded and when they should be sent out, so the following tips should answer the most common questions."

when to send them

One question brides commonly ask is when to send out invitations. 33% of brides take two years to plan their day; 23% plan their wedding over the course of one year.

If you're in the former category, send out Save The Date cards between 12 and 24 months ahead of the wedding.

If your wedding planning is taking a year, then just send out invitations as soon as you've confirmed the date with your venue, ideally allowing between six and 12 months.

unique ideas

Scouring the internet is the best way to gain a few imaginative ideas for your invitations. Ribbon, dried flowers and layers of different paper stocks are common, but alternative ideas for 'save the dates' and invitations are fridge magnets, balloons, jigsaw puzzle invites, invitations printed onto mugs, and even wedding invites printed onto the wrappers of chocolate bars or paper aero-

plane invites.

additional wording

Couples can also use their invitations to stipulate all-day or evening only attendance, to request cash towards a honeymoon or cash-to-charity donations rather than gifts.

Some use the opportunity to specify an adults only policy, softened with a verse such as 'we'd like you to let your hair down so we politely request no children; book a babysitter and relax for the night!'

rsops

If you're stipulating an RSVP in your invitations, don't be surprised by a lack of response.

You can improve matters slightly by giving a deadline for a formal acceptance, and by specifying a text message rather than postal RSVP, or by including an RSVP slip.

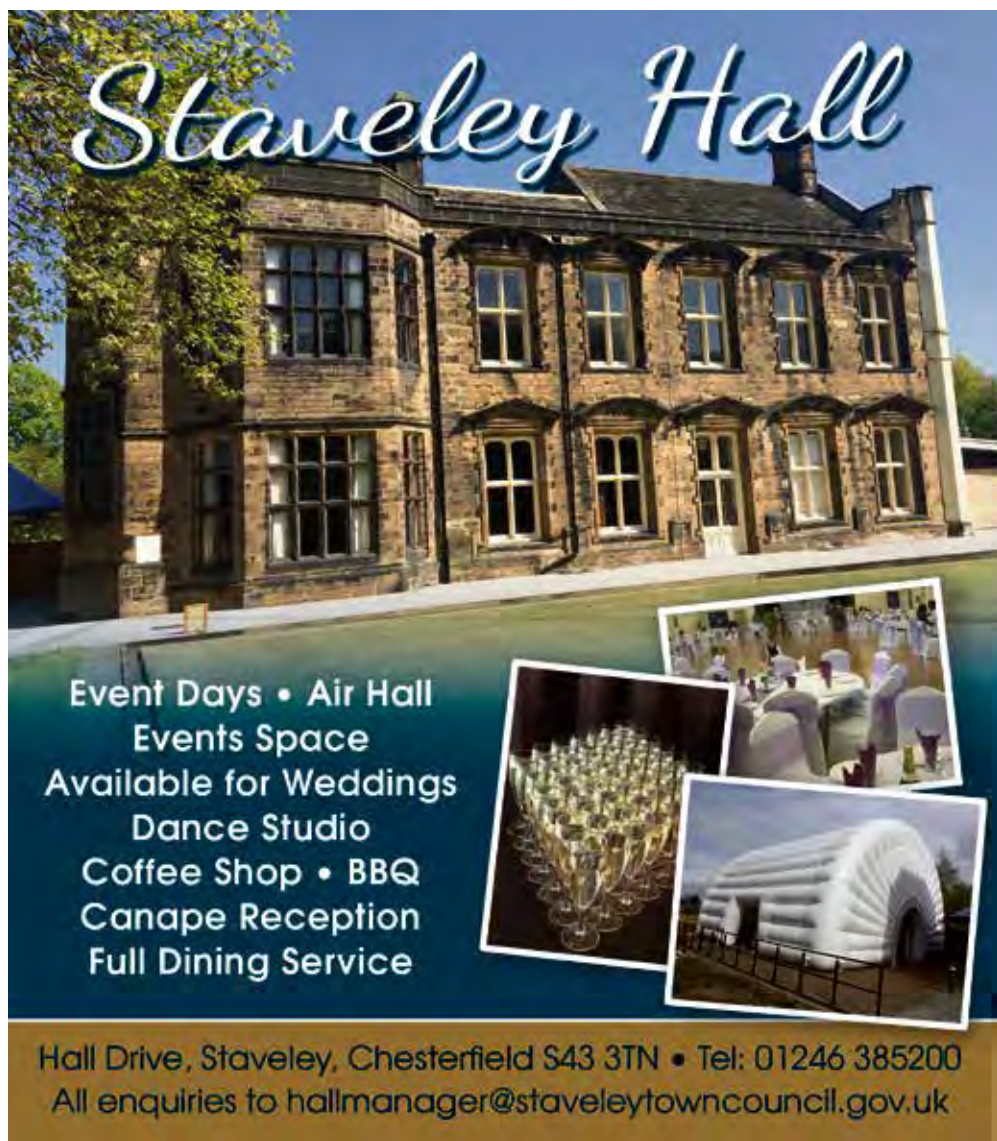
Generally speaking though, you should anticipate having to chase your guests to confirm their attendance!



Staveley Hall

Event Days • Air Hall
Events Space
Available for Weddings
Dance Studio
Coffee Shop • BBQ
Canape Reception
Full Dining Service

Hall Drive, Staveley, Chesterfield S43 3TN • Tel: 01246 385200
All enquiries to hallmanager@staveleytowncouncil.gov.uk



KENWICK PARK ESTATE

KENWICK PARK • LOUTH • LINCOLNSHIRE • LN11 8NR

Premier Wedding venue in Lincolnshire,
Seen the rest now book the best...

Kenwick Wedding Open Day
SUNDAY 1ST OCTOBER, 11AM - 3PM

A WONDERFUL OPPORTUNITY TO VIEW THE HOTEL,
MERIDIAN SUITE AND CLUBSPA FACILITIES

CALL 01507 608806
Upto 35% discount (subject to availability)
Book your 2018/19 Wedding Package and receive upto 10 benefits



IF YOU'VE GOT A STORY



editorial@nottsinfocus.co.uk

Weddings

Love & Marriage

It can be stressful trying to perfectly plan your ceremony. Your dream wedding day typically starts with a stylish and stunning venue which immediately mesmerises you and your partner, ticking all the boxes for the expectations you had planned in your head. But how do you decide on the final details of your wedding?

First of all, talk to a planner; you'll need to establish your desired theme and colours before you decide what kind of venue to seek. Whilst more modern locations include fancy restaurants and spacious art galleries, a more traditional approach might mean your wedding is outside or in a church, creating a more natural theme. Next, you need to know your guest list. This is so you can ensure that you will have enough space for all the people whom you wish to invite at

your chosen venue, and that the location meets all the needs of your friends and family who plan to attend.

Finally, make sure to keep your budget in mind. I can only imagine how easy it is to dream up far-fetched fantasies about the perfect wedding, but keep your feet on the ground and make realistic decisions to ensure you're getting the best for your money. You need to know exactly what's included

in the packages you select and most importantly, do not let anyone change your mind or sway your choices. Stick to what you want. But most of all – remember to enjoy every moment.

Happy wedding planning!



Sunday 22nd October 10-4pm

Free entry & free car parking
Visit our beautiful Grade II listed building and meet multiple wedding suppliers, caterers plus our amazing events team to help guide you through your exciting wedding options and create your perfect day!



t: 01623 822009 • e: weddings@thoresbycourtyard.com
w: www.thoresbycourtyard.com • f: @Thoresby Weddings



HADDON HALL

Bakewell, Derbyshire

A WEDDING AT HADDON WILL CREATE MEMORIES FOR YOU AND YOUR GUESTS THAT WILL BE CHERISHED FOR LIFE.

Licensed to host civil ceremonies in two of its most magnificent rooms; the Elizabethan Long Gallery and the equally grand Tudor panelled Parlour, Haddon can now also offer civil ceremonies outside, in our Garden Pavilion set within the walled gardens.



To find out more, go to www.haddonhall.co.uk/weddings or call our team on 01629 812855

Poppy Display Deadline Approaching

Crafters are reminded to deliver any woollen poppies they have made for the Poppy Parade display by Friday 29 September to the Civic Centre.

Some 3,000 knitted and crocheted poppies have so far been donated by patriotic members of the community so that Mansfield District Council can put on a display at the Old Town Hall along the route for the Remembrance Day parade, which is organised by the Royal British Legion for Sunday 12 November.

The parade will start at Mansfield Civic Centre and lead down Chesterfield Road and into town via West Gate and onto St Peter's Church. After the service the parade will stop at the Old Town Hall for veterans to perform a salute of honour at the poppy display before it leads back to the Civic Centre.

Kate Allsop, Executive Mayor of Mansfield, said: "We would like to welcome people to come along to the Market Place on special dates in October to sponsor a woollen poppy. Sponsorship is £1 but we're asking you to dig deep and donate whatever you can to help

us to support the Royal British Legion.

"By sponsoring a poppy you will be part of this community project - simply make your donation and attach a poppy to the netting. The netting will then cover part of the Old Town Hall ready for the parade to pass by."

Dates where the public can get involved by sponsoring and attaching a poppy on Mansfield Market Place are:

Sunday 1 October- Artisan and Craft Market, 11am to 3pm

Wednesday 11 October- International Mini Market, 11am to 3pm

Sunday 22 October- Car Show, 11am to 3pm

Tuesday 24 - Saturday 28 October- half-term ghost hunt, 11am to 2pm

If you have poppies you would like to donate to the project please take them to the Civic Centre, Chesterfield Road South, Mansfield, Nottinghamshire, NG19 7BH by 4.30pm on Friday 29 September. Please ensure that two pieces of yarn are left loose at the back of each poppy so that they can easily be attached to the netting.



Fundraiser BBQ Cooks Up a Storm



Over 130 business owners and professional services gathered for Rothera Sharp's BBQ 'Meat-Up' and fundraiser on Thursday 14th September, with the evening raising a substantial amount for Age UK.

The event, which took place at St Mary's Church in the Lace Market, was held in conjunction with the firm's chosen charity Age UK Notts to celebrate their 75th anniversary.

Fortunately the weather provided perfect BBQ conditions, with guests able to enjoy a selection of mouth-watering BBQ delights from homemade beefburgers served with spicy tomato relish to courgette and halloumi skewers marinated with fresh mint and lemon juice in the scenic grounds of St Mary's Church whilst enjoying classic hits performed by local band No Shenanigans.

Attendees were also invited to take part in a raffle to raise additional funds for Age UK Notts. Prizes included a dinner

for two at Marco Pierre White's restaurant, a free flight at Nottingham Airport, two tickets to a cricket match at Trent Bridge, afternoon tea for two at the Lace Market Hotel and much more.

The event also provided the ideal opportunity to launch Age UK's Trees of Life project which is being supported by Rothera Sharp and was announced by Age UK Notts Fundraising Director Maggie Ross, Patrick Candler of Sherwood Forest Trust and Mich Stevenson, Chairman of Spencebeck and Deputy Chairman of Nottingham Regeneration Limited. To commemorate Age UK Notts' 75th anniversary whilst also making a positive difference to the environment in Nottinghamshire and raise funds for the charity, Age UK Notts is in-

viting individuals and businesses to plant 750 trees in locations across Nottinghamshire.

Christina Yardley, Business Development Partner at Rothera Sharp says of the scheme: "As a business firmly rooted in Nottinghamshire we are delighted to be collaborating with Age UK to deliver the Trees of Life Campaign. This is a great opportunity for people to celebrate the lives of loved ones by planting trees, whilst improving our great county and raising money for the wonderful work Age UK does".

The campaign means that those looking to purchase a tree for themselves or a loved one or as a business can make a donation to Age UK Notts and in return will have a beautiful tree planted and dedicated to them.



Cartwright Boosts Growing Team



L-R Felicity Haslehurst, Jozef Soltysik

PR specialist Felicity Haslehurst has moved from the London base of global PR firm Cohn & Wolfe to take up a senior position at award-winning PR and digital agency Cartwright Communications.

Cartwright Communications is continuing to grow its team rapidly to meet the company's ever-expanding business requirements and Felicity joins the team as account director, whilst Jozef Soltysik is hired as account executive.

Felicity joins Cartwright from global top 20 firm Cohn & Wolfe with a wealth of experience across a range of B2B and

B2C clients, particularly within the healthcare sector in which she has specialised for several years both from a consumer and a pharmaceutical perspective. Felicity said: "I am delighted to join Cartwright Communications at such an exciting time for the agency as it continues to grow and expand into a variety of different sectors.

"I look forward to utilising my experience across several sectors, and primarily within the lifestyle and healthcare fields, to complement the brilliant work which Cartwright are already doing for their clients, and to help to continue to expand the

offering of this versatile agency."

Jozef, who has joined Cartwright Communications as an account executive, is an NCTJ qualified journalist from a sports media, marketing and events company. Jozef said: "I am delighted to have joined the Cartwright Communications team. It is an amazing opportunity to work with a broad range of incredible clients and build upon the knowledge I gained in my previous position." Liz Cartwright, managing director at Cartwright Communications, said: "We are delighted to welcome Felicity to the agency - and to Nottingham."

"I've never had dentures that look so good

...fit so well and feel so comfortable. They are just fabulous! Thanks to the care and expertise given at the Kevin Manners Denture Clinic

£50*
VOUCHER

*Bring the advert along with you to your first appointment and receive £50 off.



Call for a FREE NO OBLIGATION CONSULTATION

0115 9417052

Clinics in Nottingham, Mansfield and Newark



KEVIN MANNERS
Denture Clinics

Celebrating 30 Years. Est 1986

www.DenturesUK.com

67 Castle Boulevard, Nottingham, NG7 1FD

Call The Professionals

HOT TUB & ACCESSORIES

Season's Spas UK
- SALES - HIRE - SERVICE - RELOCATE -

sunbeach sunstorm
Size: 2150 x 1800 x 800mm
Balboa Controls: 2kw heater
Shell: USA acrylic

15 HOT TUBS ON DISPLAY
PLUG & PLAY

Wow this amazing hot tub comes with (5 seats) 13 amp plug & play family fun spa just the right size for any garden.

American Balboa GS100 Controls
USA Aristech acrylic with Bio-Lok
Pumps: x1 3HP jet pump
Circulation: x1 0.35HP
Ozonator: x1 50MA
Water jets: Total 24 Chrome & Gray
2" Rotary Jets: x4
4" Rotary therapy jets: x5
4" Directional hydro jets: x5
5" Rotary therapy jets: x5
5" Directional hydro therapy jets: x4
5" Ozonator Jet: x1
Top spa cover: Yes with key locking
LED top rail lights x13 (Seven changing colours)
New filter cover with filter tray

Air control valve: x2
Big under water LED light: x1 (changing colours)
Filters: x2 for safety
Cup/Glass Holders: x4
Insulation: Yes all 4 sides Super R10
Base: solid PVC and insulation R10

Season Spas Special Offer

£22299
Retail price £3699
SAVING £1400

PLUG & PLAY 13AMP

Unit 3 Hallam Way, Old Mill Lane Ind Est, Mansfield Woodhouse, Notts, NG19 9BG UK
T: 01623 66 11 11 E: sales@seasonspas.uk W: seasonspas.uk

COMPUTERS

South Notts Computers
The heart of computers

If you have damaged your computer or iPhone in anyway we can get it fixed for you in super quick time! We are guaranteed to beat quotes from Apple on our repairs and you're getting the same great quality fix by a qualified and experienced engineer.

Virus removal
Got a virus? No problem, we offer a complete solution. We will clean up the virus for you and help you secure your computer to keep it safe from future attacks.

Laptop repairs
We offer a full laptop repair service. We have an in house laptop expert that can get your laptop back up and running in no time, no matter what the damage is!

New PC?
If you're thinking about getting a new PC we offer a new selection of new and used laptops and PCs to choose from. Give us a call and we can see what we can do for you with your budget.

10% off with this ad quote NF0815

Phone repairs
Dropped your phone? Cracked screen? No problem, we have one of the top rated iMend phone repair technicians in the whole country. He can come to you or you can pop your phone in and we guarantee it will be cheaper than going direct to the manufacturer and 9

South Notts Computers
The Heart of Computers

Microsoft REGISTERED Refurbisher
Microsoft Technology Associate
iMend

If you need a quote or to book a repair, please give us a call on: **0115 9147066**

BATHROOMS

We Supply Fit & Design Bathrooms

Bubbles Bathrooms
NOW WITH OVER 75 BATHROOMS ON DISPLAY

FREE PARKING OPEN 6 DAYS A WEEK
Unit 3 Hallam Way, Old Mill Lane, Mansfield Woodhouse NG19 9BG

Mansfields Biggest Bathroom Showroom

EX-DISPLAY SALE NOW ON

Open Mon-Sat 9.30-5pm Sunday 10-4pm Tel: 01623 661111

CONTAINER SERVICES

Freight Container Services
Located central Newark

Secure self storage shipping containers
20ft/40ft to rent from only £25 + VAT per week

USED, REFURBISHED OR NEW CONTAINERS FOR SALE & HIRE

10ft, 30ft & 40ft Shipping containers available from 15 key UK locations including London, Liverpool, Leeds, Birmingham & Glasgow

www.freightcontainerservices.com
Telephone 07860 570136 or 07831 142401
norman947@btinternet.com
howard.clack@btinternet.com

GARDENING

Allan the Gardner

All tree & fencing Work
Gates supplied & fitted
Grass & hedges cut
Full garden tidy
Borders dug

DISCOUNT FOR OAP's

Tel: Allan
0115 822 9489
or 07976 160045

FRAMING

Framin' 'Eil
WICKEDLY GOOD FRAMES
Newark's Premier Framing Specialist
For all your framing needs

Balderton Hall, Fernwood village, Newark, Nottinghamshire, NG24 3JR
Tel 01636 679603
(Just follow the signs for Fernwood Day Nursery)

TRAILERS

SCOTT TRAILERS LTD
of Walsall Lincoln
Your Ifor Williams Trailer Distributor
Trailers from Camping to 3500kg gross
Sales • Repairs • Servicing • Spares

Sole Distributors in Lincolnshire & Nottinghamshire
Spares available by post and carrier • You are welcome to view our stock of Trailers
Tel: 01526 860317 • Fax: 01526 861357
website: www.scott-trailers.co.uk
e-mail: office@scott-trailers.co.uk
Opening hours Mon to Fri 8am-5pm • Sat 9am-12 noon
Other times by appointment

TOWBARS

DERBYSHIRE TOWBARS
Call us for a Fast FREE Quote

Trailer & Towbar specialists since 1997. Local High Quality Service.

Find us at Unit 60,
M1 Commerce Park,
Markham Lane, Chesterfield

Accessories Shop now doing legal number plates

Tel: 01246 768894
Please say Focus when calling advert

Care



Collin's
HOMES

**SINGLE BUNGALOWS AVAILABLE AT COLLIN'S HOMES.
CLOSE TO REGULAR BUS ROUTES AND LOCAL
AMENITIES, THE SITE IS WELL MAINTAINED, QUIET,
AND WITH AREAS OF GREEN OPEN SPACE**

Are you 60+ and able to live independently?
Do you receive housing benefit/universal credit, and live in
Nottingham City or in Broxtowe, Gedling or Rushcliffe?
If so, you may qualify to live here.

We currently have one-bedroom bungalows available for single people. These have a living room, bedroom, fitted kitchen, and a WC/bathroom, with either a low level bath with shower over, or a wet-room. The properties have new carpets fitted.

For couples, we have a waiting list for larger bungalows/houses.

We are situated on Derby Road, Beeston
(opposite Wollaton Road, and The Nurseryman)

To find out more please contact Janice Avery on 0115 9224826
(Monday-Thursday morning), or
Email: abelcollinsadmin@btconnect.com

or write to the Administrator, 13a Collin's Homes,
Derby Road, Beeston, Nottingham, NG9 2TF.

Janice can arrange an informal visit for you to see what we have to offer, and to have a chat with existing residents who can tell you what they like about living here.

See more at: www.abelcollins.org.uk
Registered charity No 214833

Better Care for Patients

An online frailty calculator developed by academics at The University of Nottingham will help GPs to identify their most vulnerable older patients for enhanced care.

The QFrailty calculator combines complex information about a patient's life expectancy and their risk of unplanned hospital admission over the coming 12 months. These estimates are then used to classify patients within four frailty categories - severe, moderate, mild and fit - allowing doctors to target assessments and interventions at those people who are most in need.

Research to test the accuracy of the new calculator, published in the British Medical Journal (BMJ), has shown that the tool can reliably estimate risk of dying within 12 months and risk of unplanned admissions among patients aged between 65 and 100

years old.

The tool was developed by Professors Julia Hippisley-Cox and Carol Coupland in the University's School of Medicine using the QResearch database, which gathers patient data from approximately 1,500 general practices across England through EMIS Health's clinical computer systems.

Professor Hippisley-Cox said: "Instead of creating a frailty index in the hope that it would predict unplanned admissions and life expectancy, we decided to work the other way round.

"Starting with principled estimators of unplanned admissions and life expectancy, we have developed a new classification system of frailty, known as QFrailty. This identifies people into four categories based on their absolute risks of an unplanned hospital admission or death within

a year. QFrailty is therefore an outcomes-based classification designed to improve on current approaches."

Dr Shaun O'Hanlon, Chief Medical Officer at EMIS Group, said: "The QFrailty calculator is yet another excellent example of the way that algorithms built around anonymised patient data can support clinicians in making the best possible decisions for the people in their care.

"Being able to accurately identify the most vulnerable older patients will empower GPs to provide care that is potentially lifesaving.

"EMIS Health is proud to support all of the good work done to date through QResearch and we look forward to working alongside Professor Hippisley-Cox and the team at The University of Nottingham on future developments."



John Eastwood Hospice Trust

John Eastwood Hospice trust working in partnership with Nottinghamshire Healthcare NHS foundation trust provide support and care for people with progressive incurable disease.

We offer:

- Outreach support into the community
- In-patient facilities
- Education
- Day therapies
- Spiritual and psychological support
- Support Groups
- Complementary therapy
- Volunteering opportunities

We rely on fundraising and volunteers to fulfill our commitments so all donations are greatly appreciated.

Tel: 01623 622626

Mansfield Road • Sutton-in-Ashfield • Notts • NG17 4HJ



FREE
Georgian basin
& toilet on any
order with this
advert

Bathing a problem - we can help
we design • we supply • we fit • we care

Wet rooms • Walk in showers • Walk in baths
Waterproof wall panelling • Product & installation guarantee
Slip resistant safety flooring • Grab rails, shower seats & raised toilets
Established family business • Zero VAT on disabled bathrooms

Discounts for over 60's SSAFA and Ex Service personnel

Call now to arrange a FREE survey and quote
Nottingham 0115 9361804

info@ahminstallations.co.uk | www.ahminstallations.co.uk



IF YOU'VE GOT A STORY



editorial@nottsinfocus.co.uk

care



A Ray of Hope for People with AMD

Age-related macular degeneration (AMD) is a painless eye condition that causes you to lose central vision, usually in both eyes. AMD currently affects more than 600,000 people in the UK and is the leading cause of vision loss. By 2020, it's predicted almost 700,000 people will have late-stage AMD in the UK, leaving them legally blind.

The condition is most common in people over the age of 50. It's estimated 1 in every 10 people over 65 have some degree of AMD. It is almost an inevitable part of the ageing process.

Central vision is what you see when you focus straight ahead. In AMD, this vision becomes increasingly blurred, which means:

- reading becomes difficult
- colours appear less vibrant
- people's faces are difficult to recognise

This sight loss usually happens gradually over time, although it can sometimes be rapid.

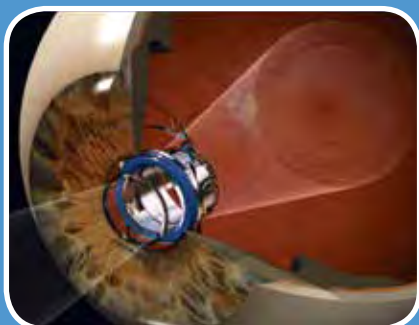
Sadly there is little that can be done to arrest the progression of the AMD

and the vision goes steadily downhill.

Eventually some people are left with a scar at the back of the eye which detects no light and therefore the central vision is simply non-existent, resulting in a significant reduction in quality of life. People with AMD often have a co-existent cataract and they often undergo cataract surgery in the hope of improving their vision.

In normal cataract surgery we put a lens (an intraocular lens or IOL) into the eye that is designed to focus light accurately onto the centre of the macula. If this area of retina is already damaged then we are simply focussing all the light energy on an area of retina which will never detect it. Vision is often no better and could actually worsen.

New developments have given some hope for patients with AMD who are desperate for some restoration of sight. There is hope now in the form of newly developed lenses which can be implanted at the time of cataract surgery or even if previous cataract surgery has



been undertaken.

The new lenses improve vision by causing a magnification effect. Rather than focussing the light on the scar at the back of the eye they magnify the image up to bridge over the scar and use areas of retina that still work. Another form of lens uses wavefront technology to spread the incom-

ing image over the whole macula rather than a small portion, therefore bridging over areas of affected macula. The latter lens can also future proof vision as if a small portion of the macula worsens the rest can compensate and preserve functional vision. Sadly a cure is not possible but with modern surgery and cut-

ting edge lenses some degree of functional vision, and therefore quality of life restoration, can be achieved.

Specialised multivitamins, stopping smoking and a healthy diet will all help reduce the progression of AMD. Regular eye checks will detect signs early and if the worst happens and central vision is lost then there is a hope that future technology will hold the answer to restoring vision.

AHM Installations

BATHING, STAIRLIFTS, MOBILITY

New & Reconditioned Stairlifts

New from £1095:

Reconditioned from £495

Breakdown call outs & servicing from £80

Stairlift removals

Call or email for a free no obligation quote 01636 821443 or 0800 7316495

www.ahminstallations.co.uk
info@ahminstallations.co.uk

Unit 4 The Workshops, Old Great North Rd,
Sutton-On-Trent, Notts. NG23 6QS



the
amwell
CARE HOME

YOUR LIFESTYLE
YOUR WAY OF LIFE



A LUXURY CARE HOME IN A
STUNNING RIVERSIDE LOCATION
OFFERING RESIDENTIAL,
RESPIRE AND DEMENTIA CARE.



LUXURY EN-SUITE ROOMS • RIVERSIDE BISTRO
FINE DINING • BEAUTY SPA • GYM • CINEMA ROOM
SECURE, PRIVATE GARDENS • CHAUFFEUR DRIVEN CAR

55 Asfordby Road, Melton Mowbray, LE13 0HR | T: 01664 88 25 25 | E. info@theamwellcare.com

IF YOU'VE GOT A STORY



editorial@nottsinfocus.co.uk

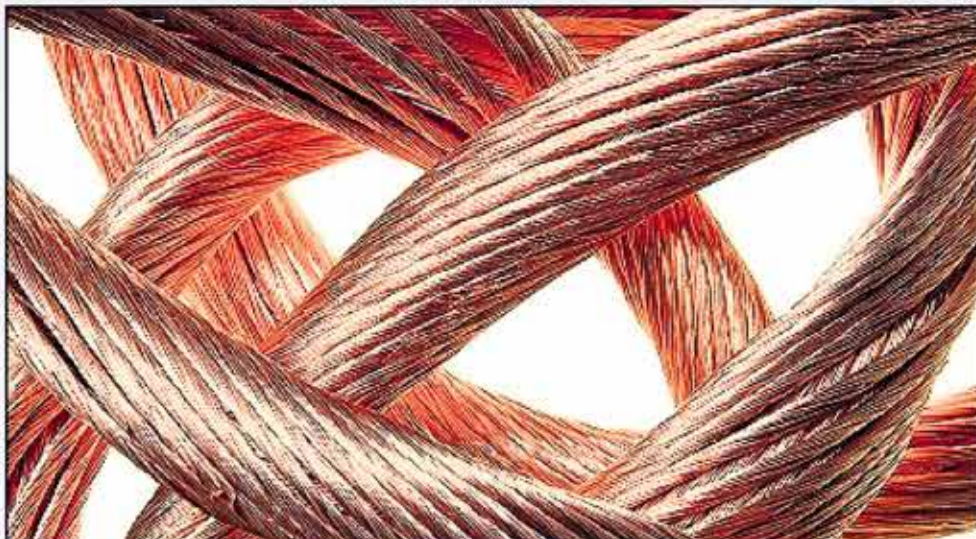
East Midlands Metals

TAKE ADVANTAGE OF INCREASED COPPER PRICES TODAY

Call now for our updated prices

2 Valid Forms of ID Required * For Cash £2 Admin Fee Applies * No Commission

FREE COLLECTION FOR LARGE QUANTITIES



WANTED NON FERROUS SCRAP METALS

Brass / Copper / Aluminium etc. Cable, Swarf - Cutting - Section etc.

01509 235919 or 07850 127234

WWW.EASTMIDLANDSMETALS.COM

Bishop Meadow Road, Loughborough, LE11 5RE